

**Mistrzostwa Polski Juniorów Młodszych 14 lat**  
**Ostrowiec wi tokrzyski, 04-07.07.2024**
**Konkurencja 15**  
**2024-07-05 - 12:58**
**Chłopców, 400m zmienny**
**14 lat**  
**Wyniki Eliminacje**
**Rekord Polski - 14 lat** 4:39.38 **SOBEK Nikodem** 02303 Berlin (GER) 2016-12-16

Punkty: FINA 2024

Pozycja			Rok ur.					Czas	Pkt.	
1.	<b>OSAK Kacper</b>		10	<b>Stow. SIEMACHA</b>				<b>5:04.47</b>	505	A
	50m:	30.82 30.82	150m:	1:46.02 38.96	250m:	3:07.29 43.37	350m:	4:28.43 37.24		
	100m:	1:07.06 36.24	200m:	2:23.92 37.90	300m:	3:51.19 43.90	400m:	5:04.47 36.04		
2.	<b>KOWALSKI Adrian</b>		10	<b>CSiR MOS D browa Górnicza</b>				<b>5:06.44</b>	495	A
	50m:	31.30 31.30	150m:	1:51.35 42.99	250m:	3:14.74 42.02	350m:	4:34.17 36.32		
	100m:	1:08.36 37.06	200m:	2:32.72 41.37	300m:	3:57.85 43.11	400m:	5:06.44 32.27		
3.	<b>PRYCZYNICZ Olaf</b>		10	<b>UKS G-8 Bielany Warszawa</b>				<b>5:07.54</b>	490	A
	50m:	31.28 31.28	150m:	1:50.08 43.06	250m:	3:13.25 41.72	350m:	4:34.20 37.00		
	100m:	1:07.02 35.74	200m:	2:31.53 41.45	300m:	3:57.20 43.95	400m:	5:07.54 33.34		
4.	<b>PORADA Antoni</b>		10	<b>UKS SP-149 Łód</b>				<b>5:07.72</b>	489	A
	50m:	31.77 31.77	150m:	1:50.27 41.19	250m:	3:14.73 44.14	350m:	4:34.63 35.32		
	100m:	1:09.08 37.31	200m:	2:30.59 40.32	300m:	3:59.31 44.58	400m:	5:07.72 33.09		
5.	<b>KACZMAREK Dawid</b>		10	<b>MKS TRÓJKA Łód</b>				<b>5:09.26</b>	482	A
	50m:	32.40 32.40	150m:	1:53.26 43.28	250m:	3:16.68 41.30	350m:	4:34.90 35.86		
	100m:	1:09.98 37.58	200m:	2:35.38 42.12	300m:	3:59.04 42.36	400m:	5:09.26 34.36		
6.	<b>KOWALCZYK Bartosz</b>		10	<b>MUKP Korona-Swim Kielce</b>				<b>5:09.88</b>	479	A
	50m:	31.85 31.85	150m:	1:51.45 43.51	250m:	3:13.83 44.14	350m:	4:36.88 35.85		
	100m:	1:07.94 36.09	200m:	2:29.69 38.24	300m:	4:01.03 47.20	400m:	5:09.88 33.00		
7.	<b>SKAWI SKI Aleksander</b>		10	<b>UKS 307 Warszawa</b>				<b>5:10.19</b>	477	A
	50m:	32.36 32.36	150m:	1:51.96 41.79	250m:	3:15.11 42.32	350m:	4:35.28 37.24		
	100m:	1:10.17 37.81	200m:	2:32.79 40.83	300m:	3:58.04 42.93	400m:	5:10.19 34.91		
8.	<b>JAKUBCZYK Robert</b>		10	<b>UKS ALIGATOR Gorzyce</b>				<b>5:10.22</b>	477	A
	50m:	31.56 31.56	150m:	1:51.30 42.73	250m:	3:17.66 45.01	350m:	4:38.99 36.16		
	100m:	1:08.57 37.01	200m:	2:32.65 41.35	300m:	4:02.83 45.17	400m:	5:10.22 31.23		
9.	<b>WERESZCZY SKI Igor</b>		10	<b>WKS L SK Wrocław</b>				<b>5:10.98</b>	474	A
	50m:	33.54 33.54	150m:	1:52.67 39.02	250m:	3:15.38 44.58	350m:	4:36.94 36.37		
	100m:	1:13.65 40.11	200m:	2:30.80 38.13	300m:	4:00.57 45.19	400m:	5:10.98 34.04		
10.	<b>PARDO Kornel</b>		10	<b>UKS FROG Gi ycko</b>				<b>5:12.95</b>	465	A
	50m:	31.11 31.11	150m:	1:50.04 40.72	250m:	3:15.25 45.15	350m:	4:38.51 36.59		
	100m:	1:09.32 38.21	200m:	2:30.10 40.06	300m:	4:01.92 46.67	400m:	5:12.95 34.44		
11.	<b>OSTASZEWSKI Szymon</b>		10	<b>UKS GIM 92 Ursynów</b>				<b>5:14.94</b>	456	B
	50m:	32.20 32.20	150m:	1:53.86 42.24	250m:	3:18.61 44.06	350m:	4:41.28 36.67		
	100m:	1:11.62 39.42	200m:	2:34.55 40.69	300m:	4:04.61 46.00	400m:	5:14.94 33.66		
12.	<b>WITECKI Wojciech</b>		10	<b>CSiR MOS D browa Górnicza</b>				<b>5:15.94</b>	452	B
	50m:	31.91 31.91	150m:	1:52.09 41.91	250m:	3:19.36 46.33	350m:	4:41.95 35.53		
	100m:	1:10.18 38.27	200m:	2:33.03 40.94	300m:	4:06.42 47.06	400m:	5:15.94 33.99		
13.	<b>MAKOWSKI Jakub</b>		10	<b>MKP Szczecin</b>				<b>5:16.55</b>	449	B
	50m:	31.96 31.96	150m:	1:54.25 43.56	250m:	3:21.28 46.43	350m:	4:43.42 35.70		
	100m:	1:10.69 38.73	200m:	2:34.85 40.60	300m:	4:07.72 46.44	400m:	5:16.55 33.13		
14.	<b>KRZE NIAK Jakub</b>		10	<b>KS Posenania Pozna</b>				<b>5:17.31</b>	446	B
	50m:	30.54 30.54	150m:	1:50.92 43.87	250m:	3:19.05 46.41	350m:	4:43.30 36.13		
	100m:	1:07.05 36.51	200m:	2:32.64 41.72	300m:	4:07.17 48.12	400m:	5:17.31 34.01		
15.	<b>TUPKO Jakub</b>		10	<b>UKS DELFIN Krapkowice</b>				<b>5:20.69</b>	432	B
	50m:	33.45 33.45	150m:	1:59.38 41.95	250m:	3:26.17 44.32	350m:	4:48.09 36.91		
	100m:	1:17.43 43.98	200m:	2:41.85 42.47	300m:	4:11.18 45.01	400m:	5:20.69 32.60		
16.	<b>STARACHOWSKI Maciej</b>		10	<b>KS KSZO Ostrowiec w.</b>				<b>5:22.18</b>	426	B
	50m:	32.60 32.60	150m:	1:54.88 43.16	250m:	3:24.01 46.92	350m:	4:47.74 36.85		
	100m:	1:11.72 39.12	200m:	2:37.09 42.21	300m:	4:10.89 46.88	400m:	5:22.18 34.44		

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Pozycja	Rok ur.	Czas	Pkt.
17. JABŁO SKI Maciej	10 MKS AVIA widnik	<b>5:23.24</b>	422 B
50m: 35.38 35.38	150m: 1:56.34 40.39	250m: 3:23.50 46.73	350m: 4:46.91 38.01
100m: 1:15.95 40.57	200m: 2:36.77 40.43	300m: 4:08.90 45.40	400m: 5:23.24 36.33
18. MAMAKIS Filippos	10 MKS Park Wodny Tarnowskie Góry	<b>5:25.49</b>	413 B
50m: 32.42 32.42	150m: 1:53.88 43.16	250m: 3:21.43 45.63	350m: 4:47.67 38.58
100m: 1:10.72 38.30	200m: 2:35.80 41.92	300m: 4:09.09 47.66	400m: 5:25.49 37.82
19. MICHALCZYSZYN Filip	10 MKP Szczecin	<b>5:26.32</b>	410 B
50m: 33.30 33.30	150m: 1:56.81 44.05	250m: 3:25.54 44.99	350m: 4:49.40 37.07
100m: 1:12.76 39.46	200m: 2:40.55 43.74	300m: 4:12.33 46.79	400m: 5:26.32 36.92
20. SZYBURSKI Artur	10 UKS ÓSEMKA Toru	<b>5:27.02</b>	407 B
50m: 34.96 34.96	150m: 1:56.72 42.14	250m: 3:24.48 44.95	350m: 4:48.31 39.34
100m: 1:14.58 39.62	200m: 2:39.53 42.81	300m: 4:08.97 44.49	400m: 5:27.02 38.71
21. KUPISZEK Antoni	10 UKS JUVENIA iSwim Białystok	<b>5:28.34</b>	402 R
50m: 34.19 34.19	150m: 1:57.39 42.75	250m: 3:26.91 47.33	350m: 4:54.12 38.93
100m: 1:14.64 40.45	200m: 2:39.58 42.19	300m: 4:15.19 48.28	400m: 5:28.34 34.22
22. STEIER Michał	10 Swim Team MOSiR K dzierzyn-Ko le	<b>5:28.67</b>	401 R
50m: 34.54 34.54	150m: 1:59.89 44.57	250m: 3:30.32 48.28	350m: 4:54.82 36.78
100m: 1:15.32 40.78	200m: 2:42.04 42.15	300m: 4:18.04 47.72	400m: 5:28.67 33.85
23. GODULA Karol	10 UKS ÓSEMKA O wi cim	<b>5:32.32</b>	388
50m: 35.08 35.08	150m: 2:01.32 44.19	250m: 3:30.71 46.99	350m: 4:56.34 38.00
100m: 1:17.13 42.05	200m: 2:43.72 42.40	300m: 4:18.34 47.63	400m: 5:32.32 35.98
24. PLUTA Wojciech	10 UKS Jasie Sucha Beskidzka	<b>5:33.28</b>	385
50m: 34.44 34.44	150m: 1:59.60 43.95	250m: 3:28.79 46.03	350m: 4:55.62 39.74
100m: 1:15.65 41.21	200m: 2:42.76 43.16	300m: 4:15.88 47.09	400m: 5:33.28 37.66
25. PAWLAK Oliwier	10 WKS L SK Wrocław	<b>5:33.33</b>	385
50m: 33.69 33.69	150m: 2:00.71 46.10	250m: 3:28.88 43.95	350m: 4:56.09 40.74
100m: 1:14.61 40.92	200m: 2:44.93 44.22	300m: 4:15.35 46.47	400m: 5:33.33 37.24
26. HAJDUKIEWICZ Mateusz	10 MKP Szczecin	<b>5:34.51</b>	380
50m: 34.89 34.89	150m: 1:59.28 41.58	250m: 3:29.23 49.91	350m: 4:58.07 38.12
100m: 1:17.70 42.81	200m: 2:39.32 40.04	300m: 4:19.95 50.72	400m: 5:34.51 36.44
27. FERENS Mikołaj	10 UKS ORKA Zamo	<b>5:36.07</b>	375
50m: 32.23 32.23	150m: 1:56.07 44.33	250m: 3:27.03 47.24	350m: 4:57.68 40.55
100m: 1:11.74 39.51	200m: 2:39.79 43.72	300m: 4:17.13 50.10	400m: 5:36.07 38.39
28. MATYLLA Mateusz	10 Stow. UKS Siódemka Sopot	<b>5:36.21</b>	375
50m: 34.75 34.75	150m: 2:01.56 45.44	250m: 3:32.55 45.37	350m: 4:57.43 39.72
100m: 1:16.12 41.37	200m: 2:47.18 45.62	300m: 4:17.71 45.16	400m: 5:36.21 38.78
29. KLESSA Kacper	10 MUKS PIETNASTKA Bydgoszcz	<b>5:39.03</b>	365
50m: 34.73 34.73	150m: 2:01.22 45.09	250m: 3:31.24 47.57	350m: 5:00.68 41.68
100m: 1:16.13 41.40	200m: 2:43.67 42.45	300m: 4:19.00 47.76	400m: 5:39.03 38.35
30. KRZ KAŁA Dominik	10 UKS MANTA Kochłowice Ruda l ska	<b>5:39.41</b>	364
50m: 33.79 33.79	150m: 1:59.36 44.80	250m: 3:33.76 49.64	350m: 5:01.75 38.94
100m: 1:14.56 40.77	200m: 2:44.12 44.76	300m: 4:22.81 49.05	400m: 5:39.41 37.66
31. ZASADA Szymon	10 SP MEDUZA Paj czno	<b>5:40.22</b>	362
50m: 35.05 35.05	150m: 2:00.41 43.59	250m: 3:33.41 51.69	350m: 5:02.58 38.93
100m: 1:16.82 41.77	200m: 2:41.72 41.31	300m: 4:23.65 50.24	400m: 5:40.22 37.64
32. KULIK Konstanty	10 UKS 307 Warszawa	<b>5:41.60</b>	357
50m: 34.13 34.13	150m: 1:59.26 44.98	250m: 3:32.28 48.55	350m: 5:02.72 40.23
100m: 1:14.28 40.15	200m: 2:43.73 44.47	300m: 4:22.49 50.21	400m: 5:41.60 38.88
33. NOWICKI Filip	10 KU AZS UMCS Lublin	<b>5:44.22</b>	349
50m: 34.44 34.44	150m: 2:01.22 44.91	250m: 3:34.96 48.02	350m: 5:05.93 40.95
100m: 1:16.31 41.87	200m: 2:46.94 45.72	300m: 4:24.98 50.02	400m: 5:44.22 38.29

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Pozycja			Rok ur.					Czas	Pkt.		
34.	SKŁADAN Olaf		10	MOSM Tychy				<b>5:47.40</b>	340		
	50m:	33.73 33.73	150m:	1:58.47	43.82	250m:	3:36.86	53.62	350m:	5:09.00	40.44
	100m:	1:14.65 40.92	200m:	2:43.24	44.77	300m:	4:28.56	51.70	400m:	5:47.40	38.40
35.	CETNAROWSKI Jakub		10	KS H2O Bochnia				<b>5:48.42</b>	337		
	50m:	36.67 36.67	150m:	2:07.87	46.88	250m:	3:39.59	46.81	350m:	5:09.68	41.93
	100m:	1:20.99 44.32	200m:	2:52.78	44.91	300m:	4:27.75	48.16	400m:	5:48.42	38.74
36.	FOJT Wiktor		10	UKP Ruda I ska				<b>5:49.03</b>	335		
	50m:	36.07 36.07	150m:	2:06.99	46.44	250m:	3:41.52	49.09	350m:	5:11.56	39.55
	100m:	1:20.55 44.48	200m:	2:52.43	45.44	300m:	4:32.01	50.49	400m:	5:49.03	37.47
37.	CHMIELEWSKI Stanisław		10	KS Barakuda Mi sk Mazowiecki				<b>6:00.95</b>	303		
	50m:	36.31 36.31	150m:	2:09.23	50.10	250m:	3:48.57	51.97	350m:	5:23.44	41.65
	100m:	1:19.13 42.82	200m:	2:56.60	47.37	300m:	4:41.79	53.22	400m:	6:00.95	37.51
38.	SZYBURSKI Rafał		10	UKS ÓSEMKA Toru				<b>6:03.12</b>	297		
	50m:	38.64 38.64	150m:	2:16.19	48.45	250m:	3:52.94	49.68	350m:	5:23.45	41.60
	100m:	1:27.74 49.10	200m:	3:03.26	47.07	300m:	4:41.85	48.91	400m:	6:03.12	39.67
39.	CHMIELEWSKI Oskar		10	SSiR CENTRUM Staszów				<b>6:08.30</b>	285		
	50m:	37.42 37.42	150m:	2:13.78	50.79	250m:	3:52.71	49.97	350m:	5:27.14	42.98
	100m:	1:22.99 45.57	200m:	3:02.74	48.96	300m:	4:44.16	51.45	400m:	6:08.30	41.16