

Puchar Dyrektora WKS ŒEI'sk
Wroc³aw, 5. - 6.6.2009

Konkurencja 34
2009-06-06 - 17:15

Mê¿czyzn, 1500m dowolny

14 lat i starsi
Wyniki

Rekord Okrêgu Seniorów 15:27.95 Piotr ALBIŃSKI SLWRO Sheffield 1993-08-07

Punkty: FINA 2008

Pozycja			Rok ur.					Czas	Pkt.
1.	Krzysztof DALECKI		94	ŒELŹSK Wroc³aw				17:03.42	642
	100m: 1:04.67	1:04.67	500m: 5:37.75	1:08.59	900m: 10:11.87	1:08.78	1300m: 14:48.08	1:09.04	
	200m: 2:12.58	1:07.91	600m: 6:45.89	1:08.14	1000m: 11:20.99	1:09.12	1400m: 15:56.85	1:08.77	
	300m: 3:20.92	1:08.34	700m: 7:54.64	1:08.75	1100m: 12:29.95	1:08.96	1500m: 17:03.42	1:06.57	
	400m: 4:29.16	1:08.24	800m: 9:03.09	1:08.45	1200m: 13:39.04	1:09.09			
2.	Arkadiusz OSSES		95	WARTA Poznañ				17:18.34	614
	100m: 1:05.48	1:05.48	500m: 5:43.94	1:09.85	900m: 10:23.86	1:09.73	1300m: 15:03.33	1:09.23	
	200m: 2:14.71	1:09.23	600m: 6:53.84	1:09.90	1000m: 11:34.15	1:10.29	1400m: 16:11.89	1:08.56	
	300m: 3:24.58	1:09.87	700m: 8:03.74	1:09.90	1100m: 12:44.01	1:09.86	1500m: 17:18.34	1:06.45	
	400m: 4:34.09	1:09.51	800m: 9:14.13	1:10.39	1200m: 13:54.10	1:10.09			
3.	Pawe³ BEDNARCZYK		94	ŒELŹSK Wroc³aw				17:25.65	602
	100m: 1:05.36	1:05.36	500m: 5:43.58	1:09.68	900m: 10:23.32	1:09.93	1300m: 15:06.39	1:11.64	
	200m: 2:14.33	1:08.97	600m: 6:53.33	1:09.75	1000m: 11:33.56	1:10.24	1400m: 16:18.38	1:11.99	
	300m: 3:24.10	1:09.77	700m: 8:03.21	1:09.88	1100m: 12:43.85	1:10.29	1500m: 17:25.65	1:07.27	
	400m: 4:33.90	1:09.80	800m: 9:13.39	1:10.18	1200m: 13:54.75	1:10.90			
4.	Adrian KŒUSEK		93	JUVENIA Wroc³aw				17:36.32	584
	100m: 1:02.37	1:02.37	500m: 5:46.31	1:12.05	900m: 10:33.36	1:11.90	1300m: 15:20.87	1:11.70	
	200m: 2:12.01	1:09.64	600m: 6:58.17	1:11.86	1000m: 11:45.04	1:11.68	1400m: 16:30.97	1:10.10	
	300m: 3:22.59	1:10.58	700m: 8:09.88	1:11.71	1100m: 12:57.07	1:12.03	1500m: 17:36.32	1:05.35	
	400m: 4:34.26	1:11.67	800m: 9:21.46	1:11.58	1200m: 14:09.17	1:12.10			
5.	Pawe³ FURTEK		95	ŒELŹSK Wroc³aw				17:58.21	549
	100m: 1:07.67	1:07.67	500m: 5:56.45	1:12.53	900m: 10:48.50		1300m: 15:37.33	1:11.89	
	200m: 2:19.53	1:11.86	600m: 7:09.63	1:13.18	1000m: 12:01.22	1:12.72	1400m: 16:49.42	1:12.09	
	300m: 3:31.84	1:12.31	700m: 9:35.66	2:26.03	1100m: 13:12.69	1:11.47	1500m: 17:58.21	1:08.79	
	400m: 4:43.92	1:12.08	800m:		1200m: 14:25.44	1:12.75			
6.	Mi³osz CYNK		94	ŒELŹSK Wroc³aw				18:02.20	543
	100m: 1:05.10	1:05.10	500m:		900m: 11:55.68	2:26.98	1300m: 15:35.05		
	200m: 2:15.22	1:10.12	600m: 7:02.38		1000m:		1400m: 16:48.47	1:13.42	
	300m: 3:26.08	1:10.86	700m: 8:15.96	1:13.58	1100m:		1500m: 18:02.20	1:13.73	
	400m: 4:37.51	1:11.43	800m: 9:28.70	1:12.74	1200m:				
7.	Emil BENING		93	JUVENIA Wroc³aw				18:11.71	529
	100m: 1:10.04	1:10.04	500m: 6:09.73	1:13.31	900m: 11:03.54	1:13.43	1300m: 15:53.07	1:12.51	
	200m: 2:28.55	1:18.51	600m: 7:23.97	1:14.24	1000m: 12:17.05	1:13.51	1400m: 17:04.17	1:11.10	
	300m: 3:42.54	1:13.99	700m: 8:37.05	1:13.08	1100m: 13:28.16	1:11.11	1500m: 18:11.71	1:07.54	
	400m: 4:56.42	1:13.88	800m: 9:50.11	1:13.06	1200m: 14:40.56	1:12.40			
8.	Micha³ KUTKOWSKI		95	POSNANIA Poznañ				18:18.56	519
	100m: 1:09.54	1:09.54	500m: 6:05.89	1:13.61	900m: 11:00.85	1:13.92	1300m: 15:55.73	1:12.95	
	200m: 2:23.72	1:14.18	600m: 7:19.04	1:13.15	1000m: 12:15.22	1:14.37	1400m: 17:07.82	1:12.09	
	300m: 3:39.09	1:15.37	700m: 8:33.17	1:14.13	1100m: 13:28.89	1:13.67	1500m: 18:18.56	1:10.74	
	400m: 4:52.28	1:13.19	800m: 9:46.93	1:13.76	1200m: 14:42.78	1:13.89			
9.	Jakub GÓRNY		93	POSNANIA Poznañ				18:19.43	518
	100m: 1:08.43	1:08.43	500m: 6:07.62	1:15.01	900m: 11:02.72	1:13.41	1300m: 15:57.41	1:14.08	
	200m: 2:24.26	1:15.83	600m: 7:21.34	1:13.72	1000m: 12:16.58	1:13.86	1400m: 17:10.06	1:12.65	
	300m: 3:38.39	1:14.13	700m: 8:35.71	1:14.37	1100m: 13:30.13	1:13.55	1500m: 18:19.43	1:09.37	
	400m: 4:52.61	1:14.22	800m: 9:49.31	1:13.60	1200m: 14:43.33	1:13.20			
10.	Micha³ ROSOWIECKI		95	ŒELŹSK Wroc³aw				18:23.97	511
	100m: 1:08.97	1:08.97	500m: 6:00.84	1:14.44	900m: 10:59.48	1:13.96	1300m: 15:57.33	1:14.37	
	200m: 2:21.78	1:12.81	600m: 7:15.40	1:14.56	1000m: 12:14.19	1:14.71	1400m: 17:11.38	1:14.05	
	300m: 3:33.65	1:11.87	700m: 8:30.19	1:14.79	1100m: 13:28.72	1:14.53	1500m: 18:23.97	1:12.59	
	400m: 4:46.40	1:12.75	800m: 9:45.52	1:15.33	1200m: 14:42.96	1:14.24			
11.	Jan URBANIAK		95	WARTA Poznañ				18:30.33	503
	100m: 1:08.89	1:08.89	500m: 6:03.47	1:14.18	900m: 11:04.06	1:15.37	1300m: 16:06.13	1:16.28	
	200m: 2:22.24	1:13.35	600m: 7:18.97	1:15.50	1000m: 12:19.74	1:15.68	1400m: 17:20.12	1:13.99	
	300m: 3:35.38	1:13.14	700m: 8:34.52	1:15.55	1100m: 13:35.31	1:15.57	1500m: 18:30.33	1:10.21	
	400m: 4:49.29	1:13.91	800m: 9:48.69	1:14.17	1200m: 14:49.85	1:14.54			

Puchar Dyrektora WKS ŒEI'sk
Wroc³aw, 5. - 6.6.2009

Konkurencja 34, Mê¿czyzn, 1500m dowolny, 14 lat i starsi

Pozycja		Rok ur.						Czas	Pkt.
12.	Marcin KUTKOWSKI	95	POSNANIA Poznañ					18:47.01	481
	100m: 1:09.07 1:09.07		500m: 6:09.00 1:15.34		900m: 11:12.12 1:16.22		1300m: 16:18.44 1:16.14		
	200m: 2:24.03 1:14.96		600m: 7:24.29 1:15.29		1000m: 12:28.53 1:16.41		1400m: 17:33.95 1:15.51		
	300m: 3:38.91 1:14.88		700m: 8:40.29 1:16.00		1100m: 13:45.82 1:17.29		1500m: 18:47.01 1:13.06		
	400m: 4:53.66 1:14.75		800m: 9:55.90 1:15.61		1200m: 15:02.30 1:16.48				
13.	Konrad MARCINIAK	95	POSNANIA Poznañ					19:01.29	463
	100m: 1:11.29 1:11.29		500m: 6:17.72 1:16.98		900m: 11:21.85 1:15.62		1300m: 16:29.64 1:17.25		
	200m: 2:27.97 1:16.68		600m: 7:33.74 1:16.02		1000m: 12:38.71 1:16.86		1400m: 17:46.02 1:16.38		
	300m: 3:45.01 1:17.04		700m: 8:49.74 1:16.00		1100m: 13:55.54 1:16.83		1500m: 19:01.29 1:15.27		
	400m: 5:00.74 1:15.73		800m: 10:06.23 1:16.49		1200m: 15:12.39 1:16.85				
14.	Micha³ SIKORA	95	ŒEI'SK Wroc³aw					19:03.03	461
	100m: 1:07.46 1:07.46		500m: 6:06.89 1:17.44		900m: 11:20.46 1:20.07		1300m: 16:32.42 1:17.96		
	200m: 2:20.54 1:13.08		600m: 7:25.63 1:18.74		1000m: 12:36.89 1:16.43		1400m: 17:49.26 1:16.84		
	300m: 3:33.51 1:12.97		700m: 8:42.06 1:16.43		1100m: 13:55.46 1:18.57		1500m: 19:03.03 1:13.77		
	400m: 4:49.45 1:15.94		800m: 10:00.39 1:18.33		1200m: 15:14.46 1:19.00				
15.	Bartosz GAJEWSKI	95	MMKS Kêdzierzyn-KoŸle					19:59.99	398
	100m: 1:12.49 1:12.49		500m: 6:34.36 1:20.35		900m: 12:01.46 1:22.06		1300m: 17:27.69 1:21.21		
	200m: 2:32.05 1:19.56		600m: 7:55.86 1:21.50		1000m: 13:23.16 1:21.70		1400m: 18:47.20 1:19.51		
	300m: 3:52.42 1:20.37		700m: 9:17.63 1:21.77		1100m: 14:44.88 1:21.72		1500m: 19:59.99 1:12.79		
	400m: 5:14.01 1:21.59		800m: 10:39.40 1:21.77		1200m: 16:06.48 1:21.60				
16.	Bartosz KOSCIELNIAK	93	REKIN Œwiebodzice					20:01.75	396
	100m: 1:11.69 1:11.69		500m: 6:34.86 1:21.03		900m: 12:01.34 1:22.12		1300m: 17:27.53 1:20.79		
	200m: 2:32.12 1:20.43		600m: 7:56.24 1:21.38		1000m: 13:22.85 1:21.51		1400m: 18:47.16 1:19.63		
	300m: 3:52.65 1:20.53		700m: 9:17.51 1:21.27		1100m: 14:44.70 1:21.85		1500m: 20:01.75 1:14.59		
	400m: 5:13.83 1:21.18		800m: 10:39.22 1:21.71		1200m: 16:06.74 1:22.04				
17.	Krzysztof KAMIÑSKI	95	MMKS Kêdzierzyn-KoŸle					20:56.22	347
	100m: 1:13.02 1:13.02		500m: 6:44.13 1:24.40		900m: 12:27.24 1:28.16		1300m: 18:11.12 1:24.82		
	200m: 2:33.05 1:20.03		600m: 8:08.83 1:24.70		1000m: 13:53.70 1:26.46		1400m: 19:36.06 1:24.94		
	300m: 3:55.18 1:22.13		700m: 9:34.23 1:25.40		1100m: 15:19.54 1:25.84		1500m: 20:56.22 1:20.16		
	400m: 5:19.73 1:24.55		800m: 10:59.08 1:24.85		1200m: 16:46.30 1:26.76				