

Konkurencja 38
30.11.2008

Kobiet, 400m zmienny

Open
Wyniki Fina³

Top Times "Poland"	4:31.89	BARANOWSKA, Katarzyna	MKSZC	Debrecen (HUN)	16.12.2007
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Punkty: FINA 2008

Pozycja		Rok ur.						Czas	Pkt.
Fina³ A									
1.	SZCZEPANIAK, Karolina	92	AZS-AWF Warszawa					4:42.96	859
	50m: 29.94 29.94	150m: 1:39.42	35.62	250m: 2:56.41	41.60	350m: 4:10.56		32.88	
	100m: 1:03.80 33.86	200m: 2:14.81	35.39	300m: 3:37.68	41.27	400m: 4:42.96		32.40	
2.	ŃOŁNOWSKA, Katarzyna	90	KP MZOS P ³ ock					4:48.42	812
	50m: 30.56 30.56	150m: 1:41.60	36.13	250m: 2:59.76	40.80	350m: 4:15.34		33.51	
	100m: 1:05.47 34.91	200m: 2:18.96	37.36	300m: 3:41.83	42.07	400m: 4:48.42		33.08	
3.	ŃUKOWSKA, Paula SZG	93	MKS Zryw Opole					4:51.81	784
	50m: 30.87 30.87	150m: 1:42.88	37.25	250m: 3:00.81	41.38	350m: 4:18.35		34.66	
	100m: 1:05.63 34.76	200m: 2:19.43	36.55	300m: 3:43.69	42.88	400m: 4:51.81		33.46	
4.	STASZKIEWICZ, Katarzyna	90	WKS ŐEI ¹ sk Wroc ³ aw					4:54.22	765
	50m: 30.95 30.95	150m: 1:46.04	38.57	250m: 3:05.38	42.02	350m: 4:21.59		34.39	
	100m: 1:07.47 36.52	200m: 2:23.36	37.32	300m: 3:47.20	41.82	400m: 4:54.22		32.63	
5.	CZERNIAK, Monika SK	92	Bobry D ^ę bica					4:55.86	752
	50m: 31.40 31.40	150m: 1:44.80	36.95	250m: 3:03.74	42.06	350m: 4:21.36		35.20	
	100m: 1:07.85 36.45	200m: 2:21.68	36.88	300m: 3:46.16	42.42	400m: 4:55.86		34.50	
6.	DRAB, Magdalena SK	92	Trójka Cz ^ę stochowa					4:57.81	737
	50m: 31.70 31.70	150m: 1:46.06	37.98	250m: 3:05.51	41.15	350m: 4:23.56		35.58	
	100m: 1:08.08 36.38	200m: 2:24.36	38.30	300m: 3:47.98	42.47	400m: 4:57.81		34.25	
7.	MAZUREK, Karolina	89	KS AZS-AGH Kraków					4:59.12	728
	50m: 31.13 31.13	150m: 1:45.41	38.29	250m: 3:05.90	41.51	350m: 4:24.30		35.53	
	100m: 1:07.12 35.99	200m: 2:24.39	38.98	300m: 3:48.77	42.87	400m: 4:59.12		34.82	
8.	SIKORA, Paulina SO	93	UKP Unia O ^o ewi ^ę cim					5:03.60	696
	50m: 31.77 31.77	150m: 1:47.43	39.31	250m: 3:09.51	43.69	350m: 4:29.08		35.96	
	100m: 1:08.12 36.35	200m: 2:25.82	38.39	300m: 3:53.12	43.61	400m: 5:03.60		34.52	