

Zimowe Mistrzostwa Polski Juniorów 15 lat  
Nowa Ruda - S<sup>3</sup>upiec, 23. - 25.1.2009

Konkurencja 20  
2009-01-24

Ch<sup>3</sup>opców, 400m dowolny

15 lat  
Wyniki Fina<sup>3</sup>

Rekord Polski 3:55.05 SZUBA Micha<sup>3</sup> SLWRO Nowa Ruda 2005-12-08

Punkty: FINA 2008

Pozycja			Rok ur.							Czas	Pkt.	
Fina <sup>3</sup> A												
1.	BERNATOWICZ Sebastian		94	PIĘTNASTKA AQUA Bydgoszcz						<b>3:58.52</b>	762	
	50m:	27.38	27.38	150m:	1:27.86	30.43	250m:	2:28.70	30.46	350m:	3:29.72	30.81
	100m:	57.43	30.05	200m:	1:58.24	30.38	300m:	2:58.91	30.21	400m:	3:58.52	28.80
2.	ZONIUK Maciej		94	ŁELĄSK Wroc <sup>3</sup> aw						<b>3:59.34</b>	754	
	50m:	27.37	27.37	150m:	1:27.69	30.31	250m:	2:28.23	30.03	350m:	3:29.79	30.91
	100m:	57.38	30.01	200m:	1:58.20	30.51	300m:	2:58.88	30.65	400m:	3:59.34	29.55
3.	KURANT Roger		94	KSZO Ostrowiec						<b>4:05.58</b>	698	
	50m:	27.55	27.55	150m:	1:28.64	30.85	250m:	2:31.20	31.43	350m:	3:35.25	31.96
	100m:	57.79	30.24	200m:	1:59.77	31.13	300m:	3:03.29	32.09	400m:	4:05.58	30.33
4.	BUJOCZEK Filip		94	CSiR MOS D <sup>1</sup> browa Górnicza						<b>4:09.23</b>	668	
	50m:	27.04	27.04	150m:	1:29.13	31.33	250m:	2:33.44	32.37	350m:	3:38.32	32.29
	100m:	57.80	30.76	200m:	2:01.07	31.94	300m:	3:06.03	32.59	400m:	4:09.23	30.91
5.	ZABOROWSKI Filip		94	FLOTA Gdynia						<b>4:09.92</b>	662	
	50m:	27.92	27.92	150m:	1:30.26	31.26	250m:	2:34.06	32.00	350m:	3:38.43	32.22
	100m:	59.00	31.08	200m:	2:02.06	31.80	300m:	3:06.21	32.15	400m:	4:09.92	31.49
6.	SMEJA S <sup>3</sup> awomir		94	AZS WSG-ASTORIA Bydgoszcz						<b>4:12.54</b>	642	
	50m:	28.47	28.47	150m:	1:31.82	32.08	250m:	2:37.11	32.64	350m:	3:41.80	32.52
	100m:	59.74	31.27	200m:	2:04.47	32.65	300m:	3:09.28	32.17	400m:	4:12.54	30.74
7.	TOMASZEWSKI Jacek		94	REKIN Warszawa						<b>4:12.79</b>	640	
	50m:	28.59	28.59	150m:	1:32.27	32.25	250m:	2:37.21	32.63	350m:	3:41.74	32.01
	100m:	1:00.02	31.43	200m:	2:04.58	32.31	300m:	3:09.73	32.52	400m:	4:12.79	31.05
8.	BREMBOR Tomasz		94	AZS AWF Katowice						<b>4:19.28</b>	593	
	50m:	28.91	28.91	150m:	1:32.26	32.45	250m:	2:38.40	33.24	350m:	3:45.76	33.78
	100m:	59.81	30.90	200m:	2:05.16	32.90	300m:	3:11.98	33.58	400m:	4:19.28	33.52
Fina <sup>3</sup> B												
9.	RYSKI Marcin		94	KORMORAN Olsztyn						<b>4:12.94</b>	639	
	50m:	29.68	29.68	150m:	1:33.83	32.38	250m:	2:39.19	32.51	350m:	3:43.04	31.43
	100m:	1:01.45	31.77	200m:	2:06.68	32.85	300m:	3:11.61	32.42	400m:	4:12.94	29.90
10.	KLICH Kacper		94	AZS AWF Katowice						<b>4:13.77</b>	633	
	50m:	28.58	28.58	150m:	1:32.97	32.40	250m:	2:38.12	32.61	350m:	3:42.93	32.20
	100m:	1:00.57	31.99	200m:	2:05.51	32.54	300m:	3:10.73	32.61	400m:	4:13.77	30.84
11.	KACZMARSKI Marcin		94	KSZO Ostrowiec						<b>4:14.26</b>	629	
	50m:	28.91	28.91	150m:	1:33.28	32.58	250m:	2:38.66	32.50	350m:	3:43.39	32.15
	100m:	1:00.70	31.79	200m:	2:06.16	32.88	300m:	3:11.24	32.58	400m:	4:14.26	30.87
12.	BEDNARCZYK Pawe <sup>3</sup>		94	ŁELĄSK Wroc <sup>3</sup> aw						<b>4:16.40</b>	613	
	50m:	29.05	29.05	150m:	1:34.43	33.24	250m:	2:41.26	33.21	350m:	3:46.75	32.23
	100m:	1:01.19	32.14	200m:	2:08.05	33.62	300m:	3:14.52	33.26	400m:	4:16.40	29.65
13.	KOSZPER Maciej		94	ORZEŁ Elbl <sup>1</sup> g						<b>4:17.16</b>	608	
	50m:	29.85	29.85	150m:	1:34.57	32.61	250m:	2:40.32	32.88	350m:	3:46.18	33.05
	100m:	1:01.96	32.11	200m:	2:07.44	32.87	300m:	3:13.13	32.81	400m:	4:17.16	30.98
14.	KOLEC Mi <sup>3</sup> osz		94	MKP Szczecin						<b>4:17.40</b>	606	
	50m:	28.39	28.39	150m:	1:33.04	32.75	250m:	2:38.91	32.91	350m:	3:45.94	33.59
	100m:	1:00.29	31.90	200m:	2:06.00	32.96	300m:	3:12.35	33.44	400m:	4:17.40	31.46
15.	SZMIT B <sup>3</sup> ażej		94	KORMORAN Olsztyn						<b>4:20.27</b>	586	
	50m:	29.17	29.17	150m:	1:34.24	32.77	250m:	2:40.64	33.13	350m:	3:48.05	33.64
	100m:	1:01.47	32.30	200m:	2:07.51	33.27	300m:	3:14.41	33.77	400m:	4:20.27	32.22
16.	LASSEK Bart <sup>3</sup> omiej		94	TRÓJKA Łódź						<b>4:20.36</b>	586	
	50m:	29.59	29.59	150m:	1:34.45	32.82	250m:	2:40.89	33.11	350m:	3:48.14	33.56
	100m:	1:01.63	32.04	200m:	2:07.78	33.33	300m:	3:14.58	33.69	400m:	4:20.36	32.22