

Puchar Dyrektora ZSOMS Racibórz  
Racibórz, 15-10-2011

Konkurencja 5  
2011-10-15

M czyzn, 400m zmienny

Open  
Wyniki Eliminacje

Punkty: FINA 2011

Pozycja			Rok ur.					Czas	Pkt.		
1.	OSSES, Arkadiusz		95	ks warta pozna				<b>4:38.69</b>	A		
	50m:	29.15 29.15	150m:	1:37.47	35.84	250m:	2:52.94	40.26	350m:	4:06.67	32.56
	100m:	1:01.63 32.48	200m:	2:12.68	35.21	300m:	3:34.11	41.17	400m:	4:38.69	32.02
2.	MACHNIK, Mikołaj SR		93	AZS AWF Katowice				<b>4:55.33</b>	A		
	50m:	31.97 31.97	150m:	1:47.63	38.73	250m:	3:03.96	39.15	350m:	4:20.04	36.70
	100m:	1:08.90 36.93	200m:	2:24.81	37.18	300m:	3:43.34	39.38	400m:	4:55.33	35.29
3.	KWIECIE , Michał SR		94	Victoria Racibórz				<b>5:08.36</b>	A		
	50m:	32.47 32.47	150m:	1:49.59	40.18	250m:	3:12.18	44.31	350m:	4:35.29	37.80
	100m:	1:09.41 36.94	200m:	2:27.87	38.28	300m:	3:57.49	45.31	400m:	5:08.36	33.07
4.	BREMBOR, Tomasz		94	AZS AWF Katowice				<b>5:09.25</b>	A		
	50m:	30.71 30.71	150m:	1:45.30	39.22	250m:	3:10.39	46.99	350m:	4:33.58	36.57
	100m:	1:06.08 35.37	200m:	2:23.40	38.10	300m:	3:57.01	46.62	400m:	5:09.25	35.67
5.	MAJDZI SKI, Adrian		93	UKS Aquatica Pawłowice				<b>5:24.19</b>	A		
	50m:	32.65 32.65	150m:			250m:	3:20.03	44.55	350m:	4:44.68	40.33
	100m:	1:11.57 38.92	200m:	2:35.48		300m:	4:04.35	44.32	400m:	5:24.19	39.51
6.	SPULAK, David		97	Olomouc				<b>5:25.41</b>	A		
	50m:	34.92 34.92	150m:	1:58.39	41.81	250m:	3:28.51	48.10	350m:	4:50.70	36.27
	100m:	1:16.58 41.66	200m:	2:40.41	42.02	300m:	4:14.43	45.92	400m:	5:25.41	34.71
7.	NIESTRÓJ, Robert SR		96	Victoria Racibórz				<b>5:28.52</b>	R		
	50m:	36.60 36.60	150m:	2:05.85	43.95	250m:	3:31.76	44.27	350m:	4:54.15	38.35
	100m:	1:21.90 45.30	200m:	2:47.49	41.64	300m:	4:15.80	44.04	400m:	5:28.52	34.37
8.	WAWRZYCA, Szymon		98	Jelenia Góra				<b>5:46.75</b>	R		
	50m:	36.45 36.45	150m:	2:04.76	44.73	250m:	3:37.29	47.13	350m:	5:07.38	40.94
	100m:	1:20.03 43.58	200m:	2:50.16	45.40	300m:	4:26.44	49.15	400m:	5:46.75	39.37
9.	BARAN, JAn		99	Victoria Racibórz				<b>6:42.43</b>			
	50m:	42.05 42.05	150m:	2:25.48	53.39	250m:	4:10.85	54.02	350m:	5:56.30	49.20
	100m:	1:32.09 50.04	200m:	3:16.83	51.35	300m:	5:07.10	56.25	400m:	6:42.43	46.13