

Konkurencja 27
29.11.2008

Kobiet, 400m dowolny

Open
Wyniki Eliminacje

Top Times "Poland"	4:05.77	BARZYCKA, Paulina	AZWAR	Gorzów	26.11.2005
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Punkty: FINA 2008

Pozycja			Rok ur.					Czas	Pkt.		
1.	GAWEŁCZYK, Dominika SK		91	AZS AWF Katowice				4:18.24	801 A		
	50m:	29.50 29.50	150m:	1:33.93	32.35	250m:	2:39.42	32.69	350m:	3:45.53	33.18
	100m:	1:01.58 32.08	200m:	2:06.73	32.80	300m:	3:12.35	32.93	400m:	4:18.24	32.71
2.	OLCZAK, Mirela		93	MKP S ³ owianka Gorzów Wlkp.				4:20.69	779 A		
	50m:	30.48 30.48	150m:	1:36.38	32.98	250m:	2:42.53	32.93	350m:	3:48.44	32.64
	100m:	1:03.40 32.92	200m:	2:09.60	33.22	300m:	3:15.80	33.27	400m:	4:20.69	32.25
3.	SZCZEPANIAK, Karolina		92	AZS-AWF Warszawa				4:21.55	771 A		
	50m:	30.54 30.54	150m:	1:37.60	33.80	250m:	2:45.14	34.03	350m:	3:50.82	31.71
	100m:	1:03.80 33.26	200m:	2:11.11	33.51	300m:	3:19.11	33.97	400m:	4:21.55	30.73
4.	BERNAT, Aleksandra SP		90	KS Warta Poznań				4:21.73	770 A		
	50m:	30.39 30.39	150m:	1:36.13	33.06	250m:	2:42.45	33.28	350m:	3:49.52	33.51
	100m:	1:03.07 32.68	200m:	2:09.17	33.04	300m:	3:16.01	33.56	400m:	4:21.73	32.21
5.	MAJDA, Aleksandra		90	WKS ŒI ³ sk Wroc ³ aw				4:22.30	765 A		
	50m:	29.61 29.61	150m:	1:34.61	32.73	250m:	2:41.65	33.69	350m:	3:49.76	34.00
	100m:	1:01.88 32.27	200m:	2:07.96	33.35	300m:	3:15.76	34.11	400m:	4:22.30	32.54
6.	KAMIŃSKA, Aleksandra SK		92	MKS Polonia Warszawa				4:22.37	764 A		
	50m:	30.03 30.03	150m:	1:35.06	32.73	250m:	2:41.97	33.65	350m:	3:49.53	33.81
	100m:	1:02.33 32.30	200m:	2:08.32	33.26	300m:	3:15.72	33.75	400m:	4:22.37	32.84
7.	WIKIEŁ, Manuela SS		92	UŒKS Ostro ³ êka				4:23.44	755 A		
	50m:	30.38 30.38	150m:	1:36.32	33.53	250m:	2:43.43	33.60	350m:	3:50.17	33.36
	100m:	1:02.79 32.41	200m:	2:09.83	33.51	300m:	3:16.81	33.38	400m:	4:23.44	33.27
8.	UKOWSKA, Paula SZG		93	MKS Zryw Opole				4:24.36	747 A		
	50m:	31.50 31.50	150m:	1:38.13	33.52	250m:	2:44.70	32.57	350m:	3:51.00	33.50
	100m:	1:04.61 33.11	200m:	2:12.13	34.00	300m:	3:17.50	32.80	400m:	4:24.36	33.36
9.	CISOWSKA, Aleksandra		89	KS AZS-AGH Kraków				4:25.78	735 R		
	50m:	31.78 31.78	150m:	1:39.61	33.77	250m:	2:45.94	32.86	350m:	3:52.71	33.89
	100m:	1:05.84 34.06	200m:	2:13.08	33.47	300m:	3:18.82	32.88	400m:	4:25.78	33.07
10.	PODMAJSTRZY, Joanna		93	SKS 137 Delfin Łódz				4:28.15	716 R		
	50m:	30.17 30.17	150m:	1:37.58	34.08	250m:	2:46.65	34.36	350m:	3:55.80	34.75
	100m:	1:03.50 33.33	200m:	2:12.29	34.71	300m:	3:21.05	34.40	400m:	4:28.15	32.35
11.	JACKOWSKA, Adrianna		93	MUKP Warszawianka				4:28.22	715		
	50m:	30.71 30.71	150m:	1:37.57	33.82	250m:	2:45.95	33.92	350m:	3:54.69	34.30
	100m:	1:03.75 33.04	200m:	2:12.03	34.46	300m:	3:20.39	34.44	400m:	4:28.22	33.53
12.	PYSZKA, Alicja SK		93	MKS Jordan Kraków				4:28.52	713		
	50m:	30.82 30.82	150m:	1:38.08	34.06	250m:	2:46.96	34.57	350m:	3:55.53	34.27
	100m:	1:04.02 33.20	200m:	2:12.39	34.31	300m:	3:21.26	34.30	400m:	4:28.52	32.99
13.	PO ³ AROWSZCZYK, Beata		91	WKS ŒI ³ sk Wroc ³ aw				4:29.12	708		
	50m:	30.69 30.69	150m:	1:36.57	33.31	250m:	2:44.10	33.96	350m:	3:53.94	35.13
	100m:	1:03.26 32.57	200m:	2:10.14	33.57	300m:	3:18.81	34.71	400m:	4:29.12	35.18
14.	MIAŁKA, Monika		89	MUKP Warszawianka				4:29.31	707		
	50m:	30.83 30.83	150m:	1:38.01	33.80	250m:	2:46.09	34.04	350m:	3:54.96	34.26
	100m:	1:04.21 33.38	200m:	2:12.05	34.04	300m:	3:20.70	34.61	400m:	4:29.31	34.35
15.	BUKSZOWANA, Malwina		81	MKP Szczecin				4:29.38	706		
	50m:	31.46 31.46	150m:	1:38.93	33.89	250m:	2:47.08	34.18	350m:	3:55.85	34.62
	100m:	1:05.04 33.58	200m:	2:12.90	33.97	300m:	3:21.23	34.15	400m:	4:29.38	33.53
16.	KUZAWIŃSKA, Karolina		93	KP MZOS P ³ ock				4:29.68	704		
	50m:	30.56 30.56	150m:	1:37.07	33.88	250m:	2:45.68	34.28	350m:	3:55.89	35.31
	100m:	1:03.19 32.63	200m:	2:11.40	34.33	300m:	3:20.58	34.90	400m:	4:29.68	33.79
17.	MAŃCZAK, Agata		94	MUKS Piętnastka AQUA Bydgoszcz				4:29.79	703		
	50m:	31.23 31.23	150m:	1:38.29	33.57	250m:	2:46.53	34.12	350m:	3:56.18	34.76
	100m:	1:04.72 33.49	200m:	2:12.41	34.12	300m:	3:21.42	34.89	400m:	4:29.79	33.61

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Pozycja				Rok ur.				Czas	Pkt.
18.	PAWLACZEK, Natalia SZG			93	MKS Zryw Opole			4:29.83	703
	50m:	30.83	30.83	150m:	1:37.41	33.43	250m:	2:45.37	34.02
	100m:	1:03.98	33.15	200m:	2:11.35	33.94	300m:	3:20.25	34.88
							350m:	3:54.70	34.45
							400m:	4:29.83	35.13
19.	MAZUR, Sara			93	MKS Jordan Kraków			4:31.99	686
	50m:	30.35	30.35	150m:	1:38.08	34.37	250m:	2:48.03	35.18
	100m:	1:03.71	33.36	200m:	2:12.85	34.77	300m:	3:23.08	35.05
							350m:	3:58.25	35.17
							400m:	4:31.99	33.74
20.	PIETRZAK, Sandra			89	AZS AWF Katowice			4:33.23	677
	50m:	32.20	32.20	150m:	1:40.35	34.16	250m:	2:49.34	34.57
	100m:	1:06.19	33.99	200m:	2:14.77	34.42	300m:	3:23.83	34.49
							350m:	3:58.38	34.55
							400m:	4:33.23	34.85
21.	BISKUPSKA, Alina			88	AZS-AWF Wroc ³ aw			4:34.55	667
	50m:	32.05	32.05	150m:	1:41.14	34.68	250m:	2:50.89	34.76
	100m:	1:06.46	34.41	200m:	2:16.13	34.99	300m:	3:25.77	34.88
							350m:	4:00.68	34.91
							400m:	4:34.55	33.87
22.	STAWICKA, Joanna			93	MKS Zryw Opole			4:35.40	661
	50m:	31.49	31.49	150m:	1:39.46	34.45	250m:	2:49.96	35.41
	100m:	1:05.01	33.52	200m:	2:14.55	35.09	300m:	3:25.72	35.76
							350m:	4:01.44	35.72
							400m:	4:35.40	33.96
23.	KAWECKA, Anna			92	SL Salos-Cortile Kielce			4:35.50	660
	50m:	30.86	30.86	150m:	1:38.16	34.07	250m:	2:48.71	35.79
	100m:	1:04.09	33.23	200m:	2:12.92	34.76	300m:	3:25.17	36.46
							350m:	4:00.73	35.56
							400m:	4:35.50	34.77
24.	SMÓL, Magdalena			94	MUKS Piętnastka AQUA Bydgoszcz			4:35.97	657
	50m:	31.74	31.74	150m:	1:41.06	34.93	250m:	2:50.95	35.04
	100m:	1:06.13	34.39	200m:	2:15.91	34.85	300m:	3:26.13	35.18
							350m:	4:01.89	35.76
							400m:	4:35.97	34.08
25.	RACHWAŁ, Helena			88	KS AZS AWF Poznań			4:36.26	655
	50m:	30.72	30.72	150m:	1:38.47	34.09	250m:	2:48.80	35.43
	100m:	1:04.38	33.66	200m:	2:13.37	34.90	300m:	3:24.89	36.09
							350m:	4:00.77	35.88
							400m:	4:36.26	35.49
26.	RUTKOWSKA, Paulina SG			90	KS Olimpijczyk Suwa ³ ki			4:36.34	654
	50m:	32.39	32.39	150m:	1:41.26	34.71	250m:	2:51.47	35.16
	100m:	1:06.55	34.16	200m:	2:16.31	35.05	300m:	3:26.94	35.47
							350m:	4:02.56	35.62
							400m:	4:36.34	33.78
27.	SĘDŁAK, Katarzyna			94	UKS Orka Zamoc ³ æ			4:36.73	651
	50m:	31.29	31.29	150m:	1:40.63	34.84	250m:	2:51.82	35.88
	100m:	1:05.79	34.50	200m:	2:15.94	35.31	300m:	3:27.16	35.34
							350m:	4:03.01	35.85
							400m:	4:36.73	33.72
28.	BOŹYM, Katarzyna			90	UKS Toliborz Warszawa			4:37.06	649
	50m:	32.38	32.38	150m:	1:40.66	34.41	250m:	2:50.89	35.22
	100m:	1:06.25	33.87	200m:	2:15.67	35.01	300m:	3:26.72	35.83
							350m:	4:02.52	35.80
							400m:	4:37.06	34.54
29.	POZORSKA, Agata			94	MUKS Piętnastka AQUA Bydgoszcz			4:39.40	633
	50m:	31.74	31.74	150m:	1:41.88	35.60	250m:	2:53.25	35.74
	100m:	1:06.28	34.54	200m:	2:17.51	35.63	300m:	3:29.15	35.90
							350m:	4:04.59	35.44
							400m:	4:39.40	34.81
30.	MENDOWSKA, Katarzyna			94	KS Warta Poznań			4:39.96	629
	50m:	31.59	31.59	150m:	1:41.66	35.27	250m:	2:53.45	35.77
	100m:	1:06.39	34.80	200m:	2:17.68	36.02	300m:	3:29.69	36.24
							350m:	4:05.61	35.92
							400m:	4:39.96	34.35
31.	TROJANOWSKA, Kinga			95	EKS Skra Be ³ chatów			4:40.00	629
	50m:	31.74	31.74	150m:	1:42.04	35.87	250m:	2:53.49	35.62
	100m:	1:06.17	34.43	200m:	2:17.87	35.83	300m:	3:29.25	35.76
							350m:	4:05.00	35.75
							400m:	4:40.00	35.00
32.	LIPIŃSKA, Ma ³ gorzata			93	KSZO Ostrowiec Œw.			4:40.92	623
	50m:	31.35	31.35	150m:	1:41.30	35.46	250m:	2:53.33	36.39
	100m:	1:05.84	34.49	200m:	2:16.94	35.64	300m:	3:29.52	36.19
							350m:	4:05.61	36.09
							400m:	4:40.92	35.31
33.	NEUMAN, Martyna			91	MKP S ³ owianka Gorzów Wlkp.			4:41.26	620
	50m:	31.58	31.58	150m:	1:41.43	35.16	250m:	2:52.98	35.99
	100m:	1:06.27	34.69	200m:	2:16.99	35.56	300m:	3:29.04	36.06
							350m:	4:05.55	36.51
							400m:	4:41.26	35.71
34.	ZYGA, Paulina			94	UKS Nawa Skierniewice			4:48.24	576
	50m:	32.59	32.59	150m:	1:45.25	36.61	250m:	2:59.51	37.14
	100m:	1:08.64	36.05	200m:	2:22.37	37.12	300m:	3:36.33	36.82
							350m:	4:13.18	36.85
							400m:	4:48.24	35.06
35.	BURZYŃSKA, Iga			94	UKS Nawa Skierniewice			4:49.57	568
	50m:	32.46	32.46	150m:	1:45.08	37.05	250m:	2:59.51	37.05
	100m:	1:08.03	35.57	200m:	2:22.46	37.38	300m:	3:36.80	37.29
							350m:	4:14.11	37.31
							400m:	4:49.57	35.46

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Pozycja			Rok ur.					Czas	Pkt.			
36.	LEWANDOWSKA, Agata		93	BUKS Warszawa				4:50.37	564			
	50m:	32.86	32.86	150m:	1:45.34	36.82	250m:	2:59.91	37.28	350m:	4:14.50	37.23
	100m:	1:08.52	35.66	200m:	2:22.63	37.29	300m:	3:37.27	37.36	400m:	4:50.37	35.87
37.	AK, Katarzyna		95	EKS Skra Be ³ chatów				4:53.94	543			
	50m:	32.04	32.04	150m:	1:44.79	37.25	250m:	3:00.61	38.25	350m:	4:17.12	38.16
	100m:	1:07.54	35.50	200m:	2:22.36	37.57	300m:	3:38.96	38.35	400m:	4:53.94	36.82
38.	ZAKRZEWSKA, Katarzyna		92	MUKS Olimpijczyk Suwa ³ ki				4:56.34	530			
	50m:	32.96	32.96	150m:	1:46.60	37.22	250m:	3:02.52	38.18	350m:	4:19.01	38.54
	100m:	1:09.38	36.42	200m:	2:24.34	37.74	300m:	3:40.47	37.95	400m:	4:56.34	37.33
39.	SZUMIGAJ, Karolina		89	AZS AWF Katowice				5:04.38	489			
	50m:	33.36	33.36	150m:	1:47.64	37.75	250m:	3:05.19	39.35	350m:	4:25.29	40.32
	100m:	1:09.89	36.53	200m:	2:25.84	38.20	300m:	3:44.97	39.78	400m:	5:04.38	39.09