

Konkurencja 27  
29.11.2008

Kobiet, 400m dowolny

Open  
Wyniki Fina<sup>3</sup>

Top Times "Poland" 4:05.77 BARZYCKA, Paulina AZWAR Gorzów 26.11.2005

Punkty: FINA 2008

Pozycja			Rok ur.					Czas	Pkt.			
Fina <sup>3</sup> A												
1.	OLCZAK, Mirela		93	MKP S <sup>3</sup> owianka Gorzów Wlkp.				<b>4:13.34</b>	849			
	<i>Rekord Polski 15 lat</i>											
	50m:	29.34	29.34	150m:	1:33.31	32.29	250m:	2:38.03	32.34	350m:	3:42.31	32.13
	100m:	1:01.02	31.68	200m:	2:05.69	32.38	300m:	3:10.18	32.15	400m:	4:13.34	31.03
2.	GAWEŁCZYK, Dominika SK		91	AZS AWF Katowice				<b>4:15.35</b>	829			
	50m:	29.04	29.04	150m:	1:32.43	31.99	250m:	2:37.58	32.62	350m:	3:43.26	32.94
	100m:	1:00.44	31.40	200m:	2:04.96	32.53	300m:	3:10.32	32.74	400m:	4:15.35	32.09
3.	BERNAT, Aleksandra SP		90	KS Warta Poznań				<b>4:15.40</b>	828			
	50m:	29.63	29.63	150m:	1:33.96	32.50	250m:	2:38.76	32.32	350m:	3:44.08	32.82
	100m:	1:01.46	31.83	200m:	2:06.44	32.48	300m:	3:11.26	32.50	400m:	4:15.40	31.32
4.	SZCZEPANIAK, Karolina		92	AZS-AWF Warszawa				<b>4:15.54</b>	827			
	50m:	29.65	29.65	150m:	1:34.54	33.08	250m:	2:40.39	32.79	350m:	3:44.92	31.66
	100m:	1:01.46	31.81	200m:	2:07.60	33.06	300m:	3:13.26	32.87	400m:	4:15.54	30.62
5.	MAJDA, Aleksandra		90	WKS Œi <sup>3</sup> sk Wroc <sup>3</sup> aw				<b>4:16.40</b>	819			
	50m:	29.77	29.77	150m:	1:34.30	32.66	250m:	2:40.06	32.61	350m:	3:44.96	32.24
	100m:	1:01.64	31.87	200m:	2:07.45	33.15	300m:	3:12.72	32.66	400m:	4:16.40	31.44
6.	UKOWSKA, Paula SZG		93	MKS Zryw Opole				<b>4:17.35</b>	810			
	50m:	30.17	30.17	150m:	1:34.95	32.66	250m:	2:39.93	32.00	350m:	3:45.15	32.40
	100m:	1:02.29	32.12	200m:	2:07.93	32.98	300m:	3:12.75	32.82	400m:	4:17.35	32.20
7.	KAMIŃSKA, Aleksandra SK		92	MKS Polonia Warszawa				<b>4:20.96</b>	777			
	50m:	30.07	30.07	150m:	1:34.61	32.61	250m:	2:40.72	33.14	350m:	3:47.90	33.60
	100m:	1:02.00	31.93	200m:	2:07.58	32.97	300m:	3:14.30	33.58	400m:	4:20.96	33.06
8.	WIKIEŁ, Manuela SS		92	UCEKS Ostro <sup>3</sup> eka				<b>4:23.66</b>	753			
	50m:	30.08	30.08	150m:	1:35.16	32.99	250m:	2:42.08	33.41	350m:	3:50.42	34.05
	100m:	1:02.17	32.09	200m:	2:08.67	33.51	300m:	3:16.37	34.29	400m:	4:23.66	33.24