

GRAND PRIX - PUCHAR POLSKI W PŁYWANIU  
Ciechanów, 3. - 4.10.2009

Konkurencja 4  
2009-10-03 - 11:20

Mężczyzn, 800m dowolny

14 lat i starsi  
Wyniki

Top Times "Poland" Open	7:40.69	KORZENIOWSKI, Pawel	AZWAR	Lodz	2007-10-20
Top Times "Poland" 14	8:09.41	ZONIUK, Maciej	SLWRO	Nowa Ruda	2008-12-12
Top Times "Poland" 15	8:07.89	SZUBA, Michał	SLWRO	Nowa Ruda	2008-12-12
Top Times "Poland" 16	7:59.83	HRENIAK, Maciej	RUGRU	Poznan	2005-11-05
Top Times "Poland" 17	7:48.71	HRENIAK, Maciej	RUGRU	Lodz	2006-10-28
Top Times "Poland" 18	7:48.97	SAWRYMOWICZ, Mateusz	POL	Trieste (ITA)	2005-12-10
Top Times "Poland" 19 +	7:40.69	KORZENIOWSKI, Pawel	AZWAR	Lodz	2007-10-20

Punkty: FINA 2009

Pozycja			Rok ur.					Czas	Pkt.
1.	STAŃCZYK, Przemysław		85	MKP Szczecin				<b>7:56.10</b>	880
	100m:	58.60 58.60	300m:	2:59.04 59.99	500m:	4:58.07 59.24	700m:	6:57.15 59.80	
	200m:	1:59.05 1:00.45	400m:	3:58.83 59.79	600m:	5:57.35 59.28	800m:	7:56.10 58.95	
2.	PIELOWSKI, Krzysztof		91	Kormoran Olsztyn				<b>7:58.04</b>	870
	100m:	58.73 58.73	300m:	2:59.39 1:00.24	500m:	4:59.35 59.71	700m:	6:59.18 59.88	
	200m:	1:59.15 1:00.42	400m:	3:59.64 1:00.25	600m:	5:59.30 59.95	800m:	7:58.04 58.86	
3.	HURA, Bartosz		91	Kormoran Olsztyn				<b>8:00.76</b>	855
	100m:	59.33 59.33	300m:	3:00.10 1:00.26	500m:	5:00.48 1:00.28	700m:	7:01.52 1:00.81	
	200m:	1:59.84 1:00.51	400m:	4:00.20 1:00.10	600m:	6:00.71 1:00.23	800m:	8:00.76 59.24	
4.	HRENIAK, Maciej		89	MKP Szczecin				<b>8:02.78</b>	844
	100m:	58.34 58.34	300m:	2:59.49 1:00.71	500m:	5:02.29 1:01.55	700m:	7:03.89 1:00.65	
	200m:	1:58.78 1:00.44	400m:	4:00.74 1:01.25	600m:	6:03.24 1:00.95	800m:	8:02.78 58.89	
5.	GIMIŃSKI, Łukasz		86	AZS AWF Warszawa				<b>8:06.37</b>	826
	100m:	58.88 58.88	300m:	3:00.19 1:00.76	500m:	5:02.76 1:01.49	700m:	7:06.40 1:01.65	
	200m:	1:59.43 1:00.55	400m:	4:01.27 1:01.08	600m:	6:04.75 1:01.99	800m:	8:06.37 59.97	
6.	PIŃTKOWSKI, Mateusz SO		90	UKP UNIA Oświęcim				<b>8:13.18</b>	792
	100m:	59.97 59.97	300m:	3:03.18 1:01.87	500m:	5:07.13 1:02.09	700m:	7:12.21 1:02.32	
	200m:	2:01.31 1:01.34	400m:	4:05.04 1:01.86	600m:	6:09.89 1:02.76	800m:	8:13.18 1:00.97	
7.	SAWRYMOWICZ, Mateusz		87	MKP Szczecin				<b>8:14.78</b>	784
	100m:	59.78 59.78	300m:	3:03.50 1:02.39	500m:	5:08.37 1:02.23	700m:	7:13.15 1:02.15	
	200m:	2:01.11 1:01.33	400m:	4:06.14 1:02.64	600m:	6:11.00 1:02.63	800m:	8:14.78 1:01.63	
8.	RURAK, Paweł		88	AZS AWF Warszawa				<b>8:17.78</b>	770
	100m:	1:00.32 1:00.32	300m:	3:05.18 1:02.62	500m:	5:11.04 1:02.96	700m:	7:16.41 1:02.35	
	200m:	2:02.56 1:02.24	400m:	4:08.08 1:02.90	600m:	6:14.06 1:03.02	800m:	8:17.78 1:01.37	
9.	PULWIN, Paweł SO		92	Olimpia Poznań				<b>8:18.81</b>	765
	100m:	58.69 58.69	300m:	3:01.46 1:01.80	500m:	5:07.65 1:03.42	700m:	7:15.90 1:04.37	
	200m:	1:59.66 1:00.97	400m:	4:04.23 1:02.77	600m:	6:11.53 1:03.88	800m:	8:18.81 1:02.91	
10.	KURANT, Roger		94	KSZO Ostrowiec Świętokrzyski				<b>8:19.91</b>	760
	100m:	59.11 59.11	300m:	3:04.13 1:02.73	500m:	5:09.59 1:02.11	700m:	7:16.44 1:03.66	
	200m:	2:01.40 1:02.29	400m:	4:07.48 1:03.35	600m:	6:12.78 1:03.19	800m:	8:19.91 1:03.47	
11.	KACZMARSKI, Marcin		94	KSZO Ostrowiec Świętokrzyski				<b>8:22.24</b>	750
	100m:	59.90 59.90	300m:	3:05.61 1:02.99	500m:	5:12.09 1:03.28	700m:	7:19.21 1:03.74	
	200m:	2:02.62 1:02.72	400m:	4:08.81 1:03.20	600m:	6:15.47 1:03.38	800m:	8:22.24 1:03.03	
12.	CZARNOTA, Mateusz SO		91	UKP UNIA Oświęcim				<b>8:24.33</b>	740
	100m:	59.12 59.12	300m:	3:05.98 1:04.23	500m:	5:14.83 1:04.43	700m:	7:21.64 1:03.72	
	200m:	2:01.75 1:02.63	400m:	4:10.40 1:04.42	600m:	6:17.92 1:03.09	800m:	8:24.33 1:02.69	
13.	PASZEK, Marcin		89	AZS AWF Warszawa				<b>8:24.99</b>	738
	100m:	1:00.20 1:00.20	300m:	3:05.68 1:02.91	500m:	5:14.22 1:04.55	700m:	7:23.24 1:04.08	
	200m:	2:02.77 1:02.57	400m:	4:09.67 1:03.99	600m:	6:19.16 1:04.94	800m:	8:24.99 1:01.75	
14.	KLESZCZYŃSKI, Paweł		91	MKP Szczecin				<b>8:25.07</b>	737
	100m:	59.64 59.64	300m:	3:05.47 1:03.35	500m:	5:13.98 1:04.39	700m:	7:23.02 1:04.32	
	200m:	2:02.12 1:02.48	400m:	4:09.59 1:04.12	600m:	6:18.70 1:04.72	800m:	8:25.07 1:02.05	
15.	MIKOŁAJEWSKI, Mariusz		90	MKS Polonia Warszawa				<b>8:29.99</b>	716
	100m:	59.73 59.73	300m:	3:06.14 1:03.36	500m:	5:14.28 1:04.26	700m:	7:25.92 1:06.31	
	200m:	2:02.78 1:03.05	400m:	4:10.02 1:03.88	600m:	6:19.61 1:05.33	800m:	8:29.99 1:04.07	

GRAND PRIX - PUCHAR POLSKI W PŁYWANIU  
Ciechanów, 3. - 4.10.2009

Konkurencja 4, Mężczyzn, 800m dowolny, 14 lat i starsi

Pozycja			Rok ur.				Czas		Pkt.
16.	SZOTKOWSKI, Daniel		92 KP MZOS P³ock				<b>8:42.41</b>		666
	100m:	59.88 59.88	300m:	3:07.78 1:04.57	500m:	5:20.37 1:06.64	700m:	7:35.24 1:07.59	
	200m:	2:03.21 1:03.33	400m:	4:13.73 1:05.95	600m:	6:27.65 1:07.28	800m:	8:42.41 1:07.17	
17.	ORŁOWSKI, Piotr		91 MKP Szczecin				<b>8:43.30</b>		663
	100m:	1:01.30 1:01.30	300m:	3:12.17 1:05.93	500m:	5:24.97 1:06.21	700m:	7:37.92 1:06.57	
	200m:	2:06.24 1:04.94	400m:	4:18.76 1:06.59	600m:	6:31.35 1:06.38	800m:	8:43.30 1:05.38	
18.	LASSEK, Bart³omiej		94 MKS "Trójka" ŁódŹ				<b>8:47.55</b>		647
	100m:	1:02.29 1:02.29	300m:	3:13.81 1:06.37	500m:	5:27.87 1:07.23	700m:	7:42.45 1:07.00	
	200m:	2:07.44 1:05.15	400m:	4:20.64 1:06.83	600m:	6:35.45 1:07.58	800m:	8:47.55 1:05.10	
19.	PODUSZCZAK, Miko³aj		95 KSZO Ostrowiec Œwiêtokszyski				<b>8:50.72</b>		635
	100m:	1:03.12 1:03.12	300m:	3:17.10 1:07.10	500m:	5:31.35 1:07.12	700m:	7:45.17 1:06.76	
	200m:	2:10.00 1:06.88	400m:	4:24.23 1:07.13	600m:	6:38.41 1:07.06	800m:	8:50.72 1:05.55	
20.	RZADKOWSKI, DANIEL		94 MUKS Olimpijczyk Suwa³ki				<b>8:55.99</b>		617
	100m:	1:02.25 1:02.25	300m:	3:15.35 1:07.05	500m:	5:31.58 1:08.38	700m:	7:48.98 1:08.79	
	200m:	2:08.30 1:06.05	400m:	4:23.20 1:07.85	600m:	6:40.19 1:08.61	800m:	8:55.99 1:07.01	
21.	KOTLEWSKI, Micha³		94 MKS Zryw Opole				<b>8:58.77</b>		607
	100m:	1:02.05 1:02.05	300m:	3:16.49 1:07.98	500m:	5:32.95 1:08.47	700m:	7:51.55 1:09.28	
	200m:	2:08.51 1:06.46	400m:	4:24.48 1:07.99	600m:	6:42.27 1:09.32	800m:	8:58.77 1:07.22	
22.	BEREZECKI, MATEUSZ		95 MUKS Olimpijczyk Suwa³ki				<b>9:04.46</b>		589
	100m:	1:03.78 1:03.78	300m:	3:19.82 1:08.05	500m:	5:37.24 1:09.39	700m:	7:57.01 1:09.75	
	200m:	2:11.77 1:07.99	400m:	4:27.85 1:08.03	600m:	6:47.26 1:10.02	800m:	9:04.46 1:07.45	
23.	SIŃSKI, Mateusz		94 UKS Rekin Warszawa				<b>9:11.45</b>		566
	100m:	1:03.85 1:03.85	300m:	3:22.96 1:10.12	500m:	5:45.71 1:11.12	700m:	8:04.62 1:08.58	
	200m:	2:12.84 1:08.99	400m:	4:34.59 1:11.63	600m:	6:56.04 1:10.33	800m:	9:11.45 1:06.83	
24.	STAŃCZYK, Dawid		91 Korner Zielona Góra				<b>9:11.54</b>		566
	100m:	1:02.36 1:02.36	300m:	3:17.16 1:08.67	500m:	5:37.07 1:10.40	700m:	8:00.77 1:12.28	
	200m:	2:08.49 1:06.13	400m:	4:26.67 1:09.51	600m:	6:48.49 1:11.42	800m:	9:11.54 1:10.77	
25.	TOMASZEWSKI, Kamil		94 KP MZOS P³ock				<b>9:11.97</b>		565
	100m:	1:03.17 1:03.17	300m:	3:22.37 1:09.75	500m:	5:45.01 1:11.55	700m:	8:05.73 1:10.12	
	200m:	2:12.62 1:09.45	400m:	4:33.46 1:11.09	600m:	6:55.61 1:10.60	800m:	9:11.97 1:06.24	
26.	MIKUŁA, Piotr		94 KP MZOS P³ock				<b>9:20.39</b>		540
	100m:	1:03.16 1:03.16	300m:	3:23.31 1:10.70	500m:	5:47.20 1:12.47	700m:	8:10.32 1:11.32	
	200m:	2:12.61 1:09.45	400m:	4:34.73 1:11.42	600m:	6:59.00 1:11.80	800m:	9:20.39 1:10.07	
27.	SZADŁOWSKI, Mateusz		95 KP Delfin Inowroc³aw				<b>9:57.67</b>		445
	100m:	1:07.50 1:07.50	300m:	3:37.72 1:15.60	500m:	6:10.48 1:16.58	700m:	8:44.14 1:16.41	
	200m:	2:22.12 1:14.62	400m:	4:53.90 1:16.18	600m:	7:27.73 1:17.25	800m:	9:57.67 1:13.53	