

Zawody P<sup>3</sup>ywackie Grand Prix - Puchar Polski Lublin 2009  
Lublin, 14. - 15.3.2009

Konkurencja 2  
14.3.09 - 10:30

M<sup>ę</sup>czyzn, 400m zmienny

Open  
Wyniki

Punkty: FINA 2008

Pozycja			Rok ur.					Czas	Pkt.		
1.	Malczak Mateusz		89	TRÓJKA Łódź				<b>4:21.45</b>	801		
	50m:	27.38 27.38	150m:	1:34.30	34.88	250m:	2:44.43	36.40	350m:	3:52.59	30.87
	100m:	59.42 32.04	200m:	2:08.03	33.73	300m:	3:21.72	37.29	400m:	4:21.45	28.86
2.	Certa Maciej SO		91	WISŁA Puławy				<b>4:25.07</b>	769		
	50m:	28.04 28.04	150m:	1:34.76	34.34	250m:	2:45.84	36.52	350m:	3:54.42	31.58
	100m:	1:00.42 32.38	200m:	2:09.32	34.56	300m:	3:22.84	37.00	400m:	4:25.07	30.65
3.	Pe <sup>3</sup> czyński Kacper SO		92	UKP UNIA Oświęcim				<b>4:34.09</b>	696		
	50m:	28.87 28.87	150m:	1:37.92	36.31	250m:	2:50.21	37.10	350m:	4:02.36	33.88
	100m:	1:01.61 32.74	200m:	2:13.11	35.19	300m:	3:28.48	38.27	400m:	4:34.09	31.73
4.	Trenda Paweł SO		92	UKP UNIA Oświęcim				<b>4:34.97</b>	689		
	50m:	29.66 29.66	150m:	1:39.44	36.45	250m:	2:53.28	38.00	350m:	4:04.51	33.03
	100m:	1:02.99 33.33	200m:	2:15.28	35.84	300m:	3:31.48	38.20	400m:	4:34.97	30.46
5.	Pacholczyk Mateusz		92	KORMORAN Olsztyn				<b>4:35.74</b>	683		
	50m:	29.13 29.13	150m:	1:40.17	38.13	250m:	2:54.39	37.55	350m:	4:04.48	32.42
	100m:	1:02.04 32.91	200m:	2:16.84	36.67	300m:	3:32.06	37.67	400m:	4:35.74	31.26
6.	Kliza Mateusz		94	KP AVIA Œwidnik				<b>4:41.77</b>	640		
	50m:	30.07 30.07	150m:	1:39.48	35.96	250m:	2:55.31	40.26	350m:	4:09.02	33.16
	100m:	1:03.52 33.45	200m:	2:15.05	35.57	300m:	3:35.86	40.55	400m:	4:41.77	32.75
7.	KOTOWICZ JAN		91	LUBLINIANKA Lublin				<b>4:42.10</b>	638		
	50m:	30.56 30.56	150m:	1:40.56	35.23	250m:	2:55.66	40.28	350m:	4:10.28	33.40
	100m:	1:05.33 34.77	200m:	2:15.38	34.82	300m:	3:36.88	41.22	400m:	4:42.10	31.82
8.	Skubicha Konrad		92	ORLIK Lublin				<b>4:42.31</b>	637		
	50m:	29.53 29.53	150m:	1:40.77	37.11	250m:	2:56.86	39.52	350m:	4:11.32	33.51
	100m:	1:03.66 34.13	200m:	2:17.34	36.57	300m:	3:37.81	40.95	400m:	4:42.31	30.99
9.	Rutkowski Szymon		88	AZS AWF Warszawa				<b>4:42.88</b>	633		
	50m:	29.88 29.88	150m:	1:43.06	38.62	250m:	2:59.13	38.70	350m:	4:12.61	33.63
	100m:	1:04.44 34.56	200m:	2:20.43	37.37	300m:	3:38.98	39.85	400m:	4:42.88	30.27
10.	Szwedzki Dawid		94	PIŁTKA Konstancynów				<b>4:45.14</b>	618		
	50m:	32.22 32.22	150m:	1:46.27	36.95	250m:	2:59.32	38.50	350m:	4:13.45	34.06
	100m:	1:09.32 37.10	200m:	2:20.82	34.55	300m:	3:39.39	40.07	400m:	4:45.14	31.69
11.	Baran Rafał		93	Jordan Kraków				<b>4:46.36</b>	610		
	50m:	29.82 29.82	150m:	1:39.91	36.53	250m:	2:58.26	41.50	350m:	4:13.59	32.80
	100m:	1:03.38 33.56	200m:	2:16.76	36.85	300m:	3:40.79	42.53	400m:	4:46.36	32.77
12.	Pasikowski Piotr		93	TRÓJKA Łódź				<b>4:46.73</b>	608		
	50m:	28.66 28.66	150m:	1:39.28	37.30	250m:	2:56.87	41.03	350m:	4:13.80	34.21
	100m:	1:01.98 33.32	200m:	2:15.84	36.56	300m:	3:39.59	42.72	400m:	4:46.73	32.93
13.	Najmowicz Sebastian		91	KORMORAN Olsztyn				<b>4:47.13</b>	605		
	50m:	30.89 30.89	150m:	1:44.64	38.57	250m:	3:00.84	38.66	350m:	4:14.59	34.21
	100m:	1:06.07 35.18	200m:	2:22.18	37.54	300m:	3:40.38	39.54	400m:	4:47.13	32.54
14.	Biaduń Adrian		93	LUBLINIANKA Lublin				<b>4:47.54</b>	602		
	50m:	30.95 30.95	150m:	1:47.11	39.83	250m:	3:03.14	38.13	350m:	4:16.20	34.53
	100m:	1:07.28 36.33	200m:	2:25.01	37.90	300m:	3:41.67	38.53	400m:	4:47.54	31.34
15.	ukowski Maciej		93	UKS ORKA Zamocæ				<b>4:50.22</b>	586		
	50m:	30.74 30.74	150m:	1:44.72	39.54	250m:	3:02.97	40.34	350m:	4:17.80	33.86
	100m:	1:05.18 34.44	200m:	2:22.63	37.91	300m:	3:43.94	40.97	400m:	4:50.22	32.42
16.	Skórski Jakub		94	KP AVIA Œwidnik				<b>5:01.86</b>	521		
	50m:	31.25 31.25	150m:	1:45.57	39.01	250m:	3:08.25	44.03	350m:	4:28.87	35.46
	100m:	1:06.56 35.31	200m:	2:24.22	38.65	300m:	3:53.41	45.16	400m:	5:01.86	32.99
17.	Wiak Jakub		95	ORLIK Lublin				<b>5:05.11</b>	504		
	50m:	30.89 30.89	150m:	1:48.65	41.00	250m:	3:11.57	43.43	350m:	4:31.82	35.03
	100m:	1:07.65 36.76	200m:	2:28.14	39.49	300m:	3:56.79	45.22	400m:	5:05.11	33.29

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Konkurencja 2, Mężczyzn, 400m zmienny, Open

Pozycja			Rok ur.					Czas	Pkt.			
18.	Miernik Emil		93	PIŁTKA Konstantynów				<b>5:05.52</b>	502			
	50m:	32.75	32.75	150m:	1:49.19	38.63	250m:	3:11.00	45.13	350m:	4:31.16	35.86
	100m:	1:10.56	37.81	200m:	2:25.87	36.68	300m:	3:55.30	44.30	400m:	5:05.52	34.36
19.	Potulski Dariusz		93	TRÓJKA Łódź				<b>5:07.68</b>	492			
	50m:	32.24	32.24	150m:	1:48.38	38.58	250m:	3:11.62	46.06	350m:	4:32.97	35.11
	100m:	1:09.80	37.56	200m:	2:25.56	37.18	300m:	3:57.86	46.24	400m:	5:07.68	34.71
20.	Brodzik Andrzej		94	SKARPA Lublin				<b>5:26.10</b>	413			
	50m:	32.64	32.64	150m:	1:58.06	43.76	250m:	3:24.44	45.44	350m:	4:49.51	38.42
	100m:	1:14.30	41.66	200m:	2:39.00	40.94	300m:	4:11.09	46.65	400m:	5:26.10	36.59