

Puchar Sprintu 2016  
Racibórz, 8-10-2016

Konkurencja 5  
2016-10-08 - 11:00

M czyzn, 400m zmienny

Open  
Wyniki Eliminacje

Punkty: FINA 2016

Pozycja			Rok ur.					Czas	Pkt.		
1.	MENCEL, Miłosz		02	MKS-SMS Victoria Racibórz				<b>4:53.84</b>	514	A	
	50m:	31.38 31.38	150m:	1:45.03	37.82	250m:	3:02.18	41.25	350m:	4:20.51	35.65
	100m:	1:07.21 35.83	200m:	2:20.93	35.90	300m:	3:44.86	42.68	400m:	4:53.84	33.33
2.	MACHNIK, Mikołaj		93	AZS AWF Katowice				<b>4:55.42</b>	506	A	
	50m:	32.63 32.63	150m:	1:48.13	38.58	250m:	3:06.07	40.45	350m:	4:20.75	34.15
	100m:	1:09.55 36.92	200m:	2:25.62	37.49	300m:	3:46.60	40.53	400m:	4:55.42	34.67
3.	ŁAPOT, Radosław SR		99	MOS Katowice				<b>4:55.80</b>	504	A	
	50m:	30.86 30.86	150m:	1:44.16	36.87	250m:	3:01.95	41.37	350m:	4:21.64	37.98
	100m:	1:07.29 36.43	200m:	2:20.58	36.42	300m:	3:43.66	41.71	400m:	4:55.80	34.16
4.	DZIEDZIC, Dawid SR		99	MOSM Tychy				<b>4:58.57</b>	490	A	
	50m:	32.31 32.31	150m:	1:50.28	40.63	250m:	3:09.77	40.62	350m:	4:25.89	35.50
	100m:	1:09.65 37.34	200m:	2:29.15	38.87	300m:	3:50.39	40.62	400m:	4:58.57	32.68
5.	STR CZEK, Jan		02	KS. Górnik Radlin				<b>4:59.40</b>	486	A	
	50m:	30.98 30.98	150m:	1:46.07	39.06	250m:	3:07.78	43.31	350m:	4:26.40	35.11
	100m:	1:07.01 36.03	200m:	2:24.47	38.40	300m:	3:51.29	43.51	400m:	4:59.40	33.00
6.	BUBAK, Dawid SR		02	MKS-SMS Victoria Racibórz				<b>5:03.31</b>	468	A	
	50m:	35.06 35.06	150m:	1:54.38	40.83	250m:	3:14.17	40.53	350m:	4:30.45	35.93
	100m:	1:13.55 38.49	200m:	2:33.64	39.26	300m:	3:54.52	40.35	400m:	5:03.31	32.86
7.	BIECKI, Szymon		00	AZS AWF Katowice				<b>5:06.61</b>	453	R	
	50m:	31.61 31.61	150m:	1:48.94	40.62	250m:	3:12.96	43.83	350m:	4:33.19	35.88
	100m:	1:08.32 36.71	200m:	2:29.13	40.19	300m:	3:57.31	44.35	400m:	5:06.61	33.42
8.	LESIK, Jarosław SR		02	MKS-SMS Victoria Racibórz				<b>5:09.29</b>	441	R	
	50m:	32.42 32.42	150m:	1:52.30	41.53	250m:	3:14.44	42.66	350m:	4:34.73	35.57
	100m:	1:10.77 38.35	200m:	2:31.78	39.48	300m:	3:59.16	44.72	400m:	5:09.29	34.56
9.	PODLASEK, Adrian SR		02	MKS-SMS Victoria Racibórz				<b>5:16.35</b>	412		
	50m:	33.51 33.51	150m:	1:54.08	41.40	250m:	3:18.35	45.21	350m:	4:44.18	39.54
	100m:	1:12.68 39.17	200m:	2:33.14	39.06	300m:	4:04.64	46.29	400m:	5:16.35	32.17
10.	NOWOTNY, Dawid SR		01	Ruda I ska				<b>5:19.19</b>	401		
	50m:	30.95 30.95	150m:	1:51.25	43.85	250m:	3:15.61	42.79	350m:	4:39.98	40.48
	100m:	1:07.40 36.45	200m:	2:32.82	41.57	300m:	3:59.50	43.89	400m:	5:19.19	39.21
11.	KRYSZYŃIAK, Mateusz		00	UKS Nowy Klub Pływacki				<b>5:25.25</b>	379		
	50m:	34.11 34.11	150m:	1:59.11	43.33	250m:	3:24.00	42.55	350m:	4:49.19	40.28
	100m:	1:15.78 41.67	200m:	2:41.45	42.34	300m:	4:08.91	44.91	400m:	5:25.25	36.06
12.	WITUSZY SKI, Jakub SR		02	MKS-SMS Victoria Racibórz				<b>5:30.16</b>	362		
	50m:	34.62 34.62	150m:	1:56.87	41.95	250m:	3:26.35	48.28	350m:	4:53.43	41.24
	100m:	1:14.92 40.30	200m:	2:38.07	41.20	300m:	4:12.19	45.84	400m:	5:30.16	36.73
13.	NIEJADLIK, Michał		02	MKS-SMS Victoria Racibórz				<b>5:33.37</b>	352		
	50m:	34.00 34.00	150m:	1:58.25	43.51	250m:	3:25.79	46.79	350m:	4:53.89	39.24
	100m:	1:14.74 40.74	200m:	2:39.00	40.75	300m:	4:14.65	48.86	400m:	5:33.37	39.48
14.	ZWADŁO, Piotr SR		02	MKS-SMS Victoria Racibórz				<b>5:36.73</b>	342		
	50m:	33.81 33.81	150m:	2:01.19	45.78	250m:	3:33.43	47.69	350m:	5:01.44	38.72
	100m:	1:15.41 41.60	200m:	2:45.74	44.55	300m:	4:22.72	49.29	400m:	5:36.73	35.29
15.	DRAJEWICZ, Jakub SR		02	MKS-SMS Victoria Racibórz				<b>5:59.36</b>	281		
	50m:		150m:			250m:			350m:		
	100m:		200m:			300m:			400m:	5:59.36	