

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 13 lat II RUNDA
Ostrowiec wi tokrzyski, 15-16.06.2024

Konkurencja 7
2024-06-15 - 16:26

Dziewcz t, 400m dowolny

13 lat
Wyniki

Punkty: FINA 2023

Pozycja			Rok ur.					Czas	Pkt.
1.	KRAWCZYK Aleksandra		11	UKS Na Fali Bytom				4:35.20	593
	50m:	32.29 32.29	150m:	1:42.10	35.16	250m:	2:53.34 35.53	350m:	4:03.26 34.73
	100m:	1:06.94 34.65	200m:	2:17.81	35.71	300m:	3:28.53 35.19	400m:	4:35.20 31.94
2.	BOMBA Julia		11	CSiR MOS w D browie Górnicyzej				4:35.64	590
	50m:	31.95 31.95	150m:	1:41.74	35.18	250m:	2:52.65 35.39	350m:	4:02.98 34.87
	100m:	1:06.56 34.61	200m:	2:17.26	35.52	300m:	3:28.11 35.46	400m:	4:35.64 32.66
3.	KOKOSZKA Paulina		11	UKS GIM 92 Ursynów				4:37.11	581
	50m:	32.22 32.22	150m:	1:42.35	35.20	250m:	2:53.42 35.57	350m:	4:03.62 34.77
	100m:	1:07.15 34.93	200m:	2:17.85	35.50	300m:	3:28.85 35.43	400m:	4:37.11 33.49
4.	RÓZGA Nina		11	CSiR MOS w D browie Górnicyzej				4:43.84	541
	50m:	31.98 31.98	150m:	1:43.72	36.05	250m:	2:56.95 36.85	350m:	4:08.98 35.54
	100m:	1:07.67 35.69	200m:	2:20.10	36.38	300m:	3:33.44 36.49	400m:	4:43.84 34.86
5.	KANIEWSKA Lena		11	Mokotowski UKP Warszawianka- Wodny				4:51.12	501
	50m:	32.16 32.16	150m:	1:45.33	37.25	250m:	3:01.06 37.79	350m:	4:15.79 37.25
	100m:	1:08.08 35.92	200m:	2:23.27	37.94	300m:	3:38.54 37.48	400m:	4:51.12 35.33
6.	D BROWSKA Maja		11	UKS MANTA Kochłowice Ruda l ska				4:51.13	501
	50m:	30.89 30.89	150m:	1:44.70	37.77	250m:	2:59.70 37.60	350m:	4:15.65 37.68
	100m:	1:06.93 36.04	200m:	2:22.10	37.40	300m:	3:37.97 38.27	400m:	4:51.13 35.48
7.	KURY Joanna		11	UKS Sokół-Mo cice Tarnów				4:51.28	500
	50m:	33.66 33.66	150m:	1:47.55	37.20	250m:	3:02.76 37.99	350m:	4:16.57 37.52
	100m:	1:10.35 36.69	200m:	2:24.77	37.22	300m:	3:39.05 36.29	400m:	4:51.28 34.71
8.	JANIK Aleksandra		11	Stow. Solne Miasto Wieliczka				4:51.56	499
	50m:	32.88 32.88	150m:	1:46.45	37.18	250m:	3:00.57 37.03	350m:	4:15.80 37.78
	100m:	1:09.27 36.39	200m:	2:23.54	37.09	300m:	3:38.02 37.45	400m:	4:51.56 35.76
9.	MAJ Zuzanna		11	KS KSZO Ostrowiec wi tokrzyski				4:51.88	497
	50m:	33.49 33.49	150m:	1:46.10	36.65	250m:	3:00.62 37.54	350m:	4:15.80 37.78
	100m:	1:09.45 35.96	200m:	2:23.08	36.98	300m:	3:38.02 37.40	400m:	4:51.88 36.08
10.	PI TKIEWICZ Martyna		11	CSiR MOS w D browie Górnicyzej				4:52.20	496
	50m:	32.72 32.72	150m:	1:45.05	36.43	250m:	2:59.54 37.56	350m:	4:15.68 37.95
	100m:	1:08.62 35.90	200m:	2:21.98	36.93	300m:	3:37.73 38.19	400m:	4:52.20 36.52
11.	NIKIEL Emilia		11	MKS Park Wodny Tarnowskie Góry				4:52.35	495
	50m:	33.74 33.74	150m:	1:47.87	37.31	250m:	3:02.64 37.24	350m:	4:16.75 36.69
	100m:	1:10.56 36.82	200m:	2:25.40	37.53	300m:	3:40.06 37.42	400m:	4:52.35 35.60
12.	ST PNIAK Julia		11	PSP SWIM Płock				4:53.04	491
	50m:	30.90 30.90	150m:	1:43.75	36.46	250m:	2:59.72 38.28	350m:	4:16.51 38.56
	100m:	1:07.29 36.39	200m:	2:21.44	37.69	300m:	3:37.95 38.23	400m:	4:53.04 36.53
13.	PAJ K Agata		11	UKS Aqua Team Mikołów				4:53.47	489
	50m:	32.62 32.62	150m:	1:45.63	37.08	250m:	3:01.05 38.26	350m:	4:16.78 37.74
	100m:	1:08.55 35.93	200m:	2:22.79	37.16	300m:	3:39.04 37.99	400m:	4:53.47 36.69
14.	TATARA Patrycja		11	MKS AVIA widnik				4:55.46	479
	50m:	32.41 32.41	150m:	1:45.72	37.34	250m:	3:01.76 38.14	350m:	4:18.31 38.42
	100m:	1:08.38 35.97	200m:	2:23.62	37.90	300m:	3:39.89 38.13	400m:	4:55.46 37.15
15.	NOSOL Paulina		11	UKS DELFIN Krapkowice				4:56.98	472
	50m:	33.28 33.28	150m:	1:48.21	38.15	250m:	3:04.67 37.83	350m:	4:21.32 38.14
	100m:	1:10.06 36.78	200m:	2:26.84	38.63	300m:	3:43.18 38.51	400m:	4:56.98 35.66
16.	CZY AK Paulina		11	CSiR MOS w D browie Górnicyzej				4:57.38	470
	50m:	33.08 33.08	150m:	1:46.92	37.38	250m:	3:02.45 37.95	350m:	4:19.17 38.57
	100m:	1:09.54 36.46	200m:	2:24.50	37.58	300m:	3:40.60 38.15	400m:	4:57.38 38.21

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 13 lat II RUNDA
Ostrowiec wi tokrzyski, 15-16.06.2024

Konkurencja 7, Dziewcz t, 400m dowolny, 13 lat

Pozycja			Rok ur.					Czas	Pkt.		
17.	CZARNECKA Maja		11	MKS JORDAN Kraków				4:58.03	467		
	50m:	34.21 34.21	150m:	1:50.28	38.16	250m:	3:07.84	38.51	350m:	4:24.88	39.22
	100m:	1:12.12 37.91	200m:	2:29.33	39.05	300m:	3:45.66	37.82	400m:	4:58.03	33.15
18.	SZWIEC Matylda		11	UKS Sokół-Mo cice Tarnów				4:58.64	464		
	50m:	33.70 33.70	150m:	1:49.81	37.91	250m:	3:05.47	38.17	350m:	4:21.22	37.71
	100m:	1:11.90 38.20	200m:	2:27.30	37.49	300m:	3:43.51	38.04	400m:	4:58.64	37.42
19.	DEJANA Laura		11	UKS SMS Galicja Kraków				4:58.93	463		
	50m:	33.19 33.19	150m:	1:47.88	38.06	250m:	3:04.67	38.21	350m:	4:22.77	39.00
	100m:	1:09.82 36.63	200m:	2:26.46	38.58	300m:	3:43.77	39.10	400m:	4:58.93	36.16
20.	GIELZA Emilia		11	UKS MANTA Kochłowice Ruda l ska				5:00.33	456		
	50m:	33.51 33.51	150m:	1:49.21	38.43	250m:	3:06.57	38.86	350m:	4:23.64	38.68
	100m:	1:10.78 37.27	200m:	2:27.71	38.50	300m:	3:44.96	38.39	400m:	5:00.33	36.69
21.	KUSZTYKIEWICZ Barbara		11	Aqua-Team Grójec				5:00.70	455		
	50m:	34.59 34.59	150m:	1:51.12	38.74	250m:	3:06.96	37.65	350m:	4:23.41	38.21
	100m:	1:12.38 37.79	200m:	2:29.31	38.19	300m:	3:45.20	38.24	400m:	5:00.70	37.29
22.	PACYK Alexandra		11	IUKS MUSZELKA Warszawa				5:01.65	450		
	50m:	33.16 33.16	150m:	1:47.93	37.85	250m:	3:05.77	38.93	350m:	4:23.27	38.62
	100m:	1:10.08 36.92	200m:	2:26.84	38.91	300m:	3:44.65	38.88	400m:	5:01.65	38.38
23.	STREFNER Laura		11	UKS G-8 Bielany Warszawa				5:02.01	449		
	50m:	33.74 33.74	150m:	1:49.19	38.21	250m:	3:06.54	38.77	350m:	4:24.89	39.02
	100m:	1:10.98 37.24	200m:	2:27.77	38.58	300m:	3:45.87	39.33	400m:	5:02.01	37.12
24.	SZCZERBA Sonia		11	UKS G-8 Bielany Warszawa				5:02.22	448		
	50m:	33.70 33.70	150m:	1:48.85	38.19	250m:	3:06.95	39.05	350m:	4:25.64	39.05
	100m:	1:10.66 36.96	200m:	2:27.90	39.05	300m:	3:46.59	39.64	400m:	5:02.22	36.58
25.	S KOWSKA Hanna		11	UKS ORKA Zamo				5:02.57	446		
	50m:	33.30 33.30	150m:	1:48.50	38.00	250m:	3:06.56	38.92	350m:	4:24.89	39.72
	100m:	1:10.50 37.20	200m:	2:27.64	39.14	300m:	3:45.17	38.61	400m:	5:02.57	37.68
26.	WÓJTOWICZ Sandra		11	KS KSZO Ostrowiec wi tokrzyski				5:02.59	446		
	50m:	34.56 34.56	150m:	1:50.36	37.73	250m:	3:07.11	38.70	350m:	4:25.29	39.05
	100m:	1:12.63 38.07	200m:	2:28.41	38.05	300m:	3:46.24	39.13	400m:	5:02.59	37.30
27.	IWA SKA Wiktoria		11	MKS Jagiellonka Warszawa				5:04.80	437		
	50m:	33.09 33.09	150m:	1:49.53	38.84	250m:	3:08.26	39.64	350m:	4:27.64	39.91
	100m:	1:10.69 37.60	200m:	2:28.62	39.09	300m:	3:47.73	39.47	400m:	5:04.80	37.16
28.	LACH Maria		11	MKS Ochota Warszawa				5:04.83	436		
	50m:	33.80 33.80	150m:	1:49.00	38.11	250m:	3:07.10	38.99	350m:	4:27.58	39.51
	100m:	1:10.89 37.09	200m:	2:28.11	39.11	300m:	3:48.07	40.97	400m:	5:04.83	37.25
29.	BOSZCZYK Zuzanna		11	MUKP MOSiR ORKA Kielce				5:05.18	435		
	50m:	34.07 34.07	150m:	1:50.26	38.75	250m:	3:07.91	37.69	350m:	4:27.78	39.72
	100m:	1:11.51 37.44	200m:	2:30.22	39.96	300m:	3:48.06	40.15	400m:	5:05.18	37.40
30.	HUS Nikola		11	Stow. OLIMPIJCZYK Kraków				5:05.84	432		
	50m:	34.90 34.90	150m:	1:51.68	38.26	250m:	3:08.88	38.61	350m:	4:26.74	38.50
	100m:	1:13.42 38.52	200m:	2:30.27	38.59	300m:	3:48.24	39.36	400m:	5:05.84	39.10
31.	LYTVYNOVA Melaniia		11	UKS SMS Galicja Kraków				5:05.93	432		
	50m:	34.92 34.92	150m:	1:53.74	39.76	250m:	3:14.52	40.71	350m:	4:31.69	38.57
	100m:	1:13.98 39.06	200m:	2:33.81	40.07	300m:	3:53.12	38.60	400m:	5:05.93	34.24
32.	PAWLUK Hanna		11	UKS NIKA Sport Team Kraków				5:06.51	429		
	50m:	34.38 34.38	150m:	1:50.32	38.27	250m:	3:09.00	39.63	350m:	4:28.38	39.69
	100m:	1:12.05 37.67	200m:	2:29.37	39.05	300m:	3:48.69	39.69	400m:	5:06.51	38.13
33.	WOYTERSKA Lena		11	MKS IKAR Stal Mielec				5:07.09	427		
	50m:	34.18 34.18	150m:	1:52.44	39.79	250m:	3:12.21	39.80	350m:	4:30.63	39.15
	100m:	1:12.65 38.47	200m:	2:32.41	39.97	300m:	3:51.48	39.27	400m:	5:07.09	36.46

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 13 lat II RUNDA
Ostrowiec wi tokrzyski, 15-16.06.2024

Konkurencja 7, Dziewcz t, 400m dowolny, 13 lat

Pozycja			Rok ur.					Czas	Pkt.
34.	BACHNIAK Lidia		11	CSiR MOS w D browie Górniczej				5:08.22	422
	50m:	34.99 34.99	150m:	1:52.75 39.18	250m:	3:11.42 39.37	350m:	4:30.28 39.44	
	100m:	1:13.57 38.58	200m:	2:32.05 39.30	300m:	3:50.84 39.42	400m:	5:08.22 37.94	
35.	MIKOŁAJEK Adrianna		11	UKS DELFIN Krapkowice				5:08.31	422
	50m:	34.61 34.61	150m:	1:54.04 40.34	250m:	3:13.82 39.84	350m:	4:32.56 38.59	
	100m:	1:13.70 39.09	200m:	2:33.98 39.94	300m:	3:53.97 40.15	400m:	5:08.31 35.75	
36.	SZERSZE -NIEW GŁOWSKA Zofia		11	UKS GIM 92 Ursynów				5:09.19	418
	50m:	35.50 35.50	150m:	1:53.51 39.24	250m:	3:12.27 38.95	350m:	4:31.37 39.99	
	100m:	1:14.27 38.77	200m:	2:33.32 39.81	300m:	3:51.38 39.11	400m:	5:09.19 37.82	
37.	KO UCH Lena		11	Stow. OLIMPIJCZYK Kraków				5:09.31	418
	50m:	35.89 35.89	150m:	1:55.27 40.02	250m:	3:14.86 39.88	350m:	4:32.84 39.20	
	100m:	1:15.25 39.36	200m:	2:34.98 39.71	300m:	3:53.64 38.78	400m:	5:09.31 36.47	
38.	KOSMALA Pola		11	UKS G-8 Bielany Warszawa				5:09.40	417
	50m:	34.63 34.63	150m:	1:50.70 38.36	250m:	3:08.65 39.47	350m:	4:29.50 40.48	
	100m:	1:12.34 37.71	200m:	2:29.18 38.48	300m:	3:49.02 40.37	400m:	5:09.40 39.90	
39.	SUWARA Aleksandra		11	MKS Piaseczno				5:10.37	413
	50m:	34.30 34.30	150m:	1:52.34 39.57	250m:	3:12.67 40.55	350m:	4:32.77 40.01	
	100m:	1:12.77 38.47	200m:	2:32.12 39.78	300m:	3:52.76 40.09	400m:	5:10.37 37.60	
40.	WITTBRODT Alicja		11	UKP POLONIA Warszawa				5:11.21	410
	50m:	35.61 35.61	150m:	1:55.38 40.58	250m:	3:16.08 39.25	350m:	4:34.29 39.09	
	100m:	1:14.80 39.19	200m:	2:36.83 41.45	300m:	3:55.20 39.12	400m:	5:11.21 36.92	
41.	KURZYP Lena		11	UKP POLONIA Warszawa				5:11.22	410
	50m:	37.03 37.03	150m:	1:57.56 39.97	250m:	3:17.78 39.47	350m:	4:34.97 38.35	
	100m:	1:17.59 40.56	200m:	2:38.31 40.75	300m:	3:56.62 38.84	400m:	5:11.22 36.25	
42.	KOCL GA Antonina		11	UKS Aqua Team Mikołów				5:11.29	410
	50m:	34.77 34.77	150m:	1:53.64 40.27	250m:	3:13.24 39.71	350m:	4:33.89 40.50	
	100m:	1:13.37 38.60	200m:	2:33.53 39.89	300m:	3:53.39 40.15	400m:	5:11.29 37.40	
43.	ŁYSIUK Lidia		11	UKS GIM 92 Ursynów				5:11.30	410
	50m:	32.70 32.70	150m:	1:49.45 39.38	250m:	3:10.37 40.79	350m:	4:31.58 40.92	
	100m:	1:10.07 37.37	200m:	2:29.58 40.13	300m:	3:50.66 40.29	400m:	5:11.30 39.72	
44.	MOROZOWICZ Nadia		11	MKS Ochota Warszawa				5:12.33	406
	50m:	34.28 34.28	150m:	1:52.69 39.89	250m:	3:12.88 40.22	350m:	4:34.20 40.59	
	100m:	1:12.80 38.52	200m:	2:32.66 39.97	300m:	3:53.61 40.73	400m:	5:12.33 38.13	
45.	ONEILL Kiera		11	UKP POLONIA Warszawa				5:12.70	404
	50m:	34.87 34.87	150m:	1:54.19 40.62	250m:	3:15.48 40.55	350m:	4:35.41 39.73	
	100m:	1:13.57 38.70	200m:	2:34.93 40.74	300m:	3:55.68 40.20	400m:	5:12.70 37.29	
46.	B BAS Lena		11	Swim Team MOSiR K dzierzyn-Ko le				5:13.11	403
	50m:	34.86 34.86	150m:	1:55.12 40.40	250m:	3:15.43 39.73	350m:	4:33.61 39.28	
	100m:	1:14.72 39.86	200m:	2:35.70 40.58	300m:	3:54.33 38.90	400m:	5:13.11 39.50	
47.	ROKICKA Alicja		11	MKS Jagiellonka Warszawa				5:13.69	400
	50m:	35.46 35.46	150m:	1:55.09 39.98	250m:	3:14.84 39.92	350m:	4:34.55 40.27	
	100m:	1:15.11 39.65	200m:	2:34.92 39.83	300m:	3:54.28 39.44	400m:	5:13.69 39.14	
48.	KASI SKA Michalina		11	UKS 307 Warszawa				5:13.92	400
	50m:	35.55 35.55	150m:	1:55.94 40.15	250m:	3:16.46 39.61	350m:	4:35.33 40.18	
	100m:	1:15.79 40.24	200m:	2:36.85 40.91	300m:	3:55.15 38.69	400m:	5:13.92 38.59	
49.	PIECHACZEK Alina		11	UKS MANTA Kochłowice Ruda l ska				5:15.07	395
	50m:	36.34 36.34	150m:	1:56.30 40.44	250m:	3:16.67 40.11	350m:	4:36.02 39.56	
	100m:	1:15.86 39.52	200m:	2:36.56 40.26	300m:	3:56.46 39.79	400m:	5:15.07 39.05	
50.	DANISZEWSKA Aleksandra		11	UKS GIM 92 Ursynów				5:15.45	394
	50m:	36.51 36.51	150m:	1:57.44 40.75	250m:	3:18.44 40.64	350m:	4:36.67 39.10	
	100m:	1:16.69 40.18	200m:	2:37.80 40.36	300m:	3:57.57 39.13	400m:	5:15.45 38.78	

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 13 lat II RUNDA
Ostrowiec wi tokrzyski, 15-16.06.2024

Konkurencja 7, Dziewcz t, 400m dowolny, 13 lat

Pozycja			Rok ur.					Czas	Pkt.
51.	SZPAK Jagoda		11	Aqua-Team Grójec				5:17.32	387
	50m:	36.38 36.38	150m:	1:57.00	40.83	250m:	3:19.08 41.28	350m:	4:40.53 41.13
	100m:	1:16.17 39.79	200m:	2:37.80	40.80	300m:	3:59.40 40.32	400m:	5:17.32 36.79
52.	ADAMIEC Helena		11	DOKiS SP VEGA Dobrodzie				5:17.85	385
	50m:	37.30 37.30	150m:	1:59.16	41.28	250m:	3:20.66 40.45	350m:	4:40.77 39.93
	100m:	1:17.88 40.58	200m:	2:40.21	41.05	300m:	4:00.84 40.18	400m:	5:17.85 37.08
53.	MISZKIEWICZ Agata		11	UKS Na Fali Bytom				5:18.59	382
	50m:	36.06 36.06	150m:	1:56.38	40.94	250m:	3:17.73 41.13	350m:	4:39.90 41.10
	100m:	1:15.44 39.38	200m:	2:36.60	40.22	300m:	3:58.80 41.07	400m:	5:18.59 38.69
54.	LE NIOWSKA Małgorzata		11	Stow. OLIMPIJCZYK Kraków				5:20.83	374
	50m:	36.31 36.31	150m:	1:57.91	40.83	250m:	3:19.40 40.53	350m:	4:41.36 41.08
	100m:	1:17.08 40.77	200m:	2:38.87	40.96	300m:	4:00.28 40.88	400m:	5:20.83 39.47
55.	SMOLAK Nikola		11	Stow. Sportowe PROSWIM				5:21.53	372
	50m:	36.85 36.85	150m:	1:59.96	41.77	250m:	3:23.10 41.09	350m:	4:44.94 40.56
	100m:	1:18.19 41.34	200m:	2:42.01	42.05	300m:	4:04.38 41.28	400m:	5:21.53 36.59
56.	BUDZOWSKA Hanna		11	UKS ÓSEMKA O wi cim				5:21.98	370
	50m:	35.82 35.82	150m:	1:56.05	40.46	250m:	3:18.55 41.10	350m:	4:41.20 42.35
	100m:	1:15.59 39.77	200m:	2:37.45	41.40	300m:	3:58.85 40.30	400m:	5:21.98 40.78
57.	WEINERT Agata		11	UKS DELFIN Krapkowice				5:22.17	370
	50m:	36.75 36.75	150m:	1:59.11	41.88	250m:	3:21.42 41.26	350m:	4:42.67 40.63
	100m:	1:17.23 40.48	200m:	2:40.16	41.05	300m:	4:02.04 40.62	400m:	5:22.17 39.50
58.	FRONCZEK Łucja		11	KU AZS UMCS Lublin				5:23.47	365
	50m:	35.79 35.79	150m:	1:56.83	41.21	250m:	3:19.92 41.61	350m:	4:43.93 41.90
	100m:	1:15.62 39.83	200m:	2:38.31	41.48	300m:	4:02.03 42.11	400m:	5:23.47 39.54
59.	WOJDAK Emilia		11	UKS GIM 92 Ursynów				5:23.66	364
	50m:	36.65 36.65	150m:	1:58.42	41.25	250m:	3:21.45 41.62	350m:	4:44.32 41.33
	100m:	1:17.17 40.52	200m:	2:39.83	41.41	300m:	4:02.99 41.54	400m:	5:23.66 39.34
60.	ADAMUS Maja		11	UKS ÓSEMKA O wi cim				5:25.80	357
	50m:	35.83 35.83	150m:	1:57.38	41.60	250m:	3:20.92 41.64	350m:	4:44.96 41.73
	100m:	1:15.78 39.95	200m:	2:39.28	41.90	300m:	4:03.23 42.31	400m:	5:25.80 40.84
61.	ANTONIOU Adriana		11	MKS IKAR Stal Mielec				5:26.31	356
	50m:	35.01 35.01	150m:	1:54.72	40.40	250m:	3:16.69 40.97	350m:	4:46.36 47.86
	100m:	1:14.32 39.31	200m:	2:35.72	41.00	300m:	3:58.50 41.81	400m:	5:26.31 39.95
62.	SIEK Anastazja		11	MTP Lublinianka				5:27.83	351
	50m:	36.56 36.56	150m:	1:59.00	42.07	250m:	3:22.99 41.92	350m:	4:48.07 42.57
	100m:	1:16.93 40.37	200m:	2:41.07	42.07	300m:	4:05.50 42.51	400m:	5:27.83 39.76
63.	B BEN Anna		11	Stow. Sportowe PROSWIM				5:29.45	346
	50m:	36.46 36.46	150m:	1:58.59	41.52	250m:	3:23.59 42.75	350m:	4:49.73 43.02
	100m:	1:17.07 40.61	200m:	2:40.84	42.25	300m:	4:06.71 43.12	400m:	5:29.45 39.72
64.	ZAJ CZKOWSKA Nina		11	UKS SMS Galicja Kraków				5:29.55	345
	50m:	36.24 36.24	150m:	1:58.26	41.58	250m:	3:21.14 41.92	350m:	4:47.47 43.04
	100m:	1:16.68 40.44	200m:	2:39.22	40.96	300m:	4:04.43 43.29	400m:	5:29.55 42.08
65.	TSOKH Milena		11	Mokotowski UKP Warszawianka- Wodny				5:30.54	342
	50m:	34.72 34.72	150m:	1:59.17	43.26	250m:	3:24.86 43.08	350m:	4:50.81 42.99
	100m:	1:15.91 41.19	200m:	2:41.78	42.61	300m:	4:07.82 42.96	400m:	5:30.54 39.73
66.	SZYBISTY Karolina		11	KP SOKÓŁ Rzeszów				5:30.79	341
	50m:	36.36 36.36	150m:	1:59.88	42.56	250m:	3:26.38 43.08	350m:	4:51.99 42.88
	100m:	1:17.32 40.96	200m:	2:43.30	43.42	300m:	4:09.11 42.73	400m:	5:30.79 38.80
67.	TRUBIC Wiktoria		11	UKS MANTA Kochłowice Ruda I ska				5:31.91	338
	50m:	38.10 38.10	150m:	2:00.94	41.73	250m:	3:25.99 42.42	350m:	4:51.82 43.07
	100m:	1:19.21 41.11	200m:	2:43.57	42.63	300m:	4:08.75 42.76	400m:	5:31.91 40.09

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 13 lat II RUNDA
Ostrowiec wi tokrzyski, 15-16.06.2024

Konkurencja 7, Dziewcz t, 400m dowolny, 13 lat

Pozycja			Rok ur.					Czas	Pkt.		
68.	GOSZCZY	SKA Maja	11	Aqua-Team Grójec				5:32.08	337		
	50m:	37.18 37.18	150m:	2:02.51	43.25	250m:	3:28.47	43.21	350m:	4:53.80	42.07
	100m:	1:19.26 42.08	200m:	2:45.26	42.75	300m:	4:11.73	43.26	400m:	5:32.08	38.28
69.	KISZKA	Milena	11	KP SOKÓŁ Rzeszów				5:33.72	332		
	50m:	37.68 37.68	150m:	2:02.16	42.90	250m:	3:27.84	42.85	350m:	4:53.86	42.95
	100m:	1:19.26 41.58	200m:	2:44.99	42.83	300m:	4:10.91	43.07	400m:	5:33.72	39.86
70.	STEFA	SKA Agata	11	UKS NIKA Sport Team Kraków				5:34.25	331		
	50m:	38.15 38.15	150m:	2:02.24	42.47	250m:	3:28.23	43.06	350m:	4:54.28	43.00
	100m:	1:19.77 41.62	200m:	2:45.17	42.93	300m:	4:11.28	43.05	400m:	5:34.25	39.97
71.	K	PKA Maja	11	UKS VICTORIA Józefów				5:35.03	329		
	50m:	37.85 37.85	150m:	2:02.81	43.03	250m:	3:29.70	43.77	350m:	4:54.49	41.26
	100m:	1:19.78 41.93	200m:	2:45.93	43.12	300m:	4:13.23	43.53	400m:	5:35.03	40.54
72.	ZIELI	SKA Maria	11	MKS JORDAN Kraków				5:35.44	327		
	50m:	36.98 36.98	150m:	1:59.67	41.41	250m:	3:25.43	43.39	350m:	4:52.68	43.93
	100m:	1:18.26 41.28	200m:	2:42.04	42.37	300m:	4:08.75	43.32	400m:	5:35.44	42.76
73.	GREGORCZYK	Hanna	11	Swim Team MOSiR K dzierzyn-Ko le				5:37.59	321		
	50m:	35.16 35.16	150m:	1:59.76	43.52	250m:	3:27.48	44.17	350m:	4:55.47	44.27
	100m:	1:16.24 41.08	200m:	2:43.31	43.55	300m:	4:11.20	43.72	400m:	5:37.59	42.12
74.	RZ	SA Antonina	11	MKS Jagiellonka Warszawa				5:37.80	321		
	50m:	37.35 37.35	150m:	2:02.17	43.08	250m:	3:29.20	43.78	350m:	4:55.26	43.31
	100m:	1:19.09 41.74	200m:	2:45.42	43.25	300m:	4:11.95	42.75	400m:	5:37.80	42.54
75.	BATYRA	Weronika	11	UKS SKARPA Lublin				5:38.59	318		
	50m:	37.55 37.55	150m:	2:03.50	43.84	250m:	3:31.46	43.90	350m:	4:58.32	42.87
	100m:	1:19.66 42.11	200m:	2:47.56	44.06	300m:	4:15.45	43.99	400m:	5:38.59	40.27
76.	ŁUKASZEWICZ	Maria	11	UKS SP 23 Lublin				5:38.75	318		
	50m:	36.48 36.48	150m:	1:59.32	41.58	250m:	3:26.59	44.29	350m:	4:55.42	44.57
	100m:	1:17.74 41.26	200m:	2:42.30	42.98	300m:	4:10.85	44.26	400m:	5:38.75	43.33
77.	CIE	LIKOWSKA Hanna	11	UKS 307 Warszawa				5:38.76	318		
	50m:	37.32 37.32	150m:	2:01.57	42.92	250m:	3:28.62	43.39	350m:	4:54.62	42.83
	100m:	1:18.65 41.33	200m:	2:45.23	43.66	300m:	4:11.79	43.17	400m:	5:38.76	44.14
78.	DOMAGALSKA	Oliwia	11	MTP Lublinianka				5:39.13	317		
	50m:	37.65 37.65	150m:	2:05.95	44.17	250m:	3:33.74	44.73	350m:	4:59.53	42.51
	100m:	1:21.78 44.13	200m:	2:49.01	43.06	300m:	4:17.02	43.28	400m:	5:39.13	39.60
79.	GARBARCZYK	Weronika	11	SKP DELFIN Kozienice				5:40.98	312		
	50m:	36.83 36.83	150m:	2:03.65	44.57	250m:	3:32.90	44.77	350m:	5:00.47	43.68
	100m:	1:19.08 42.25	200m:	2:48.13	44.48	300m:	4:16.79	43.89	400m:	5:40.98	40.51
80.	PLOTTKE	Lilia	11	UKS SP 23 Lublin				5:42.93	306		
	50m:	37.37 37.37	150m:	2:04.85	44.60	250m:	3:33.20	44.10	350m:	5:01.15	43.85
	100m:	1:20.25 42.88	200m:	2:49.10	44.25	300m:	4:17.30	44.10	400m:	5:42.93	41.78
81.	KUDYK	Magdalena	11	UKS ORKA Zamo				5:47.47	294		
	50m:	38.85 38.85	150m:	2:06.83	44.77	250m:	3:36.51	44.74	350m:	5:04.78	43.99
	100m:	1:22.06 43.21	200m:	2:51.77	44.94	300m:	4:20.79	44.28	400m:	5:47.47	42.69
82.	DUCHNA	Katarzyna	11	UKS DELFIN Garwolin				5:48.15	293		
	50m:	34.89 34.89	150m:	2:00.11	44.19	250m:	3:32.00	46.18	350m:	5:05.89	47.23
	100m:	1:15.92 41.03	200m:	2:45.82	45.71	300m:	4:18.66	46.66	400m:	5:48.15	42.26
83.	MENTEL	Kinga	11	UKS G-8 Bielany Warszawa				5:49.24	290		
	50m:	38.54 38.54	150m:	2:05.82	44.22	250m:	3:35.28	45.04	350m:	5:04.53	44.52
	100m:	1:21.60 43.06	200m:	2:50.24	44.42	300m:	4:20.01	44.73	400m:	5:49.24	44.71
84.	BULENDA	Liliana	11	UKS G-8 Bielany Warszawa				5:51.35	285		
	50m:	39.41 39.41	150m:	2:08.28	44.52	250m:	3:39.35	45.71	350m:	5:09.42	44.61
	100m:	1:23.76 44.35	200m:	2:53.64	45.36	300m:	4:24.81	45.46	400m:	5:51.35	41.93

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 13 lat II RUNDA
Ostrowiec wi tokrzyski, 15-16.06.2024

Konkurencja 7, Dziewcz t, 400m dowolny, 13 lat

Pozycja					Rok ur.					Czas	Pkt.	
85.	KRAJEWSKA Julia				11	Mokotowski UKP Warszawianka- Wodny				5:51.74	284	
	50m:	39.02	39.02	150m:	2:06.57	44.12	250m:	3:36.92	45.20	350m:	5:07.20	45.12
	100m:	1:22.45	43.43	200m:	2:51.72	45.15	300m:	4:22.08	45.16	400m:	5:51.74	44.54
86.	JASTRZ BSKA Natalia				11	Stow. Sportowe PROSWIM				5:52.85	281	
	50m:	39.73	39.73	150m:	2:08.68	44.71	250m:	3:39.23	45.36	350m:	5:10.53	45.90
	100m:	1:23.97	44.24	200m:	2:53.87	45.19	300m:	4:24.63	45.40	400m:	5:52.85	42.32
87.	KALITA Julia				11	UKS SP 23 Lublin				5:52.88	281	
	50m:	39.26	39.26	150m:	2:07.12	44.50	250m:	3:38.92	45.97	350m:	5:11.56	45.75
	100m:	1:22.62	43.36	200m:	2:52.95	45.83	300m:	4:25.81	46.89	400m:	5:52.88	41.32
88.	GUZIK Mia				11	Stow. Solne Miasto Wieliczka				5:55.64	275	
	50m:	37.82	37.82	150m:	2:06.61	45.41	250m:	3:39.19	46.48	350m:	5:12.86	47.24
	100m:	1:21.20	43.38	200m:	2:52.71	46.10	300m:	4:25.62	46.43	400m:	5:55.64	42.78
	SOCHA Gabriela				11	UKS Ostrobramska				5:55.64	275	
	50m:	40.25	40.25	150m:	2:11.51	45.65	250m:	3:43.66	45.65	350m:	5:14.88	45.58
	100m:	1:25.86	45.61	200m:	2:58.01	46.50	300m:	4:29.30	45.64	400m:	5:55.64	40.76
90.	RONGIERS Pola				11	MKS Jagiellonka Warszawa				6:00.67	263	
	50m:	38.91	38.91	150m:	2:12.30	47.64	250m:	3:45.66	46.94	350m:	5:20.03	47.01
	100m:	1:24.66	45.75	200m:	2:58.72	46.42	300m:	4:33.02	47.36	400m:	6:00.67	40.64
91.	CEBULA Julia				11	UKS Olympic Warka				6:01.52	261	
	50m:	39.23	39.23	150m:	2:09.31	45.67	250m:	3:41.94	46.76	350m:	5:16.55	47.52
	100m:	1:23.64	44.41	200m:	2:55.18	45.87	300m:	4:29.03	47.09	400m:	6:01.52	44.97
92.	BIE KO Anna				11	UKS SKALAR Warszawa				6:02.80	259	
	50m:	38.18	38.18	150m:	2:07.91	46.05	250m:	3:42.50	47.62	350m:	5:17.10	47.40
	100m:	1:21.86	43.68	200m:	2:54.88	46.97	300m:	4:29.70	47.20	400m:	6:02.80	45.70
93.	PARZUCHOWSKA Alicja				11	MKS Piaseczno				6:03.59	257	
	50m:	38.45	38.45	150m:	2:07.86	46.12	250m:	3:42.59	47.49	350m:	5:17.87	47.57
	100m:	1:21.74	43.29	200m:	2:55.10	47.24	300m:	4:30.30	47.71	400m:	6:03.59	45.72
94.	PIECH Weronika				11	KS PRESTIGE Rzeszów				6:07.38	249	
	50m:	40.00	40.00	150m:	2:11.70	46.57	250m:	3:46.70	47.17	350m:	5:22.16	47.51
	100m:	1:25.13	45.13	200m:	2:59.53	47.83	300m:	4:34.65	47.95	400m:	6:07.38	45.22
95.	CHABKO Olga				11	UKS Na Fali Bytom				6:13.14	238	
	50m:	42.05	42.05	150m:	2:17.12	48.10	250m:	3:52.60	47.34	350m:	5:28.53	47.97
	100m:	1:29.02	46.97	200m:	3:05.26	48.14	300m:	4:40.56	47.96	400m:	6:13.14	44.61
96.	RYSZKOWSKA Alicja				11	UKS SKALAR Warszawa				6:14.22	236	
	50m:	38.19	38.19	150m:	2:12.26	48.17	250m:	3:50.30	49.84	350m:	5:28.40	48.40
	100m:	1:24.09	45.90	200m:	3:00.46	48.20	300m:	4:40.00	49.70	400m:	6:14.22	45.82
97.	SŁOMI SKA Amelia				11	KP PŁETWAL Mława				6:21.99	222	
	50m:	40.79	40.79	150m:	2:13.42	46.56	250m:	3:50.64	48.22	350m:	5:26.26	46.82
	100m:	1:26.86	46.07	200m:	3:02.42	49.00	300m:	4:39.44	48.80	400m:	6:21.99	55.73
98.	SZYMO CZYK Magdalena				11	UKS MANTA Kochłowice Ruda I ska				6:48.78	181	
	50m:	42.28	42.28	150m:	2:23.31	51.26	250m:	4:10.80	54.11	350m:	5:59.23	53.47
	100m:	1:32.05	49.77	200m:	3:16.69	53.38	300m:	5:05.76	54.96	400m:	6:48.78	49.55