

Zimowe Mistrzostwa Polski Juniorów M<sup>3</sup>odszych 14 lat  
Gorzów Wlkp., 16. - 18.1.2009

Konkurencja 12  
2009-01-16

Ch<sup>3</sup>opców, 400m zmienny

14 lat  
Wyniki Eliminacje

Top Times "Poland"14 4:39.64 KLIZA Mateusz AVSWI Pu<sup>3</sup>awy 2008-12-06  
Punkty: FINA 2008

Pozycja			Wiek					Czas	Pkt.		
1.	TWAROWSKI Jerzy		14	MKS Jordan Kraków				<b>4:54.33</b>	562 A		
	50m:	30.58 30.58	150m:	1:43.55	38.08	250m:	3:03.18	42.50	350m:	4:20.27	34.57
	100m:	1:05.47 34.89	200m:	2:20.68	37.13	300m:	3:45.70	42.52	400m:	4:54.33	34.06
2.	ŒWIERCZYŃSKI Jakub		14	AZS AWF Katowice				<b>4:54.43</b>	561 A		
	50m:	31.77 31.77	150m:	1:46.85	38.27	250m:	3:04.63	39.82	350m:	4:20.05	34.58
	100m:	1:08.58 36.81	200m:	2:24.81	37.96	300m:	3:45.47	40.84	400m:	4:54.43	34.38
3.	BICE Daniel		14	UKS "G-8" Bilelany Warszawa				<b>4:59.97</b>	531 A		
	50m:	31.04 31.04	150m:	1:46.89	40.02	250m:	3:07.34	41.34	350m:	4:25.74	35.68
	100m:	1:06.87 35.83	200m:	2:26.00	39.11	300m:	3:50.06	42.72	400m:	4:59.97	34.23
4.	ZABOJSZCZ Wojciech SO		14	MUKS Korona Swim Kielce				<b>5:02.34</b>	518 A		
	50m:	30.70 30.70	150m:	1:46.33	38.97	250m:	3:06.16	41.09	350m:	4:26.99	38.51
	100m:	1:07.36 36.66	200m:	2:25.07	38.74	300m:	3:48.48	42.32	400m:	5:02.34	35.35
5.	NACHTMAN Mateusz		14	WKS ŒI <sup>3</sup> sk Wroc <sup>3</sup> aw				<b>5:03.92</b>	510 A		
	50m:	31.82 31.82	150m:	1:48.80	39.57	250m:	3:08.52	41.68	350m:	4:28.55	37.33
	100m:	1:09.23 37.41	200m:	2:26.84	38.04	300m:	3:51.22	42.70	400m:	5:03.92	35.37
6.	JONIEC Artur		14	MOSIR Mys <sup>3</sup> owice				<b>5:04.16</b>	509 A		
	50m:	31.60 31.60	150m:	1:47.26	38.98	250m:	3:10.02	44.09	350m:	4:30.04	35.05
	100m:	1:08.28 36.68	200m:	2:25.93	38.67	300m:	3:54.99	44.97	400m:	5:04.16	34.12
7.	ÆWIEK Kacper		14	MKS Polonia Warszawa				<b>5:06.93</b>	495 A		
	50m:	33.38 33.38	150m:	1:51.34	39.14	250m:	3:13.06	43.35	350m:	4:31.85	34.85
	100m:	1:12.20 38.82	200m:	2:29.71	38.37	300m:	3:57.00	43.94	400m:	5:06.93	35.08
8.	BANACE Hubert		14	KSZO Ostrowiec Œw.				<b>5:07.09</b>	495 A		
	50m:	32.13 32.13	150m:	1:47.96	38.92	250m:	3:11.16	44.83	350m:	4:31.67	36.05
	100m:	1:09.04 36.91	200m:	2:26.33	38.37	300m:	3:55.62	44.46	400m:	5:07.09	35.42
9.	STEFANIAK Jakub		14	UKS Dziewi <sup>3</sup> tka Kalisz				<b>5:08.40</b>	488 B		
	50m:	32.06 32.06	150m:	1:49.46	39.82	250m:	3:13.69	45.06	350m:	4:34.54	35.64
	100m:	1:09.64 37.58	200m:	2:28.63	39.17	300m:	3:58.90	45.21	400m:	5:08.40	33.86
10.	PADZIŃSKI Krzysztof		14	UKS Jagiellonka Warszawa				<b>5:09.81</b>	482 B		
	50m:	32.34 32.34	150m:	1:51.55	40.78	250m:	3:14.47	42.46	350m:	4:33.90	36.39
	100m:	1:10.77 38.43	200m:	2:32.01	40.46	300m:	3:57.51	43.04	400m:	5:09.81	35.91
11.	TOMCZAK Marcin		14	UKS Jagiellonka Warszawa				<b>5:09.92</b>	481 B		
	50m:	30.66 30.66	150m:	1:43.13	36.96	250m:	3:07.27	45.69	350m:	4:33.41	38.94
	100m:	1:06.17 35.51	200m:	2:21.58	38.45	300m:	3:54.47	47.20	400m:	5:09.92	36.51
12.	KRZAK Patryk SO		14	UKP Unia Oœwiêcim				<b>5:10.40</b>	479 B		
	50m:	33.68 33.68	150m:	1:51.21	39.66	250m:	3:14.74	43.72	350m:	4:34.82	36.05
	100m:	1:11.55 37.87	200m:	2:31.02	39.81	300m:	3:58.77	44.03	400m:	5:10.40	35.58
13.	KÊDZIORSKI KRYSZTIAN		14	MUKS Piêtnastka Bydgoszcz				<b>5:10.64</b>	478 B		
	50m:	33.43 33.43	150m:	1:50.10	38.56	250m:	3:13.71	46.26	350m:	4:37.21	36.58
	100m:	1:11.54 38.11	200m:	2:27.45	37.35	300m:	4:00.63	46.92	400m:	5:10.64	33.43
14.	MIKA Kamil		14	AZS AWF Katowice				<b>5:11.25</b>	475 B		
	50m:	33.13 33.13	150m:	1:53.40	41.51	250m:	3:14.76	40.72	350m:	4:34.76	37.28
	100m:	1:11.89 38.76	200m:	2:34.04	40.64	300m:	3:57.48	42.72	400m:	5:11.25	36.49
15.	DOBROGOWSKI ŁUKASZ		14	AZS WSG Astoria Bydgoszcz				<b>5:13.57</b>	465 B		
	50m:	31.68 31.68	150m:	1:51.41	42.23	250m:	3:17.41	44.15	350m:	4:38.60	37.41
	100m:	1:09.18 37.50	200m:	2:33.26	41.85	300m:	4:01.19	43.78	400m:	5:13.57	34.97
16.	BAŁABUCH Krystian		14	Wiking Brzesko				<b>5:14.06</b>	462 B		
	50m:	33.50 33.50	150m:	1:51.23	38.52	250m:	4:00.75	45.24	350m:	5:14.07	37.12
	100m:	1:12.71 39.21	200m:	3:15.51	1:24.28	300m:	4:36.95	36.20	400m:	5:14.06	
17.	CIEŒELIK Grzegorz		14	MKS SMS Victoria Racibórz				<b>5:15.16</b>	458 R		
	50m:	31.75 31.75	150m:	1:50.70	41.69	250m:	3:14.99	42.84	350m:	4:38.73	39.01
	100m:	1:09.01 37.26	200m:	2:32.15	41.45	300m:	3:59.72	44.73	400m:	5:15.16	36.43

Zimowe Mistrzostwa Polski Juniorów M<sup>3</sup>odszych 14 lat  
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Konkurencja 12, Ch<sup>3</sup>opców, 400m zmienny, Eliminacje, 14 lat

Pozycja			Wiek				Czas				Pkt.
18.	KUDŁA Łukasz	14	MOSIR Mys <sup>3</sup> owice				<b>5:16.17</b>				453 R
	50m: 32.42	32.42	150m: 1:50.73	41.06	250m: 3:20.28	47.04	350m: 4:43.73	34.95			
	100m: 1:09.67	37.25	200m: 2:33.24	42.51	300m: 4:08.78	48.50	400m: 5:16.17	32.44			
19.	DĘBROWSKI Daniel	14	UKS Jagiellonka Warszawa				<b>5:17.37</b>				448
	50m: 32.78	32.78	150m: 1:52.95	41.20	250m: 3:18.33	44.57	350m: 4:40.97	37.67			
	100m: 1:11.75	38.97	200m: 2:33.76	40.81	300m: 4:03.30	44.97	400m: 5:17.37	36.40			
20.	ORCZYK Maciej	14	MKS Polonia Warszawa				<b>5:17.60</b>				447
	50m: 32.50	32.50	150m: 1:49.00	37.76	250m: 3:13.32	45.93	350m: 4:39.55	38.70			
	100m: 1:11.24	38.74	200m: 2:27.39	38.39	300m: 4:00.85	47.53	400m: 5:17.60	38.05			
21.	KORNACKI Patryk	14	MKP S <sup>3</sup> owianka Gorzów Wlkp.				<b>5:17.62</b>				447
	50m: 33.18	33.18	150m: 1:52.27	40.43	250m: 3:17.36	45.34	350m: 4:40.92	37.35			
	100m: 1:11.84	38.66	200m: 2:32.02	39.75	300m: 4:03.57	46.21	400m: 5:17.62	36.70			
22.	WTULICH MARIUSZ	14	MTP Kormoran Olsztyn				<b>5:17.69</b>				447
	50m: 32.39	32.39	150m: 1:51.01	40.22	250m: 3:16.85	46.21	350m: 4:40.23	37.48			
	100m: 1:10.79	38.40	200m: 2:30.64	39.63	300m: 4:02.75	45.90	400m: 5:17.69	37.46			
23.	HYDZIK Piotr	14	PUKS Karol Wadowice				<b>5:18.67</b>				443
	50m:		150m: 1:08.58		250m: 2:28.82	39.77	350m: 4:03.71	48.00			
	100m:		200m: 1:49.05	40.47	300m: 3:15.71	46.89	400m: 5:18.67	1:14.96			
24.	SMEJA PATRYK	14	AZS WSG Astoria Bydgoszcz				<b>5:18.76</b>				442
	50m: 33.99	33.99	150m: 1:57.39	42.46	250m: 3:21.36	42.91	350m: 4:43.17	37.98			
	100m: 1:14.93	40.94	200m: 2:38.45	41.06	300m: 4:05.19	43.83	400m: 5:18.76	35.59			
25.	GĘSIOR Aleksander	14	MKS IKAR Mielec				<b>5:19.40</b>				440
	50m: 32.86	32.86	150m: 1:52.42	41.00	250m: 3:18.67	45.48	350m: 4:42.65	37.96			
	100m: 1:11.42	38.56	200m: 2:33.19	40.77	300m: 4:04.69	46.02	400m: 5:19.40	36.75			
26.	TOSIK Szymon	14	UKS "Piłtka" Konstantynów				<b>5:20.16</b>				436
	50m: 35.37	35.37	150m: 1:57.61	41.42	250m: 3:21.24	42.73	350m: 4:43.32	38.03			
	100m: 1:16.19	40.82	200m: 2:38.51	40.90	300m: 4:05.29	44.05	400m: 5:20.16	36.84			
27.	WARZECHA Wiktor	14	MKS Jordan Kraków				<b>5:23.15</b>				424
	50m: 35.37	35.37	150m: 1:59.63	42.19	250m: 3:26.00	45.11	350m: 4:47.96	36.96			
	100m: 1:17.44	42.07	200m: 2:40.89	41.26	300m: 4:11.00	45.00	400m: 5:23.15	35.19			
28.	JAMROŹY Artur	14	AZS AWF Katowice				<b>5:25.59</b>				415
	50m: 33.95	33.95	150m: 1:56.07	41.44	250m: 3:21.56	45.49	350m: 4:46.42	39.04			
	100m: 1:14.63	40.68	200m: 2:36.07	40.00	300m: 4:07.38	45.82	400m: 5:25.59	39.17			
29.	MARCINIAK Konrad	14	KS Posenania				<b>5:28.31</b>				405
	50m: 34.83	34.83	150m: 1:58.68	42.73	250m: 3:24.94	44.94	350m: 4:50.34	39.07			
	100m: 1:15.95	41.12	200m: 2:40.00	41.32	300m: 4:11.27	46.33	400m: 5:28.31	37.97			
30.	SZCZECURA Patryk	14	KSZO Ostrowiec Œw.				<b>5:30.98</b>				395
	50m: 34.73	34.73	150m: 2:01.11	43.69	250m: 3:28.34	44.90	350m: 4:52.89	39.07			
	100m: 1:17.42	42.69	200m: 2:43.44	42.33	300m: 4:13.82	45.48	400m: 5:30.98	38.09			
31.	KUTKOWSKI Michał	14	KS Posenania				<b>5:32.99</b>				388
	50m: 38.66	38.66	150m: 2:05.99	41.23	250m: 3:34.58	46.92	350m: 4:58.85	35.58			
	100m: 1:24.76	46.10	200m: 2:47.66	41.67	300m: 4:23.27	48.69	400m: 5:32.99	34.14			
32.	TRELA Konrad	14	MKS Jordan Kraków				<b>5:33.23</b>				387
	50m: 36.11	36.11	150m: 2:43.95	1:26.67	250m: 4:14.29	45.79	350m:				
	100m: 1:17.28	41.17	200m: 3:28.50	44.55	300m: 4:54.40	40.11	400m: 5:33.23				
33.	POSTULKA Paweł	14	AZS AWF Katowice				<b>5:33.77</b>				385
	50m: 35.27	35.27	150m: 2:01.73	43.95	250m: 3:27.59	42.77	350m: 4:53.56	41.06			
	100m: 1:17.78	42.51	200m: 2:44.82	43.09	300m: 4:12.50	44.91	400m: 5:33.77	40.21			
34.	GŁUCHOWSKI Jędrzej	14	UKP Jedyńka Elbląg				<b>5:37.41</b>				373
	50m: 36.52	36.52	150m: 2:02.49	44.26	250m: 3:33.88	49.33	350m: 5:00.26	39.02			
	100m: 1:18.23	41.71	200m: 2:44.55	42.06	300m: 4:21.24	47.36	400m: 5:37.41	37.15			
35.	MAKOWIEC Kajetan	14	KS AZS AWFIS Gdańsk				<b>5:42.89</b>				355
	50m: 37.52	37.52	150m: 2:07.27	42.14	250m: 3:35.37	46.50	350m: 5:03.44	39.73			
	100m: 1:25.13	47.61	200m: 2:48.87	41.60	300m: 4:23.71	48.34	400m: 5:42.89	39.45			

Zimowe Mistrzostwa Polski Juniorów Młodszych 14 lat  
Gorzów Wlkp., 16. - 18.1.2009

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Konkurencja 12, Ch<sup>3</sup>opców, 400m zmienny, Eliminacje, 14 lat

Pozycja	Wiek								Czas	Pkt.		
36.	GUZIEWICZ Krzysztof								14	KS AZS AWFIS Gdańsk	<b>5:47.28</b>	342
	50m:	36.98	36.98	150m:	2:05.85	45.10	250m:	3:39.37	51.11	350m:	5:09.63	37.99
	100m:	1:20.75	43.77	200m:	2:48.26	42.41	300m:	4:31.64	52.27	400m:	5:47.28	37.65
37.	SANETRA Bart <sup>3</sup> omiej								14	MKS Jordan Kraków	<b>6:07.04</b>	290
	50m:	39.33	39.33	150m:	2:56.71	1:31.93	250m:	4:42.59	53.81	350m:		
	100m:	1:24.78	45.45	200m:	3:48.78	52.07	300m:	5:25.56	42.97	400m:	6:07.04	