

Mistrzostwa Polski 17-18 latków  
Oświęcim, 30.1. - 1.2.2009

Konkurencja 12  
30.01.2009 - 17:50

Ch<sup>3</sup>opców, 400m zmienny

17 - 18 lat  
Wyniki Fina<sup>3</sup>

Rekord Polski 17	4:11.81	Matczak Mateusz	TRLOD	Helsinki	08.12.2006
Rekord Polski 18	4:09.07	Matczak Mateusz	TRLOD	Debreczyn	14.12.2007

Punkty: FINA 2008

Pozycja			Rok ur.					Czas	Pkt.		
<b>Fina<sup>3</sup> A</b>											
1.	Zaczyński Karol SO		91	AZS AWF Katowice				<b>4:22.56</b>	791		
	50m:	27.45 27.45	150m:	1:33.22	33.91	250m:	2:44.54	37.46	350m:	3:53.80	30.81
	100m:	59.31 31.86	200m:	2:07.08	33.86	300m:	3:22.99	38.45	400m:	4:22.56	28.76
2.	Stachura Maciej SK		91	ZRYW Opole				<b>4:23.35</b>	784		
	50m:	27.93 27.93	150m:	1:34.07	34.64	250m:	2:45.04	36.02	350m:	3:53.40	31.01
	100m:	59.43 31.50	200m:	2:09.02	34.95	300m:	3:22.39	37.35	400m:	4:23.35	29.95
3.	Pe <sup>3</sup> czyński Kacper		92	UKP UNIA Oświęcim				<b>4:23.57</b>	782		
	50m:	28.53 28.53	150m:	1:35.17	34.97	250m:	2:45.87	36.23	350m:	3:53.43	30.39
	100m:	1:00.20 31.67	200m:	2:09.64	34.47	300m:	3:23.04	37.17	400m:	4:23.57	30.14
4.	Certa Maciej SO		91	WISŁA Pu <sup>3</sup> awy				<b>4:25.11</b>	769		
	50m:	28.01 28.01	150m:	1:35.09	34.72	250m:	2:46.05	36.82	350m:	3:54.49	31.51
	100m:	1:00.37 32.36	200m:	2:09.23	34.14	300m:	3:22.98	36.93	400m:	4:25.11	30.62
5.	Misiak Piotr		92	G-8 Bielany Warszawa				<b>4:28.80</b>	737		
	50m:	27.97 27.97	150m:	1:34.60	34.33	250m:	2:46.38	38.28	350m:	3:58.69	31.83
	100m:	1:00.27 32.30	200m:	2:08.10	33.50	300m:	3:26.86	40.48	400m:	4:28.80	30.11
6.	Wieteska Mateusz		91	START Łódź				<b>4:29.36</b>	733		
	50m:	28.73 28.73	150m:	1:37.25	35.46	250m:	2:50.02	39.27	350m:	4:00.27	31.41
	100m:	1:01.79 33.06	200m:	2:10.75	33.50	300m:	3:28.86	38.84	400m:	4:29.36	29.09
7.	Dyrek Mateusz		91	JORDAN Kraków				<b>4:30.79</b>	721		
	50m:	29.37 29.37	150m:	1:37.83	35.17	250m:	2:50.87	38.20	350m:	4:01.02	32.09
	100m:	1:02.66 33.29	200m:	2:12.67	34.84	300m:	3:28.93	38.06	400m:	4:30.79	29.77
8.	Mosi <sup>3</sup> ny Mateusz		92	SŁOWIANKA Gorzów Wlkp.				<b>4:32.10</b>	711		
	50m:	27.95 27.95	150m:	1:34.71	34.57	250m:	2:48.00	39.26	350m:	4:01.26	32.54
	100m:	1:00.14 32.19	200m:	2:08.74	34.03	300m:	3:28.72	40.72	400m:	4:32.10	30.84
<b>Fina<sup>3</sup> B</b>											
9.	Skubicha Konrad		92	ORLIK Lublin				<b>4:36.08</b>	681		
	50m:	30.32 30.32	150m:	1:39.49	35.01	250m:	2:53.44	38.39	350m:	4:05.84	32.28
	100m:	1:04.48 34.16	200m:	2:15.05	35.56	300m:	3:33.56	40.12	400m:	4:36.08	30.24
10.	Najmowicz Sebastian		91	KORMORAN Olsztyn				<b>4:38.34</b>	664		
	50m:	29.96 29.96	150m:	1:42.35	37.51	250m:	2:56.22	37.28	350m:	4:06.63	32.86
	100m:	1:04.84 34.88	200m:	2:18.94	36.59	300m:	3:33.77	37.55	400m:	4:38.34	31.71
11.	Pierwieniecki Juliusz SS		91	MKP Szczecin				<b>4:39.45</b>	656		
	50m:	29.97 29.97	150m:	1:40.07	36.26	250m:	2:55.31	39.48	350m:	4:07.79	31.88
	100m:	1:03.81 33.84	200m:	2:15.83	35.76	300m:	3:35.91	40.60	400m:	4:39.45	31.66
12.	Sak Przemysław		92	DELFIN Po <sup>3</sup> aniec				<b>4:42.27</b>	637		
	50m:	29.12 29.12	150m:	1:38.91	36.47	250m:	2:54.75	40.02	350m:	4:09.12	33.59
	100m:	1:02.44 33.32	200m:	2:14.73	35.82	300m:	3:35.53	40.78	400m:	4:42.27	33.15
13.	Zyznowski Micha <sup>3</sup>		92	MZOS P <sup>3</sup> ock				<b>4:43.05</b>	632		
	50m:	29.05 29.05	150m:	1:40.88	38.10	250m:	2:57.11	38.80	350m:	4:11.40	32.58
	100m:	1:02.78 33.73	200m:	2:18.31	37.43	300m:	3:38.82	41.71	400m:	4:43.05	31.65
14.	Drobniewski Bartosz		92	DELFIN Toruń				<b>4:48.13</b>	599		
	50m:	30.78 30.78	150m:	1:45.18	39.01	250m:	3:02.75	39.34	350m:	4:16.72	33.99
	100m:	1:06.17 35.39	200m:	2:23.41	38.23	300m:	3:42.73	39.98	400m:	4:48.13	31.41
15.	Baranowski Bart <sup>3</sup> omiej		91	SOLEX Lębork				<b>4:48.72</b>	595		
	50m:	29.48 29.48	150m:	1:38.19	35.08	250m:	2:54.97	42.76	350m:	4:14.60	36.08
	100m:	1:03.11 33.63	200m:	2:12.21	34.02	300m:	3:38.52	43.55	400m:	4:48.72	34.12
16.	Behnke Maciej		91	TRÓJKA Oeroda Wlkp.				<b>4:54.11</b>	563		
	50m:	29.96 29.96	150m:	1:43.22	38.21	250m:	3:02.90	42.38	350m:	4:20.54	34.01
	100m:	1:05.01 35.05	200m:	2:20.52	37.30	300m:	3:46.53	43.63	400m:	4:54.11	33.57