

Zimowe Mistrzostwa Polski Juniorów M³odszych 14 lat
Gorzów Wlkp., 16. - 18.1.2009

Konkurencja 19
2009-01-17

Dziewcz¹t, 400m dowolny

14 lat
Wyniki Fina³

Top Times "Poland"14 4:17.21 SŁÓSAREK Alicja POL ??? 1997-03-01

Punkty: FINA 2008

Pozycja			Wiek					Czas	Pkt.	
Fina³ A										
1.	KILIJAŃSKA Donata		14	KSZO Ostrowiec Œw.				4:26.42	730	
	50m:	30.91 30.91	150m:	1:38.33	33.86	250m:	2:46.40	33.97	350m:	3:54.13 33.71
	100m:	1:04.47 33.56	200m:	2:12.43	34.10	300m:	3:20.42	34.02	400m:	4:26.42 32.29
2.	TROJANOWSKA KINGA		14	EKS SKRA Be ³ chatów				4:28.58	712	
	50m:	30.98 30.98	150m:	1:38.61	33.97	250m:	2:46.66	34.03	350m:	3:55.48 34.40
	100m:	1:04.64 33.66	200m:	2:12.63	34.02	300m:	3:21.08	34.42	400m:	4:28.58 33.10
3.	DEMBSKA JOANNA		14	UKS Skalar Warszawa				4:28.81	711	
	50m:	30.47 30.47	150m:	1:38.40	34.28	250m:	2:47.40	34.50	350m:	3:56.35 34.26
	100m:	1:04.12 33.65	200m:	2:12.90	34.50	300m:	3:22.09	34.69	400m:	4:28.81 32.46
4.	LEWITZKA Paulina		14	UKS Ruch Grudzi ¹ dz				4:34.63	666	
	50m:	31.51 31.51	150m:	1:39.83	34.43	250m:	2:50.14	35.25	350m:	4:00.76 35.36
	100m:	1:05.40 33.89	200m:	2:14.89	35.06	300m:	3:25.40	35.26	400m:	4:34.63 33.87
5.	SZMAGALSKA Agata		14	MKP S ³ owianka Gorzów Wlkp.				4:34.64	666	
	50m:	31.57 31.57	150m:	1:40.24	34.42	250m:	2:49.56	34.61	350m:	4:00.02 35.21
	100m:	1:05.82 34.25	200m:	2:14.95	34.71	300m:	3:24.81	35.25	400m:	4:34.64 34.62
6.	ZGIET Karina		14	KS ORZEŁ Elbl ¹ g				4:36.88	650	
	50m:	31.99 31.99	150m:	1:41.14	34.79	250m:	2:51.85	35.60	350m:	4:02.34 35.13
	100m:	1:06.35 34.36	200m:	2:16.25	35.11	300m:	3:27.21	35.36	400m:	4:36.88 34.54
7.	SZCZYTKO ALICJA		14	MUKS Olimpijczyk Suwa ³ ki				4:39.05	635	
	50m:	31.57 31.57	150m:	1:40.43	34.87	250m:	2:51.90	35.88	350m:	4:03.83 35.63
	100m:	1:05.56 33.99	200m:	2:16.02	35.59	300m:	3:28.20	36.30	400m:	4:39.05 35.22
8.	BURSKA Justyna		14	UKS "Pi ¹ tka" Konstantynów				4:43.36	607	
	50m:	31.67 31.67	150m:	1:41.23	35.34	250m:	2:53.39	36.31	350m:	4:07.22 36.73
	100m:	1:05.89 34.22	200m:	2:17.08	35.85	300m:	3:30.49	37.10	400m:	4:43.36 36.14
Fina³ B										
9.	RYBSKA Agnieszka		14	ZKS Unia Tarnów				4:38.29	640	
	50m:	31.90 31.90	150m:	1:41.98	35.50	250m:	2:52.19	34.76	350m:	4:02.78 35.44
	100m:	1:06.48 34.58	200m:	2:17.43	35.45	300m:	3:27.34	35.15	400m:	4:38.29 35.51
10.	WIĘCKOWSKA KAJA		14	UKS Shark Rudna				4:39.84	630	
	50m:	31.85 31.85	150m:	1:43.25	35.81	250m:	2:54.55	35.69	350m:	4:05.70 35.57
	100m:	1:07.44 35.59	200m:	2:18.86	35.61	300m:	3:30.13	35.58	400m:	4:39.84 34.14
11.	NOWIŃSKA Natalia		14	KS 1 O ² arów Mazowiecki				4:41.37	620	
	50m:	31.26 31.26	150m:	1:42.36	36.12	250m:	2:55.00	36.41	350m:	4:06.64 35.46
	100m:	1:06.24 34.98	200m:	2:18.59	36.23	300m:	3:31.18	36.18	400m:	4:41.37 34.73
12.	AK KATARZYNA		14	EKS SKRA Be ³ chatów				4:42.53	612	
	50m:	31.61 31.61	150m:	1:42.25	35.73	250m:	2:54.56	36.25	350m:	4:07.55 36.40
	100m:	1:06.52 34.91	200m:	2:18.31	36.06	300m:	3:31.15	36.59	400m:	4:42.53 34.98
13.	SZCZYTKO NATALIA		14	MUKS Olimpijczyk Suwa ³ ki				4:43.03	609	
	50m:	31.26 31.26	150m:	1:41.25	35.56	250m:	2:53.55	36.05	350m:	4:07.19 36.89
	100m:	1:05.69 34.43	200m:	2:17.50	36.25	300m:	3:30.30	36.75	400m:	4:43.03 35.84
14.	BIERNACKA Katarzyna		14	KS 1 O ² arów Mazowiecki				4:44.51	599	
	50m:	31.75 31.75	150m:	1:43.33	36.18	250m:	2:56.37	36.71	350m:	4:08.69 36.25
	100m:	1:07.15 35.40	200m:	2:19.66	36.33	300m:	3:32.44	36.07	400m:	4:44.51 35.82
15.	FLAK Daria		14	Kmita Zabierzów				4:45.58	593	
	50m:	31.85 31.85	150m:	1:43.50	35.72	250m:	2:56.72	36.43	350m:	4:11.58 37.40
	100m:	1:07.78 35.93	200m:	2:20.29	36.79	300m:	3:34.18	37.46	400m:	4:45.58 34.00
16.	WALEWSKA Agnieszka		14	UKS Jagiellonka Warszawa				4:47.24	582	
	50m:	32.50 32.50	150m:	1:43.67	36.16	250m:	2:56.72	36.99	350m:	4:11.16 37.41
	100m:	1:07.51 35.01	200m:	2:19.73	36.06	300m:	3:33.75	37.03	400m:	4:47.24 36.08