

Letnie Parapyływackie Mistrzostwa Polski  
Łódź, 22-23.06.2024

Konkurencja 8  
2024-06-22 - 13:22

M czyzn, 400m dowolny

S6-S14  
Wyniki

Punkty: WPS 2024

Pozycja	Rok ur.	Czas	Pkt.
1. ZINKOVSKYI Nestor	05 SSN START Łódź	<b>4:10.73</b>	892
50m: 28.71 28.71	150m: 1:33.77 32.42	250m: 2:36.56 31.28	350m: 3:40.66 31.60
100m: 1:01.35 32.64	200m: 2:05.28 31.51	300m: 3:09.06 32.50	400m: 4:10.73 30.07
2. OGORZAŁEK Alan	03 START Wrocław	<b>4:17.93</b>	848
50m: 29.53 29.53	150m: 2:39.66 1:37.72	250m: 3:45.20 1:37.20	350m: 4:17.93
100m: 1:01.94 32.41	200m: 2:08.00	300m: 3:12.10	400m: 4:17.93
3. KOWALIK Andrzej	06 WSSiRN START Katowice	<b>4:42.98</b>	728
50m: 33.12 33.12	150m: 1:44.30 35.78	250m: 2:56.90 36.61	350m: 4:09.63 36.34
100m: 1:08.52 35.40	200m: 2:20.29 35.99	300m: 3:33.29 36.39	400m: 4:42.98 33.35
4. GOLUS Michał	95 WODNIK Radom	<b>4:57.64</b>	705
50m: 33.89 33.89	150m: 1:48.58 38.13	250m: 3:05.36 38.29	350m: 4:21.96 36.83
100m: 1:10.45 36.56	200m: 2:27.07 38.49	300m: 3:45.13 39.77	400m: 4:57.64 35.68
5. KOZŁOWSKI Alex	08 UKS Laski Izabelin	<b>5:23.18</b>	529
50m: 34.65 34.65	150m: 1:56.10 41.93	250m: 3:20.38 41.79	350m: 4:44.36 41.74
100m: 1:14.17 39.52	200m: 2:38.59 42.49	300m: 4:02.62 42.24	400m: 5:23.18 38.82
6. CYMBALISTA Szymon	09 START Wrocław	<b>5:03.48</b>	517
50m: 33.88 33.88	150m: 1:49.75 37.97	250m: 3:07.35 38.90	350m: 4:25.46 38.82
100m: 1:11.78 37.90	200m: 2:28.45 38.70	300m: 3:46.64 39.29	400m: 5:03.48 38.02
7. BURZY SKI Rafał	09 START Wrocław	<b>4:55.95</b>	451
50m: 32.29 32.29	150m: 1:47.59 38.35	250m: 3:03.76 38.25	350m: 4:19.38 37.04
100m: 1:09.24 36.95	200m: 2:25.51 37.92	300m: 3:42.34 38.58	400m: 4:55.95 36.57
8. KONIECZNY Jakub	01 START Tamów	<b>5:11.77</b>	434
50m: 31.88 31.88	150m: 1:48.88 39.29	250m: 3:08.68	350m: 4:31.52
100m: 1:09.59 37.71	200m: 3:49.46 2:00.58	300m:	400m: 5:11.77 40.25
9. KOSMACZ Bartłomiej	08 IKS DSS Kraków	<b>5:20.04</b>	355
50m: 32.59 32.59	150m: 1:50.53 39.90	250m: 3:14.47 42.74	350m: 4:40.06 42.72
100m: 1:10.63 38.04	200m: 2:31.73 41.20	300m: 3:57.34 42.87	400m: 5:20.04 39.98
10. PODGÓRSKI Hubert	06 START Tamów	<b>6:21.80</b>	343
50m: 42.79 42.79	150m: 2:17.06 47.98	250m: 3:55.71 49.39	350m: 6:21.80
100m: 1:29.08 46.29	200m: 3:06.32 49.26	300m: 4:45.15 49.44	400m: 6:21.80
11. WAŁASZEK Tomasz	07 START Wrocław	<b>6:11.29</b>	229
50m: 40.56 40.56	150m: 2:14.02 47.30	250m: 3:49.14 47.42	350m: 5:24.58 47.98
100m: 1:26.72 46.16	200m: 3:01.72 47.70	300m: 4:36.60 47.46	400m: 6:11.29 46.71
12. ORWAT Kamil	88 ZSR START Zielona Góra	<b>5:43.71</b>	170
50m: 40.41 40.41	150m: 2:06.74 43.42	250m: 3:34.70 43.58	350m: 5:02.04 43.62
100m: 1:23.32 42.91	200m: 2:51.12 44.38	300m: 4:18.42 43.72	400m: 5:43.71 41.67
13. KRAWCZYK Eryk	10 START Wrocław	<b>5:57.92</b>	98
50m: 39.32 39.32	150m: 2:11.22 46.86	250m: 3:43.15 45.56	350m: 5:14.44 45.60
100m: 1:24.36 45.04	200m: 2:57.59 46.37	300m: 4:28.84 45.69	400m: 5:57.92 43.48
14. BRZÓZKA Marcel	11 WSSiRN START Katowice	<b>6:02.81</b>	78
50m:	150m:	250m:	350m:
100m: 1:25.50	200m: 4:34.82	300m:	400m: 6:02.81
15. MAZUROWSKI Jarosław	80 Szansa START Gdańsk	<b>6:03.88</b>	75
50m: 2:13.98 2:13.98	150m: 3:48.01 2:21.02	250m: 5:21.21 46.48	350m: 6:03.88
100m: 1:26.99	200m: 4:34.73 46.72	300m:	400m: 6:03.88
16. TUBACKI Mateusz	07 Szansa START Gdańsk	<b>6:10.09</b>	56
50m: 32.45 32.45	150m: 1:57.72 44.62	250m: 3:37.18 50.95	350m: 5:20.39 53.12
100m: 1:13.10 40.65	200m: 2:46.23 48.51	300m: 4:27.27 50.09	400m: 6:10.09 49.70

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Łódź, 22-23.06.2024

Konkurencja 8, M czyzn, 400m dowolny, S6-S14

Pozycja			Rok ur.				Czas				Pkt.	
17.	BUŁAT	Bartosz	12	IKS DSS Kraków			<b>6:42.06</b>				25	
	50m:	44.65	44.65	150m:	2:25.44	50.68	250m:	4:08.85	51.93	350m:	5:52.06	51.59
	100m:	1:34.76	50.11	200m:	3:16.92	51.48	300m:	5:00.47	51.62	400m:	6:42.06	50.00
18.	KAWALEC	Mikołaj	06	ICSiR START Lublin			<b>6:43.52</b>				23	
	50m:	40.80	40.80	150m:	2:20.10	51.25	250m:	4:03.39	52.13	350m:	5:51.66	54.82
	100m:	1:28.85	48.05	200m:	3:11.26	51.16	300m:	4:56.84	53.45	400m:	6:43.52	51.86
R	BISZ	Arkadiusz	07	BZSR START Bielsko-Biała			<b>7:08.76</b>				23	
	50m:	43.14	43.14	150m:	2:27.39	54.17	250m:	4:18.97	55.22	350m:	6:14.99	56.79
	100m:	1:33.22	50.08	200m:	3:23.75	56.36	300m:	5:18.20	59.23	400m:	7:08.76	53.77
20.	MI TA	Juliusz	09	START Wrocław			<b>7:12.23</b>				19	
	50m:	49.25	49.25	150m:	2:39.76	56.35	250m:	4:34.90	58.24	350m:	6:25.45	53.25
	100m:	1:43.41	54.16	200m:	3:36.66	56.90	300m:	5:32.20	57.30	400m:	7:12.23	46.78
21.	WIEWIÓRSKI	Maksymilian	06	START Wrocław			<b>6:30.53</b>				18	
	50m:	41.70	41.70	150m:	2:18.12	48.68	250m:	3:58.88	50.76	350m:	5:42.02	52.09
	100m:	1:29.44	47.74	200m:	3:08.12	50.00	300m:	4:49.93	51.05	400m:	6:30.53	48.51
22.	DUL	Dawid	12	UKS SP 149 Łódź			<b>6:57.35</b>				3	
	50m:	45.61	45.61	150m:	2:32.65	54.13	250m:	4:23.25	55.50	350m:	6:09.60	53.00
	100m:	1:38.52	52.91	200m:	3:27.75	55.10	300m:	5:16.60	53.35	400m:	6:57.35	47.75
23.	LASKOWSKI	Wojciech	08	4MK			<b>7:06.30</b>				1	
	50m:	43.12	43.12	150m:	2:26.84	53.73	250m:	4:18.99	56.90	350m:	6:13.67	57.01
	100m:	1:33.11	49.99	200m:	3:22.09	55.25	300m:	5:16.66	57.67	400m:	7:06.30	52.63
24.	BILSKI	Oliwier	05	WSSiRN START Katowice			<b>7:16.40</b>					
	50m:	46.34	46.34	150m:	2:36.41	56.80	250m:	4:29.04	55.99	350m:	6:20.57	54.63
	100m:	1:39.61	53.27	200m:	3:33.05	56.64	300m:	5:25.94	56.90	400m:	7:16.40	55.83
	BIZO	Gabriel	09	BZSR START Bielsko-Biała			<b>8:05.02</b>					
	50m:	53.62	53.62	150m:	2:53.54	1:02.10	250m:	5:00.95	1:02.66	350m:	7:06.20	1:01.20
	100m:	1:51.44	57.82	200m:	3:58.29	1:04.75	300m:	6:05.00	1:04.05	400m:	8:05.02	58.82
	GURDEK	Dawid	07	BZSR START Bielsko-Biała			<b>8:08.72</b>					
	50m:	42.45	42.45	150m:	2:31.64		250m:	4:31.62		350m:		
	100m:	3:31.10	2:48.65	200m:	5:31.68	3:00.04	300m:	7:29.21	2:57.59	400m:	8:08.72	
	GÓRSKI	Bogusław	08	START Wrocław			<b>9:01.12</b>					
	50m:	57.27	57.27	150m:			250m:			350m:		
	100m:	2:02.83	1:05.56	200m:			300m:			400m:	9:01.12	
	KRAWCZYK	Michał	10	WSSiRN START Katowice			<b>9:24.43</b>					
	50m:	1:03.08	1:03.08	150m:	3:23.39	1:10.32	250m:	5:43.85		350m:	7:59.94	
	100m:	2:13.07	1:09.99	200m:	6:51.49	3:28.10	300m:	9:04.34	3:20.49	400m:	9:24.43	1:24.49
DYSKW.	MUCZKO	Dawid	03	START Białystok								
	11.2.2 Brak kontaktu ze cian podczas nawrotu											