



2. Memoriał Zbigniewa Palcelta i Jana Wiederka Ogólnopolskie Zawody Pływackie
Ostrowiec wi tokrzyski, 01-02.06.2024

Konkurencja 18
2024-06-02 - 10:29

M czyzn, 400m dowolny

Open
Wyniki

Punkty: FINA 2024

Pozycja	Rok ur.	Czas	Pkt.
1. WALTER Jakub	04 UKP UNIA O wi cim	4:02.74	745
50m: 28.44 28.44	150m: 1:31.39 31.43	250m: 2:34.16 31.55	350m: 3:35.00 29.27
100m: 59.96 31.52	200m: 2:02.61 31.22	300m: 3:05.73 31.57	400m: 4:02.74 27.74
2. STANISZEWSKI Bartosz	05 MKP Szczecin	4:04.38	730
50m: 28.56 28.56	150m: 1:30.95 31.29	250m: 2:34.01 31.55	350m: 3:36.87 31.27
100m: 59.66 31.10	200m: 2:02.46 31.51	300m: 3:05.60 31.59	400m: 4:04.38 27.51
3. BONDAR Mykyta	07 UKP UNIA O wi cim	4:10.82	675
50m: 29.46 29.46	150m: 1:33.73 32.34	250m: 2:37.28 31.35	350m: 3:40.38 31.43
100m: 1:01.39 31.93	200m: 2:05.93 32.20	300m: 3:08.95 31.67	400m: 4:10.82 30.44
4. WI NIEWSKI Wiktor	07 UKP UNIA O wi cim	4:12.61	661
50m: 29.07 29.07	150m: 1:33.63 32.46	250m: 2:37.83 31.95	350m: 3:41.93 31.93
100m: 1:01.17 32.10	200m: 2:05.88 32.25	300m: 3:10.00 32.17	400m: 4:12.61 30.68
5. JAREK Oskar	06 UKP UNIA O wi cim	4:17.25	626
50m: 30.08 30.08	150m: 1:36.06 33.33	250m: 2:41.02 32.38	350m: 3:46.01 32.52
100m: 1:02.73 32.65	200m: 2:08.64 32.58	300m: 3:13.49 32.47	400m: 4:17.25 31.24
6. SIKORA Cyprian	07 KS KSZO Ostrowiec w.	4:18.70	615
50m: 28.95 28.95	150m: 1:34.62 33.23	250m: 2:40.75 33.12	350m: 3:47.58 33.26
100m: 1:01.39 32.44	200m: 2:07.63 33.01	300m: 3:14.32 33.57	400m: 4:18.70 31.12
7. STR K Krystian	08 UKP UNIA O wi cim	4:20.13	605
50m: 29.29 29.29	150m: 1:35.74 33.44	250m: 2:41.77 32.97	350m: 3:48.70 33.67
100m: 1:02.30 33.01	200m: 2:08.80 33.06	300m: 3:15.03 33.26	400m: 4:20.13 31.43
8. PORWIK Kacper	06 UKP UNIA O wi cim	4:22.99	585
50m: 28.01 28.01	150m: 1:33.54 32.85	250m: 2:41.02 33.95	350m: 3:49.70 34.23
100m: 1:00.69 32.68	200m: 2:07.07 33.53	300m: 3:15.47 34.45	400m: 4:22.99 33.29
9. TARASEK Igor	10 UKS SMS Galicja Kraków	4:24.04	578
50m: 30.28 30.28	150m: 1:36.19 33.31	250m: 2:43.42 33.80	350m: 3:51.28 34.13
100m: 1:02.88 32.60	200m: 2:09.62 33.43	300m: 3:17.15 33.73	400m: 4:24.04 32.76
10. SKAŁACKI Igor	08 UKP UNIA O wi cim	4:27.26	558
50m: 30.66 30.66	150m: 1:38.22 34.02	250m: 2:46.59 33.59	350m: 3:54.53 33.70
100m: 1:04.20 33.54	200m: 2:13.00 34.78	300m: 3:20.83 34.24	400m: 4:27.26 32.73
11. PAPIER Mieszko	06 MUKS UNIA Busko Zdrój	4:28.79	548
50m: 29.24 29.24	150m: 1:34.82 33.39	250m: 2:43.87 34.66	350m: 3:54.85 35.73
100m: 1:01.43 32.19	200m: 2:09.21 34.39	300m: 3:19.12 35.25	400m: 4:28.79 33.94
12. SZLACHCIC Jan	08 UKP UNIA O wi cim	4:29.42	544
50m: 32.85 32.85	150m: 1:43.20 35.03	250m: 2:51.06 33.99	350m: 3:58.01 33.15
100m: 1:08.17 35.32	200m: 2:17.07 33.87	300m: 3:24.86 33.80	400m: 4:29.42 31.41
13. JURKOWSKI Igor	08 UKP UNIA O wi cim	4:29.78	542
50m: 31.17 31.17	150m: 1:40.32 34.69	250m: 2:48.86 34.03	350m: 3:57.11 33.40
100m: 1:05.63 34.46	200m: 2:14.83 34.51	300m: 3:23.71 34.85	400m: 4:29.78 32.67
14. BATUGOWSKI Szymon	09 KS KSZO Ostrowiec w.	4:30.78	536
50m: 30.63 30.63	150m: 1:39.37 34.40	250m: 2:48.32 34.16	350m: 3:57.34 34.80
100m: 1:04.97 34.34	200m: 2:14.16 34.79	300m: 3:22.54 34.22	400m: 4:30.78 33.44
15. WOJTAL Wiktor	09 UKP UNIA O wi cim	4:32.09	529
50m: 30.71 30.71	150m: 1:39.70 34.40	250m: 2:50.04 35.48	350m: 4:00.92 35.20
100m: 1:05.30 34.59	200m: 2:14.56 34.86	300m: 3:25.72 35.68	400m: 4:32.09 31.17
16. BORY Wojciech	09 UKP UNIA O wi cim	4:32.25	528
50m: 29.96 29.96	150m: 1:37.81 34.65	250m: 2:48.54 35.58	350m: 3:59.78 35.45
100m: 1:03.16 33.20	200m: 2:12.96 35.15	300m: 3:24.33 35.79	400m: 4:32.25 32.47





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Pozycja			Rok ur.					Czas	Pkt.			
17.	SKŁODOWSKI Jan		11	MKS JEDYNKA Łód				4:35.73	508			
	50m:	31.27	31.27	150m:	1:41.70	35.43	250m:	2:52.39	35.51	350m:	4:02.30	34.83
	100m:	1:06.27	35.00	200m:	2:16.88	35.18	300m:	3:27.47	35.08	400m:	4:35.73	33.43
18.	D BSKI Antoni		09	KS KSZO Ostrowiec w.				4:39.78	486			
	50m:	31.11	31.11	150m:	1:41.63	35.77	250m:	2:52.36	35.31	350m:	4:04.83	35.95
	100m:	1:05.86	34.75	200m:	2:17.05	35.42	300m:	3:28.88	36.52	400m:	4:39.78	34.95
19.	TKACZYK Kajetan		09	UKP UNIA O wi cim				4:40.30	483			
	50m:	32.58	32.58	150m:	1:44.01	35.88	250m:	2:55.19	35.57	350m:	4:06.21	35.32
	100m:	1:08.13	35.55	200m:	2:19.62	35.61	300m:	3:30.89	35.70	400m:	4:40.30	34.09
20.	SMYKIEWICZ Mateusz		09	SKP DELFIN Kozienice				4:43.91	465			
	50m:	31.52	31.52	150m:	1:43.25	36.02	250m:	2:56.17	36.55	350m:	4:08.95	36.37
	100m:	1:07.23	35.71	200m:	2:19.62	36.37	300m:	3:32.58	36.41	400m:	4:43.91	34.96
21.	MLECZKO Jakub		06	UKP UNIA O wi cim				4:46.70	452			
	50m:	32.98	32.98	150m:	1:44.29	35.95	250m:	2:56.97	36.72	350m:	4:10.70	37.13
	100m:	1:08.34	35.36	200m:	2:20.25	35.96	300m:	3:33.57	36.60	400m:	4:46.70	36.00
22.	STARACHOWSKI Maciej		10	KS KSZO Ostrowiec w.				4:47.08	450			
	50m:	32.03	32.03	150m:	1:44.48	36.63	250m:	2:58.27	36.88	350m:	4:12.50	36.38
	100m:	1:07.85	35.82	200m:	2:21.39	36.91	300m:	3:36.12	37.85	400m:	4:47.08	34.58
23.	PAPUGA Grzegorz		11	UKS 190 Łód				4:48.45	444			
	50m:	32.76	32.76	150m:	1:45.70	36.67	250m:	3:00.98	37.82	350m:	4:15.33	36.83
	100m:	1:09.03	36.27	200m:	2:23.16	37.46	300m:	3:38.50	37.52	400m:	4:48.45	33.12
24.	SOBCZYK Jan		11	MKS JEDYNKA Łód				4:49.60	438			
	50m:	32.92	32.92	150m:	1:48.00	38.03	250m:	3:03.15	37.53	350m:	4:15.24	35.37
	100m:	1:09.97	37.05	200m:	2:25.62	37.62	300m:	3:39.87	36.72	400m:	4:49.60	34.36
25.	SIWIEC Ksawery		10	PIRANIE SOSiR Nowa D ba				4:52.09	427			
	50m:	31.32	31.32	150m:	1:43.22	36.81	250m:	2:58.75	38.57	350m:	4:14.92	38.07
	100m:	1:06.41	35.09	200m:	2:20.18	36.96	300m:	3:36.85	38.10	400m:	4:52.09	37.17
26.	KOTYNIA Juliusz		10	UKS SMS Galicja Kraków				4:56.05	410			
	50m:	30.85	30.85	150m:	1:43.51	37.16	250m:	3:00.53	39.25	350m:	4:20.14	39.50
	100m:	1:06.35	35.50	200m:	2:21.28	37.77	300m:	3:40.64	40.11	400m:	4:56.05	35.91
27.	LITWI SKI Wiktor		10	MUKS UNIA Busko Zdrój				4:57.44	405			
	50m:	33.56	33.56	150m:	1:49.63	38.69	250m:	3:06.36	38.76	350m:	4:21.80	37.83
	100m:	1:10.94	37.38	200m:	2:27.60	37.97	300m:	3:43.97	37.61	400m:	4:57.44	35.64
28.	PALMOWSKI Jakub		11	UKS SP-149 Łód				5:00.38	393			
	50m:	32.81	32.81	150m:	1:50.35	39.12	250m:	3:07.77	38.86	350m:	4:24.14	37.94
	100m:	1:11.23	38.42	200m:	2:28.91	38.56	300m:	3:46.20	38.43	400m:	5:00.38	36.24
29.	ROMANYSHYN Liubomyr		10	Lviv Region				5:01.17	390			
	50m:	32.73	32.73	150m:	1:48.39	38.20	250m:	3:06.36	38.86	350m:	4:24.16	39.02
	100m:	1:10.19	37.46	200m:	2:27.50	39.11	300m:	3:45.14	38.78	400m:	5:01.17	37.01
30.	GAWŁOS Wiktor		11	MKS JEDYNKA Łód				5:08.32	363			
	50m:	33.83	33.83	150m:	1:50.83	39.08	250m:	3:10.06	39.54	350m:	4:29.88	39.69
	100m:	1:11.75	37.92	200m:	2:30.52	39.69	300m:	3:50.19	40.13	400m:	5:08.32	38.44
31.	CETNAROWSKI Jakub		10	KS H2O Bochnia				5:10.88	354			
	50m:	34.07	34.07	150m:	1:51.09	38.57	250m:	3:11.10	39.94	350m:	4:32.45	40.83
	100m:	1:12.52	38.45	200m:	2:31.16	40.07	300m:	3:51.62	40.52	400m:	5:10.88	38.43
32.	PADULA Tomasz		10	KS H2O Bochnia				5:21.04	322			
	50m:	35.96	35.96	150m:	1:55.14	40.19	250m:	3:18.27	41.92	350m:	4:42.47	41.59
	100m:	1:14.95	38.99	200m:	2:36.35	41.21	300m:	4:00.88	42.61	400m:	5:21.04	38.57
33.	PELAHEIN Mykhailo		12	Lviv Region				5:21.95	319			
	50m:	36.76	36.76	150m:	1:59.33	41.19	250m:	3:22.60	41.55	350m:	4:44.50	40.33
	100m:	1:18.14	41.38	200m:	2:41.05	41.72	300m:	4:04.17	41.57	400m:	5:21.95	37.45





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Pozycja		Rok ur.						Czas	Pkt.
34.	STACHOWICZ Marcel	11	MUKS UNIA Busko Zdrój	5:22.31	318				
	50m: 34.53 34.53	150m: 1:58.04	42.22	250m: 3:21.95	42.03	350m: 4:44.23	40.06		
	100m: 1:15.82 41.29	200m: 2:39.92	41.88	300m: 4:04.17	42.22	400m: 5:22.31	38.08		
35.	PODSIADŁO Mikołaj	11	MUKS UNIA Busko Zdrój	5:48.35	252				
	50m: 39.40 39.40	150m: 2:07.69	44.45	250m: 3:39.22	46.03	350m: 5:09.06	44.57		
	100m: 1:23.24 43.84	200m: 2:53.19	45.50	300m: 4:24.49	45.27	400m: 5:48.35	39.29		
36.	ORŁOWSKI Łukasz	11	UKS SP AQUARIUS Lesko	5:50.47	247				
	50m: 37.86 37.86	150m: 2:05.95	44.81	250m: 3:37.71	45.97	350m: 5:10.31	46.12		
	100m: 1:21.14 43.28	200m: 2:51.74	45.79	300m: 4:24.19	46.48	400m: 5:50.47	40.16		
37.	BORTO Marcel	11	MUKS UNIA Busko Zdrój	6:11.26	208				
	50m: 41.33 41.33	150m: 2:15.17	47.31	250m: 3:51.01	49.08	350m: 5:26.84	47.92		
	100m: 1:27.86 46.53	200m: 3:01.93	46.76	300m: 4:38.92	47.91	400m: 6:11.26	44.42		

