



Medaliści wg konkurencji, Mężczyzn

Wszystkie konkurencje

400m zmienny 14 lat i starsi

|                      |    |               |                |     |
|----------------------|----|---------------|----------------|-----|
| 1. Matczak Mateusz   | 89 | Trójka Łódź   | <b>4:19.43</b> | 816 |
| 2. Pelczynski Kacper | 92 | Unia Oświęcim | <b>4:32.30</b> | 706 |
| 3. Krzywiecki Tomasz | 89 | MKP Szczecin  | <b>4:34.01</b> | 693 |

800m dowolny 14 lat i starsi

|                        |    |              |                |     |
|------------------------|----|--------------|----------------|-----|
| 1. Stańczyk Przemysław | 85 | MKP Szczecin | <b>7:51.45</b> | 906 |
| 2. Matczak Mateusz     | 89 | Trójka Łódź  | <b>7:59.16</b> | 863 |
| 3. Hreniak Maciej      | 89 | MKP Szczecin | <b>8:07.40</b> | 820 |

50m motylkowy 14 lat i starsi

|                        |    |                     |              |     |
|------------------------|----|---------------------|--------------|-----|
| 1. Plutecki Adam       | 85 | Korner Zielona Góra | <b>23.64</b> | 862 |
| 2. Wiceniowski Bartosz | 87 | AZS AWF Katowice    | <b>24.85</b> | 742 |
| 3. Bening Emil SWR     | 93 | Juvenia Wrocław     | <b>24.92</b> | 736 |

50m grzbietowy 14 lat i starsi

|                         |    |                     |              |     |
|-------------------------|----|---------------------|--------------|-----|
| 1. Kawęcki Radosław SZG | 91 | Korner Zielona Góra | <b>25.34</b> | 765 |
| 2. Jasiński Jakub       | 87 | Korner Zielona Góra | <b>25.48</b> | 753 |
| 3. Jankiewicz Krzysztof | 91 | Nawa Skierniewice   | <b>25.72</b> | 732 |

50m klasyczny 14 lat i starsi

|                        |    |                     |              |     |
|------------------------|----|---------------------|--------------|-----|
| 1. Plutecki Adam       | 85 | Korner Zielona Góra | <b>27.11</b> | 925 |
| 2. Gorczyca Przemysław | 90 | AZS AWFIS Gdańsk    | <b>28.73</b> | 777 |
| 3. Jachowicz Piotr     | 90 | SKS Start Łódź      | <b>29.03</b> | 753 |

50m dowolny 14 lat i starsi

|                   |    |                     |              |     |
|-------------------|----|---------------------|--------------|-----|
| 1. Wilk Robert    | 86 | AZS AWF Katowice    | <b>22.29</b> | 820 |
| 2. Zański Kajetan | 87 | Korner Zielona Góra | <b>22.70</b> | 776 |
| 3. Jasiński Jakub | 87 | Korner Zielona Góra | <b>23.66</b> | 685 |

200m motylkowy 14 lat i starsi

|                           |    |                       |                |     |
|---------------------------|----|-----------------------|----------------|-----|
| 1. Chmiel Łukasz          | 93 | CSiR MOS Dłbrowa Grn. | <b>2:01.77</b> | 762 |
| 2. Wysoczyński Mateusz SK | 93 | Jordan Kraków         | <b>2:03.86</b> | 724 |
| 3. Zapała Łukasz SO       | 91 | Unia Oświęcim         | <b>2:04.40</b> | 714 |

200m grzbietowy 14 lat i starsi

|                         |    |                     |                |     |
|-------------------------|----|---------------------|----------------|-----|
| 1. Kawęcki Radosław SZG | 91 | Korner Zielona Góra | <b>1:51.64</b> | 944 |
| 2. Jankiewicz Krzysztof | 91 | Nawa Skierniewice   | <b>1:59.21</b> | 775 |
| 3. Dubiel Adam          | 93 | Lublinianka Lublin  | <b>2:02.51</b> | 714 |

200m klasyczny 14 lat i starsi

|                       |    |                    |                |     |
|-----------------------|----|--------------------|----------------|-----|
| 1. Matczak Mateusz    | 89 | Trójka Łódź        | <b>2:14.39</b> | 789 |
| 2. Duszyński Tomasz   | 76 | Lublinianka Lublin | <b>2:15.46</b> | 771 |
| 3. Machnik Mikołaj SR | 93 | MOS Katowice       | <b>2:15.48</b> | 770 |



Grand Prix Puchar Polski  
Bochnia, 10. - 11.10.2009



|                 |                        |    |                       |                 |     |
|-----------------|------------------------|----|-----------------------|-----------------|-----|
| 200m dowolny    |                        |    |                       | 14 lat i starsi |     |
| 1.              | Stańczyk Przemysław    | 85 | MKP Szczecin          | <b>1:50.66</b>  | 787 |
| 2.              | Zański Kajetan         | 87 | Korner Zielona Góra   | <b>1:52.31</b>  | 753 |
| 3.              | Czarnota Mateusz SO    | 91 | Unia Oświęcim         | <b>1:52.57</b>  | 747 |
| 200m zmienny    |                        |    |                       | 14 lat i starsi |     |
| 1.              | Jasiński Jakub         | 87 | Korner Zielona Góra   | <b>2:00.61</b>  | 825 |
| 2.              | Matczak Mateusz        | 89 | Trójka Łódź           | <b>2:01.75</b>  | 802 |
| 3.              | Ciećlak Marcin SK      | 92 | Warszawianka Warszawa | <b>2:03.04</b>  | 778 |
| 100m dowolny    |                        |    |                       | 14 lat i starsi |     |
| 1.              | Wilk Robert            | 86 | AZS AWF Katowice      | <b>49.94</b>    | 784 |
| 2.              | Bujoczek Filip         | 94 | CEI'sk Wrocław        | <b>51.41</b>    | 718 |
| 2.              | Wysoczyński Mateusz SK | 93 | Jordan Kraków         | <b>51.41</b>    | 718 |
| 100m klasyczny  |                        |    |                       | 14 lat i starsi |     |
| 1.              | Machnik Mikołaj SR     | 93 | MOS Katowice          | <b>1:03.09</b>  | 759 |
| 2.              | Duszyński Tomasz       | 76 | Lublinianka Lublin    | <b>1:03.24</b>  | 754 |
| 3.              | Gorczyca Przemysław    | 90 | AZS AWFIS Gdańsk      | <b>1:03.51</b>  | 744 |
| 100m grzbietowy |                        |    |                       | 14 lat i starsi |     |
| 1.              | Kawęcki Radosław SZG   | 91 | Korner Zielona Góra   | <b>51.95</b>    | 889 |
| 2.              | Jankiewicz Krzysztof   | 91 | Nawa Skierniewice     | <b>54.95</b>    | 751 |
| 3.              | Odomirski Tomasz SK    | 91 | Jordan Kraków         | <b>57.23</b>    | 665 |
| 100m motylkowy  |                        |    |                       | 14 lat i starsi |     |
| 1.              | Ciećlak Marcin SK      | 92 | Warszawianka Warszawa | <b>54.39</b>    | 768 |
| 2.              | Łuczak Piotr SK        | 92 | AZS AWF Katowice      | <b>54.73</b>    | 754 |
| 3.              | Więniowski Bartosz     | 87 | AZS AWF Katowice      | <b>54.77</b>    | 752 |
| 100m zmienny    |                        |    |                       | 14 lat i starsi |     |
| 1.              | Plutecki Adam          | 85 | Korner Zielona Góra   | <b>53.88</b>    | 900 |
| 2.              | Jasiński Jakub         | 87 | Korner Zielona Góra   | <b>55.94</b>    | 805 |
| 3.              | Matczak Mateusz        | 89 | Trójka Łódź           | <b>57.23</b>    | 751 |
| 400m dowolny    |                        |    |                       | 14 lat i starsi |     |
| 1.              | Stańczyk Przemysław    | 85 | MKP Szczecin          | <b>3:49.04</b>  | 840 |
| 2.              | Hreniak Maciej         | 89 | MKP Szczecin          | <b>3:54.10</b>  | 787 |
| 3.              | Zaczyński Karol SO     | 91 | AZS AWF Katowice      | <b>3:56.75</b>  | 761 |



Medaliści wg konkurencji, Kobiety

Wszystkie konkurencje

400m zmienny 14 lat i starsi

|                       |    |                                     |                |     |
|-----------------------|----|-------------------------------------|----------------|-----|
| 1. Ćukowska Paula SZG | 93 | Zryw Opole                          | <b>4:51.10</b> | 773 |
| 2. Jędrzejczak Otylia | 83 | AZS AWF Warszawa                    | <b>4:53.47</b> | 754 |
| 3. Zachoszcz Joanna   | 93 | S <sup>3</sup> owianka Gorzów Wlkp. | <b>4:57.63</b> | 723 |

800m dowolny 14 lat i starsi

|  |    |                                     |                |     |
|--|----|-------------------------------------|----------------|-----|
| 1. Gawe <sup>3</sup> czyk Dominika SWR | 91 | AZS AWF Katowice                    | <b>8:51.73</b> | 779 |
| 2. Olczak Mirela                       | 93 | S <sup>3</sup> owianka Gorzów Wlkp. | <b>8:54.99</b> | 765 |
| 3. Tchórz Alicja                       | 92 | S <sup>3</sup> owianka Gorzów Wlkp. | <b>8:57.15</b> | 756 |

50m motylkowy 14 lat i starsi

|                         |    |  |              |     |
|-------------------------|----|--|--------------|-----|
| 1. Urbańczyk Aleksandra | 87 | Trójka Łódź                              | <b>26.61</b> | 866 |
| 2. Korc Agata           | 86 | AZS AWF Wroc <sup>3</sup> aw             | <b>27.08</b> | 821 |
| 3. Dowgiert Anna        | 90 | CEI <sup>1</sup> sk Wroc <sup>3</sup> aw | <b>27.33</b> | 799 |

50m grzbietowy 14 lat i starsi

|                         |    |                                     |              |     |
|-------------------------|----|-------------------------------------|--------------|-----|
| 1. Urbańczyk Aleksandra | 87 | Trójka Łódź                         | <b>28.81</b> | 792 |
| 2. Wilk Katarzyna SK    | 92 | Jordan Kraków                       | <b>28.92</b> | 783 |
| 3. Tchórz Alicja        | 92 | S <sup>3</sup> owianka Gorzów Wlkp. | <b>29.18</b> | 762 |

50m klasyczny 14 lat i starsi

|                        |    |                                     |              |     |
|------------------------|----|-------------------------------------|--------------|-----|
| 1. Ćcieszko Ewa        | 90 | SKS Start Łódź                      | <b>31.65</b> | 849 |
| 2. Zachoszcz Paulina   | 93 | S <sup>3</sup> owianka Gorzów Wlkp. | <b>32.45</b> | 788 |
| 3. Glozmekova Dominika | 93 | STU Trnava                          | <b>33.20</b> | 736 |

50m dowolny 14 lat i starsi

|                        |    |                              |              |     |
|------------------------|----|------------------------------|--------------|-----|
| 1. Wilk Katarzyna SK   | 92 | Jordan Kraków                | <b>25.15</b> | 845 |
| 2. Korc Agata          | 86 | AZS AWF Wroc <sup>3</sup> aw | <b>25.23</b> | 837 |
| 3. Radlińska Marcelina | 93 | Orka Zamoc <sup>æ</sup>      | <b>26.77</b> | 701 |

200m motylkowy 14 lat i starsi

|                       |    |                                     |                |     |
|-----------------------|----|-------------------------------------|----------------|-----|
| 1. Olczak Mirela      | 93 | S <sup>3</sup> owianka Gorzów Wlkp. | <b>2:10.97</b> | 843 |
| 2. Ćukowska Paula SZG | 93 | Zryw Opole                          | <b>2:16.54</b> | 744 |
| 3. Sak Agnieszka      | 93 | Unia Tarnów                         | <b>2:20.45</b> | 684 |

200m grzbietowy 14 lat i starsi

|                       |    |                                     |                |     |
|-----------------------|----|-------------------------------------|----------------|-----|
| 1. Lefanowicz Iwona   | 92 | Orlik Lublin                        | <b>2:11.18</b> | 822 |
| 2. Tchórz Alicja      | 92 | S <sup>3</sup> owianka Gorzów Wlkp. | <b>2:15.16</b> | 751 |
| 3. Podlecka Agnieszka | 94 | MKP Szczecin                        | <b>2:18.07</b> | 705 |

200m klasyczny 14 lat i starsi

|                          |    |  |                |     |
|--------------------------|----|--|----------------|-----|
| 1. Paluszek Weronika SWG | 93 | CEI <sup>1</sup> sk Wroc <sup>3</sup> aw | <b>2:29.78</b> | 797 |
| 2. Ostrowska Agnieszka   | 90 | AZS PWSZ Racibórz                        | <b>2:31.35</b> | 773 |
| 3. Zachoszcz Paulina     | 93 | S <sup>3</sup> owianka Gorzów Wlkp.      | <b>2:31.48</b> | 771 |



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|                 |                                     |    |                                     |                 |     |
|-----------------|-------------------------------------|----|-------------------------------------|-----------------|-----|
| 200m dowolny    |                                     |    |                                     | 14 lat i starsi |     |
| 1.              | Wilk Katarzyna SK                   | 92 | Jordan Kraków                       | <b>1:58.96</b>  | 868 |
| 2.              | Pawlaczek Natalia SK                | 93 | Zryw Opole                          | <b>2:02.52</b>  | 795 |
| 3.              | Gawe <sup>3</sup> czyk Dominika SWR | 91 | AZS AWF Katowice                    | <b>2:03.52</b>  | 776 |
| 200m zmienny    |                                     |    |                                     | 14 lat i starsi |     |
| 1.              | ukowska Paula SZG                   | 93 | Zryw Opole                          | <b>2:17.20</b>  | 800 |
| 2.              | Olczak Mirela                       | 93 | S <sup>3</sup> owianka Gorzów Wlkp. | <b>2:18.78</b>  | 773 |
| 3.              | Ostrowska Agnieszka                 | 90 | AZS PWSZ Racibórz                   | <b>2:19.66</b>  | 759 |
| 100m dowolny    |                                     |    |                                     | 14 lat i starsi |     |
| 1.              | Wilk Katarzyna SK                   | 92 | Jordan Kraków                       | <b>54.64</b>    | 872 |
| 2.              | Pawlaczek Natalia SK                | 93 | Zryw Opole                          | <b>57.49</b>    | 749 |
| 3.              | Kawecka Anna SK                     | 92 | Salos Cortile Kielce                | <b>57.64</b>    | 743 |
| 100m klasyczny  |                                     |    |                                     | 14 lat i starsi |     |
| 1.              | Ęcieszko Ewa                        | 90 | SKS Start ŁódŹ                      | <b>1:09.18</b>  | 818 |
| 2.              | Zachoszcz Paulina                   | 93 | S <sup>3</sup> owianka Gorzów Wlkp. | <b>1:11.00</b>  | 757 |
| 3.              | Ostrowska Agnieszka                 | 90 | AZS PWSZ Racibórz                   | <b>1:11.67</b>  | 736 |
| 100m grzbietowy |                                     |    |                                     | 14 lat i starsi |     |
| 1.              | Lefanowicz Iwona                    | 92 | Orlik Lublin                        | <b>1:02.08</b>  | 773 |
| 2.              | Tchórz Alicja                       | 92 | S <sup>3</sup> owianka Gorzów Wlkp. | <b>1:03.50</b>  | 722 |
| 3.              | Borek Natalia                       | 90 | Wodnik Krosno                       | <b>1:05.48</b>  | 659 |
| 100m motylkowy  |                                     |    |                                     | 14 lat i starsi |     |
| 1.              | Olczak Mirela                       | 93 | S <sup>3</sup> owianka Gorzów Wlkp. | <b>1:01.89</b>  | 754 |
| 2.              | Urbańczyk Aleksandra                | 87 | Trójka ŁódŹ                         | <b>1:02.06</b>  | 747 |
| 3.              | Radlińska Marcelina                 | 93 | Orka Zamocœæ                        | <b>1:02.61</b>  | 728 |
| 100m zmienny    |                                     |    |                                     | 14 lat i starsi |     |
| 1.              | Urbańczyk Aleksandra                | 87 | Trójka ŁódŹ                         | <b>1:01.45</b>  | 901 |
| 2.              | Tchórz Alicja                       | 92 | S <sup>3</sup> owianka Gorzów Wlkp. | <b>1:05.62</b>  | 740 |
| 3.              | Ostrowska Agnieszka                 | 90 | AZS PWSZ Racibórz                   | <b>1:05.94</b>  | 729 |
| 400m dowolny    |                                     |    |                                     | 14 lat i starsi |     |
| 1.              | ukowska Paula SZG                   | 93 | Zryw Opole                          | <b>4:16.00</b>  | 806 |
| 2.              | Olczak Mirela                       | 93 | S <sup>3</sup> owianka Gorzów Wlkp. | <b>4:17.45</b>  | 793 |
| 3.              | Gawe <sup>3</sup> czyk Dominika SWR | 91 | AZS AWF Katowice                    | <b>4:18.10</b>  | 787 |