

Zimowe Mistrzostwa Polski Seniorów i Młodzieżowców 19 - 20 lat
Gorzów Wlkp., 27. - 30.11.2008

Konkurencja 10
27.11.2008

Mężczyzn, 400m dowolny

Open
Wyniki Fina³

Top Times "Poland"	3:38.20	KORZENIOWSKI, Pawe ³	POL	Trieste (ITA)	08.12.2005
Minimum ME Rijeka	3:44.19	,			

Punkty: FINA 2008

Pozycja			Rok ur.					Czas	Pkt.	
Fina ³ A										
1.	PIŃTKOWSKI, Mateusz SO		90	UKP Unia Oświęcim				3:48.88	862	
	50m:	26.30 26.30	150m:	1:23.61	28.97	250m:	2:21.40	28.67	350m:	3:19.91 29.28
	100m:	54.64 28.34	200m:	1:52.73	29.12	300m:	2:50.63	29.23	400m:	3:48.88 28.97
2.	RURAK, Pawe ³		88	AZS-AWF Warszawa				3:50.55	844	
	50m:	26.64 26.64	150m:	1:24.21	29.06	250m:	2:22.73	29.32	350m:	3:21.45 29.48
	100m:	55.15 28.51	200m:	1:53.41	29.20	300m:	2:51.97	29.24	400m:	3:50.55 29.10
3.	OTŁOWSKI, Aleksy SK		91	MUKP Warszawianka				3:51.87	829	
	50m:	27.00 27.00	150m:	1:25.48	29.46	250m:	2:24.99	29.75	350m:	3:23.74 29.03
	100m:	56.02 29.02	200m:	1:55.24	29.76	300m:	2:54.71	29.72	400m:	3:51.87 28.13
4.	PIELOWSKI, Krzysztof		91	MTP Kormoran Olsztyn				3:52.32	825	
	50m:	27.40 27.40	150m:	1:25.92	29.35	250m:	2:24.77	29.20	350m:	3:23.62 29.42
	100m:	56.57 29.17	200m:	1:55.57	29.65	300m:	2:54.20	29.43	400m:	3:52.32 28.70
5.	PIEKUT, Krzysztof		90	MTP Kormoran Olsztyn				3:52.40	824	
	50m:	27.32 27.32	150m:	1:25.81	29.38	250m:	2:24.91	29.58	350m:	3:24.26 29.59
	100m:	56.43 29.11	200m:	1:55.33	29.52	300m:	2:54.67	29.76	400m:	3:52.40 28.14
6.	GILSKI, Pawe ³		90	MTP Kormoran Olsztyn				3:53.92	808	
	50m:	26.78 26.78	150m:	1:25.11	29.47	250m:	2:24.80	29.75	350m:	3:24.91 30.10
	100m:	55.64 28.86	200m:	1:55.05	29.94	300m:	2:54.81	30.01	400m:	3:53.92 29.01
7.	HURA, Bartosz		91	MTP Kormoran Olsztyn				3:54.74	799	
	50m:	27.26 27.26	150m:	1:25.51	29.24	250m:	2:25.06	29.74	350m:	3:25.19 30.12
	100m:	56.27 29.01	200m:	1:55.32	29.81	300m:	2:55.07	30.01	400m:	3:54.74 29.55
8.	BOROWICZ SKONECZNY, Sylwester		92	MTP Kormoran Olsztyn				3:55.78	789	
	50m:	27.41 27.41	150m:	1:26.30	29.53	250m:	2:25.62	29.74	350m:	3:25.46 30.06
	100m:	56.77 29.36	200m:	1:55.88	29.58	300m:	2:55.40	29.78	400m:	3:55.78 30.32