



2. Memoriał Zbigniewa Palcelta i Jana Wiederka Ogólnopolskie Zawody Pływackie
Ostrowiec wi tokrzyski, 01-02.06.2024

Konkurencja 17
2024-06-02 - 10:02

Kobiet, 400m dowolny

Open
Wyniki

Punkty: FINA 2024

Pozycja	Rok ur.	Czas	Pkt.
1. KULIK Julia	05 KU AZS UW	4:30.85	656
50m: 29.85 29.85	150m: 1:37.94 34.09	250m: 2:47.64 34.70	350m: 3:56.73 34.45
100m: 1:03.85 34.00	200m: 2:12.94 35.00	300m: 3:22.28 34.64	400m: 4:30.85 34.12
2. KUSION Judyta	06 UKP UNIA O wi cim	4:31.56	651
50m: 31.23 31.23	150m: 1:39.68 34.59	250m: 2:49.04 34.69	350m: 3:58.46 34.62
100m: 1:05.09 33.86	200m: 2:14.35 34.67	300m: 3:23.84 34.80	400m: 4:31.56 33.10
3. WILK Anna	06 UKP FALA Kra nik	4:35.43	624
50m: 31.92 31.92	150m: 1:41.83 35.42	250m: 2:51.97 34.89	350m: 4:01.73 34.70
100m: 1:06.41 34.49	200m: 2:17.08 35.25	300m: 3:27.03 35.06	400m: 4:35.43 33.70
4. POLAK Iga	09 UKP UNIA O wi cim	4:36.70	615
50m: 31.39 31.39	150m: 1:41.13 35.58	250m: 2:52.57 35.86	350m: 4:03.13 34.92
100m: 1:05.55 34.16	200m: 2:16.71 35.58	300m: 3:28.21 35.64	400m: 4:36.70 33.57
5. KARKOCHA Gabriela	09 UKP UNIA O wi cim	4:37.05	613
50m: 31.49 31.49	150m: 1:39.47 34.53	250m: 2:49.92 35.44	350m: 4:01.72 36.23
100m: 1:04.94 33.45	200m: 2:14.48 35.01	300m: 3:25.49 35.57	400m: 4:37.05 35.33
6. SOWA Barbara	07 UKP UNIA O wi cim	4:37.10	612
50m: 31.96 31.96	150m: 1:42.26 35.31	250m: 2:52.88 35.06	350m: 4:03.27 35.20
100m: 1:06.95 34.99	200m: 2:17.82 35.56	300m: 3:28.07 35.19	400m: 4:37.10 33.83
7. WIECZOREK Michalina	09 UKP UNIA O wi cim	4:40.96	587
50m: 31.80 31.80	150m: 1:43.03 35.96	250m: 2:54.81 36.05	350m: 4:06.11 35.59
100m: 1:07.07 35.27	200m: 2:18.76 35.73	300m: 3:30.52 35.71	400m: 4:40.96 34.85
8. ŁAZARZ Milena	06 UKP UNIA O wi cim	4:43.19	574
50m: 31.45 31.45	150m: 1:41.62 35.58	250m: 2:53.81 36.35	350m: 4:07.06 36.69
100m: 1:06.04 34.59	200m: 2:17.46 35.84	300m: 3:30.37 36.56	400m: 4:43.19 36.13
9. RYKHLINSKA Anastasiia	07 KS OLIMPIA Lublin	4:44.32	567
50m: 31.97 31.97	150m: 1:43.03 35.89	250m: 2:55.45 36.60	350m: 4:09.33 36.82
100m: 1:07.14 35.17	200m: 2:18.85 35.82	300m: 3:32.51 37.06	400m: 4:44.32 34.99
10. BAIDALINOVA Sofia	07 KS KSZO Ostrowiec w.	4:45.15	562
50m: 31.19 31.19	150m: 1:40.53 35.42	250m: 2:53.63 37.16	350m: 4:09.33 37.89
100m: 1:05.11 33.92	200m: 2:16.47 35.94	300m: 3:31.44 37.81	400m: 4:45.15 35.82
11. SAVCHENKO Oleksandra	08 KS KSZO Ostrowiec w.	4:46.27	555
50m: 32.09 32.09	150m: 1:42.61 35.63	250m: 2:55.09 36.40	350m: 4:09.37 37.48
100m: 1:06.98 34.89	200m: 2:18.69 36.08	300m: 3:31.89 36.80	400m: 4:46.27 36.90
12. DU KO Julia	07 RWKS SPARTA Biłgoraj	4:49.24	538
50m: 33.31 33.31	150m: 1:45.28 35.91	250m: 2:58.43 36.45	350m: 4:12.66 37.23
100m: 1:09.37 36.06	200m: 2:21.98 36.70	300m: 3:35.43 37.00	400m: 4:49.24 36.58
13. VOLKERT Julia	05 UKP UNIA O wi cim	4:49.31	538
50m: 32.29 32.29	150m: 1:44.01 36.02	250m: 2:57.18 36.56	350m: 4:12.06 37.67
100m: 1:07.99 35.70	200m: 2:20.62 36.61	300m: 3:34.39 37.21	400m: 4:49.31 37.25
14. ARTYUKH Anastasiya	10 Lviv Region	4:55.89	503
50m: 33.70 33.70	150m: 1:47.56 37.40	250m: 3:03.17 37.96	350m: 4:19.18 38.00
100m: 1:10.16 36.46	200m: 2:25.21 37.65	300m: 3:41.18 38.01	400m: 4:55.89 36.71
15. CAŁA Anastazja	07 UKP UNIA O wi cim	4:56.07	502
50m: 32.80 32.80	150m: 1:46.00 37.21	250m: 3:02.57 38.42	350m: 4:19.42 38.06
100m: 1:08.79 35.99	200m: 2:24.15 38.15	300m: 3:41.36 38.79	400m: 4:56.07 36.65
16. DRABYCH Valeriia	09 KS KSZO Ostrowiec w.	5:00.68	479
50m: 34.08 34.08	150m: 1:50.61 38.61	250m: 3:07.34 38.58	350m: 4:24.26 38.54
100m: 1:12.00 37.92	200m: 2:28.76 38.15	300m: 3:45.72 38.38	400m: 5:00.68 36.42





2. Memoriał Zbigniewa Palcelta i Jana Wiederka Ogólnopolskie Zawody Pływackie
Ostrowiec w tokrzyski, 01-02.06.2024

Konkurencja 17, Kobiet, 400m dowolny, Open

Pozycja				Rok ur.					Czas	Pkt.		
17.	KUNA Alina			10	Stow. Solne Miasto Wieliczka				5:01.34	476		
	50m:	33.06	33.06	150m:	1:48.45	38.37	250m:	3:04.56	38.41	350m:	4:22.64	39.26
	100m:	1:10.08	37.02	200m:	2:26.15	37.70	300m:	3:43.38	38.82	400m:	5:01.34	38.70
18.	SZYBAJŁO Zuzanna			10	MUKS UNIA Busko Zdrój				5:03.75	465		
	50m:	35.36	35.36	150m:	1:52.44	38.93	250m:	3:10.96	39.30	350m:	4:27.13	38.00
	100m:	1:13.51	38.15	200m:	2:31.66	39.22	300m:	3:49.13	38.17	400m:	5:03.75	36.62
19.	MAJ Zuzanna			11	KS KSZO Ostrowiec w.				5:06.25	454		
	50m:	35.57	35.57	150m:	1:51.96	38.69	250m:	3:10.24	39.64	350m:	4:28.89	39.19
	100m:	1:13.27	37.70	200m:	2:30.60	38.64	300m:	3:49.70	39.46	400m:	5:06.25	37.36
20.	KRAKUS Liliana			11	UKS SP-149 Łódź				5:08.07	446		
	50m:	35.39	35.39	150m:	1:55.18	40.20	250m:	3:15.29	39.92	350m:	4:32.49	38.10
	100m:	1:14.98	39.59	200m:	2:35.37	40.19	300m:	3:54.39	39.10	400m:	5:08.07	35.58
21.	JANUS Lena			08	St. Lok. SALOS Cortile Kielce				5:09.67	439		
	50m:	34.76	34.76	150m:	1:52.98	39.24	250m:	3:12.97	39.11	350m:	4:31.70	38.84
	100m:	1:13.74	38.98	200m:	2:33.86	40.88	300m:	3:52.86	39.89	400m:	5:09.67	37.97
22.	SOKÓŁ Sara			10	KS KSZO Ostrowiec w.				5:10.81	434		
	50m:	33.27	33.27	150m:	1:51.16	39.59	250m:	3:10.64	39.69	350m:	4:31.91	40.84
	100m:	1:11.57	38.30	200m:	2:30.95	39.79	300m:	3:51.07	40.43	400m:	5:10.81	38.90
23.	PIECUCH Julia			10	Stow. Solne Miasto Wieliczka				5:12.75	426		
	50m:	35.06	35.06	150m:	1:53.38	39.63	250m:	3:15.61	41.63	350m:	4:35.34	40.07
	100m:	1:13.75	38.69	200m:	2:33.98	40.60	300m:	3:55.27	39.66	400m:	5:12.75	37.41
24.	WÓJTOWICZ Sandra			11	KS KSZO Ostrowiec w.				5:17.48	407		
	50m:	35.91	35.91	150m:	1:56.15	40.39	250m:	3:17.13	40.52	350m:	4:38.47	40.32
	100m:	1:15.76	39.85	200m:	2:36.61	40.46	300m:	3:58.15	41.02	400m:	5:17.48	39.01
25.	BASZCZUK Milena			10	UKS FENIKS D bica				5:20.02	397		
	50m:	34.62	34.62	150m:	1:54.69	41.01	250m:	3:16.69	40.97	350m:	4:40.13	41.49
	100m:	1:13.68	39.06	200m:	2:35.72	41.03	300m:	3:58.64	41.95	400m:	5:20.02	39.89
26.	CYNAR Milena			11	MKS TRÓJKA Łódź				5:31.87	356		
	50m:	36.65	36.65	150m:	1:59.54	41.97	250m:	3:25.57	43.35	350m:	4:52.27	43.62
	100m:	1:17.57	40.92	200m:	2:42.22	42.68	300m:	4:08.65	43.08	400m:	5:31.87	39.60
27.	FIRLIT Lena			11	UKS SP-149 Łódź				5:38.93	334		
	50m:	37.60	37.60	150m:	2:02.23	43.01	250m:	3:30.04	43.88	350m:	4:57.83	43.51
	100m:	1:19.22	41.62	200m:	2:46.16	43.93	300m:	4:14.32	44.28	400m:	5:38.93	41.10
28.	ZALEWSKA Zuzanna			10	MUKS UNIA Busko Zdrój				5:39.54	333		
	50m:	37.98	37.98	150m:	2:04.20	43.67	250m:	3:31.36	43.82	350m:	4:58.68	44.08
	100m:	1:20.53	42.55	200m:	2:47.54	43.34	300m:	4:14.60	43.24	400m:	5:39.54	40.86
29.	OŁ DEK Julia			11	MKS JEDYNKA Łódź				5:40.70	329		
	50m:	38.58	38.58	150m:	2:06.79	44.44	250m:	3:34.39	43.44	350m:	5:00.09	42.60
	100m:	1:22.35	43.77	200m:	2:50.95	44.16	300m:	4:17.49	43.10	400m:	5:40.70	40.61
30.	MENET Maria			12	UKS SP AQUARIUS Lesko				5:51.86	299		
	50m:	37.44	37.44	150m:	2:04.92	44.78	250m:	3:36.67	46.26	350m:	5:08.16	45.84
	100m:	1:20.14	42.70	200m:	2:50.41	45.49	300m:	4:22.32	45.65	400m:	5:51.86	43.70

