

LIGA SMS-II RUNDA
Oœwiêcim, 29. - 30.5.2009

Konkurencja 34
30.05.2009 - 16:05

Kobiet, 400m dowolny

Open
Wyniki

Top Times "Poland" 4:04.23 JEDRZEJCZAK Otylia AZWAR Melbourne (AUS) 25.03.2007

Pozycja	Rok ur.	Czas	100m	200m	300m	400m
1. UKOWSKA Paula	93 SMS Zielona Góra	4:24.93	1:05.26	1:07.65	1:07.07	1:04.95
50m:	150m:	250m:	350m:			
100m: 1:05.26	200m: 2:12.91	300m: 3:19.98	400m: 4:24.93			
2. GAWEŁCZYK Dominika	91 SMS Kraków	4:25.62	1:03.28	1:07.19	1:07.83	1:07.32
50m:	150m:	250m:	350m:			
100m: 1:03.28	200m: 2:10.47	300m: 3:18.30	400m: 4:25.62			
3. BERNAT Aleksandra	90 SMS Poznań	4:25.77	1:04.03	1:07.71	1:08.15	1:05.88
50m:	150m:	250m:	350m:			
100m: 1:04.03	200m: 2:11.74	300m: 3:19.89	400m: 4:25.77			
4. WIKIEŁ Manuela	92 SMS Szczecin	4:32.61	1:05.38	1:09.72	1:10.28	1:07.23
50m:	150m:	250m:	350m:			
100m: 1:05.38	200m: 2:15.10	300m: 3:25.38	400m: 4:32.61			
5. ZAGRODNIK Aleksandra	93 SMS Oœwiêcim	4:32.73	1:05.39	1:08.69	1:09.92	1:08.73
50m:	150m:	250m:	350m:			
100m: 1:05.39	200m: 2:14.08	300m: 3:24.00	400m: 4:32.73			
6. KAMIŃSKA Aleksandra	92 SMS Kraków	4:39.12	1:05.99	1:10.92	1:11.58	1:10.63
50m:	150m:	250m:	350m:			
100m: 1:05.99	200m: 2:16.91	300m: 3:28.49	400m: 4:39.12			
7. KRZYŃOSTANIAK A.	93 SMS Szczecin	4:42.56	1:07.38	1:12.80	1:11.91	1:10.47
50m:	150m:	250m:	350m:			
100m: 1:07.38	200m: 2:20.18	300m: 3:32.09	400m: 4:42.56			
8. IWANKOWSKA Anna	91 SMS Warszawa	4:42.71	1:08.00	1:12.18	1:12.83	1:09.70
50m:	150m:	250m:	350m:			
100m: 1:08.00	200m: 2:20.18	300m: 3:33.01	400m: 4:42.71			
9. GONDEK Ewa	92 SMS Oœwiêcim	4:43.29	1:09.67	1:12.66	1:12.42	1:08.54
50m:	150m:	250m:	350m:			
100m: 1:09.67	200m: 2:22.33	300m: 3:34.75	400m: 4:43.29			
10. DUSZAK Anna	93 SMS Warszawa	4:45.52	1:08.03	1:12.84	1:13.34	1:11.31
50m:	150m:	250m:	350m:			
100m: 1:08.03	200m: 2:20.87	300m: 3:34.21	400m: 4:45.52			
11. PYSZKA Alicja	93 SMS Kraków	4:48.07	1:07.54	1:12.92	1:14.29	1:13.32
50m:	150m:	250m:	350m:			
100m: 1:07.54	200m: 2:20.46	300m: 3:34.75	400m: 4:48.07			
12. MIŁOSZ Marianna	92 SMS Gdańsk	4:50.45	1:09.44	1:14.47	1:14.85	1:11.69
50m:	150m:	250m:	350m:			
100m: 1:09.44	200m: 2:23.91	300m: 3:38.76	400m: 4:50.45			
PK OPITEK Urszula	94 Unia Oœwiêcim	4:50.68	1:07.42	1:14.39	1:15.25	1:13.62
50m:	150m:	250m:	350m:			
100m: 1:07.42	200m: 2:21.81	300m: 3:37.06	400m: 4:50.68			
PK DUDEK Marlena	94 Unia Oœwiêcim	4:51.48	1:10.89	1:14.29	1:14.30	1:12.00
50m:	150m:	250m:	350m:			
100m: 1:10.89	200m: 2:25.18	300m: 3:39.48	400m: 4:51.48			