

Zimowe Mistrzostwa Polski Juniorów 16 lat
W³adys³awowo, 30.1. - 1.2.2009

Konkurencja 11
30.1.2009 - 11:13

Dziewcz¹t, 400m zmienny

16 lat
Wyniki Eliminacje

RP16 4:42.49 JĘDRZEJCZAK, Otylia PAKAT Spa³a 18.12.1999

Punkty: FINA 2008

Pozycja			Rok ur.					Czas	Pkt.		
1.	UKOWSKA, Paula		93	Zryw Opole				4:50.90	791	A	
	50m:	30.70 30.70	150m:	1:42.73	37.23	250m:	2:59.90	41.20	350m:	4:17.95	36.21
	100m:	1:05.50 34.80	200m:	2:18.70	35.97	300m:	3:41.74	41.84	400m:	4:50.90	32.95
2.	CHARŁOS, Natalia		93	PZP				4:57.70	738	A	
	50m:	31.61 31.61	150m:	1:45.72	37.91	250m:	3:06.15	43.49	350m:	4:24.42	34.18
	100m:	1:07.81 36.20	200m:	2:22.66	36.94	300m:	3:50.24	44.09	400m:	4:57.70	33.28
3.	SIKORA, Paulina SO		93	Unia Oœwiêcim				4:57.71	738	A	
	50m:	31.19 31.19	150m:	1:45.08	38.46	250m:	3:05.81	43.12	350m:	4:23.47	34.66
	100m:	1:06.62 35.43	200m:	2:22.69	37.61	300m:	3:48.81	43.00	400m:	4:57.71	34.24
4.	KORZENIOWSKA, Marta SO		93	Unia Oœwiêcim				5:01.18	713	A	
	50m:	32.55 32.55	150m:	1:47.02	38.06	250m:	3:06.05	42.13	350m:	4:25.58	36.59
	100m:	1:08.96 36.41	200m:	2:23.92	36.90	300m:	3:48.99	42.94	400m:	5:01.18	35.60
5.	DAWIDOWICZ, Anna		93	Pi¹tka Konstantynów				5:01.31	712	A	
	50m:	32.42 32.42	150m:	1:47.49	38.57	250m:	3:07.07	42.54	350m:	4:25.74	36.39
	100m:	1:08.92 36.50	200m:	2:24.53	37.04	300m:	3:49.35	42.28	400m:	5:01.31	35.57
6.	WICENIEWSKA, Magdalena		93	Poznania Poznañ				5:02.43	704	A	
	50m:	31.71 31.71	150m:	1:47.85	38.41	250m:	3:07.09	41.52	350m:	4:26.88	37.13
	100m:	1:09.44 37.73	200m:	2:25.57	37.72	300m:	3:49.75	42.66	400m:	5:02.43	35.55
7.	ZACHOSZCZ, Joanna		93	Znicz Koszalin				5:05.29	684	B	
	50m:	31.91 31.91	150m:	1:47.98	39.51	250m:	3:08.03	41.21	350m:	4:28.90	38.18
	100m:	1:08.47 36.56	200m:	2:26.82	38.84	300m:	3:50.72	42.69	400m:	5:05.29	36.39
8.	PYSZKA, Alicja		93	Jordan Kraków				5:05.90	680	B SKR	
	50m:	32.35 32.35	150m:	1:48.95	39.57	250m:	3:11.54	43.70	350m:	4:31.34	35.36
	100m:	1:09.38 37.03	200m:	2:27.84	38.89	300m:	3:55.98	44.44	400m:	5:05.90	34.56
9.	KŁAPYTA, Karolina		93	Jordan Kraków				5:08.61	662	B	
	50m:	32.74 32.74	150m:	1:47.98	37.84	250m:	3:09.55	43.92	350m:	4:32.03	37.62
	100m:	1:10.14 37.40	200m:	2:25.63	37.65	300m:	3:54.41	44.86	400m:	5:08.61	36.58
10.	CHLIPAŁA, Patrycja		93	Jordan Kraków				5:12.84	636	B SKR	
	50m:	33.52 33.52	150m:	1:50.88	38.81	250m:	3:14.79	45.52	350m:	4:37.38	36.72
	100m:	1:12.07 38.55	200m:	2:29.27	38.39	300m:	4:00.66	45.87	400m:	5:12.84	35.46
11.	MIŁKOWSKA, Marta SO		93	Orka Łódziny				5:12.95	635	B	
	50m:	33.26 33.26	150m:	1:51.94	40.16	250m:	3:16.35	45.29	350m:	4:38.36	36.60
	100m:	1:11.78 38.52	200m:	2:31.06	39.12	300m:	4:01.76	45.41	400m:	5:12.95	34.59
12.	MICHALIK, Magdalena		93	MOS D¹browa Górnicza				5:14.98	623	B	
	50m:	34.47 34.47	150m:	1:54.71	41.49	250m:	3:19.23	44.46	350m:	4:39.86	35.81
	100m:	1:13.22 38.75	200m:	2:34.77	40.06	300m:	4:04.05	44.82	400m:	5:14.98	35.12
13.	PUZANISTA, Katarzyna		93	Start ŁódŸ				5:21.03	589	R SKR	
	50m:	33.57 33.57	150m:	1:55.35	42.24	250m:	3:19.49	43.20	350m:	4:42.86	39.22
	100m:	1:13.11 39.54	200m:	2:36.29	40.94	300m:	4:03.64	44.15	400m:	5:21.03	38.17