

Zimowe Mistrzostwa Polski Juniorów M<sup>3</sup>odszych 14 lat  
Gorzów Wlkp., 16. - 18.1.2009

Konkurencja 20  
2009-01-17

Ch<sup>3</sup>opców, 400m dowolny

14 lat  
Wyniki Fina<sup>3</sup>

Top Times "Poland"14 3:59.77 ZONIUK Maciej SLWRO Saint Dizier (FRA) 2008-11-15

Punkty: FINA 2008

Pozycja			Wiek					Czas	Pkt.
<b>Fina<sup>3</sup> A</b>									
1.	ŁOPACIŃSKI Kacper SO		14	MUKS Foka Sandomierz				<b>4:14.64</b>	626
	50m:	28.86 28.86	150m:	1:33.97	32.91	250m:	2:39.48 32.95	350m:	3:43.38 32.04
	100m:	1:01.06 32.20	200m:	2:06.53	32.56	300m:	3:11.34 31.86	400m:	4:14.64 31.26
2.	KACZMAREK Wojciech		14	AZS AWF Katowice				<b>4:15.52</b>	620
	50m:	29.28 29.28	150m:	1:34.82	32.99	250m:	2:40.22 32.69	350m:	3:45.20 32.13
	100m:	1:01.83 32.55	200m:	2:07.53	32.71	300m:	3:13.07 32.85	400m:	4:15.52 30.32
3.	CHOLEWO Krzysztof		14	KS 1 Ożarów Mazowiecki				<b>4:16.22</b>	615
	50m:	29.06 29.06	150m:	1:34.14	32.85	250m:	2:39.38 32.53	350m:	3:44.63 32.89
	100m:	1:01.29 32.23	200m:	2:06.85	32.71	300m:	3:11.74 32.36	400m:	4:16.22 31.59
4.	KUBKOWSKI Bart <sup>3</sup> omiej		14	MKS Medyk Giżycko				<b>4:16.34</b>	614
	50m:	30.04 30.04	150m:	1:35.59	32.80	250m:	2:40.91 32.08	350m:	3:45.27 31.91
	100m:	1:02.79 32.75	200m:	2:08.83	33.24	300m:	3:13.36 32.45	400m:	4:16.34 31.07
5.	WIAK Jakub		14	UTS Orlik Lublin				<b>4:16.37</b>	614
	50m:	29.32 29.32	150m:	1:34.80	32.82	250m:	2:40.38 32.86	350m:	3:45.40 32.29
	100m:	1:01.98 32.66	200m:	2:07.52	32.72	300m:	3:13.11 32.73	400m:	4:16.37 30.97
6.	BEREZECKI MATEUSZ		14	MUKS Olimpijczyk Suwa <sup>3</sup> ki				<b>4:20.69</b>	584
	50m:	28.91 28.91	150m:	1:34.73	32.92	250m:	2:41.28 33.22	350m:	3:48.19 33.67
	100m:	1:01.81 32.90	200m:	2:08.06	33.33	300m:	3:14.52 33.24	400m:	4:20.69 32.50
7.	TWAROWSKI Jerzy		14	MKS Jordan Kraków				<b>4:21.75</b>	577
	50m:	30.14 30.14	150m:	1:35.68	32.82	250m:	2:41.66 32.99	350m:	3:48.67 33.68
	100m:	1:02.86 32.72	200m:	2:08.67	32.99	300m:	3:14.99 33.33	400m:	4:21.75 33.08
8.	CZECH DAWID		14	UKS Aquatica Paw <sup>3</sup> owice				<b>4:27.43</b>	541
	50m:	29.85 29.85	150m:	1:36.51	33.80	250m:	2:44.48 34.18	350m:	3:53.53 34.74
	100m:	1:02.71 32.86	200m:	2:10.30	33.79	300m:	3:18.79 34.31	400m:	4:27.43 33.90
<b>Fina<sup>3</sup> B</b>									
9.	OSSES Arkadiusz		14	Warta Poznań				<b>4:22.49</b>	572
	50m:	30.13 30.13	150m:	1:37.04	34.01	250m:	2:44.06 32.89	350m:	3:50.39 32.67
	100m:	1:03.03 32.90	200m:	2:11.17	34.13	300m:	3:17.72 33.66	400m:	4:22.49 32.10
10.	PODUSZCZAK Miko <sup>3</sup> aj		14	KSZO Ostrowiec Cew.				<b>4:23.80</b>	563
	50m:	30.57 30.57	150m:	1:37.72	33.91	250m:	2:44.64 33.29	350m:	3:51.10 33.12
	100m:	1:03.81 33.24	200m:	2:11.35	33.63	300m:	3:17.98 33.34	400m:	4:23.80 32.70
11.	KOZŁOWSKI Ernest		14	MKS Polonia Warszawa				<b>4:26.60</b>	546
	50m:	30.66 30.66	150m:	1:37.81	34.20	250m:	2:45.29 33.63	350m:	3:53.25 34.09
	100m:	1:03.61 32.95	200m:	2:11.66	33.85	300m:	3:19.16 33.87	400m:	4:26.60 33.35
12.	KUDŁA Łukasz		14	MOSIR Mys <sup>3</sup> owice				<b>4:26.79</b>	544
	50m:	29.42 29.42	150m:	1:37.09	34.20	250m:	2:45.07 34.22	350m:	3:55.50 35.62
	100m:	1:02.89 33.47	200m:	2:10.85	33.76	300m:	3:19.88 34.81	400m:	4:26.79 31.29
13.	PASIECZNY Przemysław		14	KS ORZEŁ Elbl <sup>3</sup> g				<b>4:27.31</b>	541
	50m:	30.49 30.49	150m:	1:38.36	34.24	250m:	2:46.99 34.39	350m:	3:55.10 33.89
	100m:	1:04.12 33.63	200m:	2:12.60	34.24	300m:	3:21.21 34.22	400m:	4:27.31 32.21
14.	MICE Bart <sup>3</sup> omiej		14	ZKS Unia Tarnów				<b>4:27.59</b>	540
	50m:	29.38 29.38	150m:	1:37.86	34.44	250m:	2:45.50 33.88	350m:	3:53.87 34.10
	100m:	1:03.42 34.04	200m:	2:11.62	33.76	300m:	3:19.77 34.27	400m:	4:27.59 33.72
15.	NIEDZIŃSKI Łukasz		14	KSZO Ostrowiec Cew.				<b>4:30.34</b>	523
	50m:	30.88 30.88	150m:	1:38.31	33.97	250m:	2:46.86 34.21	350m:	3:56.13 34.45
	100m:	1:04.34 33.46	200m:	2:12.65	34.34	300m:	3:21.68 34.82	400m:	4:30.34 34.21
16.	UŁĘCIĘKO Micha <sup>3</sup>		14	UKS Batory Sokó <sup>3</sup> ka				<b>4:33.06</b>	508
	50m:	30.30 30.30	150m:	1:37.81	34.41	250m:	2:46.75 35.06	350m:	3:56.86 34.39
	100m:	1:03.40 33.10	200m:	2:11.69	33.88	300m:	3:22.47 35.72	400m:	4:33.06 36.20