

Letnie Mistrzostwa Polski M³odzików 13 lat w P³ywaniu
Gorzów Wlkp., 3. - 5.7.2009

Konkurencja 20
2009-07-04

Ch³opców, 400m dowolny

13 lat
Wyniki Fina³

Top Times "Poland" 4:18.98 BERNATOWICZ Sebastian Ocewięcim 2007-07-07

Punkty: FINA 2008

Pozycja			Wiek					Czas	Pkt.
Fina³ A									
1.	WIATROWSKI Remigiusz		13	K.S.Warta Poznań				4:27.48	577
	50m: 30.68	30.68	150m: 1:39.35	34.49	250m: 2:48.28	34.41	350m: 3:56.19	33.21	
	100m: 1:04.86	34.18	200m: 2:13.87	34.52	300m: 3:22.98	34.70	400m: 4:27.48	31.29	
2.	TACZAŃSKI Bart ³ omiej		13	UKS Shark Rudna				4:28.65	569
	50m: 30.52	30.52	150m: 1:39.20	34.26	250m: 2:48.09	34.15	350m: 3:56.56	33.70	
	100m: 1:04.94	34.42	200m: 2:13.94	34.74	300m: 3:22.86	34.77	400m: 4:28.65	32.09	
3.	WOJDAK wojciech		13	Wiking Brzesko				4:28.97	567
	50m: 30.13	30.13	150m: 1:37.10	34.12	250m: 2:46.55	34.75	350m: 3:55.56	34.31	
	100m: 1:02.98	32.85	200m: 2:11.80	34.70	300m: 3:21.25	34.70	400m: 4:28.97	33.41	
4.	JURA Maciej		13	UKS Ostrobramska Warszawa				4:33.64	539
	50m: 29.61	29.61	150m: 1:40.10	35.64	250m: 2:50.51	35.40	350m: 4:01.16	34.53	
	100m: 1:04.46	34.85	200m: 2:15.11	35.01	300m: 3:26.63	36.12	400m: 4:33.64	32.48	
5.	HOŁUB Jan		13	KP AVIA Oevidnik				4:34.46	534
	50m: 30.47	30.47	150m: 1:40.16	35.67	250m: 2:51.77	35.91	350m: 4:03.03	35.48	
	100m: 1:04.49	34.02	200m: 2:15.86	35.70	300m: 3:27.55	35.78	400m: 4:34.46	31.43	
6.	ŁAGOCKI Jan		13	UKS Ostrobramska Warszawa				4:35.35	529
	50m: 31.09	31.09	150m: 1:41.40	35.38	250m: 2:52.07	35.12	350m: 4:01.85	34.07	
	100m: 1:06.02	34.93	200m: 2:16.95	35.55	300m: 3:27.78	35.71	400m: 4:35.35	33.50	
7.	PAWEŁEK Igor		13	KS AZS AWFis Gdańsk				4:40.31	501
	50m: 31.42	31.42	150m: 1:41.50	35.19	250m: 2:53.13	36.03	350m: 4:05.72	36.34	
	100m: 1:06.31	34.89	200m: 2:17.10	35.60	300m: 3:29.38	36.25	400m: 4:40.31	34.59	
8.	PALUSZKIEWICZ Patryk		13	UKS 190 Łódź				4:43.73	483
	50m: 30.76	30.76	150m: 1:42.39	36.50	250m: 2:56.64	37.22	350m: 4:09.79	36.34	
	100m: 1:05.89	35.13	200m: 2:19.42	37.03	300m: 3:33.45	36.81	400m: 4:43.73	33.94	
Fina³ B									
9.	KROGULSKI FILIP		13	MOS DĘBROWA GÓRNICZA				4:39.75	504
	50m: 31.49	31.49	150m: 1:42.11	35.91	250m: 2:54.42	36.22	350m: 4:06.76	35.95	
	100m: 1:06.20	34.71	200m: 2:18.20	36.09	300m: 3:30.81	36.39	400m: 4:39.75	32.99	
10.	KRYCIA MATEUSZ		13	KSZO Ostrowiec Oew.				4:41.39	496
	50m: 31.74	31.74	150m: 1:43.21	36.11	250m: 2:55.42	35.96	350m: 4:07.37	35.40	
	100m: 1:07.10	35.36	200m: 2:19.46	36.25	300m: 3:31.97	36.55	400m: 4:41.39	34.02	
11.	SULIMA Filip		13	Mks Wodnik Radom				4:41.42	495
	50m: 30.97	30.97	150m: 1:42.02	36.27	250m: 2:54.96	36.51	350m: 4:07.67	35.82	
	100m: 1:05.75	34.78	200m: 2:18.45	36.43	300m: 3:31.85	36.89	400m: 4:41.42	33.75	
12.	JASZEWSKI Marcin		13	UKS Polonez Wyszaków				4:42.73	489
	50m: 30.65	30.65	150m: 1:42.12	36.43	250m: 2:56.02	36.96	350m: 4:09.62	36.50	
	100m: 1:05.69	35.04	200m: 2:19.06	36.94	300m: 3:33.12	37.10	400m: 4:42.73	33.11	
13.	HORAŁA Damian		13	K.S.Warta Poznań				4:43.00	487
	50m: 31.32	31.32	150m: 1:44.38	37.14	250m: 2:57.76	36.93	350m: 4:10.32	35.72	
	100m: 1:07.24	35.92	200m: 2:20.83	36.45	300m: 3:34.60	36.84	400m: 4:43.00	32.68	
14.	MAJEWSKI Łukasz		13	MKP S ³ owianka. Gorzów Wlkp.				4:45.91	472
	50m: 32.09	32.09	150m: 1:44.59	36.73	250m: 2:57.89	36.71	350m: 4:10.71	36.29	
	100m: 1:07.86	35.77	200m: 2:21.18	36.59	300m: 3:34.42	36.53	400m: 4:45.91	35.20	
15.	FALACIŃSKI Maciej		13	UKS MOS E ³ k				4:49.77	454
	50m: 31.72	31.72	150m: 1:45.17	37.07	250m: 2:59.62	37.36	350m: 4:14.22	37.39	
	100m: 1:08.10	36.38	200m: 2:22.26	37.09	300m: 3:36.83	37.21	400m: 4:49.77	35.55	
16.	MUCHA Kamil		13	MKS Jordan Kraków				4:56.91	422
	50m: 33.42	33.42	150m: 1:48.20	37.56	250m: 3:03.93	38.58	350m: 4:20.11	37.65	
	100m: 1:10.64	37.22	200m: 2:25.35	37.15	300m: 3:42.46	38.53	400m: 4:56.91	36.80	