

Letnie Mistrzostwa Polski M<sup>3</sup>odzików 13 lat w P<sup>3</sup>ywaniu  
Gorzów Wlkp., 3. - 5.7.2009

Konkurencja 7  
2009-07-03

Dziewcz<sup>1</sup>t, 400m zmienny

13 lat  
Wyniki Eliminacje

Punkty: FINA 2008

Pozycja			Wiek					Czas	Pkt.			
1.	SZPUCHA KATARZYNA		13	Tp Olimpijczyk Aleksandrów Łódzki				<b>5:12.67</b>	666 A			
	50m:	33.33 33.33	150m:	1:49.88	38.89	250m:	3:11.95	43.46	350m:	4:34.37	38.49	
	100m:	1:10.99	37.66	200m:	2:28.49	38.61	300m:	3:55.88	43.93	400m:	5:12.67	38.30
2.	PIASKOWSKA Weronika		13	UKS 190 Łódź				<b>5:16.58</b>	641 A			
	50m:	32.39 32.39	150m:	1:52.26	42.14	250m:	3:17.56	43.86	350m:	4:39.20	37.91	
	100m:	1:10.12	37.73	200m:	2:33.70	41.44	300m:	4:01.29	43.73	400m:	5:16.58	37.38
3.	BAKIES Gabriela		13	UKS Piłtka Konstanyńów Łódzki				<b>5:19.80</b>	622 A			
	50m:	31.30 31.30	150m:	1:47.98	39.85	250m:	3:15.14	47.23	350m:	4:42.09	38.42	
	100m:	1:08.13	36.83	200m:	2:27.91	39.93	300m:	4:03.67	48.53	400m:	5:19.80	37.71
4.	ULATOWSKA Alicja		13	UKS Aquatica Paw <sup>3</sup> owice				<b>5:24.28</b>	597 A			
	50m:	33.34 33.34	150m:	1:54.94	42.16	250m:	3:23.11	46.92	350m:	4:48.22	37.32	
	100m:	1:12.78	39.44	200m:	2:36.19	41.25	300m:	4:10.90	47.79	400m:	5:24.28	36.06
5.	KOZŁOWSKA Anna		13	MUKS Piłtnastka AQUA Bydgoszcz				<b>5:27.54</b>	579 A			
	50m:	33.68 33.68	150m:	1:52.69	41.04	250m:	3:21.19	46.01	350m:	4:47.71	37.89	
	100m:	1:11.65	37.97	200m:	2:35.18	42.49	300m:	4:09.82	48.63	400m:	5:27.54	39.83
6.	DWORACZEK Paulina		13	MKS Jordan Kraków				<b>5:27.80</b>	578 A			
	50m:	34.16 34.16	150m:	1:57.53	43.09	250m:	3:25.60	45.76	350m:	4:50.94	38.61	
	100m:	1:14.44	40.28	200m:	2:39.84	42.31	300m:	4:12.33	46.73	400m:	5:27.80	36.86
7.	ZBROJEWSKA Michalina		13	UKS Piłtka Konstanyńów Łódzki				<b>5:29.70</b>	568 A			
	50m:	37.05 37.05	150m:	2:02.42	42.39	250m:	3:29.19	45.08	350m:	4:52.08	37.72	
	100m:	1:20.03	42.98	200m:	2:44.11	41.69	300m:	4:14.36	45.17	400m:	5:29.70	37.62
8.	NIENAŁTOWSKA NATALIA		13	MKS Polonia Warszawa				<b>5:29.92</b>	567 A			
	50m:	33.61 33.61	150m:	1:58.29	44.17	250m:	3:27.03	45.01	350m:	4:52.85	38.99	
	100m:	1:14.12	40.51	200m:	2:42.02	43.73	300m:	4:13.86	46.83	400m:	5:29.92	37.07
9.	RUDAWSKA Adrianna		13	UTS Orlik Lublin				<b>5:31.40</b>	559 B			
	50m:	34.60 34.60	150m:	2:00.36	44.28	250m:	3:29.32	45.66	350m:	4:54.62	37.08	
	100m:	1:16.08	41.48	200m:	2:43.66	43.30	300m:	4:17.54	48.22	400m:	5:31.40	36.78
10.	PACIORKIEWICZ Agata		13	SKS Start Łódź				<b>5:35.16</b>	540 B			
	50m:	34.75 34.75	150m:	2:01.53	43.97	250m:	3:31.07	46.66	350m:	4:57.77	38.32	
	100m:	1:17.56	42.81	200m:	2:44.41	42.88	300m:	4:19.45	48.38	400m:	5:35.16	37.39
11.	PLUTA KINGA		13	MOS DĘBROWA GÓRNICZA				<b>5:38.10</b>	526 B			
	50m:	34.02 34.02	150m:	2:00.41	45.86	250m:	3:31.56	47.63	350m:	4:59.55	40.00	
	100m:	1:14.55	40.53	200m:	2:43.93	43.52	300m:	4:19.55	47.99	400m:	5:38.10	38.55
12.	WOSZCZYŃSKA ALEKSANDRA		13	KSZO Ostrowiec Œw.				<b>5:38.30</b>	525 B			
	50m:	33.65 33.65	150m:	1:59.94	45.95	250m:	3:30.75	47.19	350m:	5:00.09	40.22	
	100m:	1:13.99	40.34	200m:	2:43.56	43.62	300m:	4:19.87	49.12	400m:	5:38.30	38.21
13.	ZDROJEWSKA Marcelina		13	UKS 1-Solex Lębork				<b>5:40.25</b>	516 B			
	50m:	32.86 32.86	150m:	1:55.88	41.20	250m:	3:29.11	49.63	350m:	4:59.87	40.67	
	100m:	43.58	10.72	200m:	2:39.48	43.60	300m:	4:19.20	50.09	400m:	5:40.25	40.38
14.	HALAGIERA Joanna		13	MKP S <sup>3</sup> owianka. Gorzów Wlkp.				<b>5:40.82</b>	514 B			
	50m:	37.05 37.05	150m:	2:03.96	43.46	250m:	3:36.34	49.36	350m:	5:05.15	39.08	
	100m:	1:20.50	43.45	200m:	2:46.98	43.02	300m:	4:26.07	49.73	400m:	5:40.82	35.67
15.	RYSKA Anna		13	MTP Kormoran Olsztyn				<b>5:41.26</b>	512 B			
	50m:	35.15 35.15	150m:	1:59.38	45.37	250m:	3:31.49	47.96	350m:	5:02.53	41.70	
	100m:	1:14.01	38.86	200m:	2:43.53	44.15	300m:	4:20.83	49.34	400m:	5:41.26	38.73
16.	KILIAŃSKA MARTYNA		13	BUKS Warszawa				<b>5:41.51</b>	511 B			
	50m:	34.77 34.77	150m:	2:01.88	46.58	250m:	3:33.95	46.14	350m:	5:02.37	39.88	
	100m:	1:15.30	40.53	200m:	2:47.81	45.93	300m:	4:22.49	48.54	400m:	5:41.51	39.14
17.	TERECH Kinga		13	KS Orze <sup>3</sup> Elblg				<b>5:41.66</b>	510 R			
	50m:	35.60 35.60	150m:	2:00.60	43.61	250m:	3:32.34	47.76	350m:	5:02.22	41.25	
	100m:	1:16.99	41.39	200m:	2:44.58	43.98	300m:	4:20.97	48.63	400m:	5:41.66	39.44

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Konkurencja 7, Dziewcz<sup>1</sup>t, 400m zmienny, Eliminacje, 13 lat

Pozycja				Wiek					Czas	Pkt.		
18.	KMIECIK Sabina			13	Kmita Zabierzów				<b>5:43.02</b>	504 R		
	50m:	35.01	35.01	150m:	2:01.56	250m:	3:35.54	49.76	350m:	5:05.29	40.37	
	100m:			200m:	2:45.78	44.22	300m:	4:24.92	49.38	400m:	5:43.02	37.73
19.	CZĘLOWIEK Roksana			13	UKS Ósemka Oœwiêcim				<b>5:45.29</b>	494		
	50m:	36.61	36.61	150m:	2:05.90	44.81	250m:	3:36.64	47.77	350m:	5:07.46	42.71
	100m:	1:21.09	44.48	200m:	2:48.87	42.97	300m:	4:24.75	48.11	400m:	5:45.29	37.83
20.	MARCINIAK Klaudia			13	UKS Piłtka Konstanytynów Łódzki				<b>5:46.52</b>	489		
	50m:	36.87	36.87	150m:	2:05.91	44.14	250m:	3:38.35	48.91	350m:	5:07.30	40.03
	100m:	1:21.77	44.90	200m:	2:49.44	43.53	300m:	4:27.27	48.92	400m:	5:46.52	39.22
21.	CIUPA Aleksandra			13	MKS SP 63 Bydgoszcz				<b>5:47.59</b>	484		
	50m:	36.00	36.00	150m:	2:04.36	45.44	250m:	3:37.92	48.33	350m:	5:07.65	40.75
	100m:	1:18.92	42.92	200m:	2:49.59	45.23	300m:	4:26.90	48.98	400m:	5:47.59	39.94
22.	FRŹCZEK MARIKA			13	UKS ōliborz Warszawa				<b>5:49.83</b>	475		
	50m:	35.16	35.16	150m:	2:03.70	45.17	250m:	3:38.31	50.13	350m:	5:11.51	43.12
	100m:	1:18.53	43.37	200m:	2:48.18	44.48	300m:	4:28.39	50.08	400m:	5:49.83	38.32
23.	OSTOJSKA Karolina			13	UKS Skalar Warszawa				<b>5:52.44</b>	465		
	50m:	35.54	35.54	150m:	2:06.31	45.45	250m:	3:42.11	51.28	350m:	5:13.87	39.04
	100m:	1:20.86	45.32	200m:	2:50.83	44.52	300m:	4:34.83	52.72	400m:	5:52.44	38.57
24.	KAPCIŃSKA Sylwia			13	UKS Ósemka Oœwiêcim				<b>5:56.79</b>	448		
	50m:	36.55	36.55	150m:	2:04.97	47.27	250m:	3:39.99	47.43	350m:	5:13.85	44.10
	100m:	1:17.70	41.15	200m:	2:52.56	47.59	300m:	4:29.75	49.76	400m:	5:56.79	42.94
25.	PABIAN Agnieszka			13	MKS Jordan Kraków				<b>5:58.73</b>	441		
	50m:	40.62	40.62	150m:	2:12.25	43.95	250m:	3:46.29	50.49	350m:	5:17.65	40.44
	100m:	1:28.30	47.68	200m:	2:55.80	43.55	300m:	4:37.21	50.92	400m:	5:58.73	41.08
26.	SUCHODOLSKA EWELINA			13	CEI <sup>1</sup> sk Wroc <sup>3</sup> aw				<b>6:00.55</b>	434		
	50m:	35.39	35.39	150m:	2:01.67	45.22	250m:	3:41.71	55.17	350m:	5:20.16	41.68
	100m:	1:16.45	41.06	200m:	2:46.54	44.87	300m:	4:38.48	56.77	400m:	6:00.55	40.39
27.	BUCZAK Ewelina			13	MKP S <sup>3</sup> owianka. Gorzów Wlkp.				<b>6:01.28</b>	431		
	50m:	36.83	36.83	150m:	2:09.52	48.64	250m:	3:47.15	50.79	350m:	5:20.71	42.31
	100m:	1:20.88	44.05	200m:	2:56.36	46.84	300m:	4:38.40	51.25	400m:	6:01.28	40.57
28.	LEMIERZ Dominika			13	MKP S <sup>3</sup> owianka. Gorzów Wlkp.				<b>6:01.84</b>	429		
	50m:	38.55	38.55	150m:	2:11.51	47.76	250m:	3:48.63	50.44	350m:	5:21.45	42.66
	100m:	1:23.75	45.20	200m:	2:58.19	46.68	300m:	4:38.79	50.16	400m:	6:01.84	40.39
29.	KWIATKOWSKA Kaja			13	MKS Jordan Kraków				<b>6:02.34</b>	428		
	50m:	35.21	35.21	150m:	2:05.33	46.34	250m:	3:44.85	54.49	350m:	5:20.70	42.41
	100m:	1:18.99	43.78	200m:	2:50.36	45.03	300m:	4:38.29	53.44	400m:	6:02.34	41.64
30.	STENKA Agnieszka			13	UKS 1-Solex Lêbork				<b>6:02.92</b>	426		
	50m:	39.99	39.99	150m:	2:15.04	46.01	250m:	3:48.66	47.55	350m:	5:20.26	43.14
	100m:	1:29.03	49.04	200m:	3:01.11	46.07	300m:	4:37.12	48.46	400m:	6:02.92	42.66
31.	KULIG Dorota			13	UKS Wodnik Siemianowice				<b>6:05.50</b>	417		
	50m:	38.30	38.30	150m:	2:10.57	46.62	250m:	3:49.24	51.86	350m:	5:23.91	41.29
	100m:	1:23.95	45.65	200m:	2:57.38	46.81	300m:	4:42.62	53.38	400m:	6:05.50	41.59
32.	RUTKOWSKA Paulina			13	MKP S <sup>3</sup> owianka. Gorzów Wlkp.				<b>6:05.74</b>	416		
	50m:	37.72	37.72	150m:	2:11.03	48.06	250m:	3:47.79	49.61	350m:	5:24.05	44.90
	100m:	1:22.97	45.25	200m:	2:58.18	47.15	300m:	4:39.15	51.36	400m:	6:05.74	41.69