



XIX Mistrzostwa Polski Lekarzy w Pływaniu
Dębica, 18-20.04.2024

Konkurencja 20
2024-04-19

Kobiet, 400m dowolny

24 lat i starsi
Wyniki

Punkty: PP 2024

| Pozycja | Wiek | | Czas Pkt. | 100m | 200m | 300m | 400m |
|---------------------------|------|-----------------------|--------------------|---------------|---------|---------|---------|
| A: 24-34 | | | | | | | |
| 1. NOWAK Sonia | 28 | OIL Cz stochowa | 5:19.75 529 | 1:13.88 | 1:20.33 | 1:22.92 | 1:22.62 |
| | | 50m: | 250m: | 350m: | | | |
| | | 100m: 1:13.88 | 300m: 3:57.13 | 400m: 5:19.75 | | | |
| | | 150m: | | | | | |
| | | 200m: 2:34.21 | | | | | |
| 2. BIERNACKA Agata | 27 | OIL Gda sk | 5:20.20 527 | 1:13.80 | 1:21.12 | 1:23.05 | 1:22.23 |
| | | 50m: | 250m: | 350m: | | | |
| | | 100m: 1:13.80 | 300m: 3:57.97 | 400m: 5:20.20 | | | |
| | | 150m: | | | | | |
| | | 200m: 2:34.92 | | | | | |
| 3. RAGAN Dagmara | 26 | OIL Dolno I ska | 6:14.16 330 | 1:24.74 | 1:35.53 | 1:38.83 | 1:35.06 |
| | | 50m: | 250m: | 350m: | | | |
| | | 100m: 1:24.74 | 300m: 4:39.10 | 400m: 6:14.16 | | | |
| | | 150m: | | | | | |
| | | 200m: 3:00.27 | | | | | |
| 4. MAZERANT-ZIELI SKA A30 | | OIL Łódzka | 6:56.05 240 | 1:32.43 | 1:45.44 | 1:49.34 | 1:48.84 |
| | | 50m: | 250m: | 350m: | | | |
| | | 100m: 1:32.43 | 300m: 5:07.21 | 400m: 6:56.05 | | | |
| | | 150m: | | | | | |
| | | 200m: 3:17.87 | | | | | |
| 5. SUCHA Aleksandra | 31 | OIL Gda sk | 7:17.87 206 | 1:35.52 | 1:53.89 | 1:56.86 | 1:51.60 |
| | | 50m: | 250m: | 350m: | | | |
| | | 100m: 1:35.52 | 300m: 5:26.27 | 400m: 7:17.87 | | | |
| | | 150m: | | | | | |
| | | 200m: 3:29.41 | | | | | |
| 6. OSUCH Katarzyna | 31 | OIL Gda sk | 7:18.43 205 | 1:40.49 | 1:53.31 | 1:55.63 | 1:49.00 |
| | | 50m: | 250m: | 350m: | | | |
| | | 100m: 1:40.49 | 300m: 5:29.43 | 400m: 7:18.43 | | | |
| | | 150m: | | | | | |
| | | 200m: 3:33.80 | | | | | |
| B: 35-44 | | | | | | | |
| 1. ZIARKO Danuta | 43 | OIL I ska | 6:28.59 310 | 1:31.22 | 1:38.21 | 1:42.64 | 1:36.52 |
| | | 50m: | 250m: | 350m: | | | |
| | | 100m: 1:31.22 | 300m: 4:52.07 | 400m: 6:28.59 | | | |
| | | 150m: | | | | | |
| | | 200m: 3:09.43 | | | | | |
| 2. ADASZEWSKA Wiktoria | 42 | OIL I ska | 8:03.39 161 | 1:47.22 | 2:04.94 | 2:09.04 | 2:02.19 |
| | | 50m: | 250m: | 350m: | | | |
| | | 100m: 1:47.22 | 300m: 6:01.20 | 400m: 8:03.39 | | | |
| | | 150m: | | | | | |
| | | 200m: 3:52.16 | | | | | |
| C: 45-54 | | | | | | | |
| 1. JA NIEWICZ-MORO A. 50 | | OIL Rzeszów | 7:14.71 269 | 1:37.63 | 1:53.30 | 1:54.83 | 1:48.95 |
| | | 50m: | 250m: | 350m: | | | |
| | | 100m: 1:37.63 | 300m: 5:25.76 | 400m: 7:14.71 | | | |
| | | 150m: | | | | | |
| | | 200m: 3:30.93 | | | | | |
| 2. HULINKA Kamila | 47 | OIL Rzeszów | 8:03.37 176 | 1:55.68 | 2:07.54 | 2:06.33 | 1:53.82 |
| | | 50m: | 250m: | 350m: | | | |
| | | 100m: 1:55.68 | 300m: 6:09.55 | 400m: 8:03.37 | | | |
| | | 150m: | | | | | |
| | | 200m: 4:03.22 | | | | | |
| 3. BUCHOLZ Barbara | 51 | OIL Łódzka | 8:08.03 190 | 1:51.01 | 2:07.56 | | |
| | | 50m: | 250m: | 350m: | | | |
| | | 100m: 1:51.01 | 300m: | 400m: 8:08.03 | | | |
| | | 150m: | | | | | |
| | | 200m: 3:58.57 | | | | | |
| D: 55-64 | | | | | | | |
| 1. DAMLJANOVI -WACŁAW59I. | | OIL Zachodniopomorska | 6:38.11 361 | 1:31.93 | 1:41.45 | 1:43.62 | 1:41.11 |
| | | 50m: | 250m: | 350m: | | | |
| | | 100m: 1:31.93 | 300m: 4:57.00 | 400m: 6:38.11 | | | |
| | | 150m: | | | | | |
| | | 200m: 3:13.38 | | | | | |
| 2. NOWAK-BERE EI bieta 57 | | OIL Rzeszów | 8:31.15 170 | 1:59.89 | 2:12.98 | 2:12.37 | 2:05.91 |
| | | 50m: | 250m: | 350m: | | | |
| | | 100m: 1:59.89 | 300m: 6:25.24 | 400m: 8:31.15 | | | |
| | | 150m: | | | | | |
| | | 200m: 4:12.87 | | | | | |
| 3. MIKA-BURY Katarzyna 57 | | OIL I ska | 9:51.21 110 | 2:05.46 | 2:30.25 | 2:38.07 | 2:37.43 |
| | | 50m: | 250m: | 350m: | | | |
| | | 100m: 2:05.46 | 300m: 7:13.78 | 400m: 9:51.21 | | | |
| | | 150m: | | | | | |
| | | 200m: 4:35.71 | | | | | |



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E: 65-74

| | | | | | | | |
|---------------------------|---------------|----------------|---------------|---------|---------|---------|---------|
| 1. ZIMNA-WALENDZIK Ewa 73 | OIL Łódzka | 8:52.77 | 219 | 2:03.25 | 2:18.01 | 2:18.66 | 2:12.85 |
| 50m: | 150m: | 250m: | 350m: | | | | |
| 100m: 2:03.25 | 200m: 4:21.26 | 300m: 6:39.92 | 400m: 8:52.77 | | | | |