

Grand Prix Polski
Szczecin, 15. - 16.11.2008

Konkurencja 1 Kobiet, 400m zmienny 14 lat i starsi
2008-11-15 Wyniki

Top Times "Poland" 4:31.89 Baranowska Katarzyna MKSZC Debrecen (HUN) 2007-12-16

Punkty: FINA 2008

Pozycja			Rok ur.					Czas	Pkt.
1.	Mazurek Karolina		89	AZS AGH Kraków				4:54.85	760
	50m:	30.95 30.95	150m:	1:44.23	37.57	250m:	3:02.85 41.93	350m:	4:20.49 35.44
	100m:	1:06.66 35.71	200m:	2:20.92	36.69	300m:	3:45.05 42.20	400m:	4:54.85 34.36
2.	Bernat Aleksandra		90	Warta Poznań				4:59.77	723
	50m:	31.78 31.78	150m:	1:47.27	39.78	250m:	3:08.57 42.89	350m:	4:26.62 34.50
	100m:	1:07.49 35.71	200m:	2:25.68	38.41	300m:	3:52.12 43.55	400m:	4:59.77 33.15
3.	Ulbrich Nicole		91	SC Empor Rostock 2000				5:06.41	677
	50m:	32.33 32.33	150m:	1:48.01	38.51	250m:	3:09.32 42.88	350m:	4:30.12 37.12
	100m:	1:09.50 37.17	200m:	2:26.44	38.43	300m:	3:53.00 43.68	400m:	5:06.41 36.29
4.	Zachoszcz Joanna		93	Znicz Koszalin				5:08.48	663
	50m:	32.84 32.84	150m:	1:50.12	39.96	250m:	3:10.69 41.69	350m:	4:31.37 38.37
	100m:	1:10.16 37.32	200m:	2:29.00	38.88	300m:	3:53.00 42.31	400m:	5:08.48 37.11
5.	Wikie ³ Manuela Ss		92	USKS Ostro ³ êka				5:11.57	644
	50m:	33.80 33.80	150m:	1:52.46	39.90	250m:	3:16.53 43.99	350m:	4:36.90 34.95
	100m:	1:12.56 38.76	200m:	2:32.54	40.08	300m:	4:01.95 45.42	400m:	5:11.57 34.67
6.	Lewińska Karolina So		93	UKP Unia Oœwiêcim SMS O				5:16.39	615
	50m:	33.34 33.34	150m:	1:55.13	42.12	250m:	3:17.47 41.47	350m:	4:38.88 39.09
	100m:	1:13.01 39.67	200m:	2:36.00	40.87	300m:	3:59.79 42.32	400m:	5:16.39 37.51
7.	Podlecka Agnieszka Ss		94	MKP Szczecin				5:18.74	601
	50m:	34.11 34.11	150m:	1:53.84	39.69	250m:	3:20.33 47.79	350m:	4:43.27 36.26
	100m:	1:14.15 40.04	200m:	2:32.54	38.70	300m:	4:07.01 46.68	400m:	5:18.74 35.47
8.	Mendowska Katarzyna		94	Warta Poznań				5:20.56	591
	50m:	33.82 33.82	150m:	1:54.55	41.02	250m:	3:21.02 46.43	350m:	4:44.60 36.29
	100m:	1:13.53 39.71	200m:	2:34.59	40.04	300m:	4:08.31 47.29	400m:	5:20.56 35.96
9.	Ko ³ acz Vivienne Ss		91	MKP Szczecin				5:25.51	565
	50m:	34.37 34.37	150m:			250m:	3:22.11 45.07	350m:	4:47.69 39.56
	100m:	1:14.38 40.01	200m:	2:37.04		300m:	4:08.13 46.02	400m:	5:25.51 37.82
10.	Wiceniowska Magdalena		93	Posnania Poznań				5:25.63	564
	50m:	35.31 35.31	150m:	1:58.27	41.33	250m:	3:23.19 45.26	350m:	4:47.73 38.68
	100m:	1:16.94 41.63	200m:	2:37.93	39.66	300m:	4:09.05 45.86	400m:	5:25.63 37.90
11.	Rybicka Pamela		94	MTS Kwidzyn				5:30.30	540
	50m:	33.90 33.90	150m:	1:54.97	41.97	250m:	3:24.56 48.07	350m:	5:30.30 1:17.16
	100m:	1:13.00 39.10	200m:	2:36.49	41.52	300m:	4:13.14 48.58	400m:	5:30.30
12.	Maciupa Kinga		94	MKP Szczecin				5:34.91	518
	50m:	36.01 36.01	150m:	1:58.64	40.84	250m:	3:27.05 47.84	350m:	4:55.96 41.24
	100m:	1:17.80 41.79	200m:	2:39.21	40.57	300m:	4:14.72 47.67	400m:	5:34.91 38.95
13.	Kozakiewicz Marta		90	Juvenia Bia ³ ystok				5:38.19	503
	50m:	34.22 34.22	150m:	1:57.02	42.27	250m:	3:28.12 50.59	350m:	4:59.60 39.77
	100m:	1:14.75 40.53	200m:	2:37.53	40.51	300m:	4:19.83 51.71	400m:	5:38.19 38.59
14.	Ciecelak Katarzyna		94	Posnania Poznań				5:47.47	464
	50m:	38.51 38.51	150m:	2:09.31	45.09	250m:	3:38.16 45.12	350m:	5:06.85 42.66
	100m:	1:24.22 45.71	200m:	2:53.04	43.73	300m:	4:24.19 46.03	400m:	5:47.47 40.62