

MP Juniorów 15 lat
Ocewięcim, 26. - 28.6.2009

Konkurencja 36
28.06.2009 - 11:20

Ch³opców, 1500m dowolny

15 lat
Wyniki

Rekord Polski 16:00.15 ZONIUK Maciej SLWRO Ocewięcim 10.05.2009

Punkty: FINA 2008

Pozycja	Rok ur.							Czas	Pkt.		
1. ZONIUK Maciej	94	CELŃSK Wroc³aw						16:14.42	743		
100m: 1:02.81 1:02.81	500m: 5:26.66 1:05.10	900m: 9:48.56 1:06.31	1300m: 14:09.23 1:04.02	200m: 2:09.83 1:07.02	600m: 6:31.46 1:04.80	1000m: 10:54.02 1:05.46	1400m: 15:11.28 1:02.05	300m: 3:16.49 1:06.66	700m: 7:36.77 1:05.31	1100m: 11:59.63 1:05.61	1500m: 16:14.42 1:03.14
400m: 4:21.56 1:05.07	800m: 8:42.25 1:05.48	1200m: 13:05.21 1:05.58									
2. KURANT Roger	94	KSZO Ostrowiec						16:23.60	723		
100m: 1:02.60 1:02.60	500m: 5:26.35 1:05.21	900m: 9:48.52 1:05.94	1300m: 14:11.89 1:05.90	200m: 2:09.75 1:07.15	600m: 6:31.42 1:05.07	1000m: 10:54.26 1:05.74	1400m: 15:18.45 1:06.56	300m: 3:16.12 1:06.37	700m: 7:36.87 1:05.45	1100m: 12:00.41 1:06.15	1500m: 16:23.60 1:05.15
400m: 4:21.14 1:05.02	800m: 8:42.58 1:05.71	1200m: 13:05.99 1:05.58									
3. KACZMARSKI Marcin	94	KSZO Ostrowiec						16:29.75	709		
100m: 1:02.16 1:02.16	500m: 5:27.14 1:05.54	900m: 9:50.77 1:06.12	1300m: 14:17.34 1:07.07	200m: 2:09.32 1:07.16	600m: 6:32.74 1:05.60	1000m: 10:57.12 1:06.35	1400m: 15:24.77 1:07.43	300m: 3:16.03 1:06.71	700m: 7:38.66 1:05.92	1100m: 12:03.77 1:06.65	1500m: 16:29.75 1:04.98
400m: 4:21.60 1:05.57	800m: 8:44.65 1:05.99	1200m: 13:10.27 1:06.50									
4. ZABOROWSKI Filip	94	FLOTA Gdynia						16:38.76	690		
100m: 1:03.31 1:03.31	500m: 5:31.24 1:06.85	900m: 9:57.25 1:06.15	1300m: 14:24.96 1:07.16	200m: 2:10.02 1:06.71	600m: 6:38.24 1:07.00	1000m: 11:04.21 1:06.96	1400m: 15:31.90 1:06.94	300m: 3:17.10 1:07.08	700m: 7:44.76 1:06.52	1100m: 12:10.93 1:06.72	1500m: 16:38.76 1:06.86
400m: 4:24.39 1:07.29	800m: 8:51.10 1:06.34	1200m: 13:17.80 1:06.87									
5. LASSEK Bart³omiej	94	TRÓJKA ŁódŹ						17:00.38	647		
100m: 1:03.55 1:03.55	500m: 5:31.80 1:07.84	900m: 10:06.34 1:09.03	1300m: 14:43.51 1:09.38	200m: 2:09.41 1:05.86	600m: 6:40.04 1:08.24	1000m: 11:15.52 1:09.18	1400m: 15:52.88 1:09.37	300m: 3:16.54 1:07.13	700m: 7:48.71 1:08.67	1100m: 12:24.88 1:09.36	1500m: 17:00.38 1:07.50
400m: 4:23.96 1:07.42	800m: 8:57.31 1:08.60	1200m: 13:34.13 1:09.25									
6. TOMASZEWSKI Jacek	94	REKIN Warszawa						17:05.39	638		
100m: 1:02.52 1:02.52	500m: 5:36.27 1:08.93	900m: 10:14.91 1:09.83	1300m: 14:50.30 1:08.71	200m: 2:10.33 1:07.81	600m: 6:45.75 1:09.48	1000m: 11:24.46 1:09.55	1400m: 15:58.20 1:07.90	300m: 3:18.68 1:08.35	700m: 7:55.45 1:09.70	1100m: 12:33.24 1:08.78	1500m: 17:05.39 1:07.19
400m: 4:27.34 1:08.66	800m: 9:05.08 1:09.63	1200m: 13:41.59 1:08.35									
7. DALECKI Krzysztof	94	CELŃSK Wroc³aw						17:07.29	635		
100m: 1:03.47 1:03.47	500m: 5:35.63 1:08.32	900m: 10:11.90 1:09.33	1300m: 14:50.26 1:09.51	200m: 2:10.44 1:06.97	600m: 6:44.88 1:09.25	1000m: 11:21.47 1:09.57	1400m: 16:00.35 1:10.09	300m: 3:18.26 1:07.82	700m: 7:53.56 1:08.68	1100m: 12:31.26 1:09.79	1500m: 17:07.29 1:06.94
400m: 4:27.31 1:09.05	800m: 9:02.57 1:09.01	1200m: 13:40.75 1:09.49									
8. KLICH Kacper	94	AZS AWF Katowice						17:11.25	627		
100m: 1:02.60 1:02.60	500m: 5:31.59 1:08.10	900m: 10:09.89 1:10.54	1300m: 14:52.35 1:10.01	200m: 2:09.96 1:07.36	600m: 6:39.89 1:08.30	1000m: 11:20.96 1:11.07	1400m: 16:03.09 1:10.74	300m: 3:16.90 1:06.94	700m: 7:49.43 1:09.54	1100m: 12:32.02 1:11.06	1500m: 17:11.25 1:08.16
400m: 4:23.49 1:06.59	800m: 8:59.35 1:09.92	1200m: 13:42.34 1:10.32									
9. KWIECIEŃ Micha³	94	VICTORIA Racibórz						17:12.77	624		
100m: 1:05.58 1:05.58	500m: 5:41.37 1:08.49	900m: 10:19.05 1:09.22	1300m: 14:56.36 1:09.83	200m: 2:14.81 1:09.23	600m: 6:50.46 1:09.09	1000m: 11:28.42 1:09.37	1400m: 16:06.07 1:09.71	300m: 3:23.67 1:08.86	700m: 7:59.83 1:09.37	1100m: 12:37.43 1:09.01	1500m: 17:12.77 1:06.70
400m: 4:32.88 1:09.21	800m: 9:09.83 1:10.00	1200m: 13:46.53 1:09.10									
10. KWIECIEŃ Kacper	94	KSZO Ostrowiec						17:18.01	615		
100m: 1:05.17 1:05.17	500m: 5:41.28 1:09.10	900m: 10:18.91 1:08.82	1300m: 14:58.07 1:10.61	200m: 2:14.25 1:09.08	600m: 6:50.71 1:09.43	1000m: 11:28.01 1:09.10	1400m: 16:09.81 1:11.74	300m: 3:23.10 1:08.85	700m: 8:00.46 1:09.75	1100m: 12:36.92 1:08.91	1500m: 17:18.01 1:08.20
400m: 4:32.18 1:09.08	800m: 9:10.09 1:09.63	1200m: 13:47.46 1:10.54									
11. SZEWCZYK Mateusz	94	JEDYNKA Elbl¹g						17:22.39	607		
100m: 1:03.82 1:03.82	500m: 5:41.18 1:09.29	900m: 10:23.43 1:10.43	1300m: 15:04.75 1:10.32	200m: 2:12.60 1:08.78	600m: 6:51.83 1:10.65	1000m: 11:33.96 1:10.53	1400m: 16:14.94 1:10.19	300m: 3:22.10 1:09.50	700m: 8:02.49 1:10.66	1100m: 12:44.24 1:10.28	1500m: 17:22.39 1:07.45
400m: 4:31.89 1:09.79	800m: 9:13.00 1:10.51	1200m: 13:54.43 1:10.19									

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Ocewięcim, 26. - 28.6.2009

Konkurencja 36, Ch³opców, 1500m dowolny, 15 lat

Pozycja			Rok ur.					Czas	Pkt.
12.	BREMBOR Tomasz		94	AZS AWF Katowice				17:29.34	595
	100m:	1:05.20 1:05.20	500m:	5:41.35 1:08.28	900m:	10:20.36 1:10.05	1300m:	15:06.12 1:12.42	
	200m:	2:14.14 1:08.94	600m:	6:50.45 1:09.10	1000m:	11:31.67 1:11.31	1400m:	16:18.37 1:12.25	
	300m:	3:23.38 1:09.24	700m:	8:00.35 1:09.90	1100m:	12:43.30 1:11.63	1500m:	17:29.34 1:10.97	
	400m:	4:33.07 1:09.69	800m:	9:10.31 1:09.96	1200m:	13:53.70 1:10.40			
13.	NOWICKI Mateusz		94	ASTORIA Bydgoszcz				17:37.27	582
	100m:	1:05.28 1:05.28	500m:	5:41.76 1:09.22	900m:	10:26.93 1:12.24	1300m:	15:16.49 1:12.14	
	200m:	2:14.72 1:09.44	600m:	6:52.22 1:10.46	1000m:	11:39.60 1:12.67	1400m:	16:28.04 1:11.55	
	300m:	3:24.30 1:09.58	700m:	8:03.25 1:11.03	1100m:	12:51.53 1:11.93	1500m:	17:37.27 1:09.23	
	400m:	4:32.54 1:08.24	800m:	9:14.69 1:11.44	1200m:	14:04.35 1:12.82			
14.	KOTLEWSKI Micha³		94	ZRYW Opole				17:39.22	579
	100m:	1:05.50 1:05.50	500m:	5:47.77 1:11.56	900m:	10:33.36 1:11.12	1300m:	15:19.49 1:11.23	
	200m:	2:15.19 1:09.69	600m:	6:59.56 1:11.79	1000m:	11:44.82 1:11.46	1400m:	16:31.08 1:11.59	
	300m:	3:25.40 1:10.21	700m:	8:10.90 1:11.34	1100m:	12:56.79 1:11.97	1500m:	17:39.22 1:08.14	
	400m:	4:36.21 1:10.81	800m:	9:22.24 1:11.34	1200m:	14:08.26 1:11.47			
15.	OÓG Karol		94	CKiS Skawina				17:39.73	578
	100m:	1:05.16 1:05.16	500m:	5:46.65 1:11.05	900m:	10:31.86 1:11.62	1300m:	15:19.38 1:11.71	
	200m:	2:14.70 1:09.54	600m:	6:57.56 1:10.91	1000m:	11:43.58 1:11.72	1400m:	16:31.28 1:11.90	
	300m:	3:24.85 1:10.15	700m:	8:08.80 1:11.24	1100m:	12:55.51 1:11.93	1500m:	17:39.73 1:08.45	
	400m:	4:35.60 1:10.75	800m:	9:20.24 1:11.44	1200m:	14:07.67 1:12.16			
16.	GORRA Daniel		94	MKP Szczecin				17:42.32	574
	100m:	1:06.14 1:06.14	500m:	5:48.41 1:10.01	900m:	10:32.34 1:11.39	1300m:	15:20.00 1:12.43	
	200m:	2:16.90 1:10.76	600m:	6:58.84 1:10.43	1000m:	11:43.69 1:11.35	1400m:	16:32.12 1:12.12	
	300m:	3:27.90 1:11.00	700m:	8:10.00 1:11.16	1100m:	12:55.60 1:11.91	1500m:	17:42.32 1:10.20	
	400m:	4:38.40 1:10.50	800m:	9:20.95 1:10.95	1200m:	14:07.57 1:11.97			
17.	SZOSTAK Micha³		94	ORKA Zamoœæ				18:09.10	532
	100m:	1:10.24 1:10.24	500m:	6:03.57 1:12.87	900m:	10:55.87 1:12.71	1300m:	15:47.61 1:13.10	
	200m:	2:24.18 1:13.94	600m:	7:17.03 1:13.46	1000m:	12:08.64 1:12.77	1400m:	17:00.82 1:13.21	
	300m:	3:37.12 1:12.94	700m:	8:29.87 1:12.84	1100m:	13:21.82 1:13.18	1500m:	18:09.10 1:08.28	
	400m:	4:50.70 1:13.58	800m:	9:43.16 1:13.29	1200m:	14:34.51 1:12.69			
18.	BOYM Adam		94	AVIA Œewidnik				18:11.36	529
	100m:	1:09.57 1:09.57	500m:	6:03.73 1:13.01	900m:	10:56.33 1:13.20	1300m:	15:47.85 1:13.41	
	200m:	2:22.80 1:13.23	600m:	7:17.07 1:13.34	1000m:	12:08.84 1:12.51	1400m:	17:00.96 1:13.11	
	300m:	3:36.49 1:13.69	700m:	8:30.06 1:12.99	1100m:	13:21.67 1:12.83	1500m:	18:11.36 1:10.40	
	400m:	4:50.72 1:14.23	800m:	9:43.13 1:13.07	1200m:	14:34.44 1:12.77			
19.	CYNK Milosz		94	ŒELŒSK Wroc³aw				18:23.16	512
	100m:	1:06.28 1:06.28	500m:	5:58.93 1:14.22	900m:	10:56.60 1:14.33	1300m:	15:55.34 1:14.56	
	200m:	2:18.65 1:12.37	600m:	7:13.22 1:14.29	1000m:	12:10.87 1:14.27	1400m:	17:09.12 1:13.78	
	300m:	3:31.24 1:12.59	700m:	8:27.81 1:14.59	1100m:	13:25.97 1:15.10	1500m:	18:23.16 1:14.04	
	400m:	4:44.71 1:13.47	800m:	9:42.27 1:14.46	1200m:	14:40.78 1:14.81			
20.	KACZMAREK Rafal		94	BUKS Warszawa				18:43.03	486
	100m:	1:06.33 1:06.33	500m:	5:54.60 1:14.32	900m:	10:55.12 1:14.73	1300m:	16:09.53 1:21.11	
	200m:	2:17.39 1:11.06	600m:	7:09.94 1:15.34	1000m:	12:09.01 1:13.89	1400m:	17:30.96 1:21.43	
	300m:	3:28.68 1:11.29	700m:	8:25.48 1:15.54	1100m:	13:27.80 1:18.79	1500m:	18:43.03 1:12.07	
	400m:	4:40.28 1:11.60	800m:	9:40.39 1:14.91	1200m:	14:48.42 1:20.62			
21.	KACZYŃSKI Ferdynand		94	MKP Szczecin				18:44.21	484
	100m:	1:06.74 1:06.74	500m:	6:03.10 1:15.26	900m:	11:10.32 1:16.28	1300m:	16:16.65 1:16.75	
	200m:	2:18.54 1:11.80	600m:	7:19.63 1:16.53	1000m:	12:27.20 1:16.88	1400m:	17:33.18 1:16.53	
	300m:	3:32.80 1:14.26	700m:	8:37.09 1:17.46	1100m:	13:43.28 1:16.08	1500m:	18:44.21 1:11.03	
	400m:	4:47.84 1:15.04	800m:	9:54.04 1:16.95	1200m:	14:59.90 1:16.62			
22.	FILODA Arkadiusz		94	BUKS Warszawa				19:13.25	448
	100m:	1:10.75 1:10.75	500m:	6:15.53 1:16.76	900m:	11:29.73 1:18.94	1300m:	16:43.19 1:18.14	
	200m:	2:25.98 1:15.23	600m:	7:32.92 1:17.39	1000m:	12:48.95 1:19.22	1400m:	17:59.30 1:16.11	
	300m:	3:41.28 1:15.30	700m:	8:51.11 1:18.19	1100m:	14:07.67 1:18.72	1500m:	19:13.25 1:13.95	
	400m:	4:58.77 1:17.49	800m:	10:10.79 1:19.68	1200m:	15:25.05 1:17.38			
23.	SCHRAMM Tomasz		94	DELFIN Inowroc³aw				19:29.13	430
	100m:	1:10.27 1:10.27	500m:	6:22.99 1:18.47	900m:	11:35.23 1:17.99	1300m:	16:53.65 1:21.43	
	200m:	2:28.02 1:17.75	600m:	7:41.19 1:18.20	1000m:	12:53.49 1:18.26	1400m:	18:13.47 1:19.82	
	300m:	3:46.39 1:18.37	700m:	8:59.75 1:18.56	1100m:	14:13.13 1:19.64	1500m:	19:29.13 1:15.66	
	400m:	5:04.52 1:18.13	800m:	10:17.24 1:17.49	1200m:	15:32.22 1:19.09			