

Letnie Mistrzostwa Polski M<sup>3</sup>odzików 13 lat w P<sup>3</sup>ywaniu  
Gorzów Wlkp., 3. - 5.7.2009

Konkurencja 8  
2009-07-03

Ch<sup>3</sup>opców, 400m zmienny

13 lat  
Wyniki Fina<sup>3</sup>

Punkty: FINA 2008

Pozycja			Wiek				Czas				Pkt.	
<b>Fina<sup>3</sup> A</b>												
1.	WERTEPNY Damian		13				UKS Shark Rudna				<b>5:07.64</b>	532
	50m:	31.74	31.74	150m:	1:49.28	39.96	250m:	3:12.91	44.10	350m:	4:33.04	34.87
	100m:	1:09.32	37.58	200m:	2:28.81	39.53	300m:	3:58.17	45.26	400m:	5:07.64	34.60
2.	STĚPIEŃ KONRAD		13				MKS Polonia Warszawa				<b>5:08.16</b>	529
	50m:	31.90	31.90	150m:	3:15.31	2:05.96	250m:	4:33.65	2:00.74	350m:		
	100m:	1:09.35	37.45	200m:	2:32.91		300m:	3:58.07		400m:	5:08.16	
3.	WOJDAK wojciech		13				Wiking Brzesko				<b>5:11.41</b>	513
	50m:	34.40	34.40	150m:	1:55.26	41.78	250m:	3:18.58	42.60	350m:	4:37.73	35.13
	100m:	1:13.48	39.08	200m:	2:35.98	40.72	300m:	4:02.60	44.02	400m:	5:11.41	33.68
4.	PERYDZEŃSKI Damian		13				UKS 190 ŁódŹ				<b>5:14.75</b>	497
	50m:	33.03	33.03	150m:	1:53.17	41.07	250m:	3:18.89	46.71	350m:	4:40.22	34.44
	100m:	1:12.10	39.07	200m:	2:32.18	39.01	300m:	4:05.78	46.89	400m:	5:14.75	34.53
5.	PAWEŁEK Igor		13				KS AZS AWFis Gdańsk				<b>5:17.44</b>	484
	50m:	36.84	36.84	150m:	2:00.54	39.93	250m:	3:22.75	43.67	350m:	4:43.74	35.88
	100m:	1:20.61	43.77	200m:	2:39.08	38.54	300m:	4:07.86	45.11	400m:	5:17.44	33.70
6.	BANDURSKI PIOTR		13				BUKS Warszawa				<b>5:18.93</b>	478
	50m:	32.67	32.67	150m:	1:53.19	42.15	250m:	3:19.32	44.95	350m:	4:43.44	37.37
	100m:	1:11.04	38.37	200m:	2:34.37	41.18	300m:	4:06.07	46.75	400m:	5:18.93	35.49
7.	PIECHOWIAK Bartosz		13				MKS SP 63 Bydgoszcz				<b>5:24.73</b>	452
	50m:	32.42	32.42	150m:	1:55.66	44.49	250m:	3:25.29	46.94	350m:	4:49.66	36.43
	100m:	1:11.17	38.75	200m:	2:38.35	42.69	300m:	4:13.23	47.94	400m:	5:24.73	35.07
8.	ŁOCE Konrad		13				UKS Wodnik Siemianowice				<b>5:28.10</b>	439
	50m:	33.19	33.19	150m:	1:53.86	41.57	250m:	3:24.01	48.85	350m:	4:50.63	37.83
	100m:	1:12.29	39.10	200m:	2:35.16	41.30	300m:	4:12.80	48.79	400m:	5:28.10	37.47
<b>Fina<sup>3</sup> B</b>												
9.	SZWARACKI Jędrzej		13				UKS Dwójka Morena Gdańsk				<b>5:25.61</b>	449
	50m:	33.91	33.91	150m:	1:55.58	42.93	250m:	3:24.38	47.03	350m:	4:50.11	38.12
	100m:	1:12.65	38.74	200m:	2:37.35	41.77	300m:	4:11.99	47.61	400m:	5:25.61	35.50
10.	GAŁACH Amadeusz		13				Astromal Akwawit Leszno				<b>5:27.32</b>	442
	50m:	33.44	33.44	150m:	1:56.14		250m:	3:30.17		350m:	4:54.08	34.66
	100m:	2:41.21	2:07.77	200m:			300m:	4:19.42	49.25	400m:	5:27.32	33.24
11.	BOBROWSKI Martin		13				UKS Wodnik Siemianowice				<b>5:28.62</b>	436
	50m:	34.46	34.46	150m:	1:59.44	44.58	250m:	3:29.20	46.93	350m:	4:53.37	36.54
	100m:	1:14.86	40.40	200m:	2:42.27	42.83	300m:	4:16.83	47.63	400m:	5:28.62	35.25
12.	MAJEWSKI Łukasz		13				MKP S <sup>3</sup> owianka. Gorzów Wlkp.				<b>5:28.84</b>	436
	50m:	35.08	35.08	150m:	2:01.01	42.47	250m:	3:31.09		350m:	4:54.47	35.40
	100m:	1:18.54	43.46	200m:			300m:	4:19.07	47.98	400m:	5:28.84	34.37
13.	MACIEJEWSKI PIOTR		13				Tp Olimpijczyk Aleksandrów Łódzki				<b>5:30.52</b>	429
	50m:	32.25	32.25	150m:	1:56.25	43.38	250m:	3:26.35	46.90	350m:	4:52.93	36.98
	100m:	1:12.87	40.62	200m:	2:39.45	43.20	300m:	4:15.95	49.60	400m:	5:30.52	37.59
14.	BOROWCZYK Oskar		13				AZS AWF Poznań				<b>5:31.86</b>	424
	50m:	35.15	35.15	150m:	2:01.66	45.35	250m:	3:31.78	45.97	350m:	4:55.22	36.60
	100m:	1:16.31	41.16	200m:	2:45.81	44.15	300m:	4:18.62	46.84	400m:	5:31.86	36.64
15.	BISZKONT Damian		13				KP AVIA Œwidnik				<b>5:35.73</b>	409
	50m:	35.11	35.11	150m:	2:01.42	44.74	250m:	3:31.77	46.67	350m:	4:57.41	38.30
	100m:	1:16.68	41.57	200m:	2:45.10	43.68	300m:	4:19.11	47.34	400m:	5:35.73	38.32
16.	LISZEWSKI Przemysław		13				UKS Ósemka Oœwięcim				<b>5:40.49</b>	392
	50m:	36.09	36.09	150m:	2:02.04	43.57	250m:	3:34.26	48.61	350m:	5:01.93	40.19
	100m:	1:18.47	42.38	200m:	2:45.65	43.61	300m:	4:21.74	47.48	400m:	5:40.49	38.56