

Otwarte Mistrzostwa Warszawy m³odzików i juniorów w p³ywaniu
Warszawa, 4. - 5.12.2009

Konkurencja 30 Ch³opców, 400m zmienny 12 - 15 lat
2009-12-05 - 12:30 Wyniki

Top Times "Poland" 12	5:20.03	Pacholczyk Mateusz	KOOLS	Warsaw	2004-12-03
Top Times "Poland" 13	4:57.58	Cie[łak Marcin	BUWAR	Oswiecim	2005-07-01
Top Times "Poland" 14	4:42.16	Cie[łak Marcin	BUWAR	Gorzow	2006-11-24
Top Times "Poland" 15	4:32.62	Cie[łak Marcin	MUWAR	Gorzow Wlkp.	2007-11-30

Punkty: FINA 2008

Pozycja			Rok ur.							Czas	Pkt.	
12 lat												
1.	Misiak Michał		97	KP Delfin Włocławek						5:50.55	360	
	50m:	38.98	38.98	150m:	2:08.69	42.86	250m:	3:42.80	51.66	350m:	5:14.03	39.60
	100m:	1:25.83	46.85	200m:	2:51.14	42.45	300m:	4:34.43	51.63	400m:	5:50.55	36.52
13 lat												
1.	BANDURSKI PIOTR		96	Buks Warszawa						5:29.17	434	
	50m:	32.70	32.70	150m:	1:58.58	46.69	250m:	3:29.47	46.26	350m:	4:54.81	37.65
	100m:	1:11.89	39.19	200m:	2:43.21	44.63	300m:	4:17.16	47.69	400m:	5:29.17	34.36
2.	Męcina Jakub		96	MUKP Warszawianka Wodny Park						5:41.44	389	
	50m:	38.80	38.80	150m:	2:10.05	44.42	250m:	3:39.07	45.43	350m:	5:03.15	39.19
	100m:	1:25.63	46.83	200m:	2:53.64	43.59	300m:	4:23.96	44.89	400m:	5:41.44	38.29
3.	KRZYŃOWSKI MATEUSZ		96	Buks Warszawa						6:26.99	267	
	50m:	37.86	37.86	150m:	2:18.81	52.13	250m:	4:07.05	57.97	350m:	5:46.79	42.79
	100m:	1:26.68	48.82	200m:	3:09.08	50.27	300m:	5:04.00	56.95	400m:	6:26.99	40.20
14 lat												
1.	Bednarz Aleksander		95	MKS Polonia Warszawa						4:59.21	578	
	50m:	29.94	29.94	150m:	1:43.72	37.40	250m:	3:03.79	43.20	350m:	4:23.75	36.34
	100m:	1:06.32	36.38	200m:	2:20.59	36.87	300m:	3:47.41	43.62	400m:	4:59.21	35.46
2.	Æwiek Kacper		95	MKS Polonia Warszawa						5:05.56	543	
	50m:	31.20	31.20	150m:	1:48.00	39.85	250m:	3:10.11	43.40	350m:	4:29.98	35.44
	100m:	1:08.15	36.95	200m:	2:26.71	38.71	300m:	3:54.54	44.43	400m:	5:05.56	35.58
3.	Łęccki Wojciech		95	UKS Jagiellonka Warszawa						5:08.84	526	
	50m:	30.30	30.30	150m:	1:45.45	39.58	250m:	3:10.57	46.27	350m:	4:34.35	36.05
	100m:	1:05.87	35.57	200m:	2:24.30	38.85	300m:	3:58.30	47.73	400m:	5:08.84	34.49
4.	Padziński Krzysztof		95	UKS Jagiellonka Warszawa						5:15.86	492	
	50m:	32.27	32.27	150m:	1:54.49	43.71	250m:	3:19.26	43.63	350m:	4:40.40	37.53
	100m:	1:10.78	38.51	200m:	2:35.63	41.14	300m:	4:02.87	43.61	400m:	5:15.86	35.46
5.	Bięc Daniel		95	UKS G - 8 Bielany						5:16.08	491	
	50m:	30.97	30.97	150m:	1:45.91	39.86	250m:	3:12.12	46.32	350m:	4:39.30	38.82
	100m:	1:06.05	35.08	200m:	2:25.80	39.89	300m:	4:00.48	48.36	400m:	5:16.08	36.78
6.	Lenard Jacek		95	MKS Polonia Warszawa						5:29.03	435	
	50m:	33.54	33.54	150m:	1:58.22	42.37	250m:	3:29.83	50.64	350m:	4:55.37	34.82
	100m:	1:15.85	42.31	200m:	2:39.19	40.97	300m:	4:20.55	50.72	400m:	5:29.03	33.66
PK	Szarliński Filip		92	MUKP Warszawianka Wodny Park						5:08.94	525	
	50m:	30.39	30.39	150m:	1:50.42	42.46	250m:	3:15.37	44.38	350m:	4:36.04	34.78
	100m:	1:07.96	37.57	200m:	2:30.99	40.57	300m:	4:01.26	45.89	400m:	5:08.94	32.90
PK	Baran Mateusz		93	MUKP Warszawianka Wodny Park						5:18.81	478	
	50m:	33.73	33.73	150m:	1:54.84	42.98	250m:	3:21.82	46.41	350m:	4:43.60	35.42
	100m:	1:11.86	38.13	200m:	2:35.41	40.57	300m:	4:08.18	46.36	400m:	5:18.81	35.21