

Letnie Mistrzostwa Polski M³odzików 13 lat w P³ywaniu
Gorzów Wlkp., 3. - 5.7.2009

Konkurencja 20
2009-07-04

Ch³opców, 400m dowolny

13 lat
Wyniki Eliminacje

Top Times "Poland"	4:18.98	BERNATOWICZ Sebastian	Ocewięcim	2007-07-07
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Punkty: FINA 2008

Pozycja			Wiek					Czas	Pkt.
1.	WIATROWSKI Remigiusz		13	K.S.Warta Poznań				4:34.80	532 A
	50m: 31.23 31.23	150m: 1:42.48 36.07		250m: 2:54.21 35.61	350m: 4:03.87 35.01				
	100m: 1:06.41 35.18	200m: 2:18.60 36.12		300m: 3:28.86 34.65	400m: 4:34.80 30.93				
2.	TACZAŃSKI Bart ³ omiej		13	UKS Shark Rudna				4:34.99	531 A
	50m: 29.94 29.94	150m: 1:39.22 35.53		250m: 2:50.99 36.15	350m: 4:01.34 35.76				
	100m: 1:03.69 33.75	200m: 2:14.84 35.62		300m: 3:25.58 34.59	400m: 4:34.99 33.65				
3.	PAWEŁEK Igor		13	KS AZS AWFis Gdańsk				4:35.82	526 A
	50m: 31.17 31.17	150m: 1:41.49 35.43		250m: 2:52.47 35.26	350m: 4:03.30 35.10				
	100m: 1:06.06 34.89	200m: 2:17.21 35.72		300m: 3:28.20 35.73	400m: 4:35.82 32.52				
4.	WOJDAK wojciech		13	Wiking Brzesko				4:36.10	525 A
	50m: 30.81 30.81	150m: 1:39.94 34.96		250m: 2:50.78 35.26	350m: 4:01.82 35.92				
	100m: 1:04.98 34.17	200m: 2:15.52 35.58		300m: 3:25.90 35.12	400m: 4:36.10 34.28				
5.	ŁAGOCKI Jan		13	UKS Ostrobramska Warszawa				4:36.36	523 A
	50m: 31.59 31.59	150m: 1:42.38 35.69		250m: 2:53.56 35.46	350m: 4:03.53 34.58				
	100m: 1:06.69 35.10	200m: 2:18.10 35.72		300m: 3:28.95 35.39	400m: 4:36.36 32.83				
6.	HOŁUB Jan		13	KP AVIA Œwidnik				4:36.65	521 A
	50m: 30.86 30.86	150m: 1:42.98 36.67		250m: 2:55.79 36.17	350m: 4:06.56 33.96				
	100m: 1:06.31 35.45	200m: 2:19.62 36.64		300m: 3:32.60 36.81	400m: 4:36.65 30.09				
7.	JURA Maciej		13	UKS Ostrobramska Warszawa				4:38.87	509 A
	50m: 30.28 30.28	150m: 1:40.33 35.93		250m: 2:52.70 36.57	350m: 4:05.23 36.25				
	100m: 1:04.40 34.12	200m: 2:16.13 35.80		300m: 3:28.98 36.28	400m: 4:38.87 33.64				
8.	PALUSZKIEWICZ Patryk		13	UKS 190 ŁódŸ				4:39.25	507 A
	50m: 31.54 31.54	150m: 1:43.20 35.93		250m: 2:54.59 35.96	350m: 4:05.96 35.84				
	100m: 1:07.27 35.73	200m: 2:18.63 35.43		300m: 3:30.12 35.53	400m: 4:39.25 33.29				
9.	MUCHA Kamil		13	MKS Jordan Kraków				4:40.27	502 B
	50m: 33.42 33.42	150m: 1:45.87 36.16		250m: 2:57.18 35.34	350m: 4:06.80 35.09				
	100m: 1:09.71 36.29	200m: 2:21.84 35.97		300m: 3:31.71 34.53	400m: 4:40.27 33.47				
10.	SULIMA Filip		13	Mks Wodnik Radom				4:40.71	499 B
	50m: 31.91 31.91	150m: 1:43.19 35.78		250m: 2:55.71 36.14	350m: 4:07.12 35.34				
	100m: 1:07.41 35.50	200m: 2:19.57 36.38		300m: 3:31.78 36.07	400m: 4:40.71 33.59				
11.	KROGULSKI FILIP		13	MOS DŸBROWA GÓRNICZA				4:41.40	496 B
	50m: 31.26 31.26	150m: 1:41.91 35.93		250m: 2:55.02 36.81	350m: 4:07.88 36.22				
	100m: 1:05.98 34.72	200m: 2:18.21 36.30		300m: 3:31.66 36.64	400m: 4:41.40 33.52				
12.	JASZEWSKI Marcin		13	UKS Polonez Wyszaków				4:42.54	490 B
	50m: 32.14 32.14	150m: 1:44.95 36.91		250m: 2:58.63 36.81	350m: 4:10.62 35.65				
	100m: 1:08.04 35.90	200m: 2:21.82 36.87		300m: 3:34.97 36.34	400m: 4:42.54 31.92				
13.	KRYCIA MATEUSZ		13	KSZO Ostrowiec Œw.				4:43.04	487 B
	50m: 32.00 32.00	150m: 1:43.79 36.52		250m: 2:56.72 36.74	350m: 4:08.66 35.83				
	100m: 1:07.27 35.27	200m: 2:19.98 36.19		300m: 3:32.83 36.11	400m: 4:43.04 34.38				
14.	HORAŁA Damian		13	K.S.Warta Poznań				4:43.46	485 B
	50m: 31.93 31.93	150m: 1:45.00 36.30		250m: 2:58.20 36.54	350m: 4:10.94 36.28				
	100m: 1:08.70 36.77	200m: 2:21.66 36.66		300m: 3:34.66 36.46	400m: 4:43.46 32.52				
15.	MAJEWSKI Łukasz		13	MKP S ³ owianka. Gorzów Wlkp.				4:43.54	484 B
	50m: 32.18 32.18	150m: 1:44.21 36.68		250m: 2:57.05 36.53	350m: 4:09.62 36.12				
	100m: 1:07.53 35.35	200m: 2:20.52 36.31		300m: 3:33.50 36.45	400m: 4:43.54 33.92				
16.	FALACIŃSKI Maciej		13	UKS MOS E ³ k				4:43.55	484 B
	50m: 30.87 30.87	150m: 1:43.57 36.77		250m: 2:57.30 36.81	350m: 4:10.86 36.69				
	100m: 1:06.80 35.93	200m: 2:20.49 36.92		300m: 3:34.17 36.87	400m: 4:43.55 32.69				
17.	WILK KAMIL		13	MKS Ikar Mielec				4:45.46	475 R
	50m: 31.61 31.61	150m: 1:44.50 37.15		250m: 2:58.14 36.79	350m: 4:10.09 36.55				
	100m: 1:07.35 35.74	200m: 2:21.35 36.85		300m: 3:33.54 35.40	400m: 4:45.46 35.37				

Letnie Mistrzostwa Polski M³odzików 13 lat w P³ywaniu
Gorzów Wlkp., 3. - 5.7.2009

Konkurencja 20, Ch³opców, 400m dowolny, Eliminacje, 13 lat

Pozycja					Wiek					Czas	Pkt.	
18.	KUZIO Igor				13	MTP Kormoran Olsztyn				4:46.71	469 R	
	50m:	31.49	31.49	150m:	1:43.10	36.25	250m:	2:56.64	37.07	350m:	4:12.18	38.20
	100m:	1:06.85	35.36	200m:	2:19.57	36.47	300m:	3:33.98	37.34	400m:	4:46.71	34.53
19.	HOŁUBIEC Maciek				13	UKS Rekin Warszawa				4:47.53	465	
	50m:	32.01	32.01	150m:	1:45.44	37.29	250m:	3:00.50	37.33	350m:	4:13.81	36.13
	100m:	1:08.15	36.14	200m:	2:23.17	37.73	300m:	3:37.68	37.18	400m:	4:47.53	33.72
20.	TLAK Adam				13	KS 1 Ozarów Mazowiecki				4:47.70	464	
	50m:	32.20	32.20	150m:	1:46.89	38.12	250m:	3:02.00	37.88	350m:	4:14.71	36.21
	100m:	1:08.77	36.57	200m:	2:24.12	37.23	300m:	3:38.50	36.50	400m:	4:47.70	32.99
21.	LECEKIEWICZ KONRAD				13	MKS Polonia Warszawa				4:47.80	463	
	50m:	31.89	31.89	150m:	1:45.32	37.16	250m:	2:59.70	37.48	350m:	4:13.30	36.83
	100m:	1:08.16	36.27	200m:	2:22.22	36.90	300m:	3:36.47	36.77	400m:	4:47.80	34.50
22.	GOLEŃ Filip				13	Fala Kraconik				4:48.17	461	
	50m:	32.96	32.96	150m:	1:46.45	36.57	250m:	3:00.50	36.87	350m:	4:13.81	36.15
	100m:	1:09.88	36.92	200m:	2:23.63	37.18	300m:	3:37.66	37.16	400m:	4:48.17	34.36
23.	BOROWCZYK Oskar				13	AZS AWF Poznań				4:48.40	460	
	50m:	33.29	33.29	150m:	1:47.85	36.81	250m:	3:00.96	36.12	350m:	4:13.96	36.12
	100m:	1:11.04	37.75	200m:	2:24.84	36.99	300m:	3:37.84	36.88	400m:	4:48.40	34.44
24.	SKRZYPIEC Wojciech				13	UKS Hajduki Chorzów				4:49.05	457	
	50m:	32.32	32.32	150m:	1:45.89	37.28	250m:	3:00.70	37.54	350m:	4:14.79	36.90
	100m:	1:08.61	36.29	200m:	2:23.16	37.27	300m:	3:37.89	37.19	400m:	4:49.05	34.26
25.	ZACHARSKI Szymon				13	MUKS UNIA Busko Zdrój				4:49.51	455	
	50m:	32.21	32.21	150m:	1:44.72	36.78	250m:	2:59.06	37.31	350m:	4:13.77	37.18
	100m:	1:07.94	35.73	200m:	2:21.75	37.03	300m:	3:36.59	37.53	400m:	4:49.51	35.74
26.	PIETRZAK Krzysztof				13	UKS Dwójka Morena Gdańsk				4:49.53	455	
	50m:	32.82	32.82	150m:	1:44.92	36.75	250m:	2:59.49	37.23	350m:	4:13.54	36.81
	100m:	1:08.17	35.35	200m:	2:22.26	37.34	300m:	3:36.73	37.24	400m:	4:49.53	35.99
27.	BURZAWA MATEUSZ				13	MOS DĘBROWA GÓRNICZA				4:49.65	454	
	50m:	32.12	32.12	150m:	1:45.88	37.32	250m:	3:00.42	37.40	350m:	4:14.94	37.05
	100m:	1:08.56	36.44	200m:	2:23.02	37.14	300m:	3:37.89	37.47	400m:	4:49.65	34.71
28.	OLENDER Karol				13	UKS Dwójka Morena Gdańsk				4:49.81	454	
	50m:	33.08	33.08	150m:	1:46.42	37.10	250m:	3:00.29	36.53	350m:	4:15.10	37.08
	100m:	1:09.32	36.24	200m:	2:23.76	37.34	300m:	3:38.02	37.73	400m:	4:49.81	34.71
29.	SIUDZIŃSKI Dawid				13	KS Orze ³ Elbl'g				4:50.28	451	
	50m:	31.91	31.91	150m:	1:44.01	36.58	250m:	2:58.78	37.19	350m:	4:14.53	37.62
	100m:	1:07.43	35.52	200m:	2:21.59	37.58	300m:	3:36.91	38.13	400m:	4:50.28	35.75
30.	WRONKOWSKI Pawe ³				13	MKS SP 63 Bydgoszcz				4:50.39	451	
	50m:	32.62	32.62	150m:	1:48.72	38.39	250m:	3:03.25	37.08	350m:	4:16.32	36.60
	100m:	1:10.33	37.71	200m:	2:26.17	37.45	300m:	3:39.72	36.47	400m:	4:50.39	34.07
31.	RÓYŃSKI Jan				13	UKS Skalar Warszawa				4:51.13	447	
	50m:	33.02	33.02	150m:	1:47.13	37.17	250m:	3:01.57	37.14	350m:	4:15.58	37.05
	100m:	1:09.96	36.94	200m:	2:24.43	37.30	300m:	3:38.53	36.96	400m:	4:51.13	35.55
32.	SZAMOTULSKI Krzysztof				13	MKP S ³ owianka. Gorzów Wlkp.				4:52.30	442	
	50m:	33.39	33.39	150m:	1:46.70	36.79	250m:	3:01.69	37.46	350m:	4:16.41	37.25
	100m:	1:09.91	36.52	200m:	2:24.23	37.53	300m:	3:39.16	37.47	400m:	4:52.30	35.89
33.	DROZD Patryk				13	MTP Kormoran Olsztyn				4:52.70	440	
	50m:	30.64	30.64	150m:	1:43.15	37.04	250m:	2:59.40	38.41	350m:	4:16.14	38.29
	100m:	1:06.11	35.47	200m:	2:20.99	37.84	300m:	3:37.85	38.45	400m:	4:52.70	36.56
34.	GUBA Adam				13	KP Delfin Inowroc ³ aw				4:54.20	434	
	50m:	33.34	33.34	150m:	1:48.03	37.44	250m:	3:03.08	37.68	350m:	4:18.21	36.84
	100m:	1:10.59	37.25	200m:	2:25.40	37.37	300m:	3:41.37	38.29	400m:	4:54.20	35.99
35.	KOŁECIELAK Adam				13	K.S.Warta Poznań				4:54.57	432	
	50m:	32.11	32.11	150m:	1:47.37	37.94	250m:	3:03.89	38.27	350m:	4:20.02	37.77
	100m:	1:09.43	37.32	200m:	2:25.62	38.25	300m:	3:42.25	38.36	400m:	4:54.57	34.55

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Konkurencja 20, Ch³opców, 400m dowolny, Eliminacje, 13 lat

Pozycja			Wiek				Czas				Pkt.	
36.	MIELCZAREK Filip		13				EKS SKRA Be ³ chatów				4:55.05	430
	50m:	34.18 34.18	150m:	1:51.20	38.67	250m:	3:06.89	38.01	350m:	4:20.32	35.49	
	100m:	1:12.53 38.35	200m:	2:28.88	37.68	300m:	3:44.83	37.94	400m:	4:55.05	34.73	
37.	CHOŁDA Jakub		13				MKS Jordan Kraków				4:55.33	429
	50m:	32.97 32.97	150m:	1:47.72	37.90	250m:	3:03.56	37.98	350m:	4:19.06	37.99	
	100m:	1:09.82 36.85	200m:	2:25.58	37.86	300m:	3:41.07	37.51	400m:	4:55.33	36.27	
38.	BUCZKOWSKI Kamil		13				UKS Shark Rudna				4:55.98	426
	50m:	33.92 33.92	150m:	1:48.60	37.88	250m:	3:04.79	38.05	350m:	4:20.31	37.42	
	100m:	1:10.72 36.80	200m:	2:26.74	38.14	300m:	3:42.89	38.10	400m:	4:55.98	35.67	
39.	GŁOWIAK Damian		13				MKP S ³ owianka. Gorzów Wlkp.				4:56.78	422
	50m:	33.01 33.01	150m:	1:49.01	38.09	250m:	3:05.60	38.13	350m:	4:20.93	37.06	
	100m:	1:10.92 37.91	200m:	2:27.47	38.46	300m:	3:43.87	38.27	400m:	4:56.78	35.85	
40.	MADEJ Jan		13				Salos Kielce				4:56.80	422
	50m:	32.08 32.08	150m:	1:46.47	38.25	250m:	3:01.87	37.13	350m:	4:21.00	40.00	
	100m:	1:08.22 36.14	200m:	2:24.74	38.27	300m:	3:41.00	39.13	400m:	4:56.80	35.80	
41.	RACZKOWSKI Piotr, Daniel		13				MUKS Olimpijczyk Suwa ³ ki				4:57.04	421
	50m:	32.79 32.79	150m:	1:48.51	37.76	250m:	3:04.70	38.39	350m:	4:21.33	38.49	
	100m:	1:10.75 37.96	200m:	2:26.31	37.80	300m:	3:42.84	38.14	400m:	4:57.04	35.71	
42.	STILLER Piotr		13				UKS Dwójka Morena Gdańsk				4:57.73	418
	50m:	33.71 33.71	150m:	1:49.16	38.20	250m:	3:05.55	38.10	350m:	4:22.40	38.51	
	100m:	1:10.96 37.25	200m:	2:27.45	38.29	300m:	3:43.89	38.34	400m:	4:57.73	35.33	
43.	PADŁO Kamil		13				K.S.Warta Poznań				4:57.75	418
	50m:	32.14 32.14	150m:	1:46.97	38.22	250m:	3:04.85	38.86	350m:	4:22.76	38.48	
	100m:	1:08.75 36.61	200m:	2:25.99	39.02	300m:	3:44.28	39.43	400m:	4:57.75	34.99	
44.	MOTYCZYŃSKI JAKUB		13				MKS Polonia Warszawa				4:58.11	417
	50m:	32.54 32.54	150m:	1:47.84	38.10	250m:	3:03.94	38.40	350m:	4:21.61	38.57	
	100m:	1:09.74 37.20	200m:	2:25.54	37.70	300m:	3:43.04	39.10	400m:	4:58.11	36.50	
45.	LIS Przemys ³ aw		13				KP AVIA Ćewidnik				4:58.20	416
	50m:	32.80 32.80	150m:	1:48.68	38.50	250m:	3:06.17	38.87	350m:	4:22.14	37.29	
	100m:	1:10.18 37.38	200m:	2:27.30	38.62	300m:	3:44.85	38.68	400m:	4:58.20	36.06	
46.	BOROWIEC Bartosz		13				KS Posenia				4:58.32	416
	50m:	33.67 33.67	150m:	1:50.16	38.04	250m:	3:06.32	37.95	350m:	4:22.33	37.82	
	100m:	1:12.12 38.45	200m:	2:28.37	38.21	300m:	3:44.51	38.19	400m:	4:58.32	35.99	
47.	BIEŃ Kamil		13				K.S.Warta Poznań				4:59.19	412
	50m:	32.86 32.86	150m:	1:48.72	38.54	250m:	3:05.72	38.47	350m:	4:22.50	38.23	
	100m:	1:10.18 37.32	200m:	2:27.25	38.53	300m:	3:44.27	38.55	400m:	4:59.19	36.69	
48.	SOCZYŃSKI Bartosz		13				UKS Shark Rudna				4:59.61	411
	50m:	34.24 34.24	150m:	1:52.35	39.20	250m:	3:09.43	38.41	350m:	4:24.62	37.08	
	100m:	1:13.15 38.91	200m:	2:31.02	38.67	300m:	3:47.54	38.11	400m:	4:59.61	34.99	
49.	BOBROWSKI Martin		13				UKS Wodnik Siemianowice				5:00.82	406
	50m:	32.67 32.67	150m:	1:49.22	38.79	250m:	3:06.16	38.55	350m:	4:23.90	38.64	
	100m:	1:10.43 37.76	200m:	2:27.61	38.39	300m:	3:45.26	39.10	400m:	5:00.82	36.92	
50.	BUDZISZ KEVIN		13				MKP Szczecin				5:01.93	401
	50m:	33.26 33.26	150m:	1:49.03	38.25	250m:	3:07.33	39.04	350m:	4:24.76	38.41	
	100m:	1:10.78 37.52	200m:	2:28.29	39.26	300m:	3:46.35	39.02	400m:	5:01.93	37.17	
51.	KSIŃEK SEBASTIAN		13				KSZO Ostrowiec Ćew.				5:02.50	399
	50m:	33.62 33.62	150m:	1:49.97	38.56	250m:	3:07.76	38.89	350m:	4:24.89	38.80	
	100m:	1:11.41 37.79	200m:	2:28.87	38.90	300m:	3:46.09	38.33	400m:	5:02.50	37.61	
52.	STEFAŃSKI Przemys ³ aw		13				MTP Kormoran Olsztyn				5:03.06	397
	50m:	33.92 33.92	150m:	1:50.28	38.55	250m:	3:07.43	38.39	350m:	4:25.15	38.71	
	100m:	1:11.73 37.81	200m:	2:29.04	38.76	300m:	3:46.44	39.01	400m:	5:03.06	37.91	
52.	OLEKSÓW JAN		13				UKS Ćoliborz Warszawa				5:03.06	397
	50m:	33.50 33.50	150m:	1:49.80	38.73	250m:	3:07.92	39.43	350m:	4:26.41	38.85	
	100m:	1:11.07 37.57	200m:	2:28.49	38.69	300m:	3:47.56	39.64	400m:	5:03.06	36.65	

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Gorzów Wlkp., 3. - 5.7.2009

Konkurencja 20, Ch³opców, 400m dowolny, Eliminacje, 13 lat

Pozycja			Wiek				Czas				Pkt.
54.	MUSZTAFAGA PIOTR	13	MKP Szczecin				5:04.90				390
	50m: 34.42	34.42	150m: 1:51.80	39.01	250m: 3:10.11	39.31	350m: 4:28.01	38.70			
	100m: 1:12.79	38.37	200m: 2:30.80	39.00	300m: 3:49.31	39.20	400m: 5:04.90	36.89			
55.	WŁODARCZAK Pawe ³	13	K.S.Warta Poznań				5:05.18				388
	50m: 32.93	32.93	150m: 1:48.61	38.41	250m: 3:06.71	39.24	350m: 4:26.19	39.66			
	100m: 1:10.20	37.27	200m: 2:27.47	38.86	300m: 3:46.53	39.82	400m: 5:05.18	38.99			
56.	DALECKI ŁUKASZ	13	CEI ¹ sk Wroc ³ aw				5:08.50				376
	50m: 34.01	34.01	150m: 1:50.62	39.18	250m: 3:11.10	40.92	350m: 4:31.68	40.50			
	100m: 1:11.44	37.43	200m: 2:30.18	39.56	300m: 3:51.18	40.08	400m: 5:08.50	36.82			
57.	POPŁAWSKI JAKUB	13	MKS Polonia Warszawa				5:08.69				375
	50m: 33.78	33.78	150m: 1:51.12	39.22	250m: 3:10.12	39.81	350m: 4:30.17	40.09			
	100m: 1:11.90	38.12	200m: 2:30.31	39.19	300m: 3:50.08	39.96	400m: 5:08.69	38.52			
58.	CHROBOK SZYMON	13	MUKS Gilus Gilowice				5:08.96				374
	50m: 34.17	34.17	150m: 1:52.71	39.75	250m: 3:12.27	39.91	350m: 4:31.18	39.11			
	100m: 1:12.96	38.79	200m: 2:32.36	39.65	300m: 3:52.07	39.80	400m: 5:08.96	37.78			
59.	KARCZEMNY MATEUSZ	13	UKS Toliborz Warszawa				5:09.63				372
	50m: 34.08	34.08	150m: 1:53.41	40.18	250m: 3:14.12	40.34	350m: 4:32.57	39.48			
	100m: 1:13.23	39.15	200m: 2:33.78	40.37	300m: 3:53.09	38.97	400m: 5:09.63	37.06			
60.	LELEK Mateusz	13	MKS Jordan Kraków				5:09.64				372
	50m: 36.28	36.28	150m: 1:56.03	40.39	250m: 3:15.86	39.62	350m: 4:34.58	38.31			
	100m: 1:15.64	39.36	200m: 2:36.24	40.21	300m: 3:56.27	40.41	400m: 5:09.64	35.06			
61.	PYTLIŃSKI Dawid	13	MKS SP 63 Bydgoszcz				5:09.86				371
	50m: 33.54	33.54	150m: 1:51.42	39.57	250m: 3:12.18	40.14	350m: 4:32.43	40.00			
	100m: 1:11.85	38.31	200m: 2:32.04	40.62	300m: 3:52.43	40.25	400m: 5:09.86	37.43			
62.	MARCZAK TOMASZ	13	MKS Polonia Warszawa				5:11.03				367
	50m: 33.28	33.28	150m: 1:54.18	40.46	250m: 3:14.39	39.71	350m: 4:33.40	38.80			
	100m: 1:13.72	40.44	200m: 2:34.68	40.50	300m: 3:54.60	40.21	400m: 5:11.03	37.63			
63.	JARASZKIEWICZ Bartosz	13	KS Posenania				5:11.09				367
	50m: 33.38	33.38	150m: 1:50.59	39.22	250m: 3:11.64	40.18	350m: 4:32.48	39.57			
	100m: 1:11.37	37.99	200m: 2:31.46	40.87	300m: 3:52.91	41.27	400m: 5:11.09	38.61			
64.	STEMPEL Maciej	13	MTP Kormoran Olsztyn				5:11.14				367
	50m: 33.46	33.46	150m: 1:52.72	40.46	250m: 3:13.29	40.41	350m: 4:34.75	40.24			
	100m: 1:12.26	38.80	200m: 2:32.88	40.16	300m: 3:54.51	41.22	400m: 5:11.14	36.39			
65.	BESARABA KAMIL	13	MKP Szczecin				5:11.28				366
	50m: 35.30	35.30	150m: 1:54.45	39.21	250m: 3:13.49	39.51	350m: 4:33.48	39.94			
	100m: 1:15.24	39.94	200m: 2:33.98	39.53	300m: 3:53.54	40.05	400m: 5:11.28	37.80			
66.	SZCZERBA Łukasz	13	MKS Zryw Opole				5:11.44				366
	50m: 32.56	32.56	150m: 1:49.58	39.52	250m: 3:11.20	41.11	350m: 4:31.98	40.32			
	100m: 1:10.06	37.50	200m: 2:30.09	40.51	300m: 3:51.66	40.46	400m: 5:11.44	39.46			
67.	JERZYŃSKI Konrad	13	MKS Trójka Łódź				5:12.03				363
	50m: 34.30	34.30	150m: 1:53.47	39.77	250m: 3:14.79	40.93	350m: 4:35.29	40.60			
	100m: 1:13.70	39.40	200m: 2:33.86	40.39	300m: 3:54.69	39.90	400m: 5:12.03	36.74			
68.	MALINOWSKI MICHAŁ	13	CEI ¹ sk Wroc ³ aw				5:13.02				360
	50m: 33.89	33.89	150m: 1:52.12	40.10	250m: 3:11.83	39.66	350m: 4:34.27	41.38			
	100m: 1:12.02	38.13	200m: 2:32.17	40.05	300m: 3:52.89	41.06	400m: 5:13.02	38.75			
69.	ADAMOWSKI NORBERT	13	MKP Szczecin				5:13.07				360
	50m: 34.25	34.25	150m: 1:53.44	39.81	250m: 3:14.38	40.29	350m: 4:34.88	40.02			
	100m: 1:13.63	39.38	200m: 2:34.09	40.65	300m: 3:54.86	40.48	400m: 5:13.07	38.19			
70.	LIPIEC Patryk	13	MKP S ³ owianka. Gorzów Wlkp.				5:16.74				347
	50m: 35.09	35.09	150m: 1:55.46	40.69	250m: 3:15.98	40.00	350m: 4:37.49	40.75			
	100m: 1:14.77	39.68	200m: 2:35.98	40.52	300m: 3:56.74	40.76	400m: 5:16.74	39.25			
71.	CHWIEROCE Pawe ³	13	MKS Juvenia Bia ³ ystok				5:17.33				346
	50m: 35.46	35.46	150m: 1:56.59	41.41	250m: 3:17.18	39.45	350m: 4:39.39	41.38			
	100m: 1:15.18	39.72	200m: 2:37.73	41.14	300m: 3:58.01	40.83	400m: 5:17.33	37.94			

Letnie Mistrzostwa Polski M³odzików 13 lat w P³ywaniu
Gorzów Wlkp., 3. - 5.7.2009

Konkurencja 20, Ch³opców, 400m dowolny, Eliminacje, 13 lat

Pozycja			Wiek					Czas	Pkt.			
72.	PIŹTKOWSKI	MARCIN	13	MKS	Polonia	Warszawa	5:18.34	342				
	50m:	34.87	34.87	150m:	1:55.25	40.82	250m:	3:16.59	40.59	350m:	4:38.69	40.63
	100m:	1:14.43	39.56	200m:	2:36.00	40.75	300m:	3:58.06	41.47	400m:	5:18.34	39.65
73.	PERZANKOWSKI	Kacper	13	UKS	NAWA	Skierniewice	5:21.48	332				
	50m:	33.82	33.82	150m:	1:54.77	41.63	250m:	3:19.77	42.86	350m:	4:42.87	40.56
	100m:	1:13.14	39.32	200m:	2:36.91	42.14	300m:	4:02.31	42.54	400m:	5:21.48	38.61
74.	BIELUCY	Radosław	13	KS	Orze ³	Elbl ¹ g	5:21.97	331				
	50m:	36.61	36.61	150m:	2:00.18	41.66	250m:	3:23.20	41.23	350m:	4:44.64	40.07
	100m:	1:18.52	41.91	200m:	2:41.97	41.79	300m:	4:04.57	41.37	400m:	5:21.97	37.33
75.	RUDZIŃSKI	Marek	13	KS	Orze ³	Elbl ¹ g	5:22.25	330				
	50m:	38.14	38.14	150m:	1:59.95	41.04	250m:	3:21.85	40.84	350m:	4:43.99	40.39
	100m:	1:18.91	40.77	200m:	2:41.01	41.06	300m:	4:03.60	41.75	400m:	5:22.25	38.26
76.	CZAPSKI	Micha ³	13	MKP	S ³ owianka.	Gorzów Wlkp.	5:23.16	327				
	50m:	38.09	38.09	150m:	1:59.93	41.25	250m:	3:23.00	41.86	350m:	4:45.58	41.10
	100m:	1:18.68	40.59	200m:	2:41.14	41.21	300m:	4:04.48	41.48	400m:	5:23.16	37.58
77.	PAWLISIAK	Karol	13	Astromal	Akwawit	Leszno	5:27.00	316				
	50m:	34.76	34.76	150m:	1:56.25	41.85	250m:	3:22.21	42.88	350m:	4:47.98	41.96
	100m:	1:14.40	39.64	200m:	2:39.33	43.08	300m:	4:06.02	43.81	400m:	5:27.00	39.02
78.	PIETRZAK	Sebastian	13	MKP	S ³ owianka.	Gorzów Wlkp.	5:35.21	293				
	50m:	36.87	36.87	150m:	2:00.63	42.90	250m:	3:26.46	43.70	350m:	4:53.38	43.46
	100m:	1:17.73	40.86	200m:	2:42.76	42.13	300m:	4:09.92	43.46	400m:	5:35.21	41.83
79.	GNIĄZDOWSKI	Jerzy	13	UPKS	Wodnik	Rawicz	5:37.91	286				
	50m:	36.67	36.67	150m:	2:01.83	43.03	250m:	3:28.35	43.65	350m:	4:56.02	43.33
	100m:	1:18.80	42.13	200m:	2:44.70	42.87	300m:	4:12.69	44.34	400m:	5:37.91	41.89
80.	FRONCZYK	MICHAŁ	13	MKP	Szczecin		5:38.66	284				
	50m:	37.57	37.57	150m:	2:03.67	42.95	250m:	3:31.80	43.49	350m:	4:59.48	43.53
	100m:	1:20.72	43.15	200m:	2:48.31	44.64	300m:	4:15.95	44.15	400m:	5:38.66	39.18
81.	SOBKOWIAK	Hubert	13	Korner	Zielona	Góra	5:45.34	268				
	50m:	37.46	37.46	150m:	2:04.90	44.45	250m:	3:33.47	44.57	350m:	5:01.50	44.01
	100m:	1:20.45	42.99	200m:	2:48.90	44.00	300m:	4:17.49	44.02	400m:	5:45.34	43.84
82.	ROSIŃSKI	Wacław	13	UKS	Osowa	Góra Bydgoszcz	5:57.44	242				
	50m:	36.94	36.94	150m:	2:06.12	45.28	250m:	3:40.74	48.09	350m:	5:12.54	46.02
	100m:	1:20.84	43.90	200m:	2:52.65	46.53	300m:	4:26.52	45.78	400m:	5:57.44	44.90
DYSKW.	PŁACHTA	Emil	13	MTP	Kormoran	Olsztyn	4:35.44					
	<i>O4 - Start wykonany przed Sygna³em</i>											
	50m:	30.77	30.77	150m:	1:42.43	35.92	250m:	2:54.33	35.77	350m:	4:04.19	35.36
	100m:	1:06.51	35.74	200m:	2:18.56	36.13	300m:	3:28.83	34.50	400m:	4:35.44	31.25