

Zimowe Mistrzostwa Polski Juniorów M³odszych 14 lat
Gorzów Wlkp., 16. - 18.1.2009

Konkurencja 11
2009-01-16

Dziewcz¹t, 400m zmienny

14 lat
Wyniki Fina³

Top Times "Poland"14 4:57.31 SZCZEPANIAK Karolina POL Gorzów Wlkp. 1999-03-01
Punkty: FINA 2008

Pozycja			Wiek					Czas	Pkt.
Fina³ A									
1.	SZMAGALSKA Agata		14	MKP S ³ owianka Gorzów Wlkp.				5:01.42	711
	50m:	31.96 31.96	150m:	1:46.70	38.08	250m:	3:07.87 43.28	350m:	4:28.16 35.86
	100m:	1:08.62 36.66	200m:	2:24.59	37.89	300m:	3:52.30 44.43	400m:	5:01.42 33.26
2.	CHWADECZKO Zuzanna		14	UTS Orlik Lublin				5:08.47	663
	50m:	32.40 32.40	150m:	1:50.49	39.08	250m:	3:13.16 42.90	350m:	4:33.77 35.81
	100m:	1:11.41 39.01	200m:	2:30.26	39.77	300m:	3:57.96 44.80	400m:	5:08.47 34.70
3.	MIKOŁAJCZAK Anna		14	UKS 1-Solex Lębork				5:13.06	635
	50m:	32.99 32.99	150m:	1:51.75	40.44	250m:	3:15.57 44.99	350m:	4:38.47 37.94
	100m:	1:11.31 38.32	200m:	2:30.58	38.83	300m:	4:00.53 44.96	400m:	5:13.06 34.59
4.	SZELĘG Karolina		14	KSZO Ostrowiec Œw.				5:13.37	633
	50m:	33.90 33.90	150m:	1:53.44	40.68	250m:	3:16.70 43.80	350m:	4:39.02 37.05
	100m:	1:12.76 38.86	200m:	2:32.90	39.46	300m:	4:01.97 45.27	400m:	5:13.37 34.35
5.	MARCINIAK Paula		14	UKS "Piłtka" Konstantynów				5:17.74	607
	50m:	34.87 34.87	150m:	1:54.37	40.33	250m:	3:19.60 45.40	350m:	4:42.76 36.66
	100m:	1:14.04 39.17	200m:	2:34.20	39.83	300m:	4:06.10 46.50	400m:	5:17.74 34.98
6.	MUSIAŁ Natalia SO		14	UKP Unia Ocœwiêcim				5:19.24	598
	50m:	34.19 34.19	150m:	1:52.96	40.65	250m:	3:20.08 46.41	350m:	4:43.59 36.75
	100m:	1:12.31 38.12	200m:	2:33.67	40.71	300m:	4:06.84 46.76	400m:	5:19.24 35.65
7.	BARTOSZEWICZ EWELINA		14	MUKS Olimpijczyk Suwa ³ ki				5:23.07	577
	50m:	33.09 33.09	150m:	1:55.01	43.14	250m:	3:22.88 45.68	350m:	4:46.95 36.90
	100m:	1:11.87 38.78	200m:	2:37.20	42.19	300m:	4:10.05 47.17	400m:	5:23.07 36.12
8.	RUTKOWSKA Daria		14	MKP S ³ owianka Gorzów Wlkp.				5:28.93	547
	50m:	33.24 33.24	150m:	1:53.62	42.55	250m:	3:23.39 48.11	350m:	4:51.50 38.09
	100m:	1:11.07 37.83	200m:	2:35.28	41.66	300m:	4:13.41 50.02	400m:	5:28.93 37.43
Fina³ B									
9.	ZAJONC Karolina		14	MKS SMS Victoria Racibórz				5:26.22	561
	50m:	35.43 35.43	150m:	1:58.34	42.43	250m:	3:25.02 45.20	350m:	4:49.27 38.83
	100m:	1:15.91 40.48	200m:	2:39.82	41.48	300m:	4:10.44 45.42	400m:	5:26.22 36.95
10.	RAKOCZY Magdalena		14	AZS AWF Katowice				5:27.32	555
	50m:	35.74 35.74	150m:	1:59.24	41.02	250m:	3:27.36 46.08	350m:	4:51.80 37.36
	100m:	1:18.22 42.48	200m:	2:41.28	42.04	300m:	4:14.44 47.08	400m:	5:27.32 35.52
11.	MAJCHRZAK Angelika		14	MKP S ³ owianka Gorzów Wlkp.				5:28.89	547
	50m:	35.32 35.32	150m:	1:59.80	43.70	250m:	3:27.72 44.10	350m:	4:51.55 38.34
	100m:	1:16.10 40.78	200m:	2:43.62	43.82	300m:	4:13.21 45.49	400m:	5:28.89 37.34
12.	JABŁOŃSKA AGNIESZKA		14	AZS WSG Astoria Bydgoszcz				5:29.56	544
	50m:	36.16 36.16	150m:	2:02.53	42.21	250m:	3:30.29 45.86	350m:	4:53.15 38.09
	100m:	1:20.32 44.16	200m:	2:44.43	41.90	300m:	4:15.06 44.77	400m:	5:29.56 36.41
13.	WINIARSKA Dominika		14	WKS Flota Gdynia				5:30.17	541
	50m:	34.49 34.49	150m:	1:57.09	41.61	250m:	3:25.45 47.64	350m:	4:52.70 38.60
	100m:	1:15.48 40.99	200m:	2:37.81	40.72	300m:	4:14.10 48.65	400m:	5:30.17 37.47
14.	KOWALSKA Klaudia		14	MKS Rokita Brzeg Dolny				5:36.15	513
	50m:	35.92 35.92	150m:	2:42.35	1:26.16	250m:	4:20.82 49.07	350m:	5:36.15 37.56
	100m:	1:16.19 40.27	200m:	3:31.75	49.40	300m:	4:58.59 37.77	400m:	5:36.15
15.	KUKLA Ma ³ gorzata		14	UKS Jagiellonka Warszawa				5:40.27	494
	50m:	38.46 38.46	150m:	2:10.73	46.14	250m:	3:38.45 41.34	350m:	5:03.15 40.58
	100m:	1:24.59 46.13	200m:	2:57.11	46.38	300m:	4:22.57 44.12	400m:	5:40.27 37.12