

Zimowe Mistrzostwa Polski Seniorów i Młodzieżowców 19-20 lat
Gorzów Wlkp., 26. - 29.11.2009

Konkurencja 17
2009-11-27

Mężczyzn, 400m zmienny

Open
Wyniki Fina³

Top Times "Poland" 4:03.20 WOJT Lukasz POL Berlin (GER) 2009-11-14
Minimum Mistrzostw Europy Istambu³ 4:09.44

Punkty: FINA 2009

Pozycja			Rok ur.			Czas	Pkt.	
Fina³ A								
1.	MATCZAK Mateusz		89	MKP Szczecin		4:04.48	975	
	<i>Minimum ME Istambu³</i>							
	50m:	26.21 26.21	150m:	1:27.81 31.59	250m:	2:33.33 34.66	350m:	3:36.72 28.69
	100m:	56.22 30.01	200m:	1:58.67 30.86	300m:	3:08.03 34.70	400m:	4:04.48 27.76
2.	SUZIN Marcin SK		93	MKS Jordan Kraków		4:16.97	840	
	50m:	27.53 27.53	150m:	1:32.38 33.54	250m:	2:40.69 35.93	350m:	3:46.97 30.01
	100m:	58.84 31.31	200m:	2:04.76 32.38	300m:	3:16.96 36.27	400m:	4:16.97 30.00
3.	ZACZYŃSKI Karol SO		91	AZS AWF Katowice		4:19.11	819	
	50m:	26.75 26.75	150m:	1:31.12 33.49	250m:	2:41.29 37.45	350m:	3:49.84 30.21
	100m:	57.63 30.88	200m:	2:03.84 32.72	300m:	3:19.63 38.34	400m:	4:19.11 29.27
4.	STACHURA Maciej SK		91	Zryw Opole		4:21.74	795	
	50m:	27.90 27.90	150m:	1:32.88 33.54	250m:	2:42.91 36.07	350m:	3:50.72 30.89
	100m:	59.34 31.44	200m:	2:06.84 33.96	300m:	3:19.83 36.92	400m:	4:21.74 31.02
5.	WIETESKA Mateusz		91	SKS Start Łódź		4:24.40	771	
	50m:	28.15 28.15	150m:	1:34.85 34.10	250m:	2:46.08 38.22	350m:	3:55.33 31.08
	100m:	1:00.75 32.60	200m:	2:07.86 33.01	300m:	3:24.25 38.17	400m:	4:24.40 29.07
6.	KRZYWIECKI Tomasz		89	MKP Szczecin		4:25.20	764	
	50m:	28.10 28.10	150m:	1:35.72 34.74	250m:	2:47.05 37.28	350m:	3:55.35 30.92
	100m:	1:00.98 32.88	200m:	2:09.77 34.05	300m:	3:24.43 37.38	400m:	4:25.20 29.85
7.	DYREK Mateusz SK		91	MKS Jordan Kraków		4:25.72	759	
	50m:	27.99 27.99	150m:	1:34.92 33.98	250m:	2:45.75 37.23	350m:	3:55.95 31.62
	100m:	1:00.94 32.95	200m:	2:08.52 33.60	300m:	3:24.33 38.58	400m:	4:25.72 29.77
8.	PELCZYŃSKI Kacper SO		92	UKP Unia Oświęcim		4:33.15	699	
	50m:	28.43 28.43	150m:	1:37.09 36.13	250m:	2:50.11 37.23	350m:	4:00.92 32.53
	100m:	1:00.96 32.53	200m:	2:12.88 35.79	300m:	3:28.39 38.28	400m:	4:33.15 32.23