

Zimowe Mistrzostwa Polski Juniorów M³odszych 14 lat
Gorzów Wlkp., 16. - 18.1.2009

Konkurencja 12
2009-01-16

Ch³opców, 400m zmienny

14 lat
Wyniki Fina³

Top Times "Poland"14 4:39.64 KLIZA Mateusz AVSWI Pu³awy 2008-12-06

Punkty: FINA 2008

Pozycja			Wiek					Czas	Pkt.	
Fina³ A										
1.	TWAROWSKI Jerzy		14	MKS Jordan Kraków				4:49.58	590	
	50m:	30.28 30.28	150m:	1:43.05	37.86	250m:	3:02.17	41.24	350m:	4:16.60 32.93
	100m:	1:05.19 34.91	200m:	2:20.93	37.88	300m:	3:43.67	41.50	400m:	4:49.58 32.98
2.	ŒWIERCZYŃSKI Jakub		14	AZS AWF Katowice				4:53.81	565	
	50m:	31.40 31.40	150m:	1:46.94	38.28	250m:	3:04.67	39.88	350m:	4:19.34 34.54
	100m:	1:08.66 37.26	200m:	2:24.79	37.85	300m:	3:44.80	40.13	400m:	4:53.81 34.47
3.	ZABOJSZCZ Wojciech SO		14	MUKS Korona Swim Kielce				5:00.36	529	
	50m:	32.01 32.01	150m:	1:49.59	39.89	250m:	3:07.26	38.96	350m:	4:25.52 37.26
	100m:	1:09.70 37.69	200m:	2:28.30	38.71	300m:	3:48.26	41.00	400m:	5:00.36 34.84
4.	JONIEC Artur		14	MOSIR Mys ³ owice				5:02.05	520	
	50m:	31.16 31.16	150m:	1:46.19	39.48	250m:	3:08.89	44.07	350m:	4:28.82 35.55
	100m:	1:06.71 35.55	200m:	2:24.82	38.63	300m:	3:53.27	44.38	400m:	5:02.05 33.23
5.	NACHTMAN Mateusz		14	WKS Œi ³ sk Wroc ³ aw				5:02.90	515	
	50m:	31.64 31.64	150m:	1:48.91	39.41	250m:	3:09.03	41.57	350m:	4:28.69 36.97
	100m:	1:09.50 37.86	200m:	2:27.46	38.55	300m:	3:51.72	42.69	400m:	5:02.90 34.21
6.	BICE Daniel		14	UKS "G-8" Bilelany Warszawa				5:03.15	514	
	50m:	30.91 30.91	150m:	1:47.20	40.66	250m:	3:09.29	42.78	350m:	4:28.97 36.42
	100m:	1:06.54 35.63	200m:	2:26.51	39.31	300m:	3:52.55	43.26	400m:	5:03.15 34.18
7.	ÆWIEK Kacper		14	MKS Polonia Warszawa				5:07.23	494	
	50m:	31.80 31.80	150m:	1:49.01	39.35	250m:	3:10.65	43.02	350m:	4:31.09 35.67
	100m:	1:09.66 37.86	200m:	2:27.63	38.62	300m:	3:55.42	44.77	400m:	5:07.23 36.14
8.	BANACE Hubert		14	KSZO Ostrowiec Œw.				5:08.22	489	
	50m:	32.13 32.13	150m:	1:48.41	38.59	250m:	3:10.52	44.12	350m:	4:32.21 36.98
	100m:	1:09.82 37.69	200m:	2:26.40	37.99	300m:	3:55.23	44.71	400m:	5:08.22 36.01
Fina³ B										
9.	BAŁABUCH Krystian		14	Wiking Brzesko				5:02.36	518	
	50m:	33.50 33.50	150m:	1:51.33	39.84	250m:	3:11.91	41.26	350m:	4:28.85 34.68
	100m:	1:11.49 37.99	200m:	2:30.65	39.32	300m:	3:54.17	42.26	400m:	5:02.36 33.51
10.	KĒDZIORSKI KRYSZTIAN		14	MUKS Piętnastka Bydgoszcz				5:06.84	496	
	50m:	34.31 34.31	150m:	1:49.81	37.63	250m:	3:14.05	47.67	350m:	4:34.02 35.37
	100m:	1:12.18 37.87	200m:	2:26.38	36.57	300m:	3:58.65	44.60	400m:	5:06.84 32.82
11.	PADZIŃSKI Krzysztof		14	UKS Jagiellonka Warszawa				5:07.27	494	
	50m:	32.87 32.87	150m:	1:53.22	41.63	250m:	3:16.10	41.49	350m:	4:33.99 35.53
	100m:	1:11.59 38.72	200m:	2:34.61	41.39	300m:	3:58.46	42.36	400m:	5:07.27 33.28
12.	KRZAK Patryk SO		14	UKP Unia Oœwiêcim				5:07.48	493	
	50m:	33.39 33.39	150m:	1:51.93	40.37	250m:	3:14.92	43.37	350m:	4:33.30 35.52
	100m:	1:11.56 38.17	200m:	2:31.55	39.62	300m:	3:57.78	42.86	400m:	5:07.48 34.18
13.	MIKA Kamil		14	AZS AWF Katowice				5:07.58	492	
	50m:	33.01 33.01	150m:	1:54.24	42.75	250m:	3:15.05	40.00	350m:	4:33.15 36.64
	100m:	1:11.49 38.48	200m:	2:35.05	40.81	300m:	3:56.51	41.46	400m:	5:07.58 34.43
14.	TOMCZAK Marcin		14	UKS Jagiellonka Warszawa				5:10.16	480	
	50m:	33.80 33.80	150m:	1:52.71	39.91	250m:	3:14.47	42.03	350m:	4:34.27 36.39
	100m:	1:12.80 39.00	200m:	2:32.44	39.73	300m:	3:57.88	43.41	400m:	5:10.16 35.89
15.	DOBROGOWSKI ŁUKASZ		14	AZS WSG Astoria Bydgoszcz				5:11.30	475	
	50m:	32.44 32.44	150m:	1:49.68	40.52	250m:	3:12.85	43.12	350m:	4:34.82 38.15
	100m:	1:09.16 36.72	200m:	2:29.73	40.05	300m:	3:56.67	43.82	400m:	5:11.30 36.48
16.	STEFANIAK Jakub		14	UKS Dziewi ¹ tka Kalisz				5:11.66	473	
	50m:	32.50 32.50	150m:	1:50.46	40.69	250m:	3:15.34	44.72	350m:	4:38.84 37.50
	100m:	1:09.77 37.27	200m:	2:30.62	40.16	300m:	4:01.34	46.00	400m:	5:11.66 32.82