

Letnie Mistrzostwa Polski M³odzików 13 lat w P³ywaniu
Gorzów Wlkp., 3. - 5.7.2009

Konkurencja 8
2009-07-03

Ch³opców, 400m zmienny

13 lat
Wyniki Eliminacje

Punkty: FINA 2008

Pozycja			Wiek					Czas	Pkt.	
1.	WERTEPNY Damian		13	UKS Shark Rudna				5:12.97	505	A
	50m:	33.83 33.83	150m:	1:52.10	40.00	250m:	3:17.14	45.59	350m:	4:38.14 35.27
	100m:	1:12.10 38.27	200m:	2:31.55	39.45	300m:	4:02.87	45.73	400m:	5:12.97 34.83
2.	STĚPIEŃ KONRAD		13	MKS Polonia Warszawa				5:13.77	501	A
	50m:	31.37 31.37	150m:	1:52.07	42.57	250m:	3:16.38	41.84	350m:	4:36.88 37.47
	100m:	1:09.50 38.13	200m:	2:34.54	42.47	300m:	3:59.41	43.03	400m:	5:13.77 36.89
3.	WOJDAK wojciech		13	Wiking Brzesko				5:17.69	483	A
	50m:	33.92 33.92	150m:	1:57.82	42.85	250m:	3:20.56	40.50	350m:	4:42.20 37.30
	100m:	1:14.97 41.05	200m:	2:40.06	42.24	300m:	4:04.90	44.34	400m:	5:17.69 35.49
4.	PAWEŁEK Igor		13	KS AZS AWFis Gdańsk				5:19.52	475	A
	50m:	34.96 34.96	150m:	1:58.20	39.73	250m:	3:21.82	44.38	350m:	4:44.08 37.32
	100m:	1:18.47 43.51	200m:	2:37.44	39.24	300m:	4:06.76	44.94	400m:	5:19.52 35.44
5.	PERYDZEŃSKI Damian		13	UKS 190 ŁódŹ				5:19.87	473	A
	50m:	32.59 32.59	150m:	1:51.94	41.13	250m:	3:20.24	48.42	350m:	4:44.64 35.76
	100m:	1:10.81 38.22	200m:	2:31.82	39.88	300m:	4:08.88	48.64	400m:	5:19.87 35.23
6.	PIECHOWIAK Bartosz		13	MKS SP 63 Bydgoszcz				5:25.22	450	A
	50m:	32.28 32.28	150m:	1:54.49	43.81	250m:	3:24.59	47.88	350m:	4:50.25 37.13
	100m:	1:10.68 38.40	200m:	2:36.71	42.22	300m:	4:13.12	48.53	400m:	5:25.22 34.97
7.	BANDURSKI PIOTR		13	BUKS Warszawa				5:25.59	449	A
	50m:	31.53 31.53	150m:	1:52.61	44.09	250m:	3:22.63	46.65	350m:	4:48.36 39.18
	100m:	1:08.52 36.99	200m:	2:35.98	43.37	300m:	4:09.18	46.55	400m:	5:25.59 37.23
8.	ŁOCE Konrad		13	UKS Wodnik Siemianowice				5:27.66	440	A
	50m:	33.47 33.47	150m:	1:52.46	40.22	250m:	3:22.84	48.43	350m:	4:50.33 39.24
	100m:	1:12.24 38.77	200m:	2:34.41	41.95	300m:	4:11.09	48.25	400m:	5:27.66 37.33
9.	GAŁACH Amadeusz		13	Astromal Akwawit Leszno				5:28.22	438	B
	50m:	34.63 34.63	150m:	1:57.43	44.57	250m:	3:30.44	48.84	350m:	4:54.60 36.22
	100m:	1:12.86 38.23	200m:	2:41.60	44.17	300m:	4:18.38	47.94	400m:	5:28.22 33.62
10.	SZWARACKI Jędrzej		13	UKS Dwójka Morena Gdańsk				5:28.43	437	B
	50m:	34.13 34.13	150m:	1:56.10	42.22	250m:	3:25.90	46.79	350m:	4:52.32 38.62
	100m:	1:13.88 39.75	200m:	2:39.11	43.01	300m:	4:13.70	47.80	400m:	5:28.43 36.11
11.	PIETRZAK Krzysztof		13	UKS Dwójka Morena Gdańsk				5:29.06	435	B
	50m:	34.90 34.90	150m:	1:57.01	42.08	250m:	3:26.31	48.06	350m:	4:52.62 37.39
	100m:	1:14.93 40.03	200m:	2:38.25	41.24	300m:	4:15.23	48.92	400m:	5:29.06 36.44
12.	BOROWCZYK Oskar		13	AZS AWF Poznań				5:30.44	429	B
	50m:	34.72 34.72	150m:	2:00.14	44.38	250m:	3:30.51	46.16	350m:	4:54.71 36.86
	100m:	1:15.76 41.04	200m:	2:44.35	44.21	300m:	4:17.85	47.34	400m:	5:30.44 35.73
13.	MACIEJEWSKI PIOTR		13	Tp Olimpijczyk Aleksandrów Łódzki				5:31.22	426	B
	50m:	31.71 31.71	150m:	3:24.88	2:14.85	250m:	4:53.01	2:14.99	350m:	
	100m:	1:10.03 38.32	200m:	2:38.02		300m:	4:14.39		400m:	5:31.22
14.	BOBROWSKI Martin		13	UKS Wodnik Siemianowice				5:31.32	426	B
	50m:	35.01 35.01	150m:	1:59.99	44.70	250m:	3:29.86	47.99	350m:	4:55.98 37.18
	100m:	1:15.29 40.28	200m:	2:41.87	41.88	300m:	4:18.80	48.94	400m:	5:31.32 35.34
15.	MAJEWSKI Łukasz		13	MKP S ³ owianka. Gorzów Wlkp.				5:32.85	420	B
	50m:	34.66 34.66	150m:	2:01.66	44.91	250m:	3:31.47	46.05	350m:	4:56.32 36.80
	100m:	1:16.75 42.09	200m:	2:45.42	43.76	300m:	4:19.52	48.05	400m:	5:32.85 36.53
16.	BISZKONT Damian		13	KP AVIA Œwidnik				5:36.13	408	B
	50m:	35.26 35.26	150m:	2:00.69	43.96	250m:	3:30.95	46.66	350m:	4:58.14 38.23
	100m:	1:16.73 41.47	200m:	2:44.29	43.60	300m:	4:19.91	48.96	400m:	5:36.13 37.99
17.	CHOŁDA Jakub		13	MKS Jordan Kraków				5:36.61	406	R
	50m:	35.62 35.62	150m:	2:01.98	46.13	250m:	3:31.70	46.29	350m:	4:58.20 38.01
	100m:	1:15.85 40.23	200m:	2:45.41	43.43	300m:	4:20.19	48.49	400m:	5:36.61 38.41

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Pozycja			Wiek				Czas				Pkt.
18.	LISZEWSKI Przemysław	13	UKS Ósemka Oświęcim				5:37.41				403 R
	50m: 34.22	34.22	150m: 2:00.83	45.91	250m: 3:31.43	46.62	350m: 4:59.49	41.17	400m: 5:37.41	37.92	
	100m: 1:14.92	40.70	200m: 2:44.81	43.98	300m: 4:18.32	46.89					
19.	GŁÓWKA Tomasz	13	MKS Zryw Opole				5:37.44				403
	50m: 36.20	36.20	150m: 2:01.48	41.98	250m: 3:31.43	49.40	350m: 4:59.06	38.48	400m: 5:37.44	38.38	
	100m: 1:19.50	43.30	200m: 2:42.03	40.55	300m: 4:20.58	49.15					
20.	SALIK Jakub	13	MKS Juwenia Wrocław				5:37.49				403
	50m: 34.20	34.20	150m: 2:06.79	49.60	250m: 3:35.33	41.62	350m: 4:59.99	40.15	400m: 5:37.49	37.50	
	100m: 1:17.19	42.99	200m: 2:53.71	46.92	300m: 4:19.84	44.51					
21.	STOLARSKI MARCIN	13	UKS Łoliborz Warszawa				5:42.23				386
	50m: 36.56	36.56	150m: 2:08.14	45.22	250m: 3:37.32	43.80	350m: 5:04.50	40.05	400m: 5:42.23	37.73	
	100m: 1:22.92	46.36	200m: 2:53.52	45.38	300m: 4:24.45	47.13					
22.	SZOŁOCH Andrzej	13	UKS Dwójka Morena Gdańsk				5:43.81				381
	50m: 39.39	39.39	150m: 2:08.03	43.24	250m: 3:38.11	45.11	350m: 5:05.92	40.89	400m: 5:43.81	37.89	
	100m: 1:24.79	45.40	200m: 2:53.00	44.97	300m: 4:25.03	46.92					
23.	KSIĄEK SEBASTIAN	13	KSZO Ostrowiec Św.				5:47.32				370
	50m: 34.88	34.88	150m: 2:02.08	45.09	250m: 3:38.47	51.08	350m: 5:09.39	38.72	400m: 5:47.32	37.93	
	100m: 1:16.99	42.11	200m: 2:47.39	45.31	300m: 4:30.67	52.20					
24.	BIJAK Patryk	13	MKS Jordan Kraków				5:51.54				357
	50m: 36.62	36.62	150m: 2:06.00	43.82	250m: 3:38.28	49.55	350m: 5:11.03	42.27	400m: 5:51.54	40.51	
	100m: 1:22.18	45.56	200m: 2:48.73	42.73	300m: 4:28.76	50.48					
25.	WIATROWSKI FILIP	13	UKS Delfin Tarnobrzeg				5:52.43				354
	50m: 37.63	37.63	150m: 2:06.84	46.15	250m: 3:40.04	48.48	350m: 5:12.91	42.23	400m: 5:52.43	39.52	
	100m: 1:20.69	43.06	200m: 2:51.56	44.72	300m: 4:30.68	50.64					
26.	OLEKSÓW JAN	13	UKS Łoliborz Warszawa				5:58.62				336
	50m: 36.78	36.78	150m: 2:09.90	45.61	250m: 3:44.30	50.24	350m: 5:19.40	42.11	400m: 5:58.62	39.22	
	100m: 1:24.29	47.51	200m: 2:54.06	44.16	300m: 4:37.29	52.99					
27.	WAJCFELT Jakub	13	Orka Lubań				5:59.79				333
	50m: 33.15	33.15	150m: 1:59.33	44.94	250m: 3:37.83	54.02	350m: 5:16.52	43.44	400m: 5:59.79	43.27	
	100m: 1:14.39	41.24	200m: 2:43.81	44.48	300m: 4:33.08	55.25					
28.	SZCZERBA Łukasz	13	MKS Zryw Opole				6:09.55				307
	50m: 37.78	37.78	150m: 2:09.27	46.12	250m: 3:50.28	56.27	350m: 5:28.85	42.44	400m: 6:09.55	40.70	
	100m: 1:23.15	45.37	200m: 2:54.01	44.74	300m: 4:46.41	56.13					
29.	BAGROWSKI Karol	13	MTKP Delfin Toruń				6:29.56				262
	50m: 43.73	43.73	150m: 2:28.60	49.16	250m: 4:13.95	56.21	350m: 5:51.40	41.60	400m: 6:29.56	38.16	
	100m: 1:39.44	55.71	200m: 3:17.74	49.14	300m: 5:09.80	55.85					