

Polska Liga Pływacka
Racibórz, 14- - 15-10-2016

Konkurencja 12
2016-10-14 - 18:26

M czyzn, 400m dowolny

Open
Wyniki

Punkty: FINA 2016

Pozycja			Rok ur.			Czas	Pkt.	
1.	WOJDAK, Wojciech		96	Małopolska		3:47.81	808	17,00
	50m:	26.71 26.71	150m:	1:23.26 28.33	250m:	2:20.70 28.88	350m:	3:19.17 29.23
	100m:	54.93 28.22	200m:	1:51.82 28.56	300m:	2:49.94 29.24	400m:	3:47.81 28.64
2.	JURA, Maciej		96	Dozp		3:55.37	733	15,00
	50m:	27.40 27.40	150m:	1:26.40 29.60	250m:	2:25.70 29.65	350m:	3:26.53 30.57
	100m:	56.80 29.40	200m:	1:56.05 29.65	300m:	2:55.96 30.26	400m:	3:55.37 28.84
3.	JASZCZAK, Wiktor		97	Dozp		3:56.45	723	14,00
	50m:	27.80 27.80	150m:	1:27.24 29.81	250m:	2:27.12 29.94	350m:	3:27.22 30.10
	100m:	57.43 29.63	200m:	1:57.18 29.94	300m:	2:57.12 30.00	400m:	3:56.45 29.23
4.	SMEJA, Sławomir		94	SŁOZP Katowice I		3:59.42	696	13,00
	50m:	27.75 27.75	150m:	1:28.12 30.25	250m:	2:28.69 30.32	350m:	3:29.95 30.83
	100m:	57.87 30.12	200m:	1:58.37 30.25	300m:	2:59.12 30.43	400m:	3:59.42 29.47
5.	DERE , Kacper		98	Dozp		4:01.19	681	-
	50m:	27.89 27.89	150m:	1:27.10 29.60	250m:	2:27.59 30.17	350m:	3:30.36 31.74
	100m:	57.50 29.61	200m:	1:57.42 30.32	300m:	2:58.62 31.03	400m:	4:01.19 30.83
6.	KRASKA, Jakub		00	Łódzki Okr gowy Zwi zek Pływac		4:02.89	667	12,00
	50m:	28.37 28.37	150m:	1:29.97 31.06	250m:	2:32.52 31.26	350m:	3:33.19 30.18
	100m:	58.91 30.54	200m:	2:01.26 31.29	300m:	3:03.01 30.49	400m:	4:02.89 29.70
7.	KRULIKOWSKI, Maciej		99	Małopolska		4:05.74	644	11,00
	50m:	28.71 28.71	150m:	1:32.19 31.86	250m:	2:34.47 30.84	350m:	3:35.94 30.47
	100m:	1:00.33 31.62	200m:	2:03.63 31.44	300m:	3:05.47 31.00	400m:	4:05.74 29.80
8.	LECHOWICZ, Filip		97	Małopolska		4:05.77	644	-
	50m:	27.98 27.98	150m:	1:30.38 31.25	250m:	2:32.94 31.12	350m:	3:36.19 31.74
	100m:	59.13 31.15	200m:	2:01.82 31.44	300m:	3:04.45 31.51	400m:	4:05.77 29.58
9.	PAWLACZYK, Patryk		00	Łódzki Okr gowy Zwi zek Pływac		4:06.19	640	10,00
	50m:	28.06 28.06	150m:	1:30.40 31.28	250m:	2:33.22 31.30	350m:	3:36.82 31.94
	100m:	59.12 31.06	200m:	2:01.92 31.52	300m:	3:04.88 31.66	400m:	4:06.19 29.37
10.	DUTKOWIAK, Wojciech		00	Dozp 2		4:06.26	640	9,00
	50m:	28.42 28.42	150m:	1:30.28 31.39	250m:	2:33.28 31.53	350m:	3:36.13 31.64
	100m:	58.89 30.47	200m:	2:01.75 31.47	300m:	3:04.49 31.21	400m:	4:06.26 30.13
11.	MARCZUK, Szymon SL		99	Lubelski OZP		4:07.60	629	8,00
	50m:	28.86 28.86	150m:	1:34.27 32.74	250m:	2:37.44 31.44	350m:	3:39.17 30.45
	100m:	1:01.53 32.67	200m:	2:06.00 31.73	300m:	3:08.72 31.28	400m:	4:07.60 28.43
12.	KEMPA, Mikołaj		99	Okr gowy Opolski Zwi zek Pływa		4:07.61	629	7,00
	50m:	29.05 29.05	150m:	1:32.30 31.80	250m:	2:35.34 30.96	350m:	3:37.94 30.82
	100m:	1:00.50 31.45	200m:	2:04.38 32.08	300m:	3:07.12 31.78	400m:	4:07.61 29.67
13.	ZWOLI SKI, Marcin		97	SŁOZP Katowice I		4:07.80	628	6,00
	50m:	28.43 28.43	150m:	1:30.57 31.33	250m:	2:33.71 31.47	350m:	3:37.25 31.08
	100m:	59.24 30.81	200m:	2:02.24 31.67	300m:	3:06.17 32.46	400m:	4:07.80 30.55
14.	DOMINIAK, Kacper		00	Dozp 2		4:08.69	621	5,00
	50m:	28.56 28.56	150m:	1:31.52 31.81	250m:	2:34.95 31.48	350m:	3:38.66 31.88
	100m:	59.71 31.15	200m:	2:03.47 31.95	300m:	3:06.78 31.83	400m:	4:08.69 30.03
15.	KRZYKAŁA, Emil		01	Lubelski OZP		4:09.20	617	4,00
	50m:	28.27 28.27	150m:	1:31.09 31.49	250m:	2:34.77 31.83	350m:	3:38.56 32.00
	100m:	59.60 31.33	200m:	2:02.94 31.85	300m:	3:06.56 31.79	400m:	4:09.20 30.64
16.	WASIUK, Jakub		99	Okr gowy Opolski Zwi zek Pływa		4:10.86	605	3,00
	50m:	29.01 29.01	150m:	1:32.32 31.79	250m:	2:36.18 31.69	350m:	3:40.12 32.01
	100m:	1:00.53 31.52	200m:	2:04.49 32.17	300m:	3:08.11 31.93	400m:	4:10.86 30.74
17.	HANO, Grzegorz		00	Dozp 2		4:11.81	598	-
	50m:	28.62 28.62	150m:	1:31.48 31.59	250m:	2:35.25 31.63	350m:	3:39.85 32.30
	100m:	59.89 31.27	200m:	2:03.62 32.14	300m:	3:07.55 32.30	400m:	4:11.81 31.96

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Pozycja	Rok ur.								Czas	Pkt.	
18. PIÓRO, Artur	91 SLOZP Katowice II								4:14.31	581	2,00
50m:	28.36	28.36	150m:	1:29.99	30.96	250m:	2:35.53	32.88	350m:	3:41.75	32.98
100m:	59.03	30.67	200m:	2:02.65	32.66	300m:	3:08.77	33.24	400m:	4:14.31	32.56
19. SUMARA, Beniamin	99 SLOZP Katowice II								4:28.36	494	1,00
50m:	28.86	28.86	150m:	1:32.29	32.24	250m:	2:40.12	34.49	350m:	3:52.10	36.11
100m:	1:00.05	31.19	200m:	2:05.63	33.34	300m:	3:15.99	35.87	400m:	4:28.36	36.26
20. GUZY, Marcel	01 Okr gowy Opolski Zwi zek Pływa								4:38.60	442	-
50m:		150m:			250m:			350m:			
100m:		200m:			300m:			400m:	4:38.60		
PK MATURA, Klaudiusz SR	98 SMS Racibórz								4:18.80	551	-
50m:	28.48	28.48	150m:	1:32.92	32.51	250m:	2:38.93	33.14	350m:	3:45.50	33.60
100m:	1:00.41	31.93	200m:	2:05.79	32.87	300m:	3:11.90	32.97	400m:	4:18.80	33.30