

Zimowe Mistrzostwa Polski Juniorów 15 lat
Nowa Ruda - S³upiec, 23. - 25.1.2009

Konkurencja 19
2009-01-24

Dziewcz¹t, 400m dowolny

15 lat
Wyniki Fina³

Rekord Polski 4:13.34 OLCZAK Mirela SLGOR Gorzów Wlkp. 2008-11-29
Punkty: FINA 2008

Pozycja			Rok ur.							Czas	Pkt.
Fina ³ A											
1.	MAŃCZAK Agata		94	PIĘTNASTKA AQUA Bydgoszcz						4:26.05	733
	50m: 30.48	30.48	150m: 1:37.25	33.67	250m: 2:45.74	34.40	350m: 3:53.86	33.86			
	100m: 1:03.58	33.10	200m: 2:11.34	34.09	300m: 3:20.00	34.26	400m: 4:26.05	32.19			
2.	WASILEWSKA Barbara		94	OSiR Piotrków Tryb.						4:30.56	697
	50m: 31.18	31.18	150m: 1:38.40	34.10	250m: 2:47.34	34.69	350m: 3:56.73	34.74			
	100m: 1:04.30	33.12	200m: 2:12.65	34.25	300m: 3:21.99	34.65	400m: 4:30.56	33.83			
3.	SĘDŁAK Katarzyna		94	ORKA Zamocęæ						4:32.83	680
	50m: 30.82	30.82	150m: 1:38.80	34.33	250m: 2:48.55	35.08	350m: 3:58.68	35.18			
	100m: 1:04.47	33.65	200m: 2:13.47	34.67	300m: 3:23.50	34.95	400m: 4:32.83	34.15			
4.	KIJEWSKA Kaja		94	SALOS-CORTILE Kielce						4:33.64	674
	50m: 31.61	31.61	150m: 1:39.94	34.24	250m: 2:49.74	35.01	350m: 4:00.12	34.87			
	100m: 1:05.70	34.09	200m: 2:14.73	34.79	300m: 3:25.25	35.51	400m: 4:33.64	33.52			
5.	SMÓL Magda		94	PIĘTNASTKA AQUA Bydgoszcz						4:36.39	654
	50m: 31.48	31.48	150m: 1:39.08	34.18	250m: 2:49.09	34.99	350m: 4:01.32	36.50			
	100m: 1:04.90	33.42	200m: 2:14.10	35.02	300m: 3:24.82	35.73	400m: 4:36.39	35.07			
6.	SŁOPIECKA Maja		94	KSZO Ostrowiec						4:38.09	642
	50m: 32.37	32.37	150m: 1:41.72	35.06	250m: 2:52.67	35.33	350m: 4:04.33	35.75			
	100m: 1:06.66	34.29	200m: 2:17.34	35.62	300m: 3:28.58	35.91	400m: 4:38.09	33.76			
7.	MENDOWSKA Katarzyna		94	WARTA Poznań						4:40.80	623
	50m: 31.75	31.75	150m: 1:41.65	35.50	250m: 2:54.00	36.28	350m: 4:06.28	35.97			
	100m: 1:06.15	34.40	200m: 2:17.72	36.07	300m: 3:30.31	36.31	400m: 4:40.80	34.52			
8.	GŁĘB Weronika		94	UNIA Tarnów						4:44.44	600
	50m: 31.45	31.45	150m: 1:41.91	35.67	250m: 2:54.74	36.84	350m: 4:08.81	36.81			
	100m: 1:06.24	34.79	200m: 2:17.90	35.99	300m: 3:32.00	37.26	400m: 4:44.44	35.63			
Fina ³ B											
9.	ZYGA Paulina		94	NAWA Skierniewice						4:40.20	627
	50m: 32.97	32.97	150m: 1:45.84	36.52	250m: 2:56.42	35.47	350m: 4:06.38	34.53			
	100m: 1:09.32	36.35	200m: 2:20.95	35.11	300m: 3:31.85	35.43	400m: 4:40.20	33.82			
10.	PIEKARSKA Magdalena		94	MKP Szczecin						4:42.34	613
	50m: 31.79	31.79	150m: 1:43.08	35.90	250m: 2:55.43	36.47	350m: 4:06.76	35.42			
	100m: 1:07.18	35.39	200m: 2:18.96	35.88	300m: 3:31.34	35.91	400m: 4:42.34	35.58			
11.	SEIBT Zuzanna		94	JORDAN Krakow						4:43.12	608
	50m: 32.66	32.66	150m: 1:44.29	36.09	250m: 2:56.77	36.32	350m: 4:08.57	35.72			
	100m: 1:08.20	35.54	200m: 2:20.45	36.16	300m: 3:32.85	36.08	400m: 4:43.12	34.55			
12.	POMIETŁO Aleksandra		94	KMITA Zabierzów						4:45.45	593
	50m: 32.23	32.23	150m: 1:44.40	36.61	250m: 2:57.99	36.83	350m: 4:10.49	36.14			
	100m: 1:07.79	35.56	200m: 2:21.16	36.76	300m: 3:34.35	36.36	400m: 4:45.45	34.96			
13.	WYSOCKA Wiktoria		94	ÓSEMKA Starogard Gd.						4:46.97	584
	50m: 32.32	32.32	150m: 1:43.97	36.14	250m: 2:57.15	36.52	350m: 4:11.26	36.98			
	100m: 1:07.83	35.51	200m: 2:20.63	36.66	300m: 3:34.28	37.13	400m: 4:46.97	35.71			
13.	IEWSKA Agnieszka		94	JORDAN Krakow						4:46.97	584
	50m: 32.97	32.97	150m: 1:45.90	36.83	250m: 2:58.56	36.58	350m: 4:11.69	36.54			
	100m: 1:09.07	36.10	200m: 2:21.98	36.08	300m: 3:35.15	36.59	400m: 4:46.97	35.28			
15.	ZGODA Anna		94	JORDAN Krakow						4:47.00	584
	50m: 33.47	33.47	150m: 1:45.78	36.28	250m: 2:58.51	36.35	350m: 4:11.53	36.70			
	100m: 1:09.50	36.03	200m: 2:22.16	36.38	300m: 3:34.83	36.32	400m: 4:47.00	35.47			
16.	STANISZEWSKA Zuzanna		94	OLIBORZ Warszawa						4:47.60	580
	50m: 32.19	32.19	150m: 1:43.21	35.90	250m: 2:56.92	37.02	350m: 4:11.32	37.10			
	100m: 1:07.31	35.12	200m: 2:19.90	36.69	300m: 3:34.22	37.30	400m: 4:47.60	36.28			