

Mistrzostwa Polski 17-18 latków  
Oświęcim, 30.1. - 1.2.2009

Konkurencja 12  
30.01.2009 - 10:48

Ch<sup>3</sup>opców, 400m zmienny

17 - 18 lat  
Wyniki Eliminacje

Rekord Polski 17	4:11.81	Matczak Mateusz	TRLOD	Helsinki	08.12.2006
Rekord Polski 18	4:09.07	Matczak Mateusz	TRLOD	Debreczyn	14.12.2007

Punkty: FINA 2008

Pozycja			Rok ur.					Czas	Pkt.		
1.	Stachura Maciej SK		91	ZRYW Opole				<b>4:27.32</b>	750	A	
	50m:	28.75 28.75	150m:	1:35.41	35.26	250m:	2:46.95	37.76	350m:	3:57.37	33.04
	100m:	1:00.15 31.40	200m:	2:09.19	33.78	300m:	3:24.33	37.38	400m:	4:27.32	29.95
2.	Pe <sup>3</sup> czyński Kacper		92	UKP UNIA Oświęcim				<b>4:28.67</b>	739	A	
	50m:	28.83 28.83	150m:	1:36.72	35.47	250m:	2:48.10	36.47	350m:	3:57.28	31.41
	100m:	1:01.25 32.42	200m:	2:11.63	34.91	300m:	3:25.87	37.77	400m:	4:28.67	31.39
3.	Zaczyński Karol SO		91	AZS AWF Katowice				<b>4:29.92</b>	728	A	
	50m:	27.95 27.95	150m:	1:35.29	34.91	250m:	2:47.19	37.66	350m:	3:58.80	32.96
	100m:	1:00.38 32.43	200m:	2:09.53	34.24	300m:	3:25.84	38.65	400m:	4:29.92	31.12
4.	Misiak Piotr		92	G-8 Bielany Warszawa				<b>4:30.74</b>	722	A	
	50m:	28.17 28.17	150m:	1:36.22	35.15	250m:	2:48.57	37.84	350m:	4:00.28	32.21
	100m:	1:01.07 32.90	200m:	2:10.73	34.51	300m:	3:28.07	39.50	400m:	4:30.74	30.46
5.	Mosięży Mateusz		92	SŁOWIANKA Gorzów Wlkp.				<b>4:31.09</b>	719	A	
	50m:	28.58 28.58	150m:	1:35.56	34.18	250m:	2:48.02	38.28	350m:	3:59.80	32.23
	100m:	1:01.38 32.80	200m:	2:09.74	34.18	300m:	3:27.57	39.55	400m:	4:31.09	31.29
6.	Certa Maciej SO		91	WISŁA Puławy				<b>4:31.18</b>	718	A	
	50m:	28.08 28.08	150m:	1:35.32	34.35	250m:	2:47.04	37.93	350m:	3:59.09	33.44
	100m:	1:00.97 32.89	200m:	2:09.11	33.79	300m:	3:25.65	38.61	400m:	4:31.18	32.09
7.	Wieteska Mateusz		91	START Łódź				<b>4:34.65</b>	691	A	
	50m:	28.83 28.83	150m:	1:37.93	36.04	250m:	2:52.22	40.00	350m:	4:04.08	31.88
	100m:	1:01.89 33.06	200m:	2:12.22	34.29	300m:	3:32.20	39.98	400m:	4:34.65	30.57
8.	Dyrek Mateusz		91	JORDAN Kraków				<b>4:36.97</b>	674	A	
	50m:	28.24 28.24	150m:	1:36.12	35.87	250m:	2:50.29	38.92	350m:	4:03.84	33.52
	100m:	1:00.25 32.01	200m:	2:11.37	35.25	300m:	3:30.32	40.03	400m:	4:36.97	33.13
9.	Najmowicz Sebastian		91	KORMORAN Olsztyn				<b>4:37.93</b>	667	B	
	50m:	29.86 29.86	150m:	1:42.00	37.62	250m:	2:55.43	37.01	350m:	4:06.17	33.19
	100m:	1:04.38 34.52	200m:	2:18.42	36.42	300m:	3:32.98	37.55	400m:	4:37.93	31.76
10.	Skubicha Konrad		92	ORLIK Lublin				<b>4:38.85</b>	661	B	
	50m:	28.10 28.10	150m:			250m:	2:51.60	40.90	350m:	4:06.92	33.52
	100m:	1:00.72 32.62	200m:	2:10.70		300m:	3:33.40	41.80	400m:	4:38.85	31.93
11.	Pierwieniecki Juliusz SS		91	MKP Szczecin				<b>4:39.11</b>	659	B	
	50m:	29.10 29.10	150m:	1:38.35	35.99	250m:	2:53.10	38.80	350m:	4:06.00	32.80
	100m:	1:02.36 33.26	200m:	2:14.30	35.95	300m:	3:33.20	40.10	400m:	4:39.11	33.11
12.	Liszewski Rafał		92	UKP UNIA Oświęcim				<b>4:40.42</b>	650	B ske	
	50m:	28.48 28.48	150m:	1:38.89	36.73	250m:	2:54.42	39.60	350m:	4:07.72	33.53
	100m:	1:02.16 33.68	200m:	2:14.82	35.93	300m:	3:34.19	39.77	400m:	4:40.42	32.70
13.	Baranowski Bartłomiej		91	SOLEX Łębork				<b>4:43.53</b>	628	B	
	50m:	29.68 29.68	150m:	1:38.33	35.39	250m:	2:55.19	41.88	350m:	4:13.13	34.53
	100m:	1:02.94 33.26	200m:	2:13.31	34.98	300m:	3:38.60	43.41	400m:	4:43.53	30.40
14.	Sak Przemysław		92	DELFIN Połaniec				<b>4:44.22</b>	624	B	
	50m:	28.70 28.70	150m:	1:38.36	36.45	250m:	2:55.01	41.15	350m:	4:11.13	34.21
	100m:	1:01.91 33.21	200m:	2:13.86	35.50	300m:	3:36.92	41.91	400m:	4:44.22	33.09
15.	Zyznowski Michał		92	MZOS Póck				<b>4:44.42</b>	622	B	
	50m:	29.00 29.00	150m:	1:40.91	38.24	250m:	2:57.94	39.36	350m:	4:12.64	33.30
	100m:	1:02.67 33.67	200m:	2:18.58	37.67	300m:	3:39.34	41.40	400m:	4:44.42	31.78
16.	Drobniewski Bartosz		92	DELFIN Toruń				<b>4:49.70</b>	589	B	
	50m:	31.01 31.01	150m:	1:45.59	39.27	250m:	3:04.06	39.91	350m:	4:17.87	33.47
	100m:	1:06.32 35.31	200m:	2:24.15	38.56	300m:	3:44.40	40.34	400m:	4:49.70	31.83
17.	Behnke Maciej		91	TRÓJKA Czeroda Wlkp.				<b>4:52.58</b>	572	R	
	50m:	30.59 30.59	150m:	1:44.33	38.12	250m:	3:04.07	42.65	350m:	4:19.85	33.30
	100m:	1:06.21 35.62	200m:	2:21.42	37.09	300m:	3:46.55	42.48	400m:	4:52.58	32.73

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Konkurencja 12, Ch<sup>3</sup>opców, 400m zmienny, Eliminacje, 17 - 18 lat

Pozycja	Rok ur.								Czas	Pkt.	
18. Knapik Piotr	92 UKP UNIA Oświęcim								<b>4:52.87</b>	570 R	
50m:	29.70	29.70	150m:	1:41.17	37.27	250m:	2:59.87	41.14	350m:	4:17.67	35.51
100m:	1:03.90	34.20	200m:	2:18.73	37.56	300m:	3:42.16	42.29	400m:	4:52.87	35.20
19. Pióro Artur	91 PAŁAC Katowice								<b>5:00.51</b>	528	
50m:	29.81	29.81	150m:	1:44.09	38.37	250m:	3:07.47	44.65	350m:	4:27.55	34.40
100m:	1:05.72	35.91	200m:	2:22.82	38.73	300m:	3:53.15	45.68	400m:	5:00.51	32.96
20. Brzeziański Michał <sup>3</sup>	92 JEDYNKA Łódź								<b>5:03.23</b>	514	
50m:	31.32	31.32	150m:	1:42.71	36.49	250m:	3:04.31	45.92	350m:	4:27.44	37.01
100m:	1:06.22	34.90	200m:	2:18.39	35.68	300m:	3:50.43	46.12	400m:	5:03.23	35.79