

Grand Prix - Puchar Polski
Łódź, 24. - 25.10.2009

Konkurencja 1
2009-10-24 - 10:19

Kobiet, 400m zmienny

14 lat i starsi
Wyniki

Punkty: FINA 2009

Pozycja	Rok ur.	Pkt.	Czas
1. Tchórz Alicja	92 MKP,,S ³ owianka" Gorzów Wlkp.	828	4:44.52
50m: 31.07 31.07	150m: 1:42.62 36.49	250m: 2:59.41 40.60	350m: 4:13.30 33.10
100m: 1:06.13 35.06	200m: 2:18.81 36.19	300m: 3:40.20 40.79	400m: 4:44.52 31.22
2. Ćukowska Paula SZG	93 MKS Zryw Opole	821	4:45.26
50m: 31.13 31.13	150m: 1:42.28 36.47	250m: 2:59.46 41.61	350m: 4:14.15 32.75
100m: 1:05.81 34.68	200m: 2:17.85 35.57	300m: 3:41.40 41.94	400m: 4:45.26 31.11
3. Ć ³ nowska Katarzyna	90 KP MZOS P ³ ock	789	4:49.07
50m: 31.07 31.07	150m: 1:43.21 36.97	250m: 3:00.17 40.88	350m: 4:16.06 34.40
100m: 1:06.24 35.17	200m: 2:19.29 36.08	300m: 3:41.66 41.49	400m: 4:49.07 33.01
4. Staszkievicz Katarzyna	90 Azs-Awf Wroc ³ aw	707	4:59.84
50m: 32.85 32.85	150m: 1:47.69 38.74	250m: 3:09.07 43.50	350m: 4:27.04 35.32
100m: 1:08.95 36.10	200m: 2:25.57 37.88	300m: 3:51.72 42.65	400m: 4:59.84 32.80
5. Zachoszcz Joanna	93 MKP,,S ³ owianka" Gorzów Wlkp.	703	5:00.45
50m: 32.24 32.24	150m: 1:47.67 39.56	250m: 3:07.28 40.94	350m: 4:25.71 36.22
100m: 1:08.11 35.87	200m: 2:26.34 38.67	300m: 3:49.49 42.21	400m: 5:00.45 34.74
6. S ³ ktas Zuzanna	93 MKS Polonia Warszawa	686	5:02.95
50m: 32.27 32.27	150m: 1:48.05 38.87	250m: 3:09.36 42.36	350m: 4:28.71 36.29
100m: 1:09.18 36.91	200m: 2:27.00 38.95	300m: 3:52.42 43.06	400m: 5:02.95 34.24
7. Piasecka Marta SK	91 AZS AWF Katowice	679	5:03.87
50m: 33.12 33.12	150m: 1:49.33 38.80	250m: 3:11.01 43.53	350m: 4:29.57 35.16
100m: 1:10.53 37.41	200m: 2:27.48 38.15	300m: 3:54.41 43.40	400m: 5:03.87 34.30
8. MÓZGOWSKA JAGODA	90 AZS AGH Kraków	671	5:05.10
50m: 32.55 32.55	150m: 1:48.18 39.19	250m: 3:08.34 42.45	350m: 4:29.00 37.13
100m: 1:08.99 36.44	200m: 2:25.89 37.71	300m: 3:51.87 43.53	400m: 5:05.10 36.10
9. Korzeniowska Marta SO	93 UKP Unia Oc ³ ewi ³ cim	665	5:06.00
50m: 32.29 32.29	150m: 1:50.21 41.06	250m: 3:12.57 42.63	350m: 4:31.25 35.80
100m: 1:09.15 36.86	200m: 2:29.94 39.73	300m: 3:55.45 42.88	400m: 5:06.00 34.75
10. Wizner katarzyna	94 MUKS Pi ³ tnastka AQUA Bydgoszcz	663	5:06.40
50m: 32.35 32.35	150m: 1:48.60 39.59	250m: 3:11.29 44.44	350m: 4:32.17 35.58
100m: 1:09.01 36.66	200m: 2:26.85 38.25	300m: 3:56.59 45.30	400m: 5:06.40 34.23
11. Trojanowska Kinga SO	95 EKS SKRA Be ³ chatów	657	5:07.26
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m: 5:07.26
12. Kuzawińska Karolina	93 KP MZOS P ³ ock	636	5:10.70
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m: 5:10.70
13. Cichowska Kinga	94 MKS Juvenia Wroc ³ aw	616	5:13.89
50m: 33.60 33.60	150m: 1:54.11 40.53	250m: 3:16.40 41.95	350m: 4:37.50 38.09
100m: 1:13.58 39.98	200m: 2:34.45 40.34	300m: 3:59.41 43.01	400m: 5:13.89 36.39
14. Kamińska Joanna	94 SKS Start Łódź	608	5:15.38
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m: 5:15.38
15. Chlipa ³ a Patrycja SK	93 MKS Jordan Kraków	607	5:15.50
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m: 5:15.50
16. Ciesielska Sylwia	95 Warta Poznań	602	5:16.43
50m: 34.02 34.02	150m: 1:53.04 39.85	250m: 3:18.05 45.55	350m: 4:40.18 36.30
100m: 1:13.19 39.17	200m: 2:32.50 39.46	300m: 4:03.88 45.83	400m: 5:16.43 36.25
17. Wiertel Agata	95 MTP " Lublinianka "	589	5:18.60
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m: 5:18.60

Grand Prix - Puchar Polski
Łódź, 24. - 25.10.2009

Konkurencja 1, Kobiet, 400m zmienny, 14 lat i starsi

Pozycja			Rok ur.					Pkt.	Czas
18.	Zgoda Edyta		94	MKS Jordan Kraków				581	5:20.15
	50m:		150m:	250m:			350m:		
	100m:		200m:	300m:			400m:	5:20.15	
19.	Miko ³ ajczak Anna		95	UKS Jedyńka Solex Lębork				580	5:20.40
	50m:		150m:	250m:			350m:		
	100m:		200m:	300m:			400m:	5:20.40	
20.	Mendowska Katarzyna		94	Warta Poznań				578	5:20.70
	50m:		150m:	250m:			350m:		
	100m:		200m:	300m:			400m:	5:20.70	
21.	Pozorska Agata		94	MUKS Piętnastka AQUA Bydgoszcz				562	5:23.70
	50m:	34.33 34.33	150m:	1:56.21 42.02	250m:	3:22.18 45.49	350m:	4:47.08 37.97	
	100m:	1:14.19 39.86	200m:	2:36.69 40.48	300m:	4:09.11 46.93	400m:	5:23.70 36.62	
22.	Stępnia Marta		94	UKS "Ósemka" Starogard Gdański				530	5:30.09
	50m:		150m:	250m:			350m:		
	100m:		200m:	300m:			400m:	5:30.09	
23.	Niemczyk Miros ³ awa		95	UKS DZIEWIĘTKA OSiR Kalisz				502	5:36.21
	50m:	35.96 35.96	150m:	2:04.79 46.73	250m:	3:34.62 45.03	350m:	4:59.04 39.31	
	100m:	1:18.06 42.10	200m:	2:49.59 44.80	300m:	4:19.73 45.11	400m:	5:36.21 37.17	
24.	Ryter Amanda		95	TP Olimpijczyk Aleksandrów				495	5:37.60
	50m:		150m:	250m:			350m:		
	100m:		200m:	300m:			400m:	5:37.60	
25.	G ³ uszkowska Karolina		95	KS AZS AWF Poznań				432	5:53.49
	50m:	37.60 37.60	150m:	2:08.97 44.18	250m:	3:41.89 50.91	350m:	5:12.92 40.29	
	100m:	1:24.79 47.19	200m:	2:50.98 42.01	300m:	4:32.63 50.74	400m:	5:53.49 40.57	