

Mistrzostwa I ska OPEN
Racibórz, 2- - 3-12-2011

Konkurencja 12
2011-12-02 - 18:15

M czyzn, 400m zmienny

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Punkty: FINA 2010

Pozycja			Rok ur.					Czas	Pkt.
1.	KŁOS, Grzegorz		95	AZS AWF Katowice				4:33.63	651
	50m:	29.99 29.99	150m:	1:40.83	36.87	250m:	2:54.52 37.73	350m:	4:03.86 31.40
	100m:	1:03.96 33.97	200m:	2:16.79	35.96	300m:	3:32.46 37.94	400m:	4:33.63 29.77
2.	JANKOWSKI, Paweł		95	CSIR MOS D browa Górnicza				4:33.71	651
	50m:	29.56 29.56	150m:	1:38.37	35.20	250m:	2:51.95 39.01	350m:	4:04.00 32.34
	100m:	1:03.17 33.61	200m:	2:12.94	34.57	300m:	3:31.66 39.71	400m:	4:33.71 29.71
3.	SUDENIS, Maciej SR		93	MKS-SMS Victoria Racibórz				4:44.43	580
	50m:	29.45 29.45	150m:	1:38.37	34.41	250m:	2:55.36 41.11	350m:	4:13.13 34.89
	100m:	1:03.96 34.51	200m:	2:14.25	35.88	300m:	3:38.24 42.88	400m:	4:44.43 31.30
4.	FALIS, Dawid		96	CSIR MOS D browa Górnicza				4:45.40	574
	50m:	29.95 29.95	150m:	1:41.41	37.34	250m:	2:58.89 40.18	350m:	4:13.70 34.07
	100m:	1:04.07 34.12	200m:	2:18.71	37.30	300m:	3:39.63 40.74	400m:	4:45.40 31.70
5.	NOWODWORSKI, Dawid		97	CSIR MOS D browa Górnicza				5:04.84	471
	50m:	30.29 30.29	150m:	1:44.47	38.28	250m:	3:05.80 42.70	350m:	4:28.31 37.32
	100m:	1:06.19 35.90	200m:	2:23.10	38.63	300m:	3:50.99 45.19	400m:	5:04.84 36.53
6.	JABŁO SKI, Wojciech		96	KS. Górnik Radlin				5:15.02	427
	50m:	36.42 36.42	150m:	1:59.38	39.14	250m:	3:21.55 42.65	350m:	4:41.75 36.13
	100m:	1:20.24 43.82	200m:	2:38.90	39.52	300m:	4:05.62 44.07	400m:	5:15.02 33.27
7.	NIESTRÓJ, Robert SR		96	MKS-SMS Victoria Racibórz				5:15.71	424
	50m:	34.33 34.33	150m:	1:57.58	43.20	250m:	3:21.62 42.76	350m:	4:41.56 36.25
	100m:	1:14.38 40.05	200m:	2:38.86	41.28	300m:	4:05.31 43.69	400m:	5:15.71 34.15
8.	ORAWCZAK, Mateusz		97	MOSiR Mys lowice				5:33.20	361
	50m:	35.43 35.43	150m:	2:01.45	41.97	250m:	3:28.04 45.42	350m:	4:55.07 40.31
	100m:	1:19.48 44.05	200m:	2:42.62	41.17	300m:	4:14.76 46.72	400m:	5:33.20 38.13
9.	WAWRYCA, Szymon		98	Jelenia Góra				5:33.93	358
	50m:	36.91 36.91	150m:	2:03.08	43.22	250m:	3:29.38 45.54	350m:	4:55.39 39.51
	100m:	1:19.86 42.95	200m:	2:43.84	40.76	300m:	4:15.88 46.50	400m:	5:33.93 38.54
10.	MURA SKI, Kacper		99	Muks Gilus Gilowice				5:39.16	342
	50m:	36.07 36.07	150m:	2:05.16	46.25	250m:	3:37.84 48.48	350m:	5:03.62 38.06
	100m:	1:18.91 42.84	200m:	2:49.36	44.20	300m:	4:25.56 47.72	400m:	5:39.16 35.54
11.	OSADNIK, Bartosz		97	Ks Pi tka Chorzów				5:39.18	342
	50m:	36.46 36.46	150m:	2:03.18	45.01	250m:	3:34.24 48.11	350m:	5:01.27 39.42
	100m:	1:18.17 41.71	200m:	2:46.13	42.95	300m:	4:21.85 47.61	400m:	5:39.18 37.91
12.	LESIK, Radosław		98	MKS-SMS Victoria Racibórz				5:53.14	303
	50m:	38.75 38.75	150m:	2:11.81	45.12	250m:	3:46.27 49.08	350m:	5:16.12 41.45
	100m:	1:26.69 47.94	200m:	2:57.19	45.38	300m:	4:34.67 48.40	400m:	5:53.14 37.02