

Grand Prix -Puchar Polski  
Oœwiêcim, 25. - 26.4.2009

Konkurencja 32  
2009-04-26 - 12:01

Mêżczyzn, 400m dowolny

Open  
Wyniki

Punkty: FINA 2008

Pozycja	Rok ur.		Czas	Pkt.	100m	200m	300m	400m
1. Rurak Pawe <sup>3</sup>	88	AZS AWF Warszawa	<b>3:59.97</b>	799	58.26	1:01.72	1:01.17	58.82
50m:		150m:	250m:		350m:			
100m: 58.26		200m: 1:59.98	300m: 3:01.15		400m: 3:59.97			
2. Gimñski Łukasz	86	AZS AWF Warszawa	<b>4:00.37</b>	795	58.10	1:01.30	1:01.04	59.93
50m:		150m:	250m:		350m:			
100m: 58.10		200m: 1:59.40	300m: 3:00.44		400m: 4:00.37			
3. Szamotulski Wojciech	91	œŁŹSK Wroc <sup>3</sup> aw	<b>4:01.44</b>	785	58.84	1:01.42	1:02.48	58.70
50m:		150m:	250m:		350m:			
100m: 58.84		200m: 2:00.26	300m: 3:02.74		400m: 4:01.44			
4. Rokicki Micha <sup>3</sup>	84	AZS AWF Warszawa	<b>4:01.81</b>	781	58.76	1:01.18	1:01.53	1:00.34
50m:		150m:	250m:		350m:			
100m: 58.76		200m: 1:59.94	300m: 3:01.47		400m: 4:01.81			
5. Czarnota Mateusz SO	91	UNIA Oœwiêcim	<b>4:04.60</b>	755	58.96	1:01.67	1:01.78	1:02.19
50m:		150m:	250m:		350m:			
100m: 58.96		200m: 2:00.63	300m: 3:02.41		400m: 4:04.60			
6. Borowicz Skoneczny S.	92	KORMORAN Olsztyn	<b>4:06.50</b>	737	59.53	1:02.47	1:02.10	1:02.40
50m:		150m:	250m:		350m:			
100m: 59.53		200m: 2:02.00	300m: 3:04.10		400m: 4:06.50			
7. Zaczyñski Karol SO	91	AZS AWF Katowice	<b>4:07.50</b>	728	59.18	1:02.45	1:03.43	1:02.44
50m:		150m:	250m:		350m:			
100m: 59.18		200m: 2:01.63	300m: 3:05.06		400m: 4:07.50			
8. Kleszczyñski Pawe <sup>3</sup> SS	91	MKP Szczecin	<b>4:08.01</b>	724	58.90	1:02.78	1:03.33	1:03.00
50m:		150m:	250m:		350m:			
100m: 58.90		200m: 2:01.68	300m: 3:05.01		400m: 4:08.01			
9. Kurant Roger	94	KSZO Ostrowiec œW.	<b>4:08.15</b>	723	1:01.51	1:03.76	1:02.00	1:00.88
50m:		150m:	250m:		350m:			
100m: 1:01.51		200m: 2:05.27	300m: 3:07.27		400m: 4:08.15			
10. Zapa <sup>3</sup> a Łukasz SO	91	UNIA Oœwiêcim	<b>4:08.47</b>	720	1:00.19	1:03.49	1:03.17	1:01.62
50m:		150m:	250m:		350m:			
100m: 1:00.19		200m: 2:03.68	300m: 3:06.85		400m: 4:08.47			
11. Rybiñski Dawid	93	œŁŹSK Wroc <sup>3</sup> aw	<b>4:09.73</b>	709	1:00.07	1:04.56	1:03.49	1:01.61
50m:		150m:	250m:		350m:			
100m: 1:00.07		200m: 2:04.63	300m: 3:08.12		400m: 4:09.73			
12. Piatkowski Mateusz SO	90	UNIA Oœwiêcim	<b>4:09.84</b>	708	58.18	1:02.14	1:04.07	1:05.45
50m:		150m:	250m:		350m:			
100m: 58.18		200m: 2:00.32	300m: 3:04.39		400m: 4:09.84			
13. Zieja Dawid	89	AZS-AWFis Gdañsk	<b>4:10.04</b>	706	58.29	1:02.82	1:04.39	1:04.54
50m:		150m:	250m:		350m:			
100m: 58.29		200m: 2:01.11	300m: 3:05.50		400m: 4:10.04			
14. Sygnecki Janusz SO	92	UNIA Oœwiêcim	<b>4:10.40</b>	703	1:00.74	1:03.45	1:03.93	1:02.28
50m:		150m:	250m:		350m:			
100m: 1:00.74		200m: 2:04.19	300m: 3:08.12		400m: 4:10.40			
15. Jasiñski Jakub	87	AZS Korner Zielona Góra	<b>4:11.09</b>	698	1:00.69	1:03.17	1:04.09	1:03.14
50m:		150m:	250m:		350m:			
100m: 1:00.69		200m: 2:03.86	300m: 3:07.95		400m: 4:11.09			
16. Stobieniecki Jacek SO	90	SKRA Be <sup>3</sup> chatów	<b>4:11.51</b>	694	59.73	1:03.07	1:04.52	1:04.19
50m:		150m:	250m:		350m:			
100m: 59.73		200m: 2:02.80	300m: 3:07.32		400m: 4:11.51			
17. Zoniuk Maciej	94	œŁŹSK Wroc <sup>3</sup> aw	<b>4:12.90</b>	683	1:00.41	1:04.07	1:04.40	1:04.02
50m:		150m:	250m:		350m:			
100m: 1:00.41		200m: 2:04.48	300m: 3:08.88		400m: 4:12.90			
18. Wieteska Mateusz	91	START ŁódŹ	<b>4:13.95</b>	674	1:01.80	1:04.65	1:04.52	1:02.98
50m:		150m:	250m:		350m:			
100m: 1:01.80		200m: 2:06.45	300m: 3:10.97		400m: 4:13.95			
19. Kotkowicz Micha <sup>3</sup>	93	SŁOWIANKA Gorzów Wlkp.	<b>4:14.44</b>	670	2:07.39	1:04.35		
50m:		150m:	250m:		350m:			
100m: 2:07.39		200m: 3:11.74	300m:		400m: 4:14.44			
20. Pelczynski Kacper	92	UNIA Oœwiêcim	<b>4:14.88</b>	667	1:00.50	1:05.44	1:05.67	1:03.27
50m:		150m:	250m:		350m:			
100m: 1:00.50		200m: 2:05.94	300m: 3:11.61		400m: 4:14.88			

Grand Prix -Puchar Polski  
Oświęcim, 25. - 26.4.2009

Konkurencja 32, Mężczyzn, 400m dowolny, Open

Pozycja	Rok ur.		Czas Pkt.	100m	200m	300m	400m
21. Księżek Michaś	93	JORDAN Kraków	<b>4:15.06</b> 665	59.53	1:05.05	1:05.83	1:04.65
50m:		150m:	250m:	350m:			
100m: 59.53		200m: 2:04.58	300m: 3:10.41	400m: 4:15.06			
22. Wilk Krzysztof	89	AZS AGH Kraków	<b>4:15.98</b> 658	58.82	1:04.97	1:07.60	1:04.59
50m:		150m:	250m:	350m:			
100m: 58.82		200m: 2:03.79	300m: 3:11.39	400m: 4:15.98			
23. Bening Emil	93	JUVENIA Wrocław	<b>4:16.89</b> 651	1:00.08	1:06.40	1:07.08	1:03.33
50m:		150m:	250m:	350m:			
100m: 1:00.08		200m: 2:06.48	300m: 3:13.56	400m: 4:16.89			
24. Szydowski Adrian	92	ORLIK Lublin	<b>4:17.64</b> 646	1:01.54	1:05.35	1:07.26	1:03.49
50m:		150m:	250m:	350m:			
100m: 1:01.54		200m: 2:06.89	300m: 3:14.15	400m: 4:17.64			
25. Boguński Bartłomiej	92	JUVENIA Wrocław	<b>4:17.79</b> 645	1:02.52	1:06.31	1:06.13	1:02.83
50m:		150m:	250m:	350m:			
100m: 1:02.52		200m: 2:08.83	300m: 3:14.96	400m: 4:17.79			
26. Stachura Maciej SK	91	ZRYW Opole	<b>4:17.91</b> 644	1:01.29	1:05.04	1:06.70	1:04.88
50m:		150m:	250m:	350m:			
100m: 1:01.29		200m: 2:06.33	300m: 3:13.03	400m: 4:17.91			
27. Gąsik Wojciech SO	92	ORKA Łódź	<b>4:18.03</b> 643	1:02.18	1:05.51	1:05.71	1:04.63
50m:		150m:	250m:	350m:			
100m: 1:02.18		200m: 2:07.69	300m: 3:13.40	400m: 4:18.03			
28. Kaczmarski Marcin	94	KSZO Ostrowiec Św.	<b>4:19.47</b> 632	1:02.64	1:06.25	1:05.86	1:04.72
50m:		150m:	250m:	350m:			
100m: 1:02.64		200m: 2:08.89	300m: 3:14.75	400m: 4:19.47			
29. Tomaszewski Jacek	94	REKIN Warszawa	<b>4:19.77</b> 630	1:02.09	1:06.83	1:06.77	1:04.08
50m:		150m:	250m:	350m:			
100m: 1:02.09		200m: 2:08.92	300m: 3:15.69	400m: 4:19.77			
30. Kot Maciej SR	91	JUNIOR Kluczbork	<b>4:20.65</b> 624	1:01.39	1:04.93	1:07.38	1:06.95
50m:		150m:	250m:	350m:			
100m: 1:01.39		200m: 2:06.32	300m: 3:13.70	400m: 4:20.65			
31. Mrozik Jakub	92	ORLIK Lublin	<b>4:20.91</b> 622	1:02.40	1:06.30	1:07.17	1:05.04
50m:		150m:	250m:	350m:			
100m: 1:02.40		200m: 2:08.70	300m: 3:15.87	400m: 4:20.91			
31. Dobrowolski Patryk	92	ORLIK Lublin	<b>4:20.91</b> 622	1:00.81	1:06.82	1:07.83	1:05.45
50m:		150m:	250m:	350m:			
100m: 1:00.81		200m: 2:07.63	300m: 3:15.46	400m: 4:20.91			
33. Smeja Sławomir	94	AZS WSG Astoria Bydgoszcz	<b>4:21.96</b> 614	1:02.73	1:06.27	1:07.51	1:05.45
50m:		150m:	250m:	350m:			
100m: 1:02.73		200m: 2:09.00	300m: 3:16.51	400m: 4:21.96			
34. Jaworowski Marek	86	AZS AWF Wrocław	<b>4:22.39</b> 611	1:00.28	1:05.90	1:08.93	1:07.28
50m:		150m:	250m:	350m:			
100m: 1:00.28		200m: 2:06.18	300m: 3:15.11	400m: 4:22.39			
35. Pióro Artur	91	PAŁAC Katowice	<b>4:22.45</b> 611	1:00.56	1:06.91	1:08.27	1:06.71
50m:		150m:	250m:	350m:			
100m: 1:00.56		200m: 2:07.47	300m: 3:15.74	400m: 4:22.45			
36. Łopaciński Kacper	95	FOKA Sandomierz	<b>4:22.70</b> 609	1:02.31	1:07.10	1:07.43	1:05.86
50m:		150m:	250m:	350m:			
100m: 1:02.31		200m: 2:09.41	300m: 3:16.84	400m: 4:22.70			
37. Asulian Axel	93	AZS AWF Katowice	<b>4:23.65</b> 603	1:02.06	1:07.06	1:08.73	1:05.80
50m:		150m:	250m:	350m:			
100m: 1:02.06		200m: 2:09.12	300m: 3:17.85	400m: 4:23.65			
38. Szotkowski Daniel	92	MZOS Płock	<b>4:24.13</b> 599	1:02.90	1:07.06	1:08.77	1:05.40
50m:		150m:	250m:	350m:			
100m: 1:02.90		200m: 2:09.96	300m: 3:18.73	400m: 4:24.13			
39. Stachowicz Marek	92	JUVENIA Wrocław	<b>4:25.00</b> 593	1:03.08	1:08.37	1:07.87	1:05.68
50m:		150m:	250m:	350m:			
100m: 1:03.08		200m: 2:11.45	300m: 3:19.32	400m: 4:25.00			
40. Kwiecień Kacper	94	KSZO Ostrowiec Św.	<b>4:25.33</b> 591	1:04.75	1:07.39	1:07.10	1:06.09
50m:		150m:	250m:	350m:			
100m: 1:04.75		200m: 2:12.14	300m: 3:19.24	400m: 4:25.33			

Grand Prix -Puchar Polski  
Ocewięcim, 25. - 26.4.2009

Konkurencja 32, Mężczyzn, 400m dowolny, Open

Pozycja	Rok ur.		Czas	Pkt.	100m	200m	300m	400m
41. Lassek Bartłomiej	94	TRÓJKA Łódź	<b>4:28.03</b>	573	1:04.99	1:08.00	1:08.41	1:06.63
50m:		150m:	250m:			350m:		
100m: 1:04.99		200m: 2:12.99	300m: 3:21.40			400m: 4:28.03		
42. Nowicki Mateusz	94	AZS WSG Astoria Bydgoszcz	<b>4:28.15</b>	573	1:03.07	1:07.96	1:09.48	1:07.64
50m:		150m:	250m:			350m:		
100m: 1:03.07		200m: 2:11.03	300m: 3:20.51			400m: 4:28.15		
43. Kucharski Michał	93	SŁOWIANKA Gorzów Wlkp.	<b>4:29.97</b>	561	1:00.98	1:06.78	1:09.74	1:12.47
50m:		150m:	250m:			350m:		
100m: 1:00.98		200m: 2:07.76	300m: 3:17.50			400m: 4:29.97		
44. Wiak Jakub	95	ORLIK Lublin	<b>4:32.60</b>	545	1:03.96	1:09.51	1:10.03	1:09.10
50m:		150m:	250m:			350m:		
100m: 1:03.96		200m: 2:13.47	300m: 3:23.50			400m: 4:32.60		
45. Ożóg Karol	94	CKiS Skawinia	<b>4:32.94</b>	543	1:04.21	1:09.33	1:10.52	1:08.88
50m:		150m:	250m:			350m:		
100m: 1:04.21		200m: 2:13.54	300m: 3:24.06			400m: 4:32.94		
46. Kędziorski Krystian	95	Piętnastka AQUA Bydgoszcz	<b>4:38.37</b>	512	1:06.48	1:10.81	1:11.78	1:09.30
50m:		150m:	250m:			350m:		
100m: 1:06.48		200m: 2:17.29	300m: 3:29.07			400m: 4:38.37		
47. Rogalski Igor	92	ORLIK Lublin	<b>4:39.24</b>	507	1:04.36	1:12.39	1:12.41	1:10.08
50m:		150m:	250m:			350m:		
100m: 1:04.36		200m: 2:16.75	300m: 3:29.16			400m: 4:39.24		
48. Andrzejewski A.	91	ASTROMAL AKWAWIT Leszno	<b>4:40.07</b>	503	1:05.00	1:11.65	1:12.81	1:10.61
50m:		150m:	250m:			350m:		
100m: 1:05.00		200m: 2:16.65	300m: 3:29.46			400m: 4:40.07		
49. Dobrzycki Tomasz	90	ASTROMAL AKWAWIT Leszno	<b>4:40.93</b>	498	1:04.70	1:10.48	1:12.67	1:13.08
50m:		150m:	250m:			350m:		
100m: 1:04.70		200m: 2:15.18	300m: 3:27.85			400m: 4:40.93		
50. Kwieciński Wojciech	94	REKIN Warszawa	<b>4:41.04</b>	497	1:07.02	1:12.09		
50m:		150m:	250m:			350m:		
100m: 1:07.02		200m: 2:19.11	300m:			400m: 4:41.04		
51. Gl' dys Rafał	95	UNIA Ocewięcim	<b>4:43.71</b>	484	1:07.03	1:13.12	1:14.46	1:09.10
50m:		150m:	250m:			350m:		
100m: 1:07.03		200m: 2:20.15	300m: 3:34.61			400m: 4:43.71		
52. Skrodzki Michał	86	AZS AWF Katowice	<b>4:45.41</b>	475	1:06.74	1:12.61	1:13.64	1:12.42
50m:		150m:	250m:			350m:		
100m: 1:06.74		200m: 2:19.35	300m: 3:32.99			400m: 4:45.41		
53. Tkaczyk Andrzej	93	GIM92 Ursynów	<b>4:47.35</b>	465	1:08.09	1:13.15	1:13.91	1:12.20
50m:		150m:	250m:			350m:		
100m: 1:08.09		200m: 2:21.24	300m: 3:35.15			400m: 4:47.35		
54. Gajewski Bartosz	95	MMKS Kędzierzyn-Koźle	<b>4:49.23</b>	456	1:08.93	1:13.55	1:14.65	1:12.10
50m:		150m:	250m:			350m:		
100m: 1:08.93		200m: 2:22.48	300m: 3:37.13			400m: 4:49.23		
55. Siński Mateusz	94	REKIN Warszawa	<b>4:59.74</b>	410	1:10.86	1:17.00	1:17.34	1:14.54
50m:		150m:	250m:			350m:		
100m: 1:10.86		200m: 2:27.86	300m: 3:45.20			400m: 4:59.74		
56. Kamiński Krzysztof	95	MMKS Kędzierzyn-Koźle	<b>5:01.29</b>	404	1:08.85	1:17.43	1:17.88	1:17.13
50m:		150m:	250m:			350m:		
100m: 1:08.85		200m: 2:26.28	300m: 3:44.16			400m: 5:01.29		
57. Krulikowski Dominik	95	UNIA Ocewięcim	<b>5:14.11</b>	356	1:15.86	1:19.92	1:21.46	1:16.87
50m:		150m:	250m:			350m:		
100m: 1:15.86		200m: 2:35.78	300m: 3:57.24			400m: 5:14.11		
58. Adamczyk Przemysław	95	MMKS Kędzierzyn-Koźle	<b>5:20.82</b>	334	1:13.78	1:21.00	1:23.79	1:22.25
50m:		150m:	250m:			350m:		
100m: 1:13.78		200m: 2:34.78	300m: 3:58.57			400m: 5:20.82		
NIE UK. Zyznowski Michał	92	MZOS Póck						