

Grand Prix - Puchar Polski w Pływaniu
Dębica, 9. - 10.5.2009

Konkurencja 32
2009-05-10 - 10:45

Mężczyzn, 400m dowolny

14 lat i starsi
Wyniki

Punkty: FINA 2008

Pozycja	Rok ur.	Czas	Pkt.	100m	200m	300m	400m
1. KORZENIOWSKI Pawe ³	85 AZS AWF Warszawa	3:52.97	873	56.90	58.99	59.04	58.04
50m:	150m:	250m:	350m:				
100m: 56.90	200m: 1:55.89	300m: 2:54.93	400m: 3:52.97				
2. STAŃCZYK Przemysław	85 MKP Szczecin	3:53.83	864	57.50	59.44	59.22	57.67
50m:	150m:	250m:	350m:				
100m: 57.50	200m: 1:56.94	300m: 2:56.16	400m: 3:53.83				
3. PIELOWSKI Krzysztof	91 KORMORAN Olsztyn	3:56.11	839	57.97	59.71	59.21	59.22
50m:	150m:	250m:	350m:				
100m: 57.97	200m: 1:57.68	300m: 2:56.89	400m: 3:56.11				
4. RURAK Pawe ³	88 AZS AWF Warszawa	3:57.42	825	57.91	1:00.17	59.90	59.44
50m:	150m:	250m:	350m:				
100m: 57.91	200m: 1:58.08	300m: 2:57.98	400m: 3:57.42				
5. SAWRYMOWICZ Mateusz	87 MKP Szczecin	3:57.51	824	58.76	1:00.23	59.93	58.59
50m:	150m:	250m:	350m:				
100m: 58.76	200m: 1:58.99	300m: 2:58.92	400m: 3:57.51				
6. HRENIAK Maciej	89 MKP Szczecin	3:57.70	822	58.16	1:00.81	1:00.10	58.63
50m:	150m:	250m:	350m:				
100m: 58.16	200m: 1:58.97	300m: 2:59.07	400m: 3:57.70				
7. GIMIŃSKI Łukasz	86 AZS AWF Warszawa	3:58.60	813	59.10	1:00.40	1:00.17	58.93
50m:	150m:	250m:	350m:				
100m: 59.10	200m: 1:59.50	300m: 2:59.67	400m: 3:58.60				
8. MATCZAK Mateusz	89 TRÓJKA Łódź	4:00.90	790	58.37	1:00.96	1:00.98	1:00.59
50m:	150m:	250m:	350m:				
100m: 58.37	200m: 1:59.33	300m: 3:00.31	400m: 4:00.90				
9. BOROWICZ SKONECZNY	92 KORMORAN Olsztyn	4:03.42	766	59.14	1:01.94	1:01.95	1:00.39
50m:	150m:	250m:	350m:				
100m: 59.14	200m: 2:01.08	300m: 3:03.03	400m: 4:03.42				
10. HURA Bartosz	91 KORMORAN Olsztyn	4:03.66	763	59.14	1:01.17	1:01.84	1:01.51
50m:	150m:	250m:	350m:				
100m: 59.14	200m: 2:00.31	300m: 3:02.15	400m: 4:03.66				
11. MISIAK Piotr	92 G-8 Bielany Warszawa	4:07.14	732	58.16	1:02.51	1:03.83	1:02.64
50m:	150m:	250m:	350m:				
100m: 58.16	200m: 2:00.67	300m: 3:04.50	400m: 4:07.14				
12. WIETESKA Mateusz	91 S.K.S. START Łódź	4:07.43	729	59.47	1:03.17	1:03.56	1:01.23
50m:	150m:	250m:	350m:				
100m: 59.47	200m: 2:02.64	300m: 3:06.20	400m: 4:07.43				
13. JASIŃSKI Jakub	87 AZS Korner Zielona Góra	4:07.87	725	1:00.07	1:03.05	1:03.66	1:01.09
50m:	150m:	250m:	350m:				
100m: 1:00.07	200m: 2:03.12	300m: 3:06.78	400m: 4:07.87				
14. CZARNOTA Mateusz SO	91 UNIA Oewięcim	4:08.31	721	59.17	1:01.77	1:03.22	1:04.15
50m:	150m:	250m:	350m:				
100m: 59.17	200m: 2:00.94	300m: 3:04.16	400m: 4:08.31				
15. ZACZYŃSKI Karol SO	91 AZS AWF Katowice	4:08.58	719	59.82	1:02.43	1:03.28	1:03.05
50m:	150m:	250m:	350m:				
100m: 59.82	200m: 2:02.25	300m: 3:05.53	400m: 4:08.58				
16. KLESZCZYŃSKI P.	91 MKP Szczecin	4:08.88	716	59.49	1:02.41	1:04.21	1:02.77
50m:	150m:	250m:	350m:				
100m: 59.49	200m: 2:01.90	300m: 3:06.11	400m: 4:08.88				
17. ORŁOWSKI Piotr SS	91 MKP Szczecin	4:11.86	691	1:00.09	1:04.11	1:04.75	1:02.91
50m:	150m:	250m:	350m:				
100m: 1:00.09	200m: 2:04.20	300m: 3:08.95	400m: 4:11.86				
18. OTŁOWSKI Aleksy SK	91 Warszawianka Warszawa	4:13.25	680	59.92	1:03.93	1:05.23	1:04.17
50m:	150m:	250m:	350m:				
100m: 59.92	200m: 2:03.85	300m: 3:09.08	400m: 4:13.25				
19. KONDRATOWICZ Maciej	92 KORMORAN Olsztyn	4:13.46	678	1:01.48	1:04.87	1:04.18	1:02.93
50m:	150m:	250m:	350m:				
100m: 1:01.48	200m: 2:06.35	300m: 3:10.53	400m: 4:13.46				
20. KOTKOWICZ Micha ³	93 SŁOWIANKA Gorzów Wlkp.	4:14.52	670	1:00.27	1:04.96	1:05.51	1:03.78
50m:	150m:	250m:	350m:				
100m: 1:00.27	200m: 2:05.23	300m: 3:10.74	400m: 4:14.52				

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Pozycja	Rok ur.	Czas	Pkt.	100m	200m	300m	400m
21. PALMI-KUKIEŁKO M. 50m: 100m: 1:01.26	93 KORMORAN Olsztyn 150m: 200m: 2:06.18	4:14.80 250m: 300m: 3:11.63	667	1:01.26	1:04.92	1:05.45	1:03.17
22. ZIEJA Dawid 50m: 100m: 59.79	89 AZS-AWFIS Gdańsk 150m: 200m: 2:04.06	4:14.85 250m: 300m: 3:09.87	667	59.79	1:04.27	1:05.81	1:04.98
23. SZOTKOWSKI Daniel 50m: 100m: 1:02.10	92 MZOS P ³ ock 150m: 200m: 2:06.58	4:14.93 250m: 300m: 3:11.43	666	1:02.10	1:04.48	1:04.85	1:03.50
24. KANDULSKI Daniel SS 50m: 100m: 1:00.60	91 MKP Szczecin 150m: 200m: 2:06.39	4:15.48 250m: 300m: 3:12.03	662	1:00.60	1:05.79	1:05.64	1:03.45
25. CERTA Maciej SO 50m: 100m: 58.64	91 WISŁA Puławy 150m: 200m: 2:03.43	4:16.38 250m: 300m: 3:10.98	655	58.64	1:04.79	1:07.55	1:05.40
26. JABŁOŃSKI Marcin 50m: 100m: 1:00.47	90 MKP Szczecin 150m: 200m: 2:06.21	4:16.63 250m: 300m: 3:12.89	653	1:00.47	1:05.74	1:06.68	1:03.74
27. NOCÓN Sebastian SO 50m: 100m: 1:01.39	92 AZS AWF Katowice 150m: 200m: 2:07.23	4:16.82 250m: 300m: 3:12.65	652	1:01.39	1:05.84	1:05.42	1:04.17
28. SZYDŁOWSKI Adrian 50m: 100m: 1:02.05	92 ORLIK Lublin 150m: 200m: 2:08.53	4:16.92 250m: 300m: 3:14.46	651	1:02.05	1:06.48	1:05.93	1:02.46
29. RUCIŃSKI Konrad 50m: 100m: 1:01.05	92 KORMORAN Olsztyn 150m: 200m: 2:06.91	4:17.51 250m: 300m: 3:12.46	647	1:01.05	1:05.86	1:05.55	1:05.05
30. POŁAWSKI Mariusz 50m: 100m: 1:01.31	93 Warszawianka Wodny Park 150m: 200m: 2:07.21	4:17.97 250m: 300m: 3:13.04	643	1:01.31	1:05.90	1:05.83	1:04.93
31. STOKARSKI Marek 50m: 100m: 1:02.30	92 G-8 Bielany Warszawa 150m: 200m: 2:08.09	4:19.57 250m: 300m: 3:13.58	631	1:02.30	1:05.79	1:05.49	1:05.99
32. HAŁACZKIEWICZ Paweł ³ 50m: 100m: 1:01.00	93 WISŁA Puławy 150m: 200m: 2:06.86	4:20.01 250m: 300m: 3:13.22	628	1:01.00	1:05.86	1:06.36	1:06.79
33. DOBROWOLSKI Patryk 50m: 100m: 1:02.25	92 ORLIK Lublin 150m: 200m: 2:08.72	4:20.41 250m: 300m: 3:15.67	625	1:02.25	1:06.47	1:06.95	1:04.74
34. MOSIŃNY Mateusz 50m: 100m: 1:01.41	92 SŁOWIANKA Gorzów Wlkp. 150m: 200m: 2:08.00	4:20.45 250m: 300m: 3:16.43	625	1:01.41	1:06.59	1:08.43	1:04.02
35. KUT Bartłomiej 50m: 100m: 1:02.78	93 BOBRY Dębica 150m: 200m: 2:09.16	4:21.27 250m: 300m: 3:15.73	619	1:02.78	1:06.38	1:06.57	1:05.54
36. CHROŒCIELEWSKI M. 50m: 100m: 1:02.60	91 AZS-AWFIS Gdańsk 150m: 200m: 2:09.07	4:23.01 250m: 300m: 3:16.36	607	1:02.60	1:06.47	1:07.29	1:06.65
37. KOTOWICZ Jan 50m: 100m: 1:02.31	91 MTP Lublinianka 150m: 200m: 2:09.87	4:23.09 250m: 300m: 3:16.60	606	1:02.31	1:07.56	1:06.73	1:06.49
38. SKUBICHA Konrad 50m: 100m: 1:03.31	92 ORLIK Lublin 150m: 200m: 2:10.58	4:23.24 250m: 300m: 3:17.73	605	1:03.31	1:07.27	1:07.15	1:05.51
39. RYSKI Marcin 50m: 100m: 1:04.13	94 KORMORAN Olsztyn 150m: 200m: 2:11.17	4:23.34 250m: 300m: 3:18.06	605	1:04.13	1:07.04	1:06.89	1:05.28
40. MROZIK Jakub 50m: 100m: 1:02.36	92 ORLIK Lublin 150m: 200m: 2:09.02	4:24.14 250m: 300m: 3:16.96	599	1:02.36	1:06.66	1:07.94	1:07.18

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41. LASSEK Bartłomiej	94 TRÓJKA Łódź	4:25.16	592	1:03.35	1:06.94	1:07.99	1:06.88
50m:	150m:	250m:	350m:				
100m: 1:03.35	200m: 2:10.29	300m: 3:18.28	400m: 4:25.16				
42. SUSZEK Wojciech	92 SKARPA Lublin	4:27.42	577	1:04.88	1:09.26	1:07.82	1:05.46
50m:	150m:	250m:	350m:				
100m: 1:04.88	200m: 2:14.14	300m: 3:21.96	400m: 4:27.42				
43. WIAK Jakub	95 ORLIK Lublin	4:30.28	559	1:05.18	1:09.31	1:08.44	1:07.35
50m:	150m:	250m:	350m:				
100m: 1:05.18	200m: 2:14.49	300m: 3:22.93	400m: 4:30.28				
44. OŁÓG Karol	94 CKiS Skawina	4:32.92	543	1:04.53	1:08.64	1:10.31	1:09.44
50m:	150m:	250m:	350m:				
100m: 1:04.53	200m: 2:13.17	300m: 3:23.48	400m: 4:32.92				
45. TOMKO Filip	93 KORMORAN Olsztyn	4:34.71	533	1:05.80	1:08.65	1:10.18	1:10.08
50m:	150m:	250m:	350m:				
100m: 1:05.80	200m: 2:14.45	300m: 3:24.63	400m: 4:34.71				
46. MARECKI Grzegorz	93 REKIN Warszawa	4:38.83	509	1:06.34	1:11.86	1:10.90	1:09.73
50m:	150m:	250m:	350m:				
100m: 1:06.34	200m: 2:18.20	300m: 3:29.10	400m: 4:38.83				
47. LASER Patryk	94 Ósemka Starogard Gdański	4:38.84	509	1:06.54	1:11.76	1:11.18	1:09.36
50m:	150m:	250m:	350m:				
100m: 1:06.54	200m: 2:18.30	300m: 3:29.48	400m: 4:38.84				
48. WEISS Aleksander	94 Ósemka Starogard Gdański	4:42.34	491	1:05.57	1:13.41	1:13.26	1:10.10
50m:	150m:	250m:	350m:				
100m: 1:05.57	200m: 2:18.98	300m: 3:32.24	400m: 4:42.34				
49. KAMIŃSKI Maciej	93 ORLIK Lublin	4:42.41	490	1:09.00	1:11.13	1:11.50	1:10.78
50m:	150m:	250m:	350m:				
100m: 1:09.00	200m: 2:20.13	300m: 3:31.63	400m: 4:42.41				
50. SZAMRETA Marcel	94 CKiS Skawina	4:42.62	489	1:04.73	1:12.70	1:13.21	1:11.98
50m:	150m:	250m:	350m:				
100m: 1:04.73	200m: 2:17.43	300m: 3:30.64	400m: 4:42.62				
51. OSNOWSKI Bartosz	94 Ósemka Starogard Gdański	4:43.48	485	1:05.92	1:13.37	1:12.08	1:12.11
50m:	150m:	250m:	350m:				
100m: 1:05.92	200m: 2:19.29	300m: 3:31.37	400m: 4:43.48				
52. MOCHOL Marcin	95 ORLIK Lublin	4:44.71	478	1:08.00	1:12.83	1:13.23	1:10.65
50m:	150m:	250m:	350m:				
100m: 1:08.00	200m: 2:20.83	300m: 3:34.06	400m: 4:44.71				
53. KRAWCZYK Hubert	94 SKARPA Lublin	4:45.71	473	1:07.49	1:12.92	1:14.16	1:11.14
50m:	150m:	250m:	350m:				
100m: 1:07.49	200m: 2:20.41	300m: 3:34.57	400m: 4:45.71				
54. MADURA Rafał	94 IKAR Mielec	4:46.85	468	1:08.77	1:12.65	1:13.17	1:12.26
50m:	150m:	250m:	350m:				
100m: 1:08.77	200m: 2:21.42	300m: 3:34.59	400m: 4:46.85				
55. KOŁODZIEJ Szczepan	93 BOBRY Dębica	4:48.93	458	1:08.60	1:12.86	1:13.78	1:13.69
50m:	150m:	250m:	350m:				
100m: 1:08.60	200m: 2:21.46	300m: 3:35.24	400m: 4:48.93				
56. GWIAZDA Michał	94 SKARPA Lublin	4:49.26	456	1:09.56	1:13.92	1:14.40	1:11.38
50m:	150m:	250m:	350m:				
100m: 1:09.56	200m: 2:23.48	300m: 3:37.88	400m: 4:49.26				
57. GIL Karol	94 Ósemka Starogard Gdański	4:54.91	431	1:10.74	1:15.53	1:15.14	1:13.50
50m:	150m:	250m:	350m:				
100m: 1:10.74	200m: 2:26.27	300m: 3:41.41	400m: 4:54.91				
58. CHOJAK Rafał	95 WISŁA Puławy	4:56.57	423	1:10.13	1:16.43	1:16.06	1:13.95
50m:	150m:	250m:	350m:				
100m: 1:10.13	200m: 2:26.56	300m: 3:42.62	400m: 4:56.57				
59. HOANG VAN Szymon	95 Ósemka Starogard Gdański	4:57.91	418	1:10.14	1:16.30	1:16.65	1:14.82
50m:	150m:	250m:	350m:				
100m: 1:10.14	200m: 2:26.44	300m: 3:43.09	400m: 4:57.91				
60. ZIÓŁEK Paweł	95 Ósemka Starogard Gdański	5:01.55	403	1:10.41	1:17.46	1:17.55	1:16.13
50m:	150m:	250m:	350m:				
100m: 1:10.41	200m: 2:27.87	300m: 3:45.42	400m: 5:01.55				

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61. WRONA Łukasz	94 SKARPA Lublin	5:06.68	383	1:14.01	1:18.00	1:19.18	1:15.49
50m:	150m:	250m:	350m:				
100m: 1:14.01	200m: 2:32.01	300m: 3:51.19	400m: 5:06.68				
62. ZIÓŁKOWSKI Adrian	95 ORLIK Lublin	5:13.01	360	1:12.85	1:20.18	1:20.33	1:19.65
50m:	150m:	250m:	350m:				
100m: 1:12.85	200m: 2:33.03	300m: 3:53.36	400m: 5:13.01				
DYSKW. LANN VEL LACE Karol	93 REKIN Warszawa						
O4							