

Zimowe Mistrzostwa Polski Juniorów M<sup>3</sup>odszych 14 lat  
Gorzów Wlkp., 16. - 18.1.2009

Konkurencja 20  
2009-01-17

Ch<sup>3</sup>opców, 400m dowolny

14 lat

Wyniki Eliminacje

Top Times "Poland"14 3:59.77 ZONIUK Maciej SLWRO Saint Dizier (FRA) 2008-11-15

Punkty: FINA 2008

Pozycja			Wiek					Czas	Pkt.
1.	KUBKOWSKI Bart <sup>3</sup> omiej		14	MKS Medyk Gi <sup>3</sup> ycko			<b>4:19.80</b>	590 A	
	50m: 30.09	30.09	150m: 1:36.47	33.44	250m: 2:41.29	31.22	350m: 3:47.93	33.24	
	100m: 1:03.03	32.94	200m: 2:10.07	33.60	300m: 3:14.69	33.40	400m: 4:19.80	31.87	
2.	ŁOPACIŃSKI Kacper SO		14	MUKS Foka Sandomierz			<b>4:19.99</b>	588 A	
	50m: 30.78	30.78	150m: 1:38.27	33.47	250m: 2:43.29	31.66	350m: 3:48.45	32.64	
	100m: 1:04.80	34.02	200m: 2:11.63	33.36	300m: 3:15.81	32.52	400m: 4:19.99	31.54	
3.	WIAK Jakub		14	UTS Orlik Lublin			<b>4:20.02</b>	588 A	
	50m: 29.41	29.41	150m: 1:36.19	33.51	250m: 2:42.61	32.75	350m: 3:48.65	33.04	
	100m: 1:02.68	33.27	200m: 2:09.86	33.67	300m: 3:15.61	33.00	400m: 4:20.02	31.37	
4.	CHOLEWO Krzysztof		14	KS 1 O <sup>3</sup> arów Mazowiecki			<b>4:20.05</b>	588 A	
	50m: 29.43	29.43	150m: 1:36.11	33.53	250m: 2:42.91	33.42	350m: 3:48.82	33.08	
	100m: 1:02.58	33.15	200m: 2:09.49	33.38	300m: 3:15.74	32.83	400m: 4:20.05	31.23	
5.	KACZMAREK Wojciech		14	AZS AWF Katowice			<b>4:20.33</b>	586 A	
	50m: 29.39	29.39	150m: 1:36.71	34.11	250m: 2:44.23	33.81	350m: 3:49.83	31.94	
	100m: 1:02.60	33.21	200m: 2:10.42	33.71	300m: 3:17.89	33.66	400m: 4:20.33	30.50	
6.	BEREZECKI MATEUSZ		14	MUKS Olimpijczyk Suwa <sup>3</sup> ki			<b>4:21.15</b>	581 A	
	50m: 30.10	30.10	150m: 1:38.06	34.00	250m: 2:44.57	32.96	350m: 3:50.20	32.66	
	100m: 1:04.06	33.96	200m: 2:11.61	33.55	300m: 3:17.54	32.97	400m: 4:21.15	30.95	
7.	CZECH DAWID		14	UKS Aquatica Paw <sup>3</sup> owice			<b>4:23.93</b>	562 A	
	50m: 30.27	30.27	150m: 1:37.01	33.40	250m: 2:44.09	33.25	350m: 3:51.03	33.30	
	100m: 1:03.61	33.34	200m: 2:10.84	33.83	300m: 3:17.73	33.64	400m: 4:23.93	32.90	
8.	TWAROWSKI Jerzy		14	MKS Jordan Kraków			<b>4:24.01</b>	562 A	
	50m: 29.74	29.74	150m: 1:36.42	33.14	250m: 2:44.21	33.91	350m: 3:51.82	33.53	
	100m: 1:03.28	33.54	200m: 2:10.30	33.88	300m: 3:18.29	34.08	400m: 4:24.01	32.19	
9.	UŒCIŒKO Micha <sup>3</sup>		14	UKS Batory Sokó <sup>3</sup> ka			<b>4:24.68</b>	558 B	
	50m: 29.09	29.09	150m: 1:35.79	33.85	250m: 2:43.74	34.02	350m: 3:52.02	33.94	
	100m: 1:01.94	32.85	200m: 2:09.72	33.93	300m: 3:18.08	34.34	400m: 4:24.68	32.66	
10.	OSSES Arkadiusz		14	Warta Poznań			<b>4:25.91</b>	550 B	
	50m: 29.46	29.46	150m: 1:35.43	33.69	250m: 2:43.77	34.11	350m: 3:52.91	34.41	
	100m: 1:01.74	32.28	200m: 2:09.66	34.23	300m: 3:18.50	34.73	400m: 4:25.91	33.00	
11.	KUDŒA Łukasz		14	MOSIR Mys <sup>3</sup> owice			<b>4:26.34</b>	547 B	
	50m: 29.75	29.75	150m: 1:35.58	33.02	250m: 2:43.92	34.36	350m: 3:53.21	34.69	
	100m: 1:02.56	32.81	200m: 2:09.56	33.98	300m: 3:18.52	34.60	400m: 4:26.34	33.13	
12.	KOZŒOWSKI Ernest		14	MKS Polonia Warszawa			<b>4:26.95</b>	543 B	
	50m: 31.32	31.32	150m: 1:39.56	34.41	250m: 2:47.47	33.71	350m: 3:55.02	33.95	
	100m: 1:05.15	33.83	200m: 2:13.76	34.20	300m: 3:21.07	33.60	400m: 4:26.95	31.93	
13.	MICE Bart <sup>3</sup> omiej		14	ZKS Unia Tarnów			<b>4:27.22</b>	542 B	
	50m: 30.10	30.10	150m: 1:38.65	34.22	250m: 2:46.76	33.96	350m: 3:54.58	33.54	
	100m: 1:04.43	34.33	200m: 2:12.80	34.15	300m: 3:21.04	34.28	400m: 4:27.22	32.64	
14.	PODUSZCZAK Miko <sup>3</sup> aj		14	KSZO Ostrowiec Œew.			<b>4:27.42</b>	541 B	
	50m: 30.58	30.58	150m: 1:37.73	33.77	250m: 2:45.35	33.87	350m: 3:53.99	34.18	
	100m: 1:03.96	33.38	200m: 2:11.48	33.75	300m: 3:19.81	34.46	400m: 4:27.42	33.43	
15.	PASIECZNY Przemysław		14	KS ORZEŒ Elbl <sup>3</sup> g			<b>4:28.62</b>	533 B	
	50m: 30.69	30.69	150m: 1:38.15	33.96	250m: 2:46.56	34.23	350m: 3:55.53	34.52	
	100m: 1:04.19	33.50	200m: 2:12.33	34.18	300m: 3:21.01	34.45	400m: 4:28.62	33.09	
16.	SŒKOWSKI Daniel		14	MKS Polonia Warszawa			<b>4:28.99</b>	531 B	
	50m: 30.02	30.02	150m: 1:37.45	34.14	250m: 2:45.87	34.11	350m: 3:54.22	34.70	
	100m: 1:03.31	33.29	200m: 2:11.76	34.31	300m: 3:19.52	33.65	400m: 4:28.99	34.77	
17.	NIEDZIŃSKI Łukasz		14	KSZO Ostrowiec Œew.			<b>4:30.58</b>	522 R	
	50m: 29.84	29.84	150m: 1:36.86	34.09	250m: 2:46.96	35.06	350m: 3:57.21	35.13	
	100m: 1:02.77	32.93	200m: 2:11.90	35.04	300m: 3:22.08	35.12	400m: 4:30.58	33.37	

Zimowe Mistrzostwa Polski Juniorów M<sup>3</sup>odszych 14 lat  
Gorzów Wlkp., 16. - 18.1.2009

Konkurencja 20, Ch<sup>3</sup>opców, 400m dowolny, Eliminacje, 14 lat

Pozycja			Wiek					Czas	Pkt.		
18.	SZCZEPAŃSKI Sebastian		14	Korner Zielona Góra				<b>4:31.53</b>	516 R		
	50m:	30.46 30.46	150m:	1:39.85	35.01	250m:	2:49.53	34.55	350m:	3:58.47	34.14
	100m:	1:04.84 34.38	200m:	2:14.98	35.13	300m:	3:24.33	34.80	400m:	4:31.53	33.06
19.	KOSAKOWSKI Miko <sup>3</sup> aj		14	MKS Trójka Łódź				<b>4:31.64</b>	516		
	50m:	29.54 29.54	150m:	1:36.92	34.31	250m:	2:47.08	35.31	350m:	3:57.83	34.98
	100m:	1:02.61 33.07	200m:	2:11.77	34.85	300m:	3:22.85	35.77	400m:	4:31.64	33.81
20.	HOFFMANN Robert		14	TS Olimpia Poznań				<b>4:31.76</b>	515		
	50m:	29.60 29.60	150m:	1:37.41	34.06	250m:	2:46.68	34.69	350m:	3:57.51	35.64
	100m:	1:03.35 33.75	200m:	2:11.99	34.58	300m:	3:21.87	35.19	400m:	4:31.76	34.25
21.	KĔDZIORSKI KRYSZTOF		14	MUKS Piętnastka Bydgoszcz				<b>4:32.85</b>	509		
	50m:	29.96 29.96	150m:	1:38.95	34.84	250m:	2:49.07	35.22	350m:	3:59.28	34.97
	100m:	1:04.11 34.15	200m:	2:13.85	34.90	300m:	3:24.31	35.24	400m:	4:32.85	33.57
22.	BICE Daniel		14	UKS "G-8" Bieleń Warszawa				<b>4:33.86</b>	503		
	50m:	30.89 30.89	150m:	1:40.37	34.83	250m:	2:51.53	36.06	350m:	4:00.74	34.51
	100m:	1:05.54 34.65	200m:	2:15.47	35.10	300m:	3:26.23	34.70	400m:	4:33.86	33.12
23.	KUKULSKI Karol		14	WKS Flota Gdynia				<b>4:34.27</b>	501		
	50m:	29.68 29.68	150m:	1:38.73	35.23	250m:	2:48.77	35.18	350m:	3:59.89	35.60
	100m:	1:03.50 33.82	200m:	2:13.59	34.86	300m:	3:24.29	35.52	400m:	4:34.27	34.38
24.	GŁOWACKI Patryk		14	ZKS Unia Tarnów				<b>4:35.00</b>	497		
	50m:	29.85 29.85	150m:	1:38.78	34.78	250m:	2:48.43	34.88	350m:	4:00.31	36.06
	100m:	1:04.00 34.15	200m:	2:13.55	34.77	300m:	3:24.25	35.82	400m:	4:35.00	34.69
25.	MAZUR Andrzej		14	KP AVIA Ćwidnik				<b>4:35.28</b>	496		
	50m:	30.58 30.58	150m:	1:39.76	34.99	250m:	2:50.13	35.10	350m:	4:00.89	35.54
	100m:	1:04.77 34.19	200m:	2:15.03	35.27	300m:	3:25.35	35.22	400m:	4:35.28	34.39
26.	KRAJEWSKI ARKADIUSZ		14	EKS SKRA Be <sup>3</sup> chatów				<b>4:35.47</b>	495		
	50m:	30.33 30.33	150m:	1:39.48	35.86	250m:	2:50.21	35.81	350m:	3:58.80	34.38
	100m:	1:03.62 33.29	200m:	2:14.40	34.92	300m:	3:24.42	34.21	400m:	4:35.47	36.67
27.	BRODIUK Micha <sup>3</sup>		14	UKS Jagiellonka Warszawa				<b>4:37.73</b>	483		
	50m:	30.12 30.12	150m:	1:38.84	34.74	250m:	2:50.06	35.34	350m:	4:03.11	36.63
	100m:	1:04.10 33.98	200m:	2:14.72	35.88	300m:	3:26.48	36.42	400m:	4:37.73	34.62
28.	MOCHOL Marcin		14	UTS Orlik Lublin				<b>4:37.81</b>	482		
	50m:	31.88 31.88	150m:	1:41.78	34.90	250m:	2:52.59	35.21	350m:	4:02.99	35.48
	100m:	1:06.88 35.00	200m:	2:17.38	35.60	300m:	3:27.51	34.92	400m:	4:37.81	34.82
29.	FURTEK Pawe <sup>3</sup>		14	WKS Ćl <sup>1</sup> sk Wroc <sup>3</sup> aw				<b>4:37.91</b>	482		
	50m:	31.46 31.46	150m:	1:41.15	35.18	250m:	2:51.97	35.00	350m:	4:00.12	33.08
	100m:	1:05.97 34.51	200m:	2:16.97	35.82	300m:	3:27.04	35.07	400m:	4:37.91	37.79
30.	GABRYSZ Wojciech		14	MKS SMS Victoria Racibórz				<b>4:38.40</b>	479		
	50m:	30.53 30.53	150m:	1:39.62	35.11	250m:	2:51.69	36.19	350m:	4:03.94	36.14
	100m:	1:04.51 33.98	200m:	2:15.50	35.88	300m:	3:27.80	36.11	400m:	4:38.40	34.46
31.	BOHATYREWICZ Wojciech		14	MKP S <sup>3</sup> owianka Gorzów Wlkp.				<b>4:40.17</b>	470		
	50m:	30.76 30.76	150m:	1:41.16	36.10	250m:	2:53.52	36.07	350m:	4:05.39	36.02
	100m:	1:05.06 34.30	200m:	2:17.45	36.29	300m:	3:29.37	35.85	400m:	4:40.17	34.78
32.	MARCHEL Adrian		14	MKS Juwenia Bia <sup>3</sup> ystok				<b>4:40.24</b>	470		
	50m:	31.19 31.19	150m:	1:41.30	35.37	250m:	2:52.54	35.60	350m:	4:04.60	36.20
	100m:	1:05.93 34.74	200m:	2:16.94	35.64	300m:	3:28.40	35.86	400m:	4:40.24	35.64
33.	KUTKOWSKI Marcin		14	KS Posenania				<b>4:40.25</b>	470		
	50m:	31.77 31.77	150m:	1:42.33	35.78	250m:	2:53.96	35.65	350m:	4:05.83	36.15
	100m:	1:06.55 34.78	200m:	2:18.31	35.98	300m:	3:29.68	35.72	400m:	4:40.25	34.42
34.	BERNACKI Igor		14	KSZO Ostrowiec Ćw.				<b>4:40.55</b>	468		
	50m:	32.19 32.19	150m:	1:43.70	36.43	250m:	2:55.55	36.07	350m:	4:07.22	36.08
	100m:	1:07.27 35.08	200m:	2:19.48	35.78	300m:	3:31.14	35.59	400m:	4:40.55	33.33
35.	KUTKOWSKI Micha <sup>3</sup>		14	KS Posenania				<b>4:40.59</b>	468		
	50m:	32.11 32.11	150m:	1:43.08	36.17	250m:	2:54.27	35.54	350m:	4:05.61	35.16
	100m:	1:06.91 34.80	200m:	2:18.73	35.65	300m:	3:30.45	36.18	400m:	4:40.59	34.98

Zimowe Mistrzostwa Polski Juniorów M<sup>3</sup>odszych 14 lat  
Gorzów Wlkp., 16. - 18.1.2009

Konkurencja 20, Ch<sup>3</sup>opców, 400m dowolny, Eliminacje, 14 lat

Pozycja			Wiek				Czas				Pkt.
36.	LENARD Jacek	14	MKS Polonia Warszawa				<b>4:41.41</b>				464
	50m: 31.50	31.50	150m: 1:42.22	35.45	250m: 2:53.99	36.20	350m: 4:04.75	35.42			
	100m: 1:06.77	35.27	200m: 2:17.79	35.57	300m: 3:29.33	35.34	400m: 4:41.41	36.66			
37.	LEMAŃCZYK Konrad	14	MKS Znicz Koszalin				<b>4:42.42</b>				459
	50m: 31.37	31.37	150m: 1:42.54	35.87	250m: 2:55.20	36.22	350m: 4:07.48	36.49			
	100m: 1:06.67	35.30	200m: 2:18.98	36.44	300m: 3:30.99	35.79	400m: 4:42.42	34.94			
38.	MARECKI Marek	14	UKS Dwójka Morena Gdańsk				<b>4:42.87</b>				457
	50m: 32.57	32.57	150m: 1:43.61	35.78	250m: 2:55.89	36.59	350m: 4:07.64	35.93			
	100m: 1:07.83	35.26	200m: 2:19.30	35.69	300m: 3:31.71	35.82	400m: 4:42.87	35.23			
39.	BUGDOL Rafa <sup>3</sup>	14	MKS SMS Victoria Racibórz				<b>4:43.24</b>				455
	50m: 30.67	30.67	150m: 1:41.20	35.87	250m: 2:53.82	36.43	350m: 4:06.92	36.67			
	100m: 1:05.33	34.66	200m: 2:17.39	36.19	300m: 3:30.25	36.43	400m: 4:43.24	36.32			
40.	GAJEWSKI Bartosz	14	MMKS Kędzierzyn-Koźle				<b>4:43.26</b>				455
	50m: 30.53	30.53	150m: 1:40.66	35.65	250m: 2:53.37	36.94	350m: 4:07.03	36.93			
	100m: 1:05.01	34.48	200m: 2:16.43	35.77	300m: 3:30.10	36.73	400m: 4:43.26	36.23			
41.	KRASICKI ARTUR	14	AZS WSG Astoria Bydgoszcz				<b>4:44.35</b>				450
	50m: 31.83	31.83	150m: 1:43.73	36.64	250m: 2:57.16	36.54	350m: 4:10.08	36.14			
	100m: 1:07.09	35.26	200m: 2:20.62	36.89	300m: 3:33.94	36.78	400m: 4:44.35	34.27			
42.	RUDNICKI Ernest	14	MKS Znicz Koszalin				<b>4:44.38</b>				450
	50m: 31.61	31.61	150m: 1:42.35	35.71	250m: 2:54.61	35.93	350m: 4:08.27	36.90			
	100m: 1:06.64	35.03	200m: 2:18.68	36.33	300m: 3:31.37	36.76	400m: 4:44.38	36.11			
43.	SKWARNICKI TOMASZ	14	BUKS Warszawa				<b>4:44.86</b>				447
	50m: 30.87	30.87	150m: 1:41.93	36.05	250m: 2:54.75	36.69	350m: 4:08.23	37.21			
	100m: 1:05.88	35.01	200m: 2:18.06	36.13	300m: 3:31.02	36.27	400m: 4:44.86	36.63			
44.	GLYDYS Rafa <sup>3</sup> SO	14	UKP Unia Oświęcim				<b>4:45.01</b>				447
	50m: 31.84	31.84	150m: 1:44.19	36.35	250m: 2:56.56	36.08	350m: 4:09.67	36.99			
	100m: 1:07.84	36.00	200m: 2:20.48	36.29	300m: 3:32.68	36.12	400m: 4:45.01	35.34			
45.	ORPISZAK Bart <sup>3</sup> omiej	14	KS Krotosz Krotoszyn				<b>4:45.98</b>				442
	50m: 31.08	31.08	150m: 1:40.48	35.21	250m: 2:54.84	37.33	350m: 4:09.48	37.38			
	100m: 1:05.27	34.19	200m: 2:17.51	37.03	300m: 3:32.10	37.26	400m: 4:45.98	36.50			
46.	SZADŁOWSKI Mateusz	14	KP Delfin Inowroc <sup>3</sup> aw				<b>4:46.34</b>				440
	50m: 31.81	31.81	150m: 1:43.86	36.27	250m: 2:57.61	37.02	350m: 4:11.34	36.80			
	100m: 1:07.59	35.78	200m: 2:20.59	36.73	300m: 3:34.54	36.93	400m: 4:46.34	35.00			
47.	ZIÓŁKOWSKI Micha <sup>3</sup>	14	KS 1 Ożarów Mazowiecki				<b>4:46.59</b>				439
	50m: 31.16	31.16	150m: 1:42.03	35.69	250m: 2:56.12	37.26	350m: 4:11.24	37.97			
	100m: 1:06.34	35.18	200m: 2:18.86	36.83	300m: 3:33.27	37.15	400m: 4:46.59	35.35			
48.	POL MICHAŁ	14	AZS WSG Astoria Bydgoszcz				<b>4:46.86</b>				438
	50m: 31.67	31.67	150m: 1:43.43	36.28	250m: 2:57.58	37.69	350m: 4:12.29	37.76			
	100m: 1:07.15	35.48	200m: 2:19.89	36.46	300m: 3:34.53	36.95	400m: 4:46.86	34.57			
49.	MARUNIAK Jakub	14	MKP S <sup>3</sup> owianka Gorzów Wlkp.				<b>4:47.23</b>				436
	50m: 32.93	32.93	150m: 1:45.21	36.43	250m: 2:58.60	36.87	350m: 4:12.18	36.78			
	100m: 1:08.78	35.85	200m: 2:21.73	36.52	300m: 3:35.40	36.80	400m: 4:47.23	35.05			
50.	YBURA Kornel	14	MKP Bobry Dębica				<b>4:47.50</b>				435
	50m: 32.79	32.79	150m: 1:45.73	36.51	250m: 3:00.01	37.02	350m: 4:11.98	35.79			
	100m: 1:09.22	36.43	200m: 2:22.99	37.26	300m: 3:36.19	36.18	400m: 4:47.50	35.52			
51.	ZDUN Konrad	14	UKS Dziewi <sup>1</sup> tka Kalisz				<b>4:47.78</b>				434
	50m: 32.41	32.41	150m: 1:45.13	36.94	250m: 2:59.15	36.87	350m: 4:12.82	36.75			
	100m: 1:08.19	35.78	200m: 2:22.28	37.15	300m: 3:36.07	36.92	400m: 4:47.78	34.96			
52.	CZYGIER Jakub	14	MKS Juvenia Bia <sup>3</sup> ystok				<b>4:48.21</b>				432
	50m: 33.47	33.47	150m: 1:45.28	36.27	250m: 2:59.52	36.97	350m: 4:12.83	36.20			
	100m: 1:09.01	35.54	200m: 2:22.55	37.27	300m: 3:36.63	37.11	400m: 4:48.21	35.38			
53.	JABŁOŃSKI Dominik	14	STP Nowy S <sup>1</sup> cz				<b>4:49.11</b>				428
	50m: 31.72	31.72	150m: 1:44.80	36.73	250m: 2:58.84	37.06	350m: 4:13.11	37.08			
	100m: 1:08.07	36.35	200m: 2:21.78	36.98	300m: 3:36.03	37.19	400m: 4:49.11	36.00			

Zimowe Mistrzostwa Polski Juniorów M<sup>3</sup>odszych 14 lat  
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Konkurencja 20, Ch<sup>3</sup>opców, 400m dowolny, Eliminacje, 14 lat

Pozycja			Wiek				Czas				Pkt.	
54.	URBANIAK Jan		14				Warta Poznań				<b>4:49.57</b>	426
	50m:	31.95 31.95	150m:	1:45.61 37.41	250m:	3:01.04 37.66	350m:	4:13.94 36.18				
	100m:	1:08.20 36.25	200m:	2:23.38 37.77	300m:	3:37.76 36.72	400m:	4:49.57 35.63				
55.	BOGACKI Szymon		14				UKS Jagiellonka Warszawa				<b>4:50.47</b>	422
	50m:	31.98 31.98	150m:	1:45.00 37.04	250m:	2:59.74 37.51	350m:	4:15.39 37.84				
	100m:	1:07.96 35.98	200m:	2:22.23 37.23	300m:	3:37.55 37.81	400m:	4:50.47 35.08				
56.	KLONOWSKI Dawid		14				UKS Dziewi <sup>1</sup> tka Kalisz				<b>4:51.57</b>	417
	50m:	32.13 32.13	150m:	1:45.42 37.16	250m:	2:59.71 36.84	350m:	4:10.30 34.72				
	100m:	1:08.26 36.13	200m:	2:22.87 37.45	300m:	3:35.58 35.87	400m:	4:51.57 41.27				
57.	KOWALEWSKI Maciej		14				MKS Juvenia Bia <sup>3</sup> ystok				<b>4:51.68</b>	417
	50m:	32.52 32.52	150m:	1:46.63 37.41	250m:	3:00.52 37.05	350m:	4:15.15 37.24				
	100m:	1:09.22 36.70	200m:	2:23.47 36.84	300m:	3:37.91 37.39	400m:	4:51.68 36.53				
58.	KASZYCA Jakub		14				MKP Szczecin				<b>4:51.87</b>	416
	50m:	31.75 31.75	150m:	1:44.68 37.12	250m:	2:57.79 36.66	350m:	4:09.63 35.02				
	100m:	1:07.56 35.81	200m:	2:21.13 36.45	300m:	3:34.61 36.82	400m:	4:51.87 42.24				
59.	CHOJNOWSKI Pawe <sup>3</sup>		14				MKP S <sup>3</sup> owianka Gorzów Wlkp.				<b>4:52.38</b>	414
	50m:	33.60 33.60	150m:	1:47.55 37.30	250m:	3:02.03 37.00	350m:	4:16.36 37.20				
	100m:	1:10.25 36.65	200m:	2:25.03 37.48	300m:	3:39.16 37.13	400m:	4:52.38 36.02				
60.	MIZERNY Adam		14				Warta Poznań				<b>4:53.64</b>	408
	50m:	32.74 32.74	150m:	1:47.48 37.73	250m:	3:02.24 36.86	350m:	4:16.65 37.54				
	100m:	1:09.75 37.01	200m:	2:25.38 37.90	300m:	3:39.11 36.87	400m:	4:53.64 36.99				
61.	SZEWCZAK Andrzej		14				UTS Orlik Lublin				<b>4:53.79</b>	408
	50m:	32.34 32.34	150m:	1:46.47 37.35	250m:	3:02.54 38.12	350m:	4:18.96 37.49				
	100m:	1:09.12 36.78	200m:	2:24.42 37.95	300m:	3:41.47 38.93	400m:	4:53.79 34.83				
62.	PLUTECKI Konrad		14				MKS Jordan Kraków				<b>4:53.87</b>	407
	50m:	33.42 33.42	150m:	1:47.59 37.31	250m:	3:02.36 37.51	350m:	4:17.13 37.38				
	100m:	1:10.28 36.86	200m:	2:24.85 37.26	300m:	3:39.75 37.39	400m:	4:53.87 36.74				
63.	ROSIAK Daniel		14				Orka Sochaczew				<b>4:54.19</b>	406
	50m:	31.81 31.81	150m:	1:45.34 37.42	250m:	3:02.01 38.42	350m:	4:18.50 38.17				
	100m:	1:07.92 36.11	200m:	2:23.59 38.25	300m:	3:40.33 38.32	400m:	4:54.19 35.69				
64.	CIEBIELSKI Micha <sup>3</sup>		14				MKP S <sup>3</sup> owianka Gorzów Wlkp.				<b>4:55.37</b>	401
	50m:	33.18 33.18	150m:	1:47.66 37.38	250m:	3:03.24 38.04	350m:	4:18.91 37.65				
	100m:	1:10.28 37.10	200m:	2:25.20 37.54	300m:	3:41.26 38.02	400m:	4:55.37 36.46				
65.	ROSOWIECKI Micha <sup>3</sup>		14				WKS ŒI <sup>1</sup> sk Wroc <sup>3</sup> aw				<b>4:55.57</b>	400
	50m:	33.62 33.62	150m:	1:49.19 38.29	250m:	3:05.58 38.29	350m:	4:20.00 36.85				
	100m:	1:10.90 37.28	200m:	2:27.29 38.10	300m:	3:43.15 37.57	400m:	4:55.57 35.57				
66.	GIERACKI Bartosz		14				ULKS Wodny ŒEwiat Kudowa Zdrój				<b>4:57.35</b>	393
	50m:	32.16 32.16	150m:	1:45.87 37.56	250m:	3:02.73 38.20	350m:	4:20.41 38.88				
	100m:	1:08.31 36.15	200m:	2:24.53 38.66	300m:	3:41.53 38.80	400m:	4:57.35 36.94				
67.	GŁUCHOWSKI Jędrzej		14				UKP Jedyńka Elbl <sup>1</sup> g				<b>4:57.94</b>	391
	50m:	33.72 33.72	150m:	1:48.43 37.62	250m:	3:04.56 38.30	350m:	4:20.96 37.78				
	100m:	1:10.81 37.09	200m:	2:26.26 37.83	300m:	3:43.18 38.62	400m:	4:57.94 36.98				
68.	KAMIŃSKI Patryk		14				MKP Szczecin				<b>4:58.80</b>	388
	50m:	32.05 32.05	150m:	1:46.29 37.37	250m:	3:02.68 39.25	350m:	4:20.47 39.46				
	100m:	1:08.92 36.87	200m:	2:23.43 37.14	300m:	3:41.01 38.33	400m:	4:58.80 38.33				
69.	SZCZEREK ADRIAN		14				UKS Œoliborz Warszawa				<b>4:59.47</b>	385
	50m:	33.43 33.43	150m:	1:46.93 37.34	250m:	3:04.00 38.68	350m:	4:22.03 39.24				
	100m:	1:09.59 36.16	200m:	2:25.32 38.39	300m:	3:42.79 38.79	400m:	4:59.47 37.44				
70.	TRUSZYŃSKI Aleksander		14				MKP S <sup>3</sup> owianka Gorzów Wlkp.				<b>5:00.11</b>	382
	50m:	32.95 32.95	150m:	1:49.06 38.25	250m:	3:06.05 38.62	350m:	4:22.99 38.55				
	100m:	1:10.81 37.86	200m:	2:27.43 38.37	300m:	3:44.44 38.39	400m:	5:00.11 37.12				
71.	BURZYŃSKI Patryk		14				MKP S <sup>3</sup> owianka Gorzów Wlkp.				<b>5:01.52</b>	377
	50m:	32.76 32.76	150m:	1:46.21 37.63	250m:	3:03.77 39.18	350m:	4:22.90 39.78				
	100m:	1:08.58 35.82	200m:	2:24.59 38.38	300m:	3:43.12 39.35	400m:	5:01.52 38.62				

Zimowe Mistrzostwa Polski Juniorów M<sup>3</sup>odszych 14 lat  
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Konkurencja 20, Ch<sup>3</sup>opców, 400m dowolny, Eliminacje, 14 lat

Pozycja					Wiek					Czas	Pkt.	
72.	BORUCKI Marcin				14	MKP Szczecin				<b>5:01.63</b>	377	
	50m:	31.76	31.76	150m:	1:46.01	37.65	250m:	3:03.98	38.92	350m:	4:23.45	40.02
	100m:	1:08.36	36.60	200m:	2:25.06	39.05	300m:	3:43.43	39.45	400m:	5:01.63	38.18
73.	STANISZEWSKI Mateusz				14	GOSiR Piaseczno				<b>5:01.75</b>	376	
	50m:	31.98	31.98	150m:	1:48.60	39.37	250m:	3:06.88	39.33	350m:	4:24.55	38.87
	100m:	1:09.23	37.25	200m:	2:27.55	38.95	300m:	3:45.68	38.80	400m:	5:01.75	37.20
74.	WASILKO Maciej				14	MKS Juvenia Bia <sup>3</sup> ystok				<b>5:02.41</b>	374	
	50m:	32.18	32.18	150m:	1:48.17	38.89	250m:	3:06.99	39.60	350m:	4:25.50	39.07
	100m:	1:09.28	37.10	200m:	2:27.39	39.22	300m:	3:46.43	39.44	400m:	5:02.41	36.91
75.	GO <sup>3</sup> DZIK Damian				14	Warta Poznań				<b>5:03.99</b>	368	
	50m:	34.25	34.25	150m:	1:52.11	38.96	250m:	3:09.08	38.69	350m:	4:27.04	38.74
	100m:	1:13.15	38.90	200m:	2:30.39	38.28	300m:	3:48.30	39.22	400m:	5:03.99	36.95
76.	PAWLAK Tomasz				14	UKS TRÓJKA Œeroda Wlkp.				<b>5:04.00</b>	368	
	50m:	33.94	33.94	150m:	1:51.01	38.95	250m:	3:10.02	39.58	350m:	4:27.57	38.55
	100m:	1:12.06	38.12	200m:	2:30.44	39.43	300m:	3:49.02	39.00	400m:	5:04.00	36.43
77.	MARCISZ Piotr				14	STP Nowy S <sup>1</sup> cz				<b>5:04.51</b>	366	
	50m:	33.09	33.09	150m:	1:50.46	39.22	250m:	3:08.51	39.30	350m:	4:26.34	38.99
	100m:	1:11.24	38.15	200m:	2:29.21	38.75	300m:	3:47.35	38.84	400m:	5:04.51	38.17
78.	GUZIEWICZ Krzysztof				14	KS AZS AWFis Gdańsk				<b>5:05.19</b>	364	
	50m:	33.13	33.13	150m:	1:50.62	39.31	250m:	3:09.21	39.15	350m:	4:27.21	39.17
	100m:	1:11.31	38.18	200m:	2:30.06	39.44	300m:	3:48.04	38.83	400m:	5:05.19	37.98
79.	GO <sup>3</sup> DZIK Kacper				14	MOSM Tychy				<b>5:06.63</b>	359	
	50m:	33.88	33.88	150m:	1:50.71	38.93	250m:	3:10.85	40.20	350m:	4:30.41	39.17
	100m:	1:11.78	37.90	200m:	2:30.65	39.94	300m:	3:51.24	40.39	400m:	5:06.63	36.22
80.	SEMBORSKI Daniel				14	MKS Juvenia Bia <sup>3</sup> ystok				<b>5:07.04</b>	357	
	50m:	34.15	34.15	150m:	1:51.57	39.56	250m:	3:10.49	39.58	350m:	4:29.04	39.11
	100m:	1:12.01	37.86	200m:	2:30.91	39.34	300m:	3:49.93	39.44	400m:	5:07.04	38.00
81.	SIKORA Micha <sup>3</sup>				14	WKS ŒEI <sup>3</sup> sk Wroc <sup>3</sup> aw				<b>5:07.33</b>	356	
	50m:	33.47	33.47	150m:	1:50.50	38.95	250m:	3:09.52	39.60	350m:	4:28.75	40.10
	100m:	1:11.55	38.08	200m:	2:29.92	39.42	300m:	3:48.65	39.13	400m:	5:07.33	38.58
82.	KRUTYJ Patryk				14	WKS ŒEI <sup>3</sup> sk Wroc <sup>3</sup> aw				<b>5:09.31</b>	349	
	50m:	33.72	33.72	150m:	1:52.26	39.94	250m:	3:11.65	39.67	350m:	4:30.95	39.51
	100m:	1:12.32	38.60	200m:	2:31.98	39.72	300m:	3:51.44	39.79	400m:	5:09.31	38.36
83.	SOKOŁOWSKI Kamil				14	MKS Jordan Kraków				<b>5:12.75</b>	338	
	50m:	34.47	34.47	150m:	1:53.18	39.86	250m:	3:13.08	39.19	350m:	4:32.80	40.46
	100m:	1:13.32	38.85	200m:	2:33.89	40.71	300m:	3:52.34	39.26	400m:	5:12.75	39.95
DYSKW.	GRABSKI Patryk				14	MKS Polonia Warszawa				<b>4:48.15</b>		
	<i>O4 - Start wykonany przed Sygna<sup>3</sup>em</i>											
	50m:	31.81	31.81	150m:	1:44.20	36.26	250m:	2:57.93	36.92	350m:	4:11.81	36.98
	100m:	1:07.94	36.13	200m:	2:21.01	36.81	300m:	3:34.83	36.90	400m:	4:48.15	36.34
DYSKW.	SUCHO <sup>3</sup> EBSKI ADAM				14	UKS <sup>3</sup> oliborz Warszawa				<b>5:05.59</b>		
	<i>D 2</i>											
	50m:	32.60	32.60	150m:	1:49.10	38.49	250m:	3:08.16	39.75	350m:	4:28.06	40.22
	100m:	1:10.61	38.01	200m:	2:28.41	39.31	300m:	3:47.84	39.68	400m:	5:05.59	37.53