

Mistrzostwa Polski Juniorów Młodszych 14 lat
Ostrowiec wi tokrzyski, 04-07.07.2024Konkurencja 14
2024-07-05 - 18:38

Dziewcz t, 400m zmienny

14 lat
Wyniki Finał

Rekord Polski - 14 lat 4:52.05 KNOP Aleksandra 01605 Lublin 2017-05-19

Punkty: FINA 2024

Pozycja	Rok ur.	Czas	Pkt.
Finał A			
1. NIZIO Kamila	10 UKS GIM 92 Ursynów	5:12.49	615
50m: 33.07 33.07	150m: 1:54.21 42.77	250m: 3:18.76 42.94	350m: 4:38.20 36.04
100m: 1:11.44 38.37	200m: 2:35.82 41.61	300m: 4:02.16 43.40	400m: 5:12.49 34.29
2. NOWACKA Emilia	10 UKS SMS Galicja Kraków	5:22.01	562
50m: 33.35 33.35	150m: 1:56.65 43.49	250m: 3:24.54 45.27	350m: 4:47.41 37.61
100m: 1:13.16 39.81	200m: 2:39.27 42.62	300m: 4:09.80 45.26	400m: 5:22.01 34.60
3. GŁOMSKA Klaudia	10 UKS DWÓJKA Tczew	5:23.73	553
50m: 34.11 34.11	150m: 1:57.91 44.39	250m: 3:25.27 45.67	350m: 4:48.27 37.39
100m: 1:13.52 39.41	200m: 2:39.60 41.69	300m: 4:10.88 45.61	400m: 5:23.73 35.46
4. KO LAK Hanna	10 UKS HS Team Kryty Basen Kłodzko	5:30.02	522
50m: 33.88 33.88	150m: 1:56.77 43.40	250m: 3:27.30 46.84	350m: 4:52.81 38.71
100m: 1:13.37 39.49	200m: 2:40.46 43.69	300m: 4:14.10 46.80	400m: 5:30.02 37.21
5. WALCZYK Hanna	10 Grudzi dzki KP ORKA	5:30.26	521
50m: 32.57 32.57	150m: 1:55.07 43.10	250m: 3:25.32 48.36	350m: 4:53.76 38.77
100m: 1:11.97 39.40	200m: 2:36.96 41.89	300m: 4:14.99 49.67	400m: 5:30.26 36.50
6. PI TEK Nadia	10 WKS L SK Wrocław	5:32.41	511
50m: 34.35 34.35	150m: 2:00.70 44.99	250m: 3:30.11 44.97	350m: 4:55.51 39.41
100m: 1:15.71 41.36	200m: 2:45.14 44.44	300m: 4:16.10 45.99	400m: 5:32.41 36.90
7. CYRAN Weronika	10 KP SOKÓŁ Rzeszów	5:32.95	509
50m: 34.24 34.24	150m: 1:58.62 45.08	250m: 3:30.22 47.46	350m: 4:56.95 38.59
100m: 1:13.54 39.30	200m: 2:42.76 44.14	300m: 4:18.36 48.14	400m: 5:32.95 36.00
8. KRAWCZYK Aleksandra	10 Dvojka Morena Gda sk	5:36.49	493
50m: 33.61 33.61	150m: 1:59.40 45.64	250m: 3:32.89 47.83	350m: 4:59.38 38.31
100m: 1:13.76 40.15	200m: 2:45.06 45.66	300m: 4:21.07 48.18	400m: 5:36.49 37.11
9. MICHALCZYSZYN Natasza	10 MKP Szczecin	5:37.18	490
50m: 36.07 36.07	150m: 2:03.82 44.87	250m: 3:33.52 47.27	350m: 5:00.55 38.87
100m: 1:18.95 42.88	200m: 2:46.25 42.43	300m: 4:21.68 48.16	400m: 5:37.18 36.63
10. NAJMAN Natalia	10 TP Zielona Góra	5:40.48	476
50m: 34.99 34.99	150m: 2:04.16 43.26	250m: 3:36.53 50.25	350m: 5:04.82 37.26
100m: 1:20.90 45.91	200m: 2:46.28 42.12	300m: 4:27.56 51.03	400m: 5:40.48 35.66
Finał B			
11. SZKRABA Julia	10 MTP KORMORAN Olsztyn	5:38.48	484
50m: 35.19 35.19	150m: 2:05.24 47.30	250m: 3:38.39 47.78	350m: 5:03.45 38.10
100m: 1:17.94 42.75	200m: 2:50.61 45.37	300m: 4:25.35 46.96	400m: 5:38.48 35.03
12. PASTUSZUK Zuzanna	10 UKS Olimpijczyk 23	5:38.76	483
50m: 34.36 34.36	150m: 2:00.32 44.62	250m: 3:32.00 48.16	350m: 5:01.27 39.45
100m: 1:15.70 41.34	200m: 2:43.84 43.52	300m: 4:21.82 49.82	400m: 5:38.76 37.49
13. FITAŁ Karolina	10 UKP Ruda l ska	5:38.83	483
50m: 35.83 35.83	150m: 2:03.03 45.38	250m: 3:37.54 50.29	350m: 5:04.04 37.21
100m: 1:17.65 41.82	200m: 2:47.25 44.22	300m: 4:26.83 49.29	400m: 5:38.83 34.79
14. GRUDA Zofia	10 UKS abianka Gda sk	5:38.90	482
50m: 36.84 36.84	150m: 2:08.03 47.70	250m: 3:39.64 46.52	350m: 5:04.83 38.45
100m: 1:20.33 43.49	200m: 2:53.12 45.09	300m: 4:26.38 46.74	400m: 5:38.90 34.07
15. LEWANDOWSKA Julia	10 MUKS PIETNASTKA Bydgoszcz	5:41.25	472
50m: 37.81 37.81	150m: 2:05.95 43.38	250m: 3:38.47 49.33	350m: 5:04.27 39.08
100m: 1:22.57 44.76	200m: 2:49.14 43.19	300m: 4:25.19 46.72	400m: 5:41.25 36.98



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Ostrowiec wi tokrzyski, 04-07.07.2024

Konkurencja 14, Dziewcz t, 400m zmienny, Finał, 14 lat

Pozycja			Rok ur.					Czas	Pkt.
16.	KRAWIEC Selena		10	Dwójka Morena Gda sk				5:45.84	454
	50m: 37.89 37.89	150m: 2:09.79		45.55	250m: 3:40.76	45.80	350m: 5:08.24	40.87	
	100m: 1:24.24 46.35	200m: 2:54.96		45.17	300m: 4:27.37	46.61	400m: 5:45.84	37.60	
17.	WO NY Izabela		10	UKS Sokół-Mo cice Tarnów				5:48.08	445
	50m: 36.14 36.14	150m: 2:07.73		47.44	250m: 3:41.57	47.61	350m: 5:10.31	40.73	
	100m: 1:20.29 44.15	200m: 2:53.96		46.23	300m: 4:29.58	48.01	400m: 5:48.08	37.77	
18.	GAŁKA Michalina		10	UKS NAWA Skierniewice				5:49.72	439
	50m: 36.78 36.78	150m: 2:04.59		43.71	250m: 3:38.59	50.75	350m: 5:09.70	39.08	
	100m: 1:20.88 44.10	200m: 2:47.84		43.25	300m: 4:30.62	52.03	400m: 5:49.72	40.02	
19.	JENDRYSIK Paulina		10	KP SUKCES Chorzów				5:51.98	430
	50m: 37.27 37.27	150m: 2:08.32		46.88	250m: 3:44.03	50.44	350m: 5:14.18	39.66	
	100m: 1:21.44 44.17	200m: 2:53.59		45.27	300m: 4:34.52	50.49	400m: 5:51.98	37.80	
20.	KU NIERZ Antonina		10	UKP Ruda l ska				6:07.86	377
	50m: 38.02 38.02	150m: 2:14.35		52.45	250m: 3:54.97	48.95	350m: 5:28.11	40.64	
	100m: 1:21.90 43.88	200m: 3:06.02		51.67	300m: 4:47.47	52.50	400m: 6:07.86	39.75	

