

Konkurencja 19
14.04.2024 - 10:02

Kobiet, 400m dowolny

Open
Wyniki

Punkty: FINA 2024

Pozycja			Rok ur.					Czas	Pkt.
11 lat									
1.	HAJDUK Maja		13	UKP GRYF Dębica				5:53.42	295
	50m: 38.37	38.37	150m: 2:06.45	44.88	250m: 3:37.99	45.62	350m: 5:09.54	45.28	
	100m: 1:21.57	43.20	200m: 2:52.37	45.92	300m: 4:24.26	46.27	400m: 5:53.42	43.88	
2.	KRASOWSKA Blanka		13	UKS DELFIN Tarnobrzeg				6:02.82	273
	50m: 39.09	39.09	150m: 2:12.96	46.97	250m: 3:49.71	47.75	350m: 5:23.06	45.25	
	100m: 1:25.99	46.90	200m: 3:01.96	49.00	300m: 4:37.81	48.10	400m: 6:02.82	39.76	
12 - 13 lat									
1.	KACER Maria		12	BOSiR Brzesko				4:58.77	488
	50m: 34.58	34.58	150m: 1:50.00	37.97	250m: 3:06.31	38.30	350m: 4:23.06	38.43	
	100m: 1:12.03	37.45	200m: 2:28.01	38.01	300m: 3:44.63	38.32	400m: 4:58.77	35.71	
2.	WÓJTOWICZ Sandra		11	KS KSZO Ostrowiec w.				5:18.91	402
	50m: 36.10	36.10	150m: 1:57.27	40.71	250m: 3:18.69	40.59	350m: 4:40.17	40.29	
	100m: 1:16.56	40.46	200m: 2:38.10	40.83	300m: 3:59.88	41.19	400m: 5:18.91	38.74	
3.	WOYTERSKA Lena		11	MKS IKAR Stal Mielec				5:27.88	369
	50m: 37.03	37.03	150m: 2:00.69	42.23	250m: 3:25.41	42.26	350m: 4:48.59	41.00	
	100m: 1:18.46	41.43	200m: 2:43.15	42.46	300m: 4:07.59	42.18	400m: 5:27.88	39.29	
4.	SMOLAK Nikola		11	Stow. Sportowe PROSWIM				5:43.34	322
	50m: 39.77	39.77	150m: 2:07.83	44.48	250m: 3:37.16	44.74	350m: 5:05.09	43.07	
	100m: 1:23.35	43.58	200m: 2:52.42	44.59	300m: 4:22.02	44.86	400m: 5:43.34	38.25	
5.	BLUJ Zuzanna		11	KP ORLIK Przeworsk				5:52.93	296
	50m: 38.14	38.14	150m: 2:06.75	44.86	250m: 3:37.17	45.33	350m: 5:09.79	46.55	
	100m: 1:21.89	43.75	200m: 2:51.84	45.09	300m: 4:23.24	46.07	400m: 5:52.93	43.14	
6.	NOWAK Oliwia		12	Stow. Sportowe PROSWIM				6:00.66	277
	50m: 39.22	39.22	150m: 2:10.67	46.33	250m: 3:44.94	47.06	350m: 5:18.23	46.13	
	100m: 1:24.34	45.12	200m: 2:57.88	47.21	300m: 4:32.10	47.16	400m: 6:00.66	42.43	
7.	CIE LA Aleksandra		12	BOSiR Brzesko				6:04.35	269
	50m: 40.20	40.20	150m: 2:11.63	46.16	250m: 3:44.77	46.80	350m: 5:18.81	46.70	
	100m: 1:25.47	45.27	200m: 2:57.97	46.34	300m: 4:32.11	47.34	400m: 6:04.35	45.54	
8.	SROCZY SKA Blanka		11	SP MOTYL MOSiR Stalowa Wola				6:16.28	244
	50m: 41.36	41.36	150m: 2:15.62	48.30	250m: 3:53.55	49.07	350m: 5:30.25	47.21	
	100m: 1:27.32	45.96	200m: 3:04.48	48.86	300m: 4:43.04	49.49	400m: 6:16.28	46.03	
14 - 15 lat									
1.	KUNA Alina		10	Stow. Solne Miasto Wieliczka				4:50.97	529
	50m: 33.49	33.49	150m: 1:47.14	37.02	250m: 3:01.87	37.12	350m: 4:16.10	36.69	
	100m: 1:10.12	36.63	200m: 2:24.75	37.61	300m: 3:39.41	37.54	400m: 4:50.97	34.87	
2.	ŁUCZAK Agata		09	Stow. Solne Miasto Wieliczka				4:52.25	522
	50m: 33.58	33.58	150m: 1:47.85	37.10	250m: 3:03.15	37.31	350m: 4:17.20	36.08	
	100m: 1:10.75	37.17	200m: 2:25.84	37.99	300m: 3:41.12	37.97	400m: 4:52.25	35.05	
3.	GRAJDURA Nina		09	DELFIN Tarnów				4:59.29	486
	50m: 32.92	32.92	150m: 1:46.68	37.76	250m: 3:03.73	38.68	350m: 4:21.68	39.05	
	100m: 1:08.92	36.00	200m: 2:25.05	38.37	300m: 3:42.63	38.90	400m: 4:59.29	37.61	
4.	ŁA KO Emilia		10	BOSiR Brzesko				5:06.58	452
	50m: 34.60	34.60	150m: 1:50.99	38.27	250m: 3:09.53	39.47	350m: 4:28.56	39.14	
	100m: 1:12.72	38.12	200m: 2:30.06	39.07	300m: 3:49.42	39.89	400m: 5:06.58	38.02	
5.	ZIENKOWSKA Maja		10	KS H2O Bochnia				5:12.54	427
	50m: 34.18	34.18	150m: 1:52.18	39.87	250m: 3:12.88	40.50	350m: 4:33.87	40.46	
	100m: 1:12.31	38.13	200m: 2:32.38	40.20	300m: 3:53.41	40.53	400m: 5:12.54	38.67	



Konkurencja 19, Dziewcz. t., 400m dowolny, 14 - 15 lat

Pozycja			Rok ur.						Czas	Pkt.		
6.	BASZCZUK Milena		10	UKS FENIKS Dębica					5:15.01	417		
	50m:	34.67	34.67	150m:	1:53.93	40.06	250m:	3:14.42	40.30	350m:	4:35.75	40.33
	100m:	1:13.87	39.20	200m:	2:34.12	40.19	300m:	3:55.42	41.00	400m:	5:15.01	39.26
7.	AGLIANO Victoria		10	SSiR CENTRUM Staszów					5:35.73	344		
	50m:	36.11	36.11	150m:	1:59.32	42.68	250m:	3:27.35	44.46	350m:	4:55.77	43.47
	100m:	1:16.64	40.53	200m:	2:42.89	43.57	300m:	4:12.30	44.95	400m:	5:35.73	39.96
8.	SZMYD Karolina		09	UKS FENIKS Dębica					5:59.57	280		
	50m:	41.60	41.60	150m:	2:13.69	46.64	250m:	3:46.25	46.09	350m:	5:17.82	45.39
	100m:	1:27.05	45.45	200m:	3:00.16	46.47	300m:	4:32.43	46.18	400m:	5:59.57	41.75

16 lat i starsi

1.	SAVCHENKO Oleksandra		08	KS KSZO Ostrowiec w.					4:34.80	628		
	50m:	30.49	30.49	150m:	1:38.27	33.99	250m:	2:47.72	34.75	350m:	3:59.04	35.86
	100m:	1:04.28	33.79	200m:	2:12.97	34.70	300m:	3:23.18	35.46	400m:	4:34.80	35.76
2.	RUDOMINA Agnieszka		06	MKP Gdańsk					4:37.91	607		
	50m:	31.98	31.98	150m:	1:41.56	35.23	250m:	2:52.58	35.23	350m:	4:03.64	35.30
	100m:	1:06.33	34.35	200m:	2:17.35	35.79	300m:	3:28.34	35.76	400m:	4:37.91	34.27
3.	DUKO Julia		07	RWKS SPARTA Biłgoraj					4:42.37	579		
	50m:	32.79	32.79	150m:	1:44.49	36.00	250m:	2:55.92	35.32	350m:	4:07.41	35.46
	100m:	1:08.49	35.70	200m:	2:20.60	36.11	300m:	3:31.95	36.03	400m:	4:42.37	34.96
4.	SZOPA Natalia		07	UKP GRYF Dębica					4:45.28	561		
	50m:	31.53	31.53	150m:	1:41.58	35.52	250m:	2:54.89	36.96	350m:	4:09.40	36.79
	100m:	1:06.06	34.53	200m:	2:17.93	36.35	300m:	3:32.61	37.72	400m:	4:45.28	35.88
5.	GAJDA Martyna		08	UKS FENIKS Dębica					4:50.67	531		
	50m:	31.80	31.80	150m:	1:45.19	37.00	250m:	3:00.29	37.58	350m:	4:15.57	37.91
	100m:	1:08.19	36.39	200m:	2:22.71	37.52	300m:	3:37.66	37.37	400m:	4:50.67	35.10
6.	BAKUN Maja		07	UKS G-8 BIELANY Warszawa					4:50.68	530		
	50m:	31.74	31.74	150m:	1:43.85	36.60	250m:	2:59.22	38.28	350m:	4:15.23	37.79
	100m:	1:07.25	35.51	200m:	2:20.94	37.09	300m:	3:37.44	38.22	400m:	4:50.68	35.45
7.	SIEDLEWSKA Marcelina		07	MKP Gdańsk					5:04.52	461		
	50m:	32.76	32.76	150m:	1:47.67	38.49	250m:	3:06.36	39.01	350m:	4:26.15	39.41
	100m:	1:09.18	36.42	200m:	2:27.35	39.68	300m:	3:46.74	40.38	400m:	5:04.52	38.37
8.	DYCHTO Julia		08	DELFIN Tarnów					5:05.87	455		
	50m:	33.33	33.33	150m:	1:49.80	39.08	250m:	3:08.93	39.60	350m:	4:28.19	39.61
	100m:	1:10.72	37.39	200m:	2:29.33	39.53	300m:	3:48.58	39.65	400m:	5:05.87	37.68
9.	MITU Weronika		07	GKP KARPATIA Gorlice					5:29.80	363		
	50m:	35.53	35.53	150m:	1:56.82	40.90	250m:	3:21.56	43.12	350m:	4:48.58	43.30
	100m:	1:15.92	40.39	200m:	2:38.44	41.62	300m:	4:05.28	43.72	400m:	5:29.80	41.22