



Grand Prix Puchar Polski
Bochnia, 10. - 11.10.2009



Konkurencja 2
10.10.2009 - 10:45

Mężczyzn, 400m zmienny

14 lat i starsi
Wyniki

Top Times "Poland" 4:05.13 Wojt Lukasz POL Rijeka (CRO) 12.12.2008

Punkty: FINA 2009

Pozycja			Rok ur.					Czas	Pkt.		
1.	Maczak Mateusz		89	Trójka Łódź				4:19.43	816		
	50m:	27.49 27.49	150m:	1:34.07	34.62	250m:	2:44.07	36.02	350m:	3:50.76	30.06
	100m:	59.45 31.96	200m:	2:08.05	33.98	300m:	3:20.70	36.63	400m:	4:19.43	28.67
2.	Pelczynski Kacper		92	Unia Oświęcim				4:32.30	706		
	50m:	28.91 28.91	150m:	1:37.40	36.12	250m:	2:50.44	37.69	350m:	4:01.90	33.36
	100m:	1:01.28 32.37	200m:	2:12.75	35.35	300m:	3:28.54	38.10	400m:	4:32.30	30.40
3.	Krzywiecki Tomasz		89	MKP Szczecin				4:34.01	693		
	50m:	29.06 29.06	150m:	1:38.85	36.81	250m:	2:53.31	38.85	350m:	4:03.53	31.54
	100m:	1:02.04 32.98	200m:	2:14.46	35.61	300m:	3:31.99	38.68	400m:	4:34.01	30.48
4.	Palmi-Kukiełko Mieszko SWR		93	CEI'sk Wroc³aw				4:38.04	663		
	50m:	29.64 29.64	150m:	1:39.63	37.02	250m:	2:56.85	41.68	350m:	4:08.51	30.52
	100m:	1:02.61 32.97	200m:	2:15.17	35.54	300m:	3:37.99	41.14	400m:	4:38.04	29.53
5.	Rybiński Dawid SWR		93	CEI'sk Wroc³aw				4:38.20	662		
	50m:	29.07 29.07	150m:	1:38.59	36.08	250m:	2:53.52	39.99	350m:	4:06.93	32.56
	100m:	1:02.51 33.44	200m:	2:13.53	34.94	300m:	3:34.37	40.85	400m:	4:38.20	31.27
6.	Kliza Mateusz		94	Avia Owidnik				4:39.70	651		
	50m:	31.10 31.10	150m:	1:42.56	36.87	250m:	2:57.31	38.90	350m:	4:08.90	32.20
	100m:	1:05.69 34.59	200m:	2:18.41	35.85	300m:	3:36.70	39.39	400m:	4:39.70	30.80
7.	Wieteska Mateusz		91	SKS Start Łódź				4:40.49	646		
	50m:	29.29 29.29	150m:	1:38.73	36.14	250m:	2:55.45	41.65	350m:	4:09.57	32.69
	100m:	1:02.59 33.30	200m:	2:13.80	35.07	300m:	3:36.88	41.43	400m:	4:40.49	30.92
8.	Trenda Pawe³		92	Unia Oświęcim				4:42.09	635		
	50m:	29.99 29.99	150m:	1:42.25	37.13	250m:	2:57.99	39.33	350m:	4:10.84	33.54
	100m:	1:05.12 35.13	200m:	2:18.66	36.41	300m:	3:37.30	39.31	400m:	4:42.09	31.25
9.	Baran Rafa³ SK		93	Jordan Kraków				4:43.39	626		
	50m:	29.61 29.61	150m:	1:40.62	37.20	250m:	2:57.04	40.40	350m:	4:11.52	32.91
	100m:	1:03.42 33.81	200m:	2:16.64	36.02	300m:	3:38.61	41.57	400m:	4:43.39	31.87
10.	Michalak Łukasz		93	Warta Poznań				4:43.50	625		
	50m:	30.26 30.26	150m:	1:39.46	35.23	250m:	2:56.46	42.66	350m:	4:12.26	32.64
	100m:	1:04.23 33.97	200m:	2:13.80	34.34	300m:	3:39.62	43.16	400m:	4:43.50	31.24
11.	Mrozik Jakub		92	Orlik Lublin				4:47.33	601		
	50m:	30.95 30.95	150m:	1:44.29	38.22	250m:	3:01.03	39.10	350m:	4:14.47	33.56
	100m:	1:06.07 35.12	200m:	2:21.93	37.64	300m:	3:40.91	39.88	400m:	4:47.33	32.86
12.	Sadlak Patrick		93	Ikar Mielec				4:53.31	565		
	50m:	31.09 31.09	150m:	1:44.67	37.50	250m:	3:02.25	40.23	350m:	4:19.83	36.34
	100m:	1:07.17 36.08	200m:	2:22.02	37.35	300m:	3:43.49	41.24	400m:	4:53.31	33.48
13.	Wojnarowski Patryk		93	Unia Oświęcim				4:53.56	563		
	50m:	31.13 31.13	150m:	1:45.58	39.37	250m:	3:04.30	40.19	350m:	4:20.39	34.89
	100m:	1:06.21 35.08	200m:	2:24.11	38.53	300m:	3:45.50	41.20	400m:	4:53.56	33.17
14.	Zabojszcz Wojciech		95	Korona Swim Kielce				4:53.60	563		
	50m:	31.08 31.08	150m:	1:45.01	38.68	250m:	3:04.06	41.07	350m:	4:20.76	34.82
	100m:	1:06.33 35.25	200m:	2:22.99	37.98	300m:	3:45.94	41.88	400m:	4:53.60	32.84
15.	Łuczak Piotr		94	Ikar Mielec				4:58.18	537		
	50m:	31.80 31.80	150m:	1:48.40	39.80	250m:	3:08.35	40.84	350m:	4:24.82	34.52
	100m:	1:08.60 36.80	200m:	2:27.51	39.11	300m:	3:50.30	41.95	400m:	4:58.18	33.36
DYSKW.	Jankowski Jacek		93	Warta Poznań				4:43.84			
	<i>Z2 - ukończenie poszczególnych odcinków niezgodnie z przepisami o danym stylu (Czas: 9:27)</i>										
	50m:	29.94 29.94	150m:	1:40.97	35.76	250m:	2:56.78	40.87	350m:	4:12.35	33.63
	100m:	1:05.21 35.27	200m:	2:15.91	34.94	300m:	3:38.72	41.94	400m:	4:43.84	31.49