

LIGA SMS-II RUNDA
Oœwiêcim, 29. - 30.5.2009

Konkurencja 33
30.05.2009 - 15:45

Mêżczyzn, 400m zmienny

Open
Wyniki

Top Times "Poland" 4:14.12 MATCZAK Mateusz TRLOD Ostrowiec Zw. 22.05.2009

Pozycja	Rok ur.	Czas	100m	200m	300m	400m
1. ZACZYŃSKI Karol	91 SMS Oœwiêcim	4:29.81	1:00.59	1:11.16	1:18.11	59.95
50m:	150m:	250m:	350m:			
100m: 1:00.59	200m: 2:11.75	300m: 3:29.86	400m: 4:29.81			
2. CIEŒLAK Marcin	92 SMS Kraków	4:29.89	1:01.25	1:11.10	1:19.12	58.42
50m:	150m:	250m:	350m:			
100m: 1:01.25	200m: 2:12.35	300m: 3:31.47	400m: 4:29.89			
3. PEŁCZYŃSKI Kacper	92 SMS Oœwiêcim	4:38.29	1:02.48	1:14.20	1:18.71	1:02.90
50m:	150m:	250m:	350m:			
100m: 1:02.48	200m: 2:16.68	300m: 3:35.39	400m: 4:38.29			
4. SUZIN Marcin	93 SMS Kraków	4:39.22	1:03.35	1:12.75	1:18.21	1:04.91
50m:	150m:	250m:	350m:			
100m: 1:03.35	200m: 2:16.10	300m: 3:34.31	400m: 4:39.22			
5. TREŃDA Paweł	92 SMS Oœwiêcim	4:43.48	1:05.15	1:16.93	1:15.47	1:05.93
50m:	150m:	250m:	350m:			
100m: 1:05.15	200m: 2:22.08	300m: 3:37.55	400m: 4:43.48			
6. CZARNOTA Mateusz	91 SMS Oœwiêcim	4:44.97	1:03.25	1:14.21	1:23.02	1:04.49
50m:	150m:	250m:	350m:			
100m: 1:03.25	200m: 2:17.46	300m: 3:40.48	400m: 4:44.97			
7. ZAPŁA Lukasz	91 SMS Oœwiêcim	4:45.32	1:01.06	1:17.79	1:23.76	1:02.71
50m:	150m:	250m:	350m:			
100m: 1:01.06	200m: 2:18.85	300m: 3:42.61	400m: 4:45.32			
8. MIKOŁAJEWSKI Mariusz	90 SMS Warszawa	4:46.02	1:04.11	1:15.53	1:23.40	1:02.98
50m:	150m:	250m:	350m:			
100m: 1:04.11	200m: 2:19.64	300m: 3:43.04	400m: 4:46.02			
9. STOBIEŃSKI Jacek	90 SMS Oœwiêcim	4:46.33	1:03.58	1:14.94	1:24.97	1:02.84
50m:	150m:	250m:	350m:			
100m: 1:03.58	200m: 2:18.52	300m: 3:43.49	400m: 4:46.33			
10. BRUS Dominik	93 SMS Kraków	4:49.76	1:05.57	1:12.91	1:26.39	1:04.89
50m:	150m:	250m:	350m:			
100m: 1:05.57	200m: 2:18.48	300m: 3:44.87	400m: 4:49.76			
11. NOCŃ Sebastian	92 SMS Oœwiêcim	4:51.17	1:02.35	1:16.42	1:30.80	1:01.60
50m:	150m:	250m:	350m:			
100m: 1:02.35	200m: 2:18.77	300m: 3:49.57	400m: 4:51.17			
12. LISZEWSKI Rafał	92 SMS Oœwiêcim	4:54.88	1:03.76	1:19.96	1:24.28	1:06.88
50m:	150m:	250m:	350m:			
100m: 1:03.76	200m: 2:23.72	300m: 3:48.00	400m: 4:54.88			
13. GAWLIK Jarosław	92 SMS Kraków	4:58.24	1:07.36	1:14.70	1:27.90	1:08.28
50m:	150m:	250m:	350m:			
100m: 1:07.36	200m: 2:22.06	300m: 3:49.96	400m: 4:58.24			
14. KORNACKI Robert	93 SMS Oœwiêcim	5:08.76	1:07.67	1:21.31	1:28.67	1:11.11
50m:	150m:	250m:	350m:			
100m: 1:07.67	200m: 2:28.98	300m: 3:57.65	400m: 5:08.76			
DYSKW. ADAMUS Rafał	92 SMS Oœwiêcim		1:07.19	1:29.90	1:22.45	
50m:	150m:	250m:	350m:			
100m: 1:07.19	200m: 2:37.09	300m: 3:59.54	400m:			
DYSKW. BARAN Rafał	93 SMS Kraków		1:03.51	1:16.72	1:24.55	
50m:	150m:	250m:	350m:			
100m: 1:03.51	200m: 2:20.23	300m: 3:44.78	400m:			
PK SAK Przemysław	92 SMS Oœwiêcim II	5:00.42	1:03.28	1:15.16	1:25.81	1:16.17
50m:	150m:	250m:	350m:			
100m: 1:03.28	200m: 2:18.44	300m: 3:44.25	400m: 5:00.42			
PK WANAT Michał	93 SMS Kraków	5:07.09	1:08.59	1:17.45	1:31.90	1:09.15
50m:	150m:	250m:	350m:			
100m: 1:08.59	200m: 2:26.04	300m: 3:57.94	400m: 5:07.09			