

Zimowe Mistrzostwa Polski Juniorów M<sup>3</sup>odszych 14 lat  
Gorzów Wlkp., 16. - 18.1.2009

Konkurencja 11  
2009-01-16

Dziewcz<sup>1</sup>t, 400m zmienny

14 lat

Wyniki Eliminacje

Top Times "Poland"14 4:57.31 SZCZEPANIAK Karolina POL Gorzów Wlkp. 1999-03-01  
Punkty: FINA 2008

Pozycja			Wiek					Czas	Pkt.
1.	SZMAGALSKA Agata		14	MKP S <sup>3</sup> owianka Gorzów Wlkp.				<b>5:08.02</b>	666 A
	50m:	31.69 31.69	150m:	1:47.16	39.03	250m:	3:10.15 44.69	350m:	4:31.09 36.73
	100m:	1:08.13 36.44	200m:	2:25.46	38.30	300m:	3:54.36 44.21	400m:	5:08.02 36.93
2.	CHWADECZKO Zuzanna		14	UTS Orlik Lublin				<b>5:11.86</b>	642 A
	50m:	32.48 32.48	150m:	1:50.82	39.54	250m:	3:13.76 43.29	350m:	4:36.84 37.03
	100m:	1:11.28 38.80	200m:	2:30.47	39.65	300m:	3:59.81 46.05	400m:	5:11.86 35.02
3.	MIKOŁAJCZAK Anna		14	UKS 1-Solex Lębork				<b>5:19.40</b>	598 A
	50m:	32.20 32.20	150m:	1:51.91	40.77	250m:	3:18.27 44.86	350m:	4:42.57 38.70
	100m:	1:11.14 38.94	200m:	2:33.41	41.50	300m:	4:03.87 45.60	400m:	5:19.40 36.83
4.	BARTOSZEWICZ EWELINA		14	MUKS Olimpijczyk Suwa <sup>3</sup> ki				<b>5:21.23</b>	587 A
	50m:	33.17 33.17	150m:	1:54.47	43.17	250m:	3:22.52 45.64	350m:	4:45.78 36.92
	100m:	1:11.30 38.13	200m:	2:36.88	42.41	300m:	4:08.86 46.34	400m:	5:21.23 35.45
5.	MARCINIAK Paula		14	UKS "Pi <sup>1</sup> tka" Konstantynów				<b>5:21.36</b>	587 A
	50m:	34.52 34.52	150m:	1:54.17	39.41	250m:	3:20.44 47.20	350m:	4:45.18 37.76
	100m:	1:14.76 40.24	200m:	2:33.24	39.07	300m:	4:07.42 46.98	400m:	5:21.36 36.18
6.	RUTKOWSKA Daria		14	MKP S <sup>3</sup> owianka Gorzów Wlkp.				<b>5:22.97</b>	578 A
	50m:	34.24 34.24	150m:	1:53.80	41.75	250m:	3:20.59 46.26	350m:	4:46.54 37.08
	100m:	1:12.05 37.81	200m:	2:34.33	40.53	300m:	4:09.46 48.87	400m:	5:22.97 36.43
7.	SZELĘG Karolina		14	KSZO Ostrowiec C <sup>1</sup> ew.				<b>5:23.63</b>	574 A
	50m:	34.55 34.55	150m:	1:56.27	41.87	250m:	3:20.56 44.36	350m:	4:45.79 38.76
	100m:	1:14.40 39.85	200m:	2:36.20	39.93	300m:	4:07.03 46.47	400m:	5:23.63 37.84
8.	MUSIAŁ Natalia SO		14	UKP Unia Oc <sup>1</sup> ewi <sup>1</sup> cim				<b>5:25.95</b>	562 A
	50m:	33.87 33.87	150m:	1:54.22	41.37	250m:	3:23.47 48.20	350m:	4:48.90 37.26
	100m:	1:12.85 38.98	200m:	2:35.27	41.05	300m:	4:11.64 48.17	400m:	5:25.95 37.05
9.	RAKOCZY Magdalena		14	AZS AWF Katowice				<b>5:27.34</b>	555 B
	50m:	36.23 36.23	150m:	1:57.22	39.78	250m:	3:24.83 47.18	350m:	4:50.08 38.23
	100m:	1:17.44 41.21	200m:	2:37.65	40.43	300m:	4:11.85 47.02	400m:	5:27.34 37.26
10.	WINIARSKA Dominika		14	WKS Flota Gdynia				<b>5:28.92</b>	547 B
	50m:	34.45 34.45	150m:	1:58.08	41.05	250m:	3:26.91 46.79	350m:	4:52.33 37.02
	100m:	1:17.03 42.58	200m:	2:40.12	42.04	300m:	4:15.31 48.40	400m:	5:28.92 36.59
11.	CZAPLICKA Weronika		14	Orka Sochaczew				<b>5:29.48</b>	544 B
	50m:	33.00 33.00	150m:	1:56.66	45.01	250m:	3:25.50 45.01	350m:	4:50.47 39.02
	100m:	1:11.65 38.65	200m:	2:40.49	43.83	300m:	4:11.45 45.95	400m:	5:29.48 39.01
12.	MAJCHRZAK Angelika		14	MKP S <sup>3</sup> owianka Gorzów Wlkp.				<b>5:29.77</b>	543 B
	50m:	35.35 35.35	150m:	2:01.31	44.06	250m:	3:28.64 44.18	350m:	4:52.48 39.05
	100m:	1:17.25 41.90	200m:	2:44.46	43.15	300m:	4:13.43 44.79	400m:	5:29.77 37.29
13.	KŁOPOCKA Paulina		14	OLIMPIA Lublin				<b>5:31.04</b>	537 B
	50m:	33.98 33.98	150m:	1:55.35	40.58	250m:	3:24.74 46.38	350m:	4:52.35 38.05
	100m:	1:14.77 40.79	200m:	2:38.36	43.01	300m:	4:14.30 49.56	400m:	5:31.04 38.69
14.	ZAJONC Karolina		14	MKS SMS Victoria Racibórz				<b>5:32.01</b>	532 B
	50m:	35.22 35.22	150m:	1:58.90	43.37	250m:	3:27.45 46.25	350m:	4:53.36 39.21
	100m:	1:15.53 40.31	200m:	2:41.20	42.30	300m:	4:14.15 46.70	400m:	5:32.01 38.65
15.	JABŁOŃSKA AGNIESZKA		14	AZS WSG Astoria Bydgoszcz				<b>5:32.21</b>	531 B
	50m:	34.89 34.89	150m:	1:59.77	42.85	250m:	3:27.76 45.93	350m:	4:53.90 39.52
	100m:	1:16.92 42.03	200m:	2:41.83	42.06	300m:	4:14.38 46.62	400m:	5:32.21 38.31
16.	KOWALSKA Klaudia		14	MKS Rokita Brzeg Dolny				<b>5:36.77</b>	510 B
	50m:	34.83 34.83	150m:	2:00.64	42.66	250m:	3:31.90 48.44	350m:	4:59.65 38.30
	100m:	1:17.98 43.15	200m:	2:43.46	42.82	300m:	4:21.35 49.45	400m:	5:36.77 37.12
17.	KUKLA Ma <sup>3</sup> gorzata		14	UKS Jagiellonka Warszawa				<b>5:37.56</b>	506 R
	50m:	38.66 38.66	150m:	2:07.84	46.55	250m:	3:35.27 42.20	350m:	5:01.25 41.63
	100m:	1:21.29 42.63	200m:	2:53.07	45.23	300m:	4:19.62 44.35	400m:	5:37.56 36.31

Zimowe Mistrzostwa Polski Juniorów M<sup>3</sup>odszych 14 lat  
Gorzów Wlkp., 16. - 18.1.2009

Konkurencja 11, Dziewcz<sup>1</sup>t, 400m zmienny, Eliminacje, 14 lat

Pozycja			Wiek				Czas		Pkt.
18.	KAJCA Dagmara	14	KS Górnik Sosnowiec				<b>5:38.46</b>		502 R
	50m: 35.09	35.09	150m: 1:55.14	41.59	250m: 3:24.01	46.89	350m: 4:50.74	39.10	
	100m: 1:13.55	38.46	200m: 2:37.12	41.98	300m: 4:11.64	47.63	400m: 5:38.46	47.72	
19.	RUDKOWSKA SANDRA	14	UKS ĩoliborz Warszawa				<b>5:38.47</b>		502
	50m: 35.40	35.40	150m: 2:01.83	42.64	250m: 3:33.52	48.88	350m: 5:01.83	38.21	
	100m: 1:19.19	43.79	200m: 2:44.64	42.81	300m: 4:23.62	50.10	400m: 5:38.47	36.64	
20.	DRUCIS IGA	14	MUKS Olimpijczyk Suwa <sup>3</sup> ki				<b>5:38.63</b>		501
	50m: 36.09	36.09	150m: 2:00.93	42.33	250m: 3:31.32	49.03	350m: 5:01.04	39.46	
	100m: 1:18.60	42.51	200m: 2:42.29	41.36	300m: 4:21.58	50.26	400m: 5:38.63	37.59	
21.	PIEKARZ Patrycja	14	MKS IKAR Mielec				<b>5:42.00</b>		487
	50m: 35.08	35.08	150m: 2:01.74	46.12	250m: 3:33.49	48.85	350m: 5:03.43	40.51	
	100m: 1:15.62	40.54	200m: 2:44.64	42.90	300m: 4:22.92	49.43	400m: 5:42.00	38.57	
22.	KLIMAS PAULINA	14	MUKS Gilus Mied <sup>3</sup> na				<b>5:43.81</b>		479
	50m: 38.87	38.87	150m: 2:08.88	44.51	250m: 3:38.72	44.61	350m: 5:04.16	40.11	
	100m: 1:24.37	45.50	200m: 2:54.11	45.23	300m: 4:24.05	45.33	400m: 5:43.81	39.65	
23.	PIWOŃSKA MONIKA	14	MTP Kormoran Olsztyn				<b>5:46.92</b>		466
	50m: 34.49	34.49	150m: 2:02.66	44.63	250m: 3:34.35	47.56	350m: 5:04.12	40.47	
	100m: 1:18.03	43.54	200m: 2:46.79	44.13	300m: 4:23.65	49.30	400m: 5:46.92	42.80	
24.	HLEBOWICZ Weronika	14	MKS Jedyńka Łód <sup>3</sup> Ń				<b>5:47.55</b>		464
	50m: 36.31	36.31	150m: 2:04.88	45.71	250m: 3:38.84	49.71	350m: 5:08.89	39.32	
	100m: 1:19.17	42.86	200m: 2:49.13	44.25	300m: 4:29.57	50.73	400m: 5:47.55	38.66	
25.	BILSKA Klaudia	14	AZS AWF Katowice				<b>5:51.26</b>		449
	50m: 36.50	36.50	150m: 2:05.09	43.08	250m: 3:37.44	48.98	350m:		
	100m: 1:22.01	45.51	200m: 2:48.46	43.37	300m: 4:26.33	48.89	400m: 5:51.26		
26.	ŒEWIŒCICKA Aleksandra	14	KS ORZEŁ Elbl <sup>1</sup> g				<b>6:06.13</b>		397
	50m: 41.43	41.43	150m: 2:16.50	45.48	250m: 3:51.28	50.31	350m: 5:24.77	41.95	
	100m: 1:31.02	49.59	200m: 3:00.97	44.47	300m: 4:42.82	51.54	400m: 6:06.13	41.36	