

Mistrzostwa ŒEI'ska OPEN i JUN. 14,15,16
Gliwice, 17. - 18.12.2010

Konkurencja 11
2010-12-17

Kobiet, 400m zmienny

Open
Wyniki

Punkty: FINA 2009

Pozycja			Rok ur.					Czas	Pkt.			
14 lat												
1.	PLUTA, Kinga		96	CSiR MOS Dabrowa Górnica				5:16.58	601			
	50m:	33.13	33.13	150m:	1:53.01	42.22	250m:	3:17.00	42.70	350m:	4:39.91	38.95
	100m:	1:10.79	37.66	200m:	2:34.30	41.29	300m:	4:00.96	43.96	400m:	5:16.58	36.67
2.	KNAPIK, Anna		96	Ks Piatka Chorzów				5:24.30	559			
	50m:	32.61	32.61	150m:	1:52.39	41.25	250m:	3:20.60	47.73	350m:	4:47.02	38.27
	100m:	1:11.14	38.53	200m:	2:32.87	40.48	300m:	4:08.75	48.15	400m:	5:24.30	37.28
3.	JACEK, Sabina		96	Mosm Tychy				5:52.53	435			
	50m:	37.30	37.30	150m:	2:07.10	44.17	250m:	3:41.28	49.08	350m:	5:12.32	40.94
	100m:	1:22.93	45.63	200m:	2:52.20	45.10	300m:	4:31.38	50.10	400m:	5:52.53	40.21

15 lat

1.	KIERSZTYN, Magdalena SR		95	MKS-SMS Victoria Racibórz				5:12.21	626			
	50m:	31.93	31.93	150m:	1:47.56	38.24	250m:	3:11.05	45.19	350m:	4:34.72	37.59
	100m:	1:09.32	37.39	200m:	2:25.86	38.30	300m:	3:57.13	46.08	400m:	5:12.21	37.49
2.	KLIMAS, PAULINA		95	MUKS Gilus Gilowice				5:23.21	565			
	50m:	34.11	34.11	150m:	1:55.24	42.11	250m:	3:21.38	44.09	350m:	4:45.57	38.88
	100m:	1:13.13	39.02	200m:	2:37.29	42.05	300m:	4:06.69	45.31	400m:	5:23.21	37.64

Open

1.	KIERSZTYN, Magdalena SR		95	MKS-SMS Victoria Racibórz				5:12.21	626			
	50m:	31.93	31.93	150m:	1:47.56	38.24	250m:	3:11.05	45.19	350m:	4:34.72	37.59
	100m:	1:09.32	37.39	200m:	2:25.86	38.30	300m:	3:57.13	46.08	400m:	5:12.21	37.49
2.	PLUTA, Kinga		96	CSiR MOS Dabrowa Górnica				5:16.58	601			
	50m:	33.13	33.13	150m:	1:53.01	42.22	250m:	3:17.00	42.70	350m:	4:39.91	38.95
	100m:	1:10.79	37.66	200m:	2:34.30	41.29	300m:	4:00.96	43.96	400m:	5:16.58	36.67
3.	KLIMAS, PAULINA		95	MUKS Gilus Gilowice				5:23.21	565			
	50m:	34.11	34.11	150m:	1:55.24	42.11	250m:	3:21.38	44.09	350m:	4:45.57	38.88
	100m:	1:13.13	39.02	200m:	2:37.29	42.05	300m:	4:06.69	45.31	400m:	5:23.21	37.64
4.	KNAPIK, Anna		96	Ks Piatka Chorzów				5:24.30	559			
	50m:	32.61	32.61	150m:	1:52.39	41.25	250m:	3:20.60	47.73	350m:	4:47.02	38.27
	100m:	1:11.14	38.53	200m:	2:32.87	40.48	300m:	4:08.75	48.15	400m:	5:24.30	37.28
5.	JACEK, Sabina		96	Mosm Tychy				5:52.53	435			
	50m:	37.30	37.30	150m:	2:07.10	44.17	250m:	3:41.28	49.08	350m:	5:12.32	40.94
	100m:	1:22.93	45.63	200m:	2:52.20	45.10	300m:	4:31.38	50.10	400m:	5:52.53	40.21
6.	SOŁTYSIAK, Patrycja		97	MOSIR Mys ³ owice				6:09.13	379			
	50m:	40.16	40.16	150m:	2:17.89	46.37	250m:	3:54.08	50.53	350m:	5:27.35	42.46
	100m:	1:31.52	51.36	200m:	3:03.55	45.66	300m:	4:44.89	50.81	400m:	6:09.13	41.78
7.	WOLNY, Magdalena		98	TKKF Szczyg ³ owice Knurów				6:09.27	379			
	50m:	39.23	39.23	150m:	2:15.32	46.67	250m:	3:53.92	52.27	350m:	5:27.87	42.44
	100m:	1:28.65	49.42	200m:	3:01.65	46.33	300m:	4:45.43	51.51	400m:	6:09.27	41.40