

**Mistrzostwa Polski Juniorów Młodszych 14 lat**  
**Ostrowiec wi tokrzyski, 04-07.07.2024**
**Konkurencja 22** **Dziewcz t, 400m dowolny** **14 lat**  
**2024-07-06 - 9:37** **Wyniki Eliminacje**
**Rekord Polski - 14 lat** 4:16.54 **KILIJA SKA Donata** 00612 Tampere (FIN) 2009-07-20

Punkty: FINA 2024

Pozycja			Rok ur.						Czas	Pkt.
1.	<b>DUDA Natalia</b>		10		<b>MKP Szczecin</b>				<b>4:42.34</b>	579 A
	50m:	32.62 32.62	150m:	1:44.86 36.49	250m:	2:57.51 36.42	350m:	4:09.06 35.62		
	100m:	1:08.37 35.75	200m:	2:21.09 36.23	300m:	3:33.44 35.93	400m:	4:42.34 33.28		
2.	<b>RAJCA Matylda</b>		10		<b>LKS Jedno 32 Przyszowice</b>				<b>4:42.59</b>	577 A
	50m:	32.68 32.68	150m:	1:45.20 36.75	250m:	2:57.63 36.42	350m:	4:09.42 35.78		
	100m:	1:08.45 35.77	200m:	2:21.21 36.01	300m:	3:33.64 36.01	400m:	4:42.59 33.17		
3.	<b>SOBÓTKA Oliwia</b>		10		<b>UKS GIM 92 Ursynów</b>				<b>4:42.90</b>	575 A
	50m:	32.99 32.99	150m:	1:43.89 35.73	250m:	2:55.69 35.79	350m:	4:07.75 35.84		
	100m:	1:08.16 35.17	200m:	2:19.90 36.01	300m:	3:31.91 36.22	400m:	4:42.90 35.15		
4.	<b>GOŁUB Karolina</b>		10		<b>UKS GIM 92 Ursynów</b>				<b>4:43.61</b>	571 A
	50m:	33.39 33.39	150m:	1:45.04 36.31	250m:	2:57.43 36.27	350m:	4:08.79 35.63		
	100m:	1:08.73 35.34	200m:	2:21.16 36.12	300m:	3:33.16 35.73	400m:	4:43.61 34.82		
5.	<b>GŁOMSKA Maja</b>		10		<b>UKS DWÓJKA Tczew</b>				<b>4:50.20</b>	533 A
	50m:	33.85 33.85	150m:	1:49.27 37.69	250m:	3:03.19 37.11	350m:	4:16.74 36.64		
	100m:	1:11.58 37.73	200m:	2:26.08 36.81	300m:	3:40.10 36.91	400m:	4:50.20 33.46		
6.	<b>BERDECHOWSKA Martyna</b>		10		<b>WKS L SK Wrocław</b>				<b>4:50.21</b>	533 A
	50m:	32.83 32.83	150m:	1:46.05 37.24	250m:	3:00.18 37.57	350m:	4:14.68 37.62		
	100m:	1:08.81 35.98	200m:	2:22.61 36.56	300m:	3:37.06 36.88	400m:	4:50.21 35.53		
7.	<b>EMERLING Diana</b>		10		<b>Swim Team MOSiR K dzierzyn-Ko le</b>				<b>4:50.74</b>	530 A
	50m:	32.76 32.76	150m:	1:46.51 37.62	250m:	3:01.56 37.49	350m:	4:16.48 36.90		
	100m:	1:08.89 36.13	200m:	2:24.07 37.56	300m:	3:39.58 38.02	400m:	4:50.74 34.26		
8.	<b>CZOPEK Lena</b>		10		<b>UKS Olimpijczyk 23</b>				<b>4:51.67</b>	525 A
	50m:	33.69 33.69	150m:	1:48.00 37.70	250m:	3:03.17 37.48	350m:	4:17.21 36.87		
	100m:	1:10.30 36.61	200m:	2:25.69 37.69	300m:	3:40.34 37.17	400m:	4:51.67 34.46		
9.	<b>GRUDA Zofia</b>		10		<b>UKS abianka Gda sk</b>				<b>4:52.22</b>	522 A
	50m:	33.48 33.48	150m:	1:47.94 37.44	250m:	3:03.28 37.30	350m:	4:17.74 36.89		
	100m:	1:10.50 37.02	200m:	2:25.98 38.04	300m:	3:40.85 37.57	400m:	4:52.22 34.48		
10.	<b>MATOWICKA Maja</b>		10		<b>MKS Jagiellonka Warszawa</b>				<b>4:54.39</b>	511 A
	50m:	33.14 33.14	150m:	1:47.32 37.58	250m:	3:03.50 38.07	350m:	4:18.98 37.27		
	100m:	1:09.74 36.60	200m:	2:25.43 38.11	300m:	3:41.71 38.21	400m:	4:54.39 35.41		
11.	<b>BALCERZAK Barbara</b>		10		<b>SKP DELFIN Kozenice</b>				<b>4:54.68</b>	509 B
	50m:	34.26 34.26	150m:	1:48.37 37.06	250m:	3:02.94 37.54	350m:	4:19.05 38.33		
	100m:	1:11.31 37.05	200m:	2:25.40 37.03	300m:	3:40.72 37.78	400m:	4:54.68 35.63		
12.	<b>JESSA Zuzanna</b>		10		<b>UKS OLIMP Gorzów Wlkp.</b>				<b>4:55.15</b>	507 B
	50m:	32.74 32.74	150m:	1:48.34 38.77	250m:	3:04.71 38.23	350m:	4:19.03 36.52		
	100m:	1:09.57 36.83	200m:	2:26.48 38.14	300m:	3:42.51 37.80	400m:	4:55.15 36.12		
13.	<b>KUNA Alina</b>		10		<b>Stow. Solne Miasto Wieliczka</b>				<b>4:55.48</b>	505 B
	50m:	32.96 32.96	150m:	1:49.47 38.97	250m:	3:05.38 36.90	350m:	4:20.06 37.32		
	100m:	1:10.50 37.54	200m:	2:28.48 39.01	300m:	3:42.74 37.36	400m:	4:55.48 35.42		
14.	<b>MAIK Maja</b>		10		<b>UKS MANTA Kochłowice Ruda l ska</b>				<b>4:56.23</b>	501 B
	50m:	33.61 33.61	150m:	1:47.42 36.93	250m:	3:03.34 38.43	350m:	4:19.93 38.60		
	100m:	1:10.49 36.88	200m:	2:24.91 37.49	300m:	3:41.33 37.99	400m:	4:56.23 36.30		
15.	<b>LIPI SKA Natalia</b>		10		<b>UKS ÓSEMKA Toru</b>				<b>4:56.39</b>	500 B
	50m:	33.02 33.02	150m:	1:45.84 37.01	250m:	3:02.02 38.32	350m:	4:18.92 38.47		
	100m:	1:08.83 35.81	200m:	2:23.70 37.86	300m:	3:40.45 38.43	400m:	4:56.39 37.47		
16.	<b>SZYBAJŁO Zuzanna</b>		10		<b>MUKS UNIA Busko Zdrój</b>				<b>4:58.68</b>	489 B
	50m:	33.39 33.39	150m:	1:50.33 39.10	250m:	3:06.80 37.49	350m:	4:21.39 37.36		
	100m:	1:11.23 37.84	200m:	2:29.31 38.98	300m:	3:44.03 37.23	400m:	4:58.68 37.29		

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**Ostrowiec wi tokrzyski, 04-07.07.2024**
**Konkurencja 22, Dziewcz t, 400m dowolny, Eliminacje, 14 lat**

Pozycja	Rok ur.	Czas	Pkt.
17. KORDALSKA Maja	10	<b>4:59.96</b>	483 B
50m: 33.50 33.50	150m: 1:49.51 38.38	250m: 3:05.65 37.74	350m: 4:22.77 38.75
100m: 1:11.13 37.63	200m: 2:27.91 38.40	300m: 3:44.02 38.37	400m: 4:59.96 37.19
18. JENDRYSIK Paulina	10	<b>5:00.28</b>	481 B
50m: 33.06 33.06	150m: 1:48.94 38.72	250m: 3:07.33 39.30	350m: 4:24.53 38.07
100m: 1:10.22 37.16	200m: 2:28.03 39.09	300m: 3:46.46 39.13	400m: 5:00.28 35.75
NEUHORN Diana	10	<b>5:00.28</b>	481 B
50m: 34.57 34.57	150m: 1:51.71 39.08	250m: 3:09.79 38.87	350m: 4:25.98 37.51
100m: 1:12.63 38.06	200m: 2:30.92 39.21	300m: 3:48.47 38.68	400m: 5:00.28 34.30
20. HARTWIG Michalina	10	<b>5:00.52</b>	480 B
50m: 32.09 32.09	150m: 1:49.03 39.34	250m: 3:07.80 39.17	350m: 4:25.19 37.95
100m: 1:09.69 37.60	200m: 2:28.63 39.60	300m: 3:47.24 39.44	400m: 5:00.52 35.33
21. WALCZYK Hanna	10	<b>5:00.61</b>	480 R
50m: 33.06 33.06	150m: 1:47.88 38.24	250m: 3:05.81 39.12	350m: 4:23.23 38.48
100m: 1:09.64 36.58	200m: 2:26.69 38.81	300m: 3:44.75 38.94	400m: 5:00.61 37.38
22. FITAŁ Karolina	10	<b>5:01.12</b>	477 R
50m: 33.72 33.72	150m: 1:49.08 38.18	250m: 3:06.77 38.73	350m: 4:25.14 38.78
100m: 1:10.90 37.18	200m: 2:28.04 38.96	300m: 3:46.36 39.59	400m: 5:01.12 35.98
23. PRONIN Natalia	10	<b>5:01.47</b>	475
50m: 33.85 33.85	150m: 1:50.46 38.92	250m: 3:08.24 38.95	350m: 4:26.22 38.89
100m: 1:11.54 37.69	200m: 2:29.29 38.83	300m: 3:47.33 39.09	400m: 5:01.47 35.25
24. MADELSKA Natalia	10	<b>5:01.51</b>	475
50m: 33.25 33.25	150m: 1:49.78 38.76	250m: 3:07.56 39.20	350m: 4:25.17 38.95
100m: 1:11.02 37.77	200m: 2:28.36 38.58	300m: 3:46.22 38.66	400m: 5:01.51 36.34
25. ŁA KO Emilia	10	<b>5:02.02</b>	473
50m: 33.87 33.87	150m: 1:50.65 38.61	250m: 3:08.05 38.26	350m: 4:25.17 38.30
100m: 1:12.04 38.17	200m: 2:29.79 39.14	300m: 3:46.87 38.82	400m: 5:02.02 36.85
26. MIECI SKA Anna	10	<b>5:02.32</b>	471
50m: 34.26 34.26	150m: 1:51.05 39.00	250m: 3:08.14 38.42	350m: 4:25.30 38.68
100m: 1:12.05 37.79	200m: 2:29.72 38.67	300m: 3:46.62 38.48	400m: 5:02.32 37.02
27. UK Hanna	10	<b>5:02.86</b>	469
50m: 33.27 33.27	150m: 1:47.86 38.16	250m: 3:06.13 39.15	350m: 4:25.17 39.35
100m: 1:09.70 36.43	200m: 2:26.98 39.12	300m: 3:45.82 39.69	400m: 5:02.86 37.69
28. JANAS Oliwia	10	<b>5:03.45</b>	466
50m: 33.87 33.87	150m: 1:50.05 38.55	250m: 3:08.20 39.48	350m: 4:26.86 39.51
100m: 1:11.50 37.63	200m: 2:28.72 38.67	300m: 3:47.35 39.15	400m: 5:03.45 36.59
29. KOZUBOWSKA Paulina	10	<b>5:03.57</b>	466
50m: 35.55 35.55	150m: 1:52.41 38.85	250m: 3:09.55 38.35	350m: 4:26.27 37.68
100m: 1:13.56 38.01	200m: 2:31.20 38.79	300m: 3:48.59 39.04	400m: 5:03.57 37.30
30. STEFANIW Martyna	10	<b>5:03.62</b>	465
50m: 34.49 34.49	150m: 1:51.32 38.76	250m: 3:09.85 39.10	350m: 4:27.50 38.15
100m: 1:12.56 38.07	200m: 2:30.75 39.43	300m: 3:49.35 39.50	400m: 5:03.62 36.12
31. STANISZEWSKA Maja	10	<b>5:04.05</b>	463
50m: 34.37 34.37	150m: 1:52.39 39.31	250m: 3:11.42 38.74	350m: 4:28.20 37.16
100m: 1:13.08 38.71	200m: 2:32.68 40.29	300m: 3:51.04 39.62	400m: 5:04.05 35.85
32. SZUSTAK Lena	10	<b>5:04.19</b>	463
50m: 34.23 34.23	150m: 1:49.68 38.27	250m: 3:08.27 39.39	350m: 4:27.21 39.27
100m: 1:11.41 37.18	200m: 2:28.88 39.20	300m: 3:47.94 39.67	400m: 5:04.19 36.98
33. URAKOWSKA Zuzanna	10	<b>5:04.22</b>	463
50m: 34.78 34.78	150m: 1:51.66 38.54	250m: 3:09.03 38.21	350m: 4:26.03 38.63
100m: 1:13.12 38.34	200m: 2:30.82 39.16	300m: 3:47.40 38.37	400m: 5:04.22 38.19

**Mistrzostwa Polski Juniorów Młodszych 14 lat**  
**Ostrowiec wi tokrzyski, 04-07.07.2024**
**Konkurencja 22, Dziewcz t, 400m dowolny, Eliminacje, 14 lat**

Pozycja			Rok ur.							Czas	Pkt.
34.	RYCHTER Zofia		10	MKS Park Wodny Tarnowskie Góry						<b>5:06.28</b>	453
	50m:	33.92 33.92	150m:	1:51.30	39.30	250m:	3:09.69	39.54	350m:	4:28.30	39.39
	100m:	1:12.00 38.08	200m:	2:30.15	38.85	300m:	3:48.91	39.22	400m:	5:06.28	37.98
35.	RZEPKA Klara		10	UKS Aqua Team Mikołów						<b>5:06.62</b>	452
	50m:	34.86 34.86	150m:	1:51.79	38.93	250m:	3:10.73	39.45	350m:	4:29.59	39.48
	100m:	1:12.86 38.00	200m:	2:31.28	39.49	300m:	3:50.11	39.38	400m:	5:06.62	37.03
36.	JAWORSKA Aleksandra		10	WKS L SK Wrocław						<b>5:07.15</b>	450
	50m:	33.44 33.44	150m:	1:51.55	39.27	250m:	3:10.48	39.62	350m:	4:29.13	39.03
	100m:	1:12.28 38.84	200m:	2:30.86	39.31	300m:	3:50.10	39.62	400m:	5:07.15	38.02
37.	SOKÓŁ Sara		10	KS KSZO Ostrowiec w.						<b>5:07.48</b>	448
	50m:	34.07 34.07	150m:	1:50.57	38.82	250m:	3:09.04	39.43	350m:	4:29.09	40.29
	100m:	1:11.75 37.68	200m:	2:29.61	39.04	300m:	3:48.80	39.76	400m:	5:07.48	38.39
38.	MALEC Matylda		10	MKS IKAR Stal Mielec						<b>5:07.65</b>	447
	50m:	35.07 35.07	150m:	1:53.51	39.25	250m:	3:12.77	39.79	350m:	4:31.12	39.07
	100m:	1:14.26 39.19	200m:	2:32.98	39.47	300m:	3:52.05	39.28	400m:	5:07.65	36.53
39.	PI TEK Maja		10	KS GÓRNIK Sosnowiec						<b>5:08.17</b>	445
	50m:	35.33 35.33	150m:	1:55.29	40.21	250m:	3:13.59	38.86	350m:	4:31.32	38.51
	100m:	1:15.08 39.75	200m:	2:34.73	39.44	300m:	3:52.81	39.22	400m:	5:08.17	36.85
40.	CZECHMA SKA Antonina		10	UKS MANTA Warszawa Włochy						<b>5:08.68</b>	443
	50m:	33.35 33.35	150m:	1:51.50	39.05	250m:	3:13.35	39.75	350m:	4:31.14	38.53
	100m:	1:12.45 39.10	200m:	2:33.60	42.10	300m:	3:52.61	39.26	400m:	5:08.68	37.54
41.	BONDYRA Zuzanna		10	UKS ORKA Zamo						<b>5:10.00</b>	437
	50m:	32.74 32.74	150m:	1:50.39	40.38	250m:	3:11.54	40.40	350m:	4:31.96	40.36
	100m:	1:10.01 37.27	200m:	2:31.14	40.75	300m:	3:51.60	40.06	400m:	5:10.00	38.04
42.	WAWRZUTA Kamila		10	UKS ÓSEMKA O wi cim						<b>5:10.64</b>	435
	50m:	34.23 34.23	150m:	1:52.93	39.82	250m:	3:12.68	40.32	350m:	4:34.28	40.53
	100m:	1:13.11 38.88	200m:	2:32.36	39.43	300m:	3:53.75	41.07	400m:	5:10.64	36.36
43.	WIELGUS Nela		10	Champion Tomaszów Maz.						<b>5:10.88</b>	434
	50m:	34.41 34.41	150m:	1:51.57	39.27	250m:	3:12.93	40.71	350m:	4:33.38	39.75
	100m:	1:12.30 37.89	200m:	2:32.22	40.65	300m:	3:53.63	40.70	400m:	5:10.88	37.50
44.	LATOSZEWSKA Maria		10	UKS OLIMP Gorzów Wlkp.						<b>5:11.71</b>	430
	50m:	36.08 36.08	150m:	1:55.78	40.08	250m:	3:16.64	40.15	350m:	4:37.00	40.03
	100m:	1:15.70 39.62	200m:	2:36.49	40.71	300m:	3:56.97	40.33	400m:	5:11.71	34.71
45.	SUŁKOWSKA Oliwia		10	UKS JUNIOR Kluczbork						<b>5:11.73</b>	430
	50m:	35.34 35.34	150m:	1:54.77	39.66	250m:	3:14.36	40.20	350m:	4:34.23	40.12
	100m:	1:15.11 39.77	200m:	2:34.16	39.39	300m:	3:54.11	39.75	400m:	5:11.73	37.50
46.	BASZCZUK Milena		10	UKS FENIKS D bica						<b>5:11.89</b>	429
	50m:	34.14 34.14	150m:	1:51.45	39.47	250m:	3:11.09	40.19	350m:	4:31.84	40.23
	100m:	1:11.98 37.84	200m:	2:30.90	39.45	300m:	3:51.61	40.52	400m:	5:11.89	40.05
47.	FRANASZCZAK Zofia		10	UKS V Łomianki						<b>5:13.43</b>	423
	50m:	34.21 34.21	150m:	1:53.02	40.28	250m:	3:13.79	40.38	350m:	4:35.45	40.49
	100m:	1:12.74 38.53	200m:	2:33.41	40.39	300m:	3:54.96	41.17	400m:	5:13.43	37.98
48.	STEFA SKA Alicja		10	St. KF KS FENIX O arów Mazowiecki						<b>5:15.86</b>	413
	50m:	34.40 34.40	150m:	1:54.78	40.66	250m:	3:15.60	40.15	350m:	4:36.80	40.59
	100m:	1:14.12 39.72	200m:	2:35.45	40.67	300m:	3:56.21	40.61	400m:	5:15.86	39.06
49.	SACHA Paulina		10	UKS NIKA Sport Team Kraków						<b>5:17.22</b>	408
	50m:	35.85 35.85	150m:	1:57.03	40.90	250m:	3:17.91	40.11	350m:	4:39.06	40.67
	100m:	1:16.13 40.28	200m:	2:37.80	40.77	300m:	3:58.39	40.48	400m:	5:17.22	38.16
50.	HOŁDYS Gabriela		10	KS NEPTUN widnica						<b>5:17.27</b>	408
	50m:	35.67 35.67	150m:	1:56.82	40.88	250m:	3:18.32	40.98	350m:	4:38.96	39.85
	100m:	1:15.94 40.27	200m:	2:37.34	40.52	300m:	3:59.11	40.79	400m:	5:17.27	38.31

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**Ostrowiec wi tokrzyski, 04-07.07.2024**
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Pozycja	Rok ur.	Czas	Pkt.
51. MYDŁOWSKA Roxana	10	<b>5:17.89</b>	405
50m: 34.51 34.51	150m: 1:55.16 40.77	250m: 3:18.41 41.31	350m: 4:39.63 39.56
100m: 1:14.39 39.88	200m: 2:37.10 41.94	300m: 4:00.07 41.66	400m: 5:17.89 38.26
52. WÓJCİK Agata	10	<b>5:18.06</b>	405
50m: 35.15 35.15	150m: 1:55.63 41.42	250m: 3:18.22 41.73	350m: 4:40.44 39.87
100m: 1:14.21 39.06	200m: 2:36.49 40.86	300m: 4:00.57 42.35	400m: 5:18.06 37.62
53. MORGA SKA Marta	10	<b>5:18.28</b>	404
50m: 35.48 35.48	150m: 1:56.46 42.01	250m: 3:16.97 39.99	350m: 4:38.36 40.17
100m: 1:14.45 38.97	200m: 2:36.98 40.52	300m: 3:58.19 41.22	400m: 5:18.28 39.92
54. OTULAK Julia	10	<b>5:18.67</b>	402
50m: 36.49 36.49	150m: 1:55.87 39.87	250m: 3:16.97 40.50	350m: 4:38.29 40.35
100m: 1:16.00 39.51	200m: 2:36.47 40.60	300m: 3:57.94 40.97	400m: 5:18.67 40.38
55. KRAJEWSKA Weronika	10	<b>5:18.96</b>	401
50m: 33.98 33.98	150m: 1:52.09 39.78	250m: 3:13.76 41.03	350m: 4:37.45 41.87
100m: 1:12.31 38.33	200m: 2:32.73 40.64	300m: 3:55.58 41.82	400m: 5:18.96 41.51
56. MORYSON Maria	10	<b>5:20.85</b>	394
50m: 36.19 36.19	150m: 1:57.81 41.30	250m: 3:21.91 41.92	350m: 4:43.02 40.61
100m: 1:16.51 40.32	200m: 2:39.99 42.18	300m: 4:02.41 40.50	400m: 5:20.85 37.83
57. WYSOKI SKA Emilia	10	<b>5:22.31</b>	389
50m: 35.20 35.20	150m: 1:57.19 42.06	250m: 3:19.25 40.37	350m: 4:42.40 41.28
100m: 1:15.13 39.93	200m: 2:38.88 41.69	300m: 4:01.12 41.87	400m: 5:22.31 39.91
58. SALZMAN Kornelia	10	<b>5:22.38</b>	389
50m: 35.30 35.30	150m: 1:56.86 41.66	250m: 3:20.76 41.57	350m: 4:43.14 40.55
100m: 1:15.20 39.90	200m: 2:39.19 42.33	300m: 4:02.59 41.83	400m: 5:22.38 39.24
59. DZIAŁACH Magdalena	10	<b>5:22.48</b>	388
50m: 33.35 33.35	150m: 1:55.03 42.17	250m: 3:19.05 42.16	350m: 4:42.05 40.76
100m: 1:12.86 39.51	200m: 2:36.89 41.86	300m: 4:01.29 42.24	400m: 5:22.48 40.43
60. OGI SKA Laura	10	<b>5:22.54</b>	388
50m: 34.83 34.83	150m: 1:55.21 41.00	250m: 3:18.23 41.64	350m: 4:41.69 41.77
100m: 1:14.21 39.38	200m: 2:36.59 41.38	300m: 3:59.92 41.69	400m: 5:22.54 40.85
61. SUKIENNIK Anna	10	<b>5:22.74</b>	387
50m: 35.78 35.78	150m: 1:57.06 40.88	250m: 3:19.84 41.79	350m: 4:43.88 41.70
100m: 1:16.18 40.40	200m: 2:38.05 40.99	300m: 4:02.18 42.34	400m: 5:22.74 38.86
62. SADO Ewa	10	<b>5:22.77</b>	387
50m: 35.97 35.97	150m: 1:57.34 41.16	250m: 3:20.16 41.45	350m: 4:43.23 41.05
100m: 1:16.18 40.21	200m: 2:38.71 41.37	300m: 4:02.18 42.02	400m: 5:22.77 39.54
63. BALINA Maja	10	<b>5:23.51</b>	385
50m: 34.17 34.17	150m: 1:53.64 40.90	250m: 3:18.25 42.35	350m: 4:42.14 41.33
100m: 1:12.74 38.57	200m: 2:35.90 42.26	300m: 4:00.81 42.56	400m: 5:23.51 41.37
64. KILIKOWSKA Julia	10	<b>5:23.71</b>	384
50m: 35.93 35.93	150m: 1:57.60 40.96	250m: 3:20.56 41.51	350m: 4:43.57 41.66
100m: 1:16.64 40.71	200m: 2:39.05 41.45	300m: 4:01.91 41.35	400m: 5:23.71 40.14
65. WESOŁOWSKA Wiktoria	10	<b>5:23.75</b>	384
50m: 34.39 34.39	150m: 1:57.53 41.86	250m: 3:21.24 41.54	350m: 4:45.16 41.65
100m: 1:15.67 41.28	200m: 2:39.70 42.17	300m: 4:03.51 42.27	400m: 5:23.75 38.59
66. GŁOGOWSKA Maja	10	<b>5:23.92</b>	383
50m: 34.11 34.11	150m: 1:54.69 41.60	250m: 3:19.53 42.46	350m: 4:44.10 42.19
100m: 1:13.09 38.98	200m: 2:37.07 42.38	300m: 4:01.91 42.38	400m: 5:23.92 39.82
67. MI TUS Patrycja	10	<b>5:24.83</b>	380
50m: 36.99 36.99	150m: 1:58.04 40.72	250m: 3:20.79 41.05	350m: 4:43.68 41.21
100m: 1:17.32 40.33	200m: 2:39.74 41.70	300m: 4:02.47 41.68	400m: 5:24.83 41.15

**Mistrzostwa Polski Juniorów Młodszych 14 lat**  
**Ostrowiec wi tokrzyski, 04-07.07.2024**
**Konkurencja 22, Dziewcz t, 400m dowolny, Eliminacje, 14 lat**

Pozycja			Rok ur.					Czas	Pkt.
68.	JEZIORSKA Wiktoria		10	UKS SMS Galicja Kraków				<b>5:25.67</b>	377
	50m:	36.65 36.65	150m:	1:58.23	40.68	250m:	3:21.90 41.17	350m:	4:45.13 41.23
	100m:	1:17.55 40.90	200m:	2:40.73	42.50	300m:	4:03.90 42.00	400m:	5:25.67 40.54
69.	SZOTEK Isabella		10	UKS SMS KAPRY Pruszków				<b>5:25.95</b>	376
	50m:	36.46 36.46	150m:	1:59.47	42.91	250m:	3:23.54 42.77	350m:	4:48.20 43.10
	100m:	1:16.56 40.10	200m:	2:40.77	41.30	300m:	4:05.10 41.56	400m:	5:25.95 37.75
70.	ZYDRO Wiktoria		10	Mokotowski UKP Warszawianka- Wodny				<b>5:26.03</b>	376
	50m:	35.51 35.51	150m:	1:57.99	42.30	250m:	3:21.81 41.91	350m:	4:46.22 41.63
	100m:	1:15.69 40.18	200m:	2:39.90	41.91	300m:	4:04.59 42.78	400m:	5:26.03 39.81
71.	GRUDZIE Julia		10	Pływamy i Ratujemy Ustronie Morskie				<b>5:26.18</b>	375
	50m:	36.21 36.21	150m:	1:59.52	42.61	250m:	3:24.22 42.65	350m:	4:49.32 42.37
	100m:	1:16.91 40.70	200m:	2:41.57	42.05	300m:	4:06.95 42.73	400m:	5:26.18 36.86
72.	CIE LAK Magdalena		10	UKS SP-149 Łód				<b>5:27.07</b>	372
	50m:	35.72 35.72	150m:	1:57.67	42.16	250m:	3:23.40 43.51	350m:	4:48.08 41.54
	100m:	1:15.51 39.79	200m:	2:39.89	42.22	300m:	4:06.54 43.14	400m:	5:27.07 38.99
73.	PIETRASZEWICZ Roksana		10	UKS JUVENIA iSwim Białystok				<b>5:27.46</b>	371
	50m:	37.32 37.32	150m:	1:59.74	41.61	250m:	3:23.63 42.04	350m:	4:47.88 42.18
	100m:	1:18.13 40.81	200m:	2:41.59	41.85	300m:	4:05.70 42.07	400m:	5:27.46 39.58
74.	WROTEK Zofia		10	UKS Na Fali Bytom				<b>5:28.64</b>	367
	50m:	35.71 35.71	150m:	1:58.43	42.85	250m:	3:23.58 43.12	350m:	4:48.06 42.65
	100m:	1:15.58 39.87	200m:	2:40.46	42.03	300m:	4:05.41 41.83	400m:	5:28.64 40.58
75.	DZIAPKA Lena		10	MTP KORMORAN Olsztyn				<b>5:29.97</b>	362
	50m:	36.66 36.66	150m:	1:59.10	41.46	250m:	3:24.27 42.83	350m:	4:49.46 41.64
	100m:	1:17.64 40.98	200m:	2:41.44	42.34	300m:	4:07.82 43.55	400m:	5:29.97 40.51
76.	ZYCH Martyna		10	MKS Jagiellonka Warszawa				<b>5:30.35</b>	361
	50m:	37.49 37.49	150m:	2:00.33	41.12	250m:	3:25.01 43.37	350m:	4:50.03 42.10
	100m:	1:19.21 41.72	200m:	2:41.64	41.31	300m:	4:07.93 42.92	400m:	5:30.35 40.32
77.	ZWARDO Aleksandra		10	UKS G-8 Bielany Warszawa				<b>5:32.19</b>	355
	50m:	37.73 37.73	150m:	2:02.81	43.26	250m:	3:28.09 43.11	350m:	4:52.78 42.42
	100m:	1:19.55 41.82	200m:	2:44.98	42.17	300m:	4:10.36 42.27	400m:	5:32.19 39.41
78.	MY LI SKA Martyna		10	UKS FROG Gi ycko				<b>5:34.36</b>	348
	50m:	37.21 37.21	150m:	2:02.40	43.07	250m:	3:28.24 42.68	350m:	4:54.10 42.47
	100m:	1:19.33 42.12	200m:	2:45.56	43.16	300m:	4:11.63 43.39	400m:	5:34.36 40.26
79.	ZALEWSKA Lena		10	UKS FROG Gi ycko				<b>5:36.84</b>	341
	50m:	36.20 36.20	150m:	2:02.24	43.52	250m:	3:28.69 42.36	350m:	4:56.78 43.43
	100m:	1:18.72 42.52	200m:	2:46.33	44.09	300m:	4:13.35 44.66	400m:	5:36.84 40.06
80.	SURMA Ewelina		10	UKS Jasie Sucha Beskidzka				<b>5:38.60</b>	335
	50m:	36.96 36.96	150m:	2:01.56	42.53	250m:	3:28.55 43.57	350m:	4:56.65 44.44
	100m:	1:19.03 42.07	200m:	2:44.98	43.42	300m:	4:12.21 43.66	400m:	5:38.60 41.95
81.	ARTWIK Hanna		10	KP Aqua-Swim Nysa				<b>5:39.95</b>	331
	50m:	37.46 37.46	150m:	2:01.30	42.65	250m:	3:28.60 43.44	350m:	4:57.23 44.33
	100m:	1:18.65 41.19	200m:	2:45.16	43.86	300m:	4:12.90 44.30	400m:	5:39.95 42.72
82.	CZEREK Magdalena		10	WKS L SK Wrocław				<b>5:46.09</b>	314
	50m:	36.55 36.55	150m:	2:03.00	44.56	250m:	3:32.65 44.87	350m:	5:03.11 45.28
	100m:	1:18.44 41.89	200m:	2:47.78	44.78	300m:	4:17.83 45.18	400m:	5:46.09 42.98
83.	CHABKO Emilia		10	UKS Na Fali Bytom				<b>5:51.15</b>	301
	50m:	37.34 37.34	150m:	2:04.12	44.01	250m:	3:34.26 45.37	350m:	5:05.83 46.03
	100m:	1:20.11 42.77	200m:	2:48.89	44.77	300m:	4:19.80 45.54	400m:	5:51.15 45.32
84.	KOPE Wiktoria		10	UKS SMS KAPRY Pruszków				<b>5:53.64</b>	294
	50m:	38.12 38.12	150m:	2:05.69	44.29	250m:	3:38.31 46.52	350m:	5:12.38 46.46
	100m:	1:21.40 43.28	200m:	2:51.79	46.10	300m:	4:25.92 47.61	400m:	5:53.64 41.26

Mistrzostwa Polski Juniorów Młodszych 14 lat  
Ostrowiec wi tokrzyski, 04-07.07.2024

Konkurencja 22, Dziewcz t, 400m dowolny, Eliminacje, 14 lat

Pozycja		Rok ur.		Czas	Pkt.
DYSKW.	KILARSKA Martyna	10	UKS Na Fali Bytom		
	<i>O2 - Pływak nie uko czył całego dystansu.</i>				