

Grand Prix -Puchar Polski
Ocewięcim, 25. - 26.4.2009

Konkurencja 31
2009-04-26 - 11:30

Kobiet, 400m dowolny

Open
Wyniki

Punkty: FINA 2008

Pozycja	Rok ur.	Czas Pkt.	100m	200m	300m	400m
1. Szczepaniak Karolina	92 AZS AWF Warszawa	4:22.03 799	1:04.14	1:06.72	1:06.24	1:04.93
50m:	150m:	250m:	350m:			
100m: 1:04.14	200m: 2:10.86	300m: 3:17.10	400m: 4:22.03			
2. ȃnowska Katarzyna	90 MZOS Pȃock	4:23.85 782	1:04.52	1:06.95	1:06.90	1:05.48
50m:	150m:	250m:	350m:			
100m: 1:04.52	200m: 2:11.47	300m: 3:18.37	400m: 4:23.85			
3. Cisowska Aleksandra	89 AZS AGH Krakȃw	4:29.41 735	1:04.95	1:08.22	1:08.78	1:07.46
50m:	150m:	250m:	350m:			
100m: 1:04.95	200m: 2:13.17	300m: 3:21.95	400m: 4:29.41			
4. Olczak Mirela	93 SŁOWIANKA Gorzȃw Wilk.	4:30.05 730	1:04.53	1:07.72	1:09.36	1:08.44
50m:	150m:	250m:	350m:			
100m: 1:04.53	200m: 2:12.25	300m: 3:21.61	400m: 4:30.05			
5. Gaweȃczyk Dominika SK	91 AZS AWF Katowice	4:31.74 716	1:04.60	1:08.57	1:09.46	1:09.11
50m:	150m:	250m:	350m:			
100m: 1:04.60	200m: 2:13.17	300m: 3:22.63	400m: 4:31.74			
6. Majda Aleksandra	90 ŒELŸSK Wrocȃw	4:32.05 714	1:05.05	1:09.34	1:09.44	1:08.22
50m:	150m:	250m:	350m:			
100m: 1:05.05	200m: 2:14.39	300m: 3:23.83	400m: 4:32.05			
7. Kilijańska Donata	95 KSZO Ostrowiec Œew.	4:34.30 696	1:06.36	1:09.37	1:09.99	1:08.58
50m:	150m:	250m:	350m:			
100m: 1:06.36	200m: 2:15.73	300m: 3:25.72	400m: 4:34.30			
8. Trojanowska Kinga	95 SKRA Beȃchatȃw	4:35.24 689	1:06.91	1:10.78	1:09.95	1:07.60
50m:	150m:	250m:	350m:			
100m: 1:06.91	200m: 2:17.69	300m: 3:27.64	400m: 4:35.24			
9. Wikieȃ Manuela SS	92 UŒEKS Ostroȃeka	4:35.81 685	1:04.70	1:09.72	1:10.84	1:10.55
50m:	150m:	250m:	350m:			
100m: 1:04.70	200m: 2:14.42	300m: 3:25.26	400m: 4:35.81			
10. Wilk Katarzyna SK	92 JORDAN Krakȃw	4:36.39 681	1:04.07	1:10.08	1:10.58	1:11.66
50m:	150m:	250m:	350m:			
100m: 1:04.07	200m: 2:14.15	300m: 3:24.73	400m: 4:36.39			
11. Naziębȃo Klaudia	93 JUVENIA Wrocȃw	4:37.11 675	1:06.69	1:12.25	1:10.62	1:07.55
50m:	150m:	250m:	350m:			
100m: 1:06.69	200m: 2:18.94	300m: 3:29.56	400m: 4:37.11			
12. Wasilewska Barbara	94 OSiR Piotrkȃw Tryb.	4:37.27 674	1:07.19	1:10.92	1:10.62	1:08.54
50m:	150m:	250m:	350m:			
100m: 1:07.19	200m: 2:18.11	300m: 3:28.73	400m: 4:37.27			
13. Lefanowicz Iwona	92 ORLIK Lublin	4:38.08 668	1:08.52	1:11.19	1:10.17	1:08.20
50m:	150m:	250m:	350m:			
100m: 1:08.52	200m: 2:19.71	300m: 3:29.88	400m: 4:38.08			
14. Pawlaczek Natalia SZG	93 ZRYW Opole	4:39.26 660	1:04.06	1:10.26	1:12.07	1:12.87
50m:	150m:	250m:	350m:			
100m: 1:04.06	200m: 2:14.32	300m: 3:26.39	400m: 4:39.26			
15. Poȃarowicz Beata	91 ŒELŸSK Wrocȃw	4:39.55 658	1:05.59	1:10.77	1:11.89	1:11.30
50m:	150m:	250m:	350m:			
100m: 1:05.59	200m: 2:16.36	300m: 3:28.25	400m: 4:39.55			
16. Stawicka Joanna SK	93 ZRYW Opole	4:40.29 653	1:06.40	1:11.14	1:12.24	1:10.51
50m:	150m:	250m:	350m:			
100m: 1:06.40	200m: 2:17.54	300m: 3:29.78	400m: 4:40.29			
17. Kamińska A.	92 WARSZAWIANKA Warszawa	4:40.52 651	1:06.38	1:11.69	1:12.14	1:10.31
50m:	150m:	250m:	350m:			
100m: 1:06.38	200m: 2:18.07	300m: 3:30.21	400m: 4:40.52			
18. Zagrodnik Aleksandra	93 UNIA Ocewięcim	4:40.59 651	1:05.63	1:10.10	1:13.14	1:11.72
50m:	150m:	250m:	350m:			
100m: 1:05.63	200m: 2:15.73	300m: 3:28.87	400m: 4:40.59			
19. Lipińska Maȃgorzata	93 KSZO Ostrowiec Œew.	4:41.15 647	1:07.07	1:11.26	1:12.23	1:10.59
50m:	150m:	250m:	350m:			
100m: 1:07.07	200m: 2:18.33	300m: 3:30.56	400m: 4:41.15			
20. Sędȃak Katarzyna	94 ORKA Zamocęæ	4:41.32 646	1:07.83	1:11.59	1:12.47	1:09.43
50m:	150m:	250m:	350m:			
100m: 1:07.83	200m: 2:19.42	300m: 3:31.89	400m: 4:41.32			

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Pozycja	Rok ur.		Czas Pkt.	100m	200m	300m	400m
21. Pyszka Alicja	93	JORDAN Kraków	4:41.46 645	1:07.26	1:11.24	1:12.14	1:10.82
50m:		150m:	250m:	350m:			
100m: 1:07.26		200m: 2:18.50	300m: 3:30.64	400m: 4:41.46			
22. Szmagańska Agata	95	SŁOWIANKA Gorzów Wlkp.	4:41.71 643	1:07.54	1:11.90	1:12.20	1:10.07
50m:		150m:	250m:	350m:			
100m: 1:07.54		200m: 2:19.44	300m: 3:31.64	400m: 4:41.71			
23. Pietrzak Sandra	89	AZS AWF Katowice	4:42.37 638	1:08.40	1:11.68	1:11.84	1:10.45
50m:		150m:	250m:	350m:			
100m: 1:08.40		200m: 2:20.08	300m: 3:31.92	400m: 4:42.37			
24. Bajorska Dorota	94	UNIA Ocewięcim	4:42.95 634	1:07.88	1:11.64	1:12.17	1:11.26
50m:		150m:	250m:	350m:			
100m: 1:07.88		200m: 2:19.52	300m: 3:31.69	400m: 4:42.95			
25. Kuzawińska Karolina	93	MZOS Póock	4:43.09 633	1:07.04	1:11.92	1:12.12	1:12.01
50m:		150m:	250m:	350m:			
100m: 1:07.04		200m: 2:18.96	300m: 3:31.08	400m: 4:43.09			
26. Wakuśa Karolina	93	AZS AWF Katowice	4:43.32 632	1:08.66	1:11.98	1:12.23	1:10.45
50m:		150m:	250m:	350m:			
100m: 1:08.66		200m: 2:20.64	300m: 3:32.87	400m: 4:43.32			
27. Jessa Jagoda	94	SŁOWIANKA Gorzów Wlkp.	4:45.24 619	1:07.53	1:12.74	1:13.02	1:11.95
50m:		150m:	250m:	350m:			
100m: 1:07.53		200m: 2:20.27	300m: 3:33.29	400m: 4:45.24			
28. Kalika Katarzyna	94	SŁOWIANKA Gorzów Wlkp.	4:45.35 619	1:09.30	1:11.97	1:12.42	1:11.66
50m:		150m:	250m:	350m:			
100m: 1:09.30		200m: 2:21.27	300m: 3:33.69	400m: 4:45.35			
29. Rudawska Adrianna	96	ORLIK Lublin	4:47.35 606	1:08.20	1:12.80	1:13.88	1:12.47
50m:		150m:	250m:	350m:			
100m: 1:08.20		200m: 2:21.00	300m: 3:34.88	400m: 4:47.35			
30. Grzebala Zuzanna	95	KSZO Ostrowiec Œew.	4:47.54 605	1:09.53	1:12.82	1:13.58	1:11.61
50m:		150m:	250m:	350m:			
100m: 1:09.53		200m: 2:22.35	300m: 3:35.93	400m: 4:47.54			
31. Miśkowska Marta	93	ORKA Łódziny	4:48.77 597	1:07.07	1:13.16	1:14.65	1:13.89
50m:		150m:	250m:	350m:			
100m: 1:07.07		200m: 2:20.23	300m: 3:34.88	400m: 4:48.77			
32. Chwadczyk Zuzanna	95	ORLIK Lublin	4:48.96 596	1:09.45	1:14.06	1:13.54	1:11.91
50m:		150m:	250m:	350m:			
100m: 1:09.45		200m: 2:23.51	300m: 3:37.05	400m: 4:48.96			
33. Lalak Patrycja	95	ORLIK Lublin	4:50.32 587	1:08.11	1:13.15	1:14.49	1:14.57
50m:		150m:	250m:	350m:			
100m: 1:08.11		200m: 2:21.26	300m: 3:35.75	400m: 4:50.32			
34. Zyga Paulina	94	NAWA Skierniewice	4:50.37 587	1:11.31	1:14.26	1:13.88	1:10.92
50m:		150m:	250m:	350m:			
100m: 1:11.31		200m: 2:25.57	300m: 3:39.45	400m: 4:50.37			
35. Suchaniak Irena	93	KORONA Kraków	4:50.42 587	1:09.97	1:14.85	1:14.67	1:10.93
50m:		150m:	250m:	350m:			
100m: 1:09.97		200m: 2:24.82	300m: 3:39.49	400m: 4:50.42			
36. Pozorska Agata	94	Piętnastka AQUA Bydgoszcz	4:51.73 579	1:07.63	1:14.32	1:15.05	1:14.73
50m:		150m:	250m:	350m:			
100m: 1:07.63		200m: 2:21.95	300m: 3:37.00	400m: 4:51.73			
37. Butkiewicz Olga	93	BUKS Warszawa	4:51.82 578	1:09.19			
50m:		150m:	250m:	350m:			
100m: 1:09.19		200m:	300m:	400m: 4:51.82			
38. Smól Magda	94	Piętnastka AQUA Bydgoszcz	4:52.32 575	1:09.90	1:15.11	1:15.04	1:12.27
50m:		150m:	250m:	350m:			
100m: 1:09.90		200m: 2:25.01	300m: 3:40.05	400m: 4:52.32			
39. Mazur Sara	93	JORDAN Kraków	4:53.30 570	1:10.16	1:15.05	1:15.54	1:12.55
50m:		150m:	250m:	350m:			
100m: 1:10.16		200m: 2:25.21	300m: 3:40.75	400m: 4:53.30			
40. Borzęcka Katarzyna	95	ORLIK Lublin	4:53.65 568	1:10.08	1:15.19	1:15.10	1:13.28
50m:		150m:	250m:	350m:			
100m: 1:10.08		200m: 2:25.27	300m: 3:40.37	400m: 4:53.65			

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Pozycja	Rok ur.		Czas	Pkt.	100m	200m	300m	400m
41. Wizner Katarzyna	94	Piëtnastka AQUA Bydgoszcz	4:53.87	566	1:11.32	1:14.76	1:13.68	1:14.11
50m:		150m:	250m:		350m:			
100m: 1:11.32		200m: 2:26.08	300m: 3:39.76		400m: 4:53.87			
42. Uchańska Karolina	94	KSZO Ostrowiec Œew.	4:54.54	562	1:10.57	1:14.96	1:14.93	1:14.08
50m:		150m:	250m:		350m:			
100m: 1:10.57		200m: 2:25.53	300m: 3:40.46		400m: 4:54.54			
43. Wójcik Paula	96	Piëtnastka AQUA Bydgoszcz	4:55.82	555	1:09.50	1:15.76	1:16.60	1:13.96
50m:		150m:	250m:		350m:			
100m: 1:09.50		200m: 2:25.26	300m: 3:41.86		400m: 4:55.82			
44. Gondek Ewa	92	UNIA Ocewięcim	4:56.29	553	1:10.23	1:15.98	1:16.52	1:13.56
50m:		150m:	250m:		350m:			
100m: 1:10.23		200m: 2:26.21	300m: 3:42.73		400m: 4:56.29			
45. Chlipa ³ a Patrycja	93	JORDAN Kraków	4:56.73	550	1:08.35	1:14.04	1:17.23	1:17.11
50m:		150m:	250m:		350m:			
100m: 1:08.35		200m: 2:22.39	300m: 3:39.62		400m: 4:56.73			
46. Musia ³ Natalia	95	UNIA Ocewięcim	4:58.33	541	1:09.78	1:16.42	1:16.42	1:15.71
50m:		150m:	250m:		350m:			
100m: 1:09.78		200m: 2:26.20	300m: 3:42.62		400m: 4:58.33			
47. S ³ opiecka Maja	94	KSZO Ostrowiec Œew.	4:58.55	540	1:12.23	1:15.77	1:15.88	1:14.67
50m:		150m:	250m:		350m:			
100m: 1:12.23		200m: 2:28.00	300m: 3:43.88		400m: 4:58.55			
48. Szyd ³ o Paulina	92	JUVENIA Wroc ³ aw	4:59.11	537	1:10.89	1:16.38	1:17.17	1:14.67
50m:		150m:	250m:		350m:			
100m: 1:10.89		200m: 2:27.27	300m: 3:44.44		400m: 4:59.11			
49. Tyrpa Aleksandra	94	CKiS Skawinia	4:59.48	535	1:11.94	1:16.45	1:17.03	1:14.06
50m:		150m:	250m:		350m:			
100m: 1:11.94		200m: 2:28.39	300m: 3:45.42		400m: 4:59.48			
50. Fiziar Monika	94	GIM92 Ursynów	5:02.09	521	1:10.97	1:17.54	1:17.70	1:15.88
50m:		150m:	250m:		350m:			
100m: 1:10.97		200m: 2:28.51	300m: 3:46.21		400m: 5:02.09			
51. Piasecka Ewa	92	AZS AWF Katowice	5:04.10	511	1:12.21	1:16.14	1:18.23	1:17.52
50m:		150m:	250m:		350m:			
100m: 1:12.21		200m: 2:28.35	300m: 3:46.58		400m: 5:04.10			
52. Lewandowska Agata	93	BUKS Warszawa	5:05.18	506	1:11.41	1:17.71	1:18.60	1:17.46
50m:		150m:	250m:		350m:			
100m: 1:11.41		200m: 2:29.12	300m: 3:47.72		400m: 5:05.18			
53. Burzyńska Iga	94	NAWA Skierniewice	5:06.06	501	1:12.22	1:17.72	1:18.69	1:17.43
50m:		150m:	250m:		350m:			
100m: 1:12.22		200m: 2:29.94	300m: 3:48.63		400m: 5:06.06			
54. D ¹ browska Paulina	94	ORLIK Lublin	5:07.35	495	1:11.26	1:18.51	1:19.71	1:17.87
50m:		150m:	250m:		350m:			
100m: 1:11.26		200m: 2:29.77	300m: 3:49.48		400m: 5:07.35			
55. Jab ³ ońska Agnieszka	95	AZS WSG Astoria Bydgoszcz	5:13.63	466	1:12.75	1:20.44	1:20.99	1:19.45
50m:		150m:	250m:		350m:			
100m: 1:12.75		200m: 2:33.19	300m: 3:54.18		400m: 5:13.63			
56. Źurawik Paulina	94	MOSM Tychy	5:37.00	376	1:15.50	1:25.79	1:30.00	1:25.71
50m:		150m:	250m:		350m:			
100m: 1:15.50		200m: 2:41.29	300m: 4:11.29		400m: 5:37.00			